

NCNP

CHICAGO

MAY 14-17, 2019

Hyatt Regency Chicago

National Conference for Nurse Practitioners

The Conference for Primary and Acute Care Clinicians



Attendee Brochure

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The Nurse Practitioner® journal

 Wolters Kluwer

Dear Colleague,

I'd like to personally invite you to attend the National Conference for Nurse Practitioners: The Conference for Primary and Acute Care Clinicians that will be held May 14-17, 2019, at the Hyatt Regency Chicago in Chicago, Illinois. This biannual event is sponsored by Wolters Kluwer, publisher of *The Nurse Practitioner*® journal, and offers you evidence-based educational sessions relevant to advanced clinical practice that will give you the tools you need to improve the overall quality of patient care.

NCNP will also meet your continuing education needs by providing skill-building sessions that deliver comprehensive, results-oriented patient care strategies. Our expert speakers will cover a broad range of topics for advanced practice clinicians in both primary and acute care settings. Topics include pain management and opioids, hypertension, drug updates, how to perform a cardiac exam, cancer treatment, sepsis management, obesity, healthy brain, heart failure, and depression and anxiety in primary care, among others. We'll also cover topics in men's and women's health, pediatrics, geriatrics, and more. CE and Rx credit will be awarded upon completion of the conference.

In addition, be sure to take advantage of the hands-on workshops incorporated throughout the program! We're offering our most popular workshops as well as new ones, and we've expanded session limits to accommodate more people. Remember to register early to secure your spot—these workshops are a BIG reason why many of you attend, and they almost always sell out!

We think you'll agree that the National Conference for Nurse Practitioners is the best choice for your continuing education needs. You'll enjoy a terrific setting, an evidence-based approach to learning, easy access to continuing education credits, numerous meal functions (which really sets the conference apart from all other events), and best of all, the opportunity to collaborate and exchange ideas with your peers.

I look forward to seeing you at the conference!



Margaret A. Fitzgerald

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
Conference Chairperson
President, Fitzgerald Health Education Associates, LLC
North Andover, MA
Family Nurse Practitioner, Adjunct Faculty, Greater Lawrence Family Health
Center, Lawrence, MA

Continuing Education Provider Information

Program Goals and Learning Objectives/Outcomes

The purpose of the National Conference for Nurse Practitioners is to offer interactive presentations, discussions, and practical workshops that promote clinical excellence and improve the quality of care that healthcare practitioners provide. By attending this conference and participating in the educational sessions, you'll be better able to:

- consult with experts in primary and acute care as well as clinical subspecialties
- discuss issues related to family, adult, pediatric, geriatric, men's and women's health, legal, mental health, and acute care practice specialties
- develop your assessment and clinical management skills in hands-on and skill-building workshops
- evaluate current and new treatment methods and pharmacologic therapies
- identify issues that affect advanced practice, including reimbursement, malpractice, clinical practice guidelines, and the latest technologies in the industry
- increase advanced practice clinicians' skill set in order to provide expanded services and improve billing and reimbursement.

Provider Accreditation

Lippincott® Professional Development will award a maximum of **21** contact hours and a maximum of **17.5** Advanced Pharmacology (Rx) hours for this continuing nursing education activity.

Lippincott Professional Development is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is also provider-approved by the California Board of Registered Nursing, Provider Number CEP 11749 for **21** contact hours. Lippincott Professional Development is also an approved provider by the District of Columbia, Georgia, and Florida #50-1223. Your certificate is valid in all states.

Call for Poster Abstracts

Subject Matter

Poster submissions should cover subjects related to either primary care or acute care specialties and practice settings. Suggested areas of interest include clinical topics, technology, documentation strategies, medication administration, team development, patient and family education programs, family interventions, and legal/ethical issues.

General Poster Proposal Information/Guidelines

Poster abstracts must be submitted online. To submit a poster, please visit the conference website at ncnpconference.com and click "Submit a Poster Abstract."

Deadline: March 22, 2019

Notification

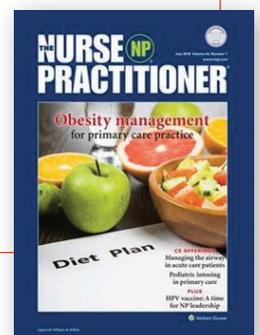
The Poster Review Committee will review all poster submissions. You'll receive notification of acceptance or rejection via email on or before **April 5, 2019**.

For posters to be accepted, they must comply with ANCC Standards of Commercial Support and Advertising. Product logos should not be used and generic drug/product names are preferred.

Special Offer for NCNP Attendees!

Add a subscription to The Nurse Practitioner journal for only \$15 (see check box on registration page for details).

Published monthly, *The Nurse Practitioner* is the leading monthly source for clinical, practical, cutting-edge information for advanced practice nurses and other primary care clinicians. A one-year subscription is valued at \$133. Already a subscriber? We will add an additional 12 issues to your existing subscription.



TUESDAY, MAY 14, 2019

1:00 pm – 1:30 pm

Opening Ceremony and *The Nurse Practitioner*[®] Editorial Awards

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

Awards presented by Jamesetta A. Newland, PhD, RN, FNP-BC, FAANP, DPNAP, FAAN, Editor-in-Chief, The Nurse Practitioner, Clinical Professor and Nurse Practitioner, New York University Rory Meyers College of Nursing, New York, NY

1:30 pm – 2:30 pm | Keynote Address

101 Forecasting the Future of Health Care: Unprecedented Challenges and Promising Opportunities for Nurse Practitioners

Jeffrey C. Bauer, PhD, FAANP(H); Health Futurist and Medical Economist, Madison, WI

CE credit: 1

This fast-paced and informative presentation will explain how and why health care will change more in this decade than it has in the previous 50 years. From a practical perspective, Dr. Bauer will explore strategic implications of the unprecedented revolution in medical science, transformational capabilities of information technology, the hidden impact of demographic shifts in the US population, and the economy's role in restructuring supply and demand for medical services. Reform of the delivery system is examined from the speaker's perspective as a constructive contrarian, with recommendations tailored specifically to the audience's role.

