SUBMISSION GUIDELINES FOR SCIENTIFIC PAPER / VIDEO ABSTRACTS

Quick Guide

- Submit your abstracts / videos online via the official IOC website at **www.nhgei-ioc.com.sg.**
- You may modify your submission any time **before 8 Jul 2018 (final extension)**

If study is based on a Clinical Trial

- Indicate the Name of Registry and Trial Registration Number.

Instructions for Videos

- Duration of video: Maximum of 5 minutes.
- Format: MPEG, MP4 or AVI only. Minimum video resolution: At least 300 DPI.
- Videos should not use special codecs (coders / decoders). They must be viewable by freely available players (QuickTime, RealPlayer or Microsoft Windows Media Player).
- The submission should be in its final edited version in English. There should be a short introduction (up to 1 minute) including author creditation and financial disclosure. However, the video should not contain promotional information on a particular commercial product or service.
- Link to the video (e.g. youtube) or link to the file transfer (e.g. dropbox) is required for submission. Please ensure that the links to the videos do not have an expiry date before 7 Oct 2018.

Copyrighted Media

- Use of copyrighted music or material is not allowed, unless with appropriate authorization.

Eligibility for awards

- The presented work **must not be previously published** at the time of the presentation (6 October 2018).

Financial Disclosure

- Please indicate the Financial Disclosure, if any.

TYPING INSTRUCTIONS

Title

- Titles should be brief, clearly indicating nature of report.
- Capitalize only the first letter of all main words; type the rest in lower case, except where the lower case is incorrect, eg. “DNA”.
- Avoid non-standard abbreviations.

Text

- **All text must be spelt in British English.**
- You should start with these four headers (**Objective, Method, Results, Conclusion**)
- Begin the text after the heading “Objective:” with a statement of the main purpose of the study, preferably in one sentence. A statement of the method used should follow similarly.
- A summary of the results should be presented in an easily comprehensible manner to support the conclusions.
- Non-standard abbreviations are permitted in the text of the abstract. The abbreviation must follow in parentheses immediately after the first usage of the full term.

Diagrams

- Graphs, tables, figures or references are not allowed.

Length

- **Do not exceed 304 words** (including the four headings).

Authors

- The First Author should be the presenting author and should be the individual submitting the abstract.
- Fill in the details of the Co-Authors (Salutation, First Name, Last Name, Designation, Institution/Organisation, Department, Country and State).

For any enquiries, please email abstracts@nhgei-ioc.com.sg

Sample Abstract

Abstract Title

Clinical Efficacy of Refresh Tears® Compared to Tears Naturale Free® - A Prospective, Randomised Clinical Trial

Abstract

Objective: To evaluate and compare the efficacy and tolerability of artificial tears containing purite preservatives and carboxy-methylcellulose (Refresh Tears® (RT)) against preservative-free artificial tears containing hydroxypropyl methylcellulose (Tears Naturale Free® (TNF)) in dry eye patients.

Method: A prospective, randomised, single-masked clinical trial. Sixty-eight patients (136 eyes) meeting the inclusion criteria were randomised to receive either RT or TNF to both eyes at a standardised dosing schedule for 3 months. Three masked investigators evaluated the patients' clinical parameters – Schirmer's test (ST), tear breakup time (TBUT), conjunctival hyperemia (CH) and Oxford scoring scheme (OSS) – at baseline, 1 week, 1 month and 3 months.

Results: Sixty-six eyes (48.5%) received RT and 70 (51.5%) received TNF. At baseline, the two groups were comparable for age (p=0.820), gender (p=0.567), ST (p=0.186), TBUT (p=0.738), CH (p=0.096) and OSS (p=0.356). Compared to baseline parameters, the RT group showed an improvement at 3 months for ST (p=0.003), CH (p<0.001) and OSS (p<0.001); while the TNF group showed an improvement in ST (p<0.001), TBUT (p=0.050), CH (p=0.001) and OSS (p=0.004). When evaluating clinical parameters after 3 months of treatment, there was no statistically significant difference between RT and TNF in terms of ST (p=0.902), TBUT (p=0.158), CH (p=0.876), OSS (p=0.348) or tolerability score to the eye drops (p=0.513).

Conclusion: Both Refresh Tears® and Tears Naturale Free® demonstrate an improvement in dry eye parameters after 3 months of treatment. Both artificial tears are comparable in terms of efficacy and tolerability in dry eye treatment.