2:45 pm – 4:15 pm | Concurrent Sessions

102 Diabetes 2019: Case Studies and a New Paradigm in Treating T2DM

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA

CE credit: 1.5; Rx credit: 1.5

Few diseases have undergone as profound a change in terms of expansion of treatment options and management priorities as T2DM. Frequent changes in treatment guidelines reflect a new focus that encompasses not just glycemic control but safety and reduction in cardiovascular and kidney disease risk. The sheer number of antihyperglycemic agents—with their varied mechanisms of action, efficacies, tolerability and costs—have greatly improved the potential for T2DM control, but have led to greater confusion for both patients and providers. Utilizing real patient case studies and providing endocrinology expertise, this important session will offer clarity on T2DM treatment with useful tips to individualize and effectively prescribe current diabetes medications.

103 Adverse Childhood Experiences (ACEs) and Trauma-Informed Care for Adults

Jana Esden, DNP, APNP, FNP-BC, Associate Professor, Frontier Nursing University, Neenah, WI

CE credit: 1.5

This session will review the prevalence of ACEs in the United States and will examine their impact on adult health. Discussion will include a description of how nurse practitioners can implement a trauma-informed model of care into the primary care setting, with a focus on improved health outcomes for adults with a history of childhood trauma.

104 America's Other Drug Problem: Polypharmacy—How We Got Into This and How We Can Get Out

Tom Bartol, NP, CDE, Richmond Area Health Center, HealthReach Community Health Centers, Richmond, ME

CE credit: 1.5; Rx credit: 1.5

Despite our attempts to help patients, adverse drug reactions kill over 100,000 people per year from properly prescribed medications. What role do we as prescribers play in this and how can we change it? Learn to be a more effective prescriber in this informative session.

105 Workshop: Common Office Procedures Part 1

Linda S. Blasen, MS, FNP-BC, ACNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA

CE credit: 1.5

Add new office procedure skills to your repertoire and enhance patient care in your practice! This workshop provides the advanced practice nurse an opportunity to learn and practice several common procedures. Skills include field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungual hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Please note that some props are made with latex. *If you register for this session, you are automatically enrolled in session 111. One fee covers both parts 1 & 2.*

106 Acute/Emergent Care: A Practical Approach to the Diagnosis and Treatment of Anemia

Laura J. Zitella, MS, RN, ACNP-BC, AOCN, Nurse Practitioner, Clinical Associate Professor, University of California, San Francisco, CA

CE credit: 1.5; Rx credit: 1

This presentation will provide a detailed description of the etiology, diagnostic evaluation, and treatment of anemia in adults.

107 Acute/Emergent Care: Pain and Symptom Management in the End-Stage Disease Patient

Debbie A. Gunter, FNP-BC, ACHPN, Family and Palliative Care Nurse Practitioner, Emory Healthcare, Atlanta, GA

CE credit: 1.5; Rx credit: 1.5

This session will cover the management of common distressing symptoms that are often experienced by patients in the advanced stage of a terminal illness, such as heart failure, COPD, ESRD, and cancers. Symptoms to be discussed include pain, dyspnea, agitation, anxiety, and terminal delirium. Pharmacologic and nonpharmacologic approaches will be discussed.

4:30 pm – 6:00 pm | Concurrent Sessions

108 Hypertension Management Challenges: The Latest Treatment Recommendations

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5; Rx credit: 1.5

How does the busy clinician choose the best treatment option for a patient with hypertension, particularly in the presence of comorbidity or resistant HTN? Learn how to negotiate the many available treatment options and select the best medication to enhance outcomes in patients with hypertension.

109 I've Fallen and I Can't Get Up: Hip Fracture Review

Margaret Harding, MSN, RN, AGPCNP-BC, CPAN, Orthopaedic Surgery Hospitalist, Department of Advanced Clinical Practice, Duke University Hospital, Durham, NC

CE credit: 1.5

Hip fractures occur commonly in the geriatric population and are seen in primary care, urgent care, emergency departments, and inpatient settings. This presentation will cover a thorough review of hip fractures, including risk factors, fracture patterns, diagnosis, treatment options, and outcomes.

110 Celiac Disease or Something Else?

Peter Buch, MD, AGAF, FACP, Associate Clinical Professor, University of Connecticut School of Medicine, Farmington, CT; University of New England College of Osteopathic Medicine, ECHN Clinical Campus, Manchester, CT; Frank H. Netter School of Medicine/Quinnipiac University, North Haven, CT

CE credit: 1.5; Rx credit: 1.5

As clinicians, it's common to see patients on self-imposed gluten-free diets in search of a cure for their related symptoms. In this session, we'll review the appropriate workup for celiac disease as well as its varied manifestations. We'll also discuss non-celiac gluten sensitivity as well as IBS and how to differentiate between the two.

111 Workshop: Common Office Procedures Part 2

See session 105 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

112 Acute/Emergent Care: The ABCs of CKD

Kim Zuber, PA-C, Executive Director, American Academy of Nephrology PAs, Oceanside, CA; Past Chair, National Kidney Foundation Council of Advanced Practitioners

CE credit: 1.5; Rx credit: 1

More than 30 million Americans or 15% of the entire population have chronic kidney disease. These patients will walk into your office. Will you recognize them? Will you know how to manage them? Join us for a 21st century update on the identification and management of the CKD patient.

113 Acute/Emergent Care: Putting Together the Puzzle of Shock: A Hemodynamic Case Study Approach

Anne Dabrow Woods, DNP, RN, CRNP, ANP-BC, AGACNP-BC, FAAN, Critical Care NP, Penn Medicine, Chester County Hospital, West Chester, PA; Adjunct Faculty, Drexel University, Philadelphia, PA; Chief Nurse, Wolters Kluwer; Health Learning, Research & Practice, Philadelphia, PA

CE credit: 1.5; Rx credit: 1

When a patient is in shock, it is crucial to be able to recognize the type of shock and manage it appropriately to optimize patient outcomes. This session will use a case study approach to put the pieces together in recognizing the hemodynamic parameters of distributive, hypovolemic, obstructive, and cardiogenic shock states and identify the evidence-based approach to managing these conditions.

6:00 pm – 7:30 pm | Grand Opening of Exhibits Reception | View Posters

CE credit: 2

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. A light reception will be available.

WEDNESDAY, MAY 15, 2019

7:30 am – 8:30 am | Exhibits Open | Continental Breakfast | View Posters

Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Concurrent Sessions

201 Diagnostic Testing: Putting it into Perspective

Tom Bartol, NP, CDE, Richmond Area Health Center, HealthReach Community Health Centers, Richmond, ME

CE credit: 1.5

There is a plethora of diagnostic testing available at the click of a mouse, from lab tests to special imaging and cardiac tests. Do all these tests really help? Do some make our jobs more difficult? This presentation will give you strategies to choose and utilize available diagnostics more effectively.

202 FUNDamentals of Dermatology: Beginning Basics for the Novice

Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland and Chattanooga, TN

CE credit: 1.5; Rx credit: 1

While dermatology encompasses over 2,300 diseases and disorders across the largest body organ and often presents with underlying issues not even related to the skin, learning basic principles of science and identification will allow for excellent diagnosis, treatment, and outcomes for even the most hesitant of new providers. This session will break down manageable approaches and build confidence for the most common conditions faced in the primary care setting.

203 Pathways in Management: Osteoarthritis and Chronic Low Back Pain

Wendy L. Wright, DNP, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP, Wright & Associates Family Healthcare, Amherst, NH
CE credit: 1.5; Rx credit: .5

This session will address the pathophysiology of chronic pain, evidence-based pharmacologic and non-pharmacologic treatment options for osteoarthritis and chronic low back pain, emerging treatment modalities to consider when managing these conditions as well as appropriate education tools and resources to support patients with OA and CLBP.

This session is presented by the Nurse Practitioner Healthcare Foundation and is supported by an educational grant from Pfizer/Lilly.

Accreditation Statement: The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 1.5 hours of CE and .5 hours of pharmacology will be awarded upon completion of the evaluation at the end of the session.

204 Workshop: Common Office Procedures Part 1

Linda S. Blasen, MS, FNP-BC, ACNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA
CE credit: 1.5

Add new office procedure skills to your repertoire and enhance patient care in your practice! This workshop provides the advanced practice nurse an opportunity to learn and practice several common office procedures. Skills include field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungual hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Please note that some props are made with latex. *If you register for this session, you are automatically enrolled in session 210. One fee covers both parts 1 & 2.*

205 Dizziness, Vertigo, Syncope

Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, PMHNP-BC, FAANP Senior Lecturer, FHEA, LLC; Clinical Practice, iCarePsychiatry and Associate Professor and Associate Dean for Graduate Affairs UNLV School of Nursing, Las Vegas, NV
CE credit: 1.5; Rx credit: 1.5

This course offers a systematic approach to the patient complaining of dizziness. Vertigo, ataxia, and near-syncope are all clinical occurrences that patients typically refer to as "dizziness." Appropriate classification of dizziness and the evaluation of common differentials for vertigo, ataxia, and near syncope will be discussed.

206 Acute/Emergent Care: Kidneys Gone Bad: Acute Kidney Injury (AKI)

Kim Zuber, PA-C, Executive Director, American Academy of Nephrology PAs, Oceanside, CA; Past Chair, National Kidney Foundation Council of Advanced Practitioners
CE credit: 1.5; Rx credit: 1

More than half of all AKIs occur outside of the hospital setting. If you're not worried about the kidney when you prescribe antibiotics, NSAIDs, diuretics, or diabetes medications, you should be! Learn what can really go wrong and how to prevent these situations from occurring.

10:00 am – 10:30 am | Exhibits Open | View Posters

10:30 am – 12:00 pm | Concurrent Sessions

207 Pain Management and Opioids: Balancing Risks and Benefits

Wendy L. Wright, DNP, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP, Wright & Associates Family Healthcare, Amherst, NH
CE credit: 1.5; Rx credit: 1.5

Sponsored by the Nurse Practitioner Healthcare Foundation (NPHF), this newly updated session addresses safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. Includes discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction and is fully compliant with the September 2018 FDA Blueprint for Opioid REMS Education. This session meets many states' requirements for controlled substances CE.

This program is supported by an independent educational grant from the ER/LA Opioid Analgesic REMS Program Companies.

Accreditation Statement: The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 1.5 contact hours and pharmacology credit will be awarded by NPHF upon completion of the program assessment and evaluation at the end of the session.

208 Menopause Management Today

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP, Adult Nurse Practitioner, Certified Menopause Practitioner, Michigan Healthcare Professionals, Farmington Hills, MI; Clinical Instructor, Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI
CE credit: 1.5; Rx credit: 1.5

This session will provide the attendee with an overview of the menopause transition into post-menopause with an emphasis on symptom management. There will be an update on guidelines for hormone therapy including issues of long-term use and use after the age of 65. There will be discussion of FDA-approved hormonal and nonhormonal therapy and dietary supplement options for the treatment of hot flashes. Additionally, the treatment of Genitourinary Syndrome of Menopause (GSM) will be discussed. Case studies will be utilized to provide examples of clinical management decision-making.

209 Endocrine Consult: Tips on Addressing Adrenal Disorders

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA
CE credit: 1.5; Rx credit: 1

Considered exotic by some, intimidating by many, and misunderstood to most acute and primary care providers, adrenal disorders are common, ubiquitous findings that cause and exacerbate physiological upheaval. This session will provide attendees with endocrinology tips to help identify and provide early treatment as needed for adrenal cortical deficiency or excess, hyperaldosteronism, pheochromocytoma, and adrenal incidentaloma. We will even address the often misunderstood condition of "adrenal fatigue."

210 Workshop: Common Office Procedures Part 2

See session 204 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

211 5 Things I Wish I Knew Last Year

Louis Kuritzky, MD, Clinical Assistant Professor Emeritus, Department of Community Health and Family Medicine, University of Florida, Gainesville, FL

CE credit: 1.5; Rx credit: 1

We'll review a variety of clinically relevant items that, despite their efficiency, are not very well known. You'll look at things differently after attending this session—and you'll wish you knew about them sooner! Session topics for this course are updated annually.

212 Acute/Emergent Care: What's New in the Treatment of Sepsis

Sophia Chu Rodgers, ACNP, FNP, FAANP, FCCM, Director of Acute Care Programming/NCNP, Critical Care Nurse Practitioner, Lovelace Health Systems, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

Mortality rates from sepsis are estimated to be between 30% and 50%. The Surviving Sepsis Guidelines were developed to offer informed, evidence-based recommendations for the clinician's consideration to improve care and outcomes in patients who develop sepsis. This presentation will discuss what is new in the guidelines, the epidemiology of sepsis, the bundles, and what you need to know to care for a septic patient. We'll also highlight key points with a case-based study.

12:00 pm –1:30 pm

Lunch in Exhibit Hall I View Posters

Learn the latest products and technologies, view poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm | Concurrent Sessions

213 Treatment of Adult ADHD

Louis Kuritzky, MD, Clinical Assistant Professor Emeritus, Department of Community Health and Family Medicine, University of Florida, Gainesville, FL

CE credit: 1.5; Rx credit: 1.5

Recent insights have made it increasingly clear that a substantial number of persons with childhood ADHD continue to suffer consequences of the condition throughout adulthood. ADHD is associated with other meaningful comorbidities. Because treatment is effective in almost all patients, clinicians will want to familiarize themselves with the currently available treatment tools.

214 Prostate Health in the Adult and Aging Male

Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA

CE credit: 1.5; Rx credit: 1

This session will include myths and realities of prostate health such as use of supplements and risk factors for prostate cancer. Prostatitis/male pelvic pain syndrome, BPH and aging, and prostate cancer will be discussed, including an update on the latest in early detection and treatment of local and advanced stage prostate cancer.

215 Palliative Care: What Is It and Who Is It For?

Debbie A. Gunter, FNP-BC, ACHPN, Family and Palliative Care Nurse Practitioner, Emory Healthcare, Atlanta, GA

CE credit: 1.5; Rx credit: 1

This session will provide a general overview of palliative care, including primary and tertiary levels of care, along with important skills for all nurse practitioners. Identification of patients who could benefit from a palliative care approach will be discussed.

216 Workshop: Basic Suturing Part 1

Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA; Board Certified Acute Care, Family Practice, Adult NP, Grace Cottage Family Practice, Townsend, VT

CE credit: 1.5

Proper suturing technique is essential for optimal laceration repair. A systematic approach to the fundamentals of laceration repair will be discussed including wound assessment, local anesthesia, wound preparation, and closure. Participants will develop the skills of direct infiltration of local anesthesia and the suturing techniques of the simple interrupted suture and the horizontal mattress suture. *If you register for this session, you are automatically enrolled in session 222. One fee covers both parts 1 & 2.*

217 Skill Builder: 12-Lead EKG Interpretation Part 1

Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, PMHNP-BC, FAANP Senior Lecturer, FHEA, LLC; Clinical Practice, iCarePsychiatry and Associate Professor and Associate Dean for Graduate Affairs UNLV School of Nursing, Las Vegas, NV

CE credit: 1.5

The role of the nurse practitioner in primary care continues to expand, and with that expansion comes new expectations in terms of skills and responsibilities. This program is designed for primary and acute care nurse practitioners to develop a skilled, systematic approach to assessing the 12-lead EKG. Specifically, this course presents analysis of both acute and chronic changes seen in the 12-lead EKG that may occur in patients with both acute coronary artery disease and/or a variety of other cardiac or systemic conditions that may cause 12-lead EKG evidence of chronic strain. *If you register for this session, you are automatically enrolled in session 223.*

218 Skill Builder: Mechanical Ventilation Part 1

Eric Magana, MD, Internist, Presbyterian Hospital, Albuquerque, NM

CE credit: 1.5

In this skill-builder session, you'll learn common characteristics of several control variables and modes used in modern mechanical ventilation via a case study format. The concept of minute ventilation will be discussed as well as the similarities and differences between various modes. The objective of this course is to show a structure for approaching mechanical ventilation. *If you register for this session, you are automatically enrolled in session 224.*

3:00 pm – 3:30 pm | Exhibits Open | View Posters

3:30 pm – 5:00 pm | Concurrent Sessions

219 Drug Update: New Medications, Indications, and Warnings

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5; Rx credit: 1.5

What is the latest in drug therapy? What are the latest new uses and cautions for use of established medications? Learn the answers to these and other questions in this informative session.

220 How and Why Immunotherapy Works in Cancer Treatment and Monitoring Ongoing Care

Victoria L. Anderson, MSN, CRNP, CAPT, (retired USPHS), Nurse Practitioner, Center for Interventional Oncology, National Institutes of Health

CE credit: 1.5; Rx credit: 1.5

Immunotherapy utilizes the body's natural defenses to fight cancer. Learn how it can stop or slow cancer growth, prevent it from spreading, and how it can improve or restore functions of the immune system. Various types of immunotherapy will be discussed.

221 Sports Dermatology: Challenges and Treatment of America's Athletes

Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland and Chattanooga, TN

CE credit: 1.5; Rx credit: 1

Americans love sports. And the most common injuries that affect athletes involve the skin. This presentation will identify the most common reactions, infections and trauma of the skin across multiple sports, and up-to-date treatment paradigms, as well as a fascinating discussion of unusual diagnoses to build awareness. Helpful, detailed points of prevention will be included for today's athletes and weekend warriors.

222 Workshop: Basic Suturing Part 2

See session 216 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

223 Skill Builder: 12-Lead EKG Interpretation Part 2

See session 217 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

224 Skill Builder: Mechanical Ventilation Part 2

See session 218 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

THURSDAY, MAY 16, 2019

7:30 am – 8:30 am | Exhibits Open | View Posters

Continental Breakfast

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Concurrent Sessions

301 Adolescent Immunization Update 2019: Latest CDC Recommendations

Wendy L. Wright, DNP, MS, ANP-BC, FNP-BC, FAANP, FAAN, FNAP, Wright & Associates Family Healthcare, Amherst, NH

CE credit: 1.5; Rx credit: 1.5

Never before in the history of immunizations have there been such widespread changes to the immunization schedule. This lecture will provide the nurse practitioner with the latest information regarding adolescent immunizations as well as updates and safety information pertaining to each vaccine.

302 Obesity: Why are We Losing the Battle?

Bruce D. Askey, MS, ANP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Certified Adult NP, Sayre Weight Loss Center, Guthrie Clinic, Sayre, PA

CE credit: 1.5; Rx credit: 1

It is difficult to come up with a disease that is not caused by or exacerbated by obesity. With obesity rates skyrocketing, we obviously have not yet come up with the right formula to beat it. This session will explore the pathophysiology of obesity, including insulin resistance, discuss weight loss medications, and help you formulate a game plan to manage obesity.

303 Geriatric Emergencies

Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians, Inc. Golden Valley, MN; Adjunct Faculty University of Utah, Mindful Geriatrics LLC

CE credit: 1.5; Rx credit: .5

Geriatric adults represent the fastest growing population in the United States and yet there are fewer than 4,000 trained geriatricians in the United States. Cognitive impairment, comorbid conditions, and polypharmacy only complicate matters and may directly or indirectly affect an older patient's care. This lecture will focus on managing some of the most common emergencies that occur in the elderly population. Emphasis will be on identifying their vulnerabilities and detecting problems early to implement interventions and prevent complications.

304 Workshop: Orthopedic Assessment of the Lower Extremity Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

CE credit: 1.5

This workshop will focus on the evaluation, diagnosis, and treatment of adult orthopedic problems of the lower extremity (hip, knee, ankle and foot) commonly encountered in primary and acute care settings. A focus on orthopedic anatomy and physical examination including performing an orthopedic examination of the lower extremity, special orthopedic tests, diagnostic modalities, and medications used to treat orthopedic problems, will be presented. This interactive workshop also includes hands on participation where the attendee will perform a comprehensive physical exam of the lower extremity, so please wear comfortable clothing and prepare to have fun. *If you register for this session, you are automatically registered for session 310. One fee covers both parts 1 & 2.*

305 Skill Builder: Chest X-Ray Part 1

Theresa M. Campo, DNP, FNP-C, ENP-BC, ENP-C, FAANP, FAAN, Director of the Emergency Nurse Practitioner Post-Master Certificate Track and Associate Clinical Professor, Drexel University, Philadelphia, PA; Emergency Nurse Practitioner, Atlantic Emergency Associates, Ocean View, NJ

CE credit: 1.5

Learn the basics of chest radiography interpretation using actual patient cases. We'll begin with the basic foundational methods of identifying key aspects of the radiograph used for clinical interpretation. We'll also discuss common findings of infiltrates, pleural effusion, pneumothorax, and pulmonary edema. We'll continue with more advanced cases, including tuberculosis, rib fractures, pneumomediastinum, and masses. *If you register for this session, you are automatically enrolled in session 311.*

306 Acute/Emergent Care: Acid-Base Disturbances

Eric Magana, MD, Internist, Presbyterian Hospital, Albuquerque, NM

CE credit: 1.5

In this case-based session, we'll cover the diagnosis of gap and non-gap metabolic acidosis, metabolic alkalosis, and acute and chronic respiratory acidosis and alkalosis. We'll also discuss an approach to diagnosing the primary disturbance, limits of compensation, and the delta gap.

10:00 am – 10:30 am | Exhibits Open | View Posters

10:30 am – 12:00 pm | Concurrent Sessions

307 Heart Failure Update 2019: Focus on HFREF

Kismet D. Rasmuson, DNP, FNP-BC, FAHA, CHFN, Associate Lecturer, FHEA, LLC, North Andover, MA; Family Nurse Practitioner, Heart Failure Prevention and Treatment Center, Intermountain Medical Center, Salt Lake City, UT

CE credit: 1.5; Rx credit: 1.5

This session will review the latest guidelines for treating patients with HFREF. Optimizing medications, considerations for devices and procedures and recognizing advanced heart failure will be reviewed.

308 Abnormal Uterine Bleeding (AUB) in the Age of PALM-COEIN

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP, Adult Nurse Practitioner, Certified Menopause Practitioner, Michigan Healthcare Professionals, Farmington Hills, MI; Clinical

Instructor, Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI
CE credit: 1.5; Rx credit: 1

Abnormal uterine bleeding is a symptom and not a diagnosis! This session will review a systematic approach to the identification and classification of abnormal uterine bleeding by using the PALM-COEIN system. Each letter of PALM COEIN stands for a structural or non-structural diagnosis for AUB and is a system that helps the clinician determine a diagnosis, leading to appropriate interventions. There will be a review of the diagnostic workup for AUB including history, physical exam, and screening for coagulopathies. The session will review management options including both pharmacologic and surgical interventions such as endometrial ablation and fibroid treatments.

309 Suicide Prevention: Identification and Intervention with the At-Risk Person

David J. Denino, MS, LPC, NCC, Associate Lecturer, FHEA, LLC; Director Emeritus, Counseling Services and Adjunct Faculty, Clinical Mental Health Program at Southern CT State University; Licensed Professional Counselor (LPC): State of Connecticut; Nationally Certified Counselor (NCC); QPR Gatekeeper Instructor Suicide Prevention/Education; QPR National Master Trainer

CE credit: 1.5

This session will examine suicide warning signs, safety assessment, and safety planning for teens and adults. A comprehensive overview of suicide and prevention will include key protective factors and managing the suicidal person.

310 Workshop: Orthopedic Assessment of the Lower Extremity Part 2

See session 304 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

311 Skill Builder: Chest X-Ray Part 2

See session 305 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

312 Acute/Emergent Care: Pain Management in the Acute Care Setting

Theresa (Tracey) Mallick-Searle, MS, RN-BC, ANP-BC, Adult Nurse Practitioner, Pain Medicine, Stanford Healthcare, Division of Pain Medicine, Redwood City, CA

CE credit: 1.5; Rx credit: 1.5

Inadequate pain management in the acute care setting is widely prevalent, harmful to patients, and costly. Studies demonstrate poorly controlled acute pain puts patients at higher risk of developing chronic pain and other medical comorbidities. Lack of education and knowledge among clinicians working in the acute care setting regarding effective multidisciplinary pain treatments, assessment of pain, and identifying patients at higher risk for poor outcomes, is a modifiable barrier to improving outcomes in pain management. This timely lecture will focus on the importance of managing pain in the acute care setting, treatment options uniquely available to the hospitalized patient, and the evidence behind using multimodal analgesia in the acute care setting. Introduction to the newly released JCAHO pain guidelines will also be discussed.

12:00 pm –1:30 pm

Lunch in Exhibit Hall | View Posters

Learn the latest products and technologies, view poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm | Concurrent Sessions

313 Precision Medicine, Biomarkers, and Genomics: The Future is Now

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA

CE credit: 1.5

A new paradigm for disease diagnosis and treatment is fast emerging and will bring about seismic changes in healthcare delivery both in and out of the hospital setting—the integration of genomics and precision medicine. Using case studies, this lively session will examine the expanding field of genomic medicine (to include pharmacogenomics and the increasing use of biomarkers) and demonstrate how its integration into clinical practice can help to more precisely evaluate, diagnose, manage, and prevent selected acute and chronic medical conditions.

314 Lateral Violence: Bullying in the Workplace

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, Inc., North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

CE credit: 1.5

Lateral violence in the workplace is a serious issue that affects the nursing profession. This lecture will define lateral violence and its prevalence in nursing, review theories as to its existence, and help you identify the perpetrator and the victim. We'll also discuss strategies to put an end to this toxic problem.

315 Making Healthcare TRANS-parent: Beyond the Basics

Vanessa Pomarico-Denino, EdD, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA, Northeast Medical Group (NEMG), Hamden, CT

CE credit: 1.5; Rx credit: 1

It is not enough to be trans-friendly; it is essential to be trans-educated. As more persons identify as transgender, APRNs will be at the forefront of caring for this underserved population. It is essential to the transgender patient's well-being that the PCP is well versed and inclusive in the nuances and specialized care of this population. This session will use case studies and explore the most current guidelines for care of this population as well as discuss pharmacology for hormone therapy. Additionally, the presentation will review the legal implications of amending birth certificates and concerns for elder transpeople. Many barriers exist for persons identifying as transgender and NPs can provide exactly what this patient population needs in terms of health care. It is critical to use appropriate and culturally acceptable terminology and understand the training your office staff requires to provide care to those who are in need of culturally

competent providers. The NP will leave this session with resources for the most current evidence-based guidelines.

316 Skill Builder: Honing Your Cardiac Exam: A Focus on Heart Sounds and Murmurs Part 1

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5

Hone your cardiac exam skills in this case-based session. Highlights include obtaining a symptom-focused health history for the person with or at risk for cardiovascular disease, identifying the components and significance of findings in the symptom-focused cardiac exam, identification of abnormal heart sounds, common systolic murmurs, and select 12-lead ECG evaluation.

317 Acute/Emergent Care: Neuro Assessment and Diagnostic Work-Up for Advanced Practitioners

Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, UCHHealth Medical Group—Brain & Spine, Loveland, CO

CE credit: 1.5

Whether you're a novice or a seasoned practitioner, neurologic disorders are often difficult to spot. Learn how to do a quick yet thorough neurologic exam and how to use that exam to guide your diagnostic imaging and referrals.

318 Acute/Emergent Care: Bugs and Drugs: Treating Infections in Acute Care

Eleana M. Zamora, MD FCCP, Associate Professor of Medicine, Infectious Diseases and Critical Care, Sandoval Regional Medical Center, Medical Director ICU, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

The rates of antimicrobial resistance are on the rise, which leads to ineffective treatments, persistent infections, and disease spread. In this session, we'll discuss common healthcare-associated infections, the pathogens that cause them, and how and when to treat them.

3:30 pm – 5:00 pm | Concurrent Sessions

319 Scratching the Surface: Cutaneous Manifestations of Systemic Diseases

Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton SON, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH

CE credit: 1.5; Rx credit: 1.5

The skin is our largest organ. Changes in the skin can signal the clinician to underlying systemic diseases including rheumatologic, gastrointestinal, and endocrine disorders. It may also heighten your suspicion for cancer. Armed with this knowledge, primary care clinicians have the ability to detect early disease in patients who present with cutaneous symptoms.

320 Healthy Brain, Healthy Mind: “Livejevity” Beyond Longevity

Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians, Inc. Golden Valley, MN; Adjunct Faculty University of Utah, Mindful Geriatrics LLC

CE credit: 1.5; Rx credit: 1

Aging is inevitable, as are some of the changes the brain undergoes that make people more susceptible to forgetfulness. So why is it that some people maintain mental acuity more than others? In fact, living long has become the norm, but living well can be a confounding factor associated with that longevity. Come learn the key lessons to not only adopt, but also to teach others how to live with “livejevity” over simple longevity.

321 Medicinal Cannabis: What You and Your Patients Need to Know

Theresa (Tracey) Mallick-Searle, MS, RN-BC, ANP-BC, Adult Nurse Practitioner, Pain Medicine, Stanford Healthcare, Division of Pain Medicine, Redwood City, CA

CE credit: 1.5; Rx credit: 1.5

There is much misinformation and lack of understanding among healthcare providers about cannabis and cannabinoids. Clinicians are frequently inadequately educated on clinical applications of medicinal cannabinoids. Equally, they are mostly uninformed about the advancements in science surrounding the endocannabinoid system. The expanding state legislation introducing recreational cannabis, makes the justification of medicinal use even that more daunting. An understanding of the practicality of prescribing, clinical applications, and current research will help clinicians to provide safe and effective care, and counseling to patients surrounding the use of cannabis. This lecture will provide the audience with an understanding of the pathophysiology of the endocannabinoid system and the current research of cannabinoids for medicinal use. It will help stratify the recreational user from the medicinal user and provide strategies to keep your patient safe.

322 Skill Builder: Honing Your Cardiac Exam: A Focus on Heart Sounds and Murmurs Part 2

See session 316 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

323 Acute/Emergent Care: DOACs—Practical Review and Exploration of What’s New

Allison E. Burnett, PharmD, PhC, CACP, Director, Inpatient, Anticoagulation Services, University of New Mexico Hospital; Clinical Assistant Professor, University of New Mexico College of Pharmacy, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

In this session, we will discuss some practical management aspects of the direct oral anticoagulants, such as appropriate patient selection, dosing, management in the peri-procedural period, and approaches to bleed management. We will also review recently published data regarding DOACs that may lead to further guideline and/or practice changes.

324 Acute/Emergent Care: Identification and Management of Sodium Disturbances in Acute Care

Anthony M. Angelow, PhD, ACNPC, AGACNP-BC, CEN, Associate Lecturer, FHEA, LLC, North Andover, MA; Associate Chair and Assistant Clinical Professor, Drexel University, College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Division of Trauma and Surgical Critical Care, Cooper University Hospital, Camden, NJ

CE credit: 1.5; Rx credit: 1.5

Sodium disturbances are the most common electrolyte disturbance in the acute care setting. The number associated with hyponatremia alone offers little benefit to the diagnostic reasoning of the clinician. In addition, the identification of hypernatremia offers the clinician more insight into the level of acuity for a critically ill patient. Join us on a journey in which we explore the pathophysiologic basis, identification, and evidence-based treatment for the common types and presentations of sodium disturbances. This presentation utilizes an interactive case study-based approach to apply knowledge of the diagnosis and management of sodium disturbances to actual patient cases. The knowledge gained is useful for the critical care clinician when making sound, evidence-based evaluation and treatment decisions, which contribute to high-quality patient care.

FRIDAY, MAY 17, 2019

7:30 am – 8:30 am | Continental Breakfast in Foyer

8:30 am – 10:00 am | Concurrent Sessions

401 Guide to Pharmacotherapy of Common Urologic Disorders for the Primary Care Provider

Mikel Gray, PhD, PNP, FNP, CUNP, CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA

CE credit: 1.5; Rx credit: 1.5

Urinary incontinence drugs will also be discussed, mainly focusing on overactive bladder, drugs for urinary retention, drugs for management of erectile dysfunction, and interstitial cystitis/painful bladder syndrome. This session will also include a brief overview of urinary tract infection management.

402 Hairy Situations! Management of Patients with Hair Complaints

Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton SON, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH

CE credit: 1.5; Rx credit: 1

Hair thinning, overgrowth, scarring, and other changes are a common complaint of patients that present in primary care and dermatology. Hair conditions can have a physical and psychologic impact on patients and can also be a sign of underlying diseases. Clinicians should accurately assess hair changes, perform appropriate laboratory studies, and recommend interventions that optimize normal hair growth.

**403 QT Segment-Prolonging Medications:
When to Worry**

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5; Rx credit: 1.5

What are the possible problematic clinical outcomes when prescribing medications with a QT-prolonging warning? Who is at risk for clinical problems with these medications? What commonly prescribed QT-prolonging medications carry the highest risk? Are there alternative treatments? What are the precautions when prescribing QT-prolonging medications? Learn the answers to these questions and more in this case-based presentation.

404 Smash the Nash

Bruce D. Askey, MS, ANP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Certified Adult NP, Sayre Weight Loss Center, Guthrie Clinic, Sayre, PA

CE credit: 1.5; Rx credit: 1.5

Fatty liver disease has been coined “the hepatic component of the metabolic syndrome.” It’s extreme form, Non Alcoholic SteatoHepatitis (NASH) is a leading cause of liver transplant. This session explores the pathophysiology and treatment of fatty liver disease.

**405 Acute/Emergent Care: Optimizing Outcomes
with Pre-Operative Assessment**

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

CE credit: 1.5

This session will discuss updated information on pre-operative physical assessment clearance for the operative patient. Age-appropriate guidelines on laboratory, EKG, and diagnostic testing will be reviewed.

406 Acute/Emergent Care: Surgical Case Studies

Anthony M. Angelou, PhD, ACNPC, AGACNP-BC, CEN, Associate Lecturer, FHEA, LLC, North Andover, MA; Associate Chair and Assistant Clinical Professor, Drexel University, College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Division of Trauma and Surgical Critical Care, Cooper University Hospital, Camden, NJ

CE credit: 1.5

Common surgical issues can present a complex scenario for the provider. Common findings in the acute surgical patient must be evaluated with a different perspective. We’ll walk through case studies of surgical patients presenting with common issues and discuss the appropriate evaluation and evidence-based treatment of these issues.

10:15 am – 11:45 am | Concurrent Sessions

407 Assessing and Prescribing for Anxiety and Depression

Madeleine M. Lloyd, PhD, FNP-BC, PMHNP-BC, Clinical Assistant Professor, NYU Rory Meyers College of Nursing, Nurse Practitioner, NYU Langone Health, New York, NY

CE credit: 1.5; Rx credit: 1.5

Anxiety and depression disorders are the most prevalent mental health conditions in the United States. Patients often present first to primary care with physiological symptoms including fatigue, muscle tension, restlessness and other somatic complaints making the initial assessment challenging. This session will review the initial assessment, diagnosis, and management of these mood disorders. Both anxiety and depression can be managed effectively. Pharmacological and non-pharmacological evidence-based treatment modalities will be discussed.



408 Cardiovascular Risk in Women

Joyce L. Ross, MSN, CRNP, CLS, FNLA, FPCNA, Clinical Specialist, Clinical Associate University of Pennsylvania, Past President National Lipid Association, Philadelphia, PA
CE credit: 1.5; Rx credit: 1

Risks and outcomes for cardiovascular disease are different in women versus men. Multiple factors explain the differences in presentation, location, type of discomfort, and treatment of cardiovascular risk in women. This discussion will center on those differences and how to thoroughly and effectively evaluate your female patients.

409 Imaging: Which Test When?

Angela Golden, DNP, FNP-C, FAANP, NP From Home, LLC, Munds Park, AZ
CE credit: 1.5

This presentation is designed to help a busy clinician understand which radiology imaging test can provide the information to assist in diagnosing patients. Additionally, we will review when imaging is appropriate. Case studies will be utilized to provide the clinical context for diagnostics.

410 Acute/Emergent Care: Acute and Subacute Complications of Hemorrhagic Stroke

Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, UCHHealth Medical Group—Brain & Spine, Loveland, CO
CE credit: 1.5; Rx credit: 1

In the setting of rapidly changing technology, it's imperative that we stay up to date on practice guidelines and treatment options. This session will review current recommendations for treatment of hemorrhagic stroke and discuss the various complications that can arise following a hemorrhagic event.

411 Acute/Emergent Care: GI Bleed

Christopher Chang, MD, PhD, University of New Mexico, Albuquerque, NM
CE credit: 1.5; Rx credit: 1

There are many types of common GI bleeding that will present in the acute care setting. Diagnosis and treatment plans will be discussed in this important and informative session.

412 Acute/Emergent Care: Venous Thromboembolism (VTE) Prophylaxis in Hospitalized Patients—Who, With What and For How Long?

Allison E. Burnett, PharmD, PhC, CACP, Director, Inpatient, Anticoagulation Services, University of New Mexico Hospital; Clinical Assistant Professor, University of New Mexico College of Pharmacy, Albuquerque, NM
CE credit: 1.5; Rx credit: 1.5

In this session, we will discuss use of risk assessment models (RAMs) for identifying at-risk hospitalized patients who warrant VTE prophylaxis. We will review available prophylaxis modalities, both mechanical and pharmacologic, and the evidence behind their use. Additionally, we will summarize the evidence for extending VTE prophylaxis beyond hospital discharge.

*Sessions subject to change.

SPRING 2019 PLANNING PANEL**NCNP Conference Chairperson**

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP

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 North Andover, MA
 Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

NCNP Director of Acute Care Programming

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Critical Care Nurse Practitioner, Lovelace Health Systems
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Tracey Anderson, FNP-BC, ACNP-BC

UCHHealth Medical Group – Brain & Spine
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Jana Esden, DNP, APNP, FNP-BC

Associate Professor, Frontier Nursing University
 Neenah, WI

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151 East Wacker Drive
Chicago, IL 60601



CHICAGO

Book Your Hotel Reservation Online:
NCNPconference.com

Book Your Hotel Reservation by Phone:
Central Reservation Hotline 1-800-233-1234
(Refer to Group: NCNP)

Conference room rate is \$229/night, plus tax. Reservations must be made by **April 22, 2019**. Please mention "NCNP" to receive this special rate. Please make room reservations early as the group room block may sell out before the cutoff date.

Hotel Information

Stay at Chicago's Largest Hotel, Steps from the Magnificent Mile!

Offering an energetic, urban retreat near Navy Pier, Hyatt Regency Chicago is within walking distance of the city's top attractions, including Millennium Park, shopping on the Magnificent Mile, and waterfront activities at the Chicago Riverwalk.

Rooms at Hyatt Regency Chicago offer stunning city, Chicago River, and Lake Michigan views with all the comforts of a modern urban getaway.

Dining

Chicago is home to some of the world's best restaurants, including Grace and Alinea. Swing by American Craft Kitchen & Bar for farm-to-fork fare or visit Stetsons Modern Steak + Sushi for a unique steakhouse experience. Relax with comfort food

and drinks at The Living Room or stop by Market Chicago for 24-hour on-the-go dining and Starbucks® coffee. Meet at BIG Bar for handcrafted cocktails served with a view of the Chicago River. For your convenience, in-room dining is also available.

Refresh Your Mind and Body

Stay active in the 24-hour, state-of-the-art fitness center overlooking downtown Chicago, the Chicago River, and Navy Pier. Take advantage of cardio machines, free weights, and strength training equipment and enjoy extras like cold towels, magazines, fruit, or a spare pair of headphones.

Airport & Transportation Information

Both of the Chicago airports are close to the hotel, so the choice of your destination airport can be completely yours.

O'Hare International Airport is approximately 17 miles from the hotel, and **Midway Airport** is approximately 13 miles from the hotel.

Go Airport Express is an easy, affordable shuttle option from either airport to the hotel—make your reservation online at www.airportexpress.com

Parking

Take advantage of convenient valet parking for \$69/night with unlimited in-and-out privileges or self-park for \$49/night at the nearby Illinois Center Garage.

Weather Conditions

May brings plenty of pleasantly warm weather to Chicago. This is also the city's least humid month of the year. In most years, Chicago averages a daily maximum temperature for May that's between 66 and 74 °F (19 to 23 °C). The minimum temperature usually falls between 45 and 52 °F (7 to 11 °C).



