**DAY ONE: Wednesday, 16 October 2019**

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<th>Time</th>
<th>Event</th>
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<tr>
<td>From 12.00pm</td>
<td>CONGRESS REGISTRATIONS OPEN&lt;br&gt;LISMORE WORKERS CLUB, LEVEL ONE, AUDITORIUM FOYER, 231 KEEN STREET</td>
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<td>1.00pm – 1.45pm</td>
<td>MASTER OF CEREMONIES&lt;br&gt;Tod Adams, Health Education and Training Institute</td>
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<td>WELCOME TO COUNTRY&lt;br&gt;Aunty Irene Harrington, Bundjalung Elder</td>
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<td>WELCOME ON BEHALF OF NNSW LHD&lt;br&gt;Wayne Jones, Chief Executive, Northern NSW Local Health District</td>
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<td>OPENING ADDRESS&lt;br&gt;Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute</td>
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<td>1.45pm – 2.30pm</td>
<td>KEYNOTE: FINDING MY VOICE AS A SINGER, SPEAKER AND HEALTH ADVOCATE&lt;br&gt;Luke Escombe, Consumer and Creator</td>
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<td>2.30pm – 3.00pm</td>
<td>AFTERNOON TEA&lt;br&gt;TRADE DISPLAYS AND POSTER EXHIBITION</td>
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<td>3.00pm – 3.55pm</td>
<td>CONCURRENT SESSION ONE</td>
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**Determinants of Health**
- Seeing the Whole Person: Addressing the Link Between Social Determinants and Health<br>Jenny Caspersonn, Manager, Chronic Care Network, Agency for Clinical Innovation
- Patients’ Knowledge of the Types, Risk Factors and Measures to Prevent Healthcare-Acquired Infections in Rural Health Settings in Australia<br>Tegan Dutton, Research Officer, Bathurst Rural Clinical School, School of Medicine

**Productive Partnerships**
- Non-Traditional Roles in Allied Health: An Under-Explored Opportunity to Meet Rural Client Needs and Expand Rural Career Pathways<br>Susan Nancarrow, Professor of Health Sciences, Southern Cross University

**Our Rural Workforce**
- Going Mobile: Tresillian 2U – The Early Years Parenting Service<br>Monica Carlon, Nurse Unit Manager, Tresillian Coffs Harbour and Tresillian 2U Services

**Creativity - Out of the Box**
- Linking Primordial, Primary and Secondary Prevention of Rheumatic Heart Disease in Rural Areas<br>Ellen Donnan, NSW Rheumatic Heart Disease Program Manager, Health Protection NSW

**Workshop**
- 60-minutes
DAY TWO: Thursday, 17 October 2019

7.15am – 8.15am
EMERGING RESEARCH – LIGHT BREAKFAST
ROOM FIVE AND SIX, LEVEL ONE, LISMORE WORKERS CLUB, 231 KEEN STREET
More information is available on the Congress website, please confirm your attendance when registering

From 8.00am
CONGRESS REGISTRATIONS OPEN
LISMORE WORKERS CLUB, LEVEL ONE, AUDITORIUM FOYER, 231 KEEN STREET

8.30am – 8.35am
WELCOME, OPENING OF DAY TWO
Tod Adams, Health Education and Training Institute
<table>
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<th>Time</th>
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| 8.35am - 9.25am | **KEYNOTE: TOWARDS INTEGRATED COMMUNITY CARE: IMPROVING HEALTH AND WELLBEING THROUGH STRENGTHENING COMMUNITIES**  
Professor Nick Goodwin, Director, Central Coast Research Institute (CCRI) |
| 9.25am – 10.00am | **KEYNOTE: FIXING THE AUSTRALIAN HEALTH SYSTEM – CAN RESEARCH HELP?**  
Professor Kathy Eager, Director, Australian Health Services Research Institute (AHSRI) |
| 10.00am – 10.35am | **KEYNOTE: FUTURE OF BIOBANKING RESEARCH TODAY: CONNECTING RESEARCHERS AND BIOSPECIMENS ACROSS NSW AND BEYOND**  
Associate Professor Murray Killingsworth, Founding Director, NSW Brain Clot Bank, Principal Hospital Scientist, South Western Sydney Pathology Service |
| 10.35am – 11.00am | **MORNING TEA**  
TRADE DISPLAYS, POSTER EXHIBITION AND CONVO CORNER |
| 11.00am – 11.25am | **CONCURRENT SESSION TWO**  
**Our Rural Workforce**  
Trialling a Whole-of-Person Approach for Improving Retention of Rural-Based Health Professionals  
Catherine Cosgrave, Research Fellow, University of Melbourne  
**Productive Partnerships**  
Miracle Babies: Nurturing Connections in a Rural Context  
Marisa Barnes, Psychologist, Hunter New England LHD  
**Futureproofing Rural Health**  
A Collaborative Project to Investigate Factors that Affect the Recruitment and Retention of New Graduate Nurses in Rural NSW  
Elyce Green, Lecturer in Rural Health, Three Rivers University Department of Rural Health, Charles Sturt University  
**The Rural Experience**  
The Tyranny of Distance can be Overcome with Collaboration and Authentic Engagement  
Rachel Peake, Stroke Care Coordinator, Hunter New England LHD  
**Workshop**  
75-minutes:  
*Working Together in Research*  
*Lauren Weller, Manager, NSW Rural Health and Research Alliance* |
| 11.30am – 11.45am | **Resilience in Rural General Practitioners: “You Either Crumbled or You Adapted”**  
Christopher Wilson, Resident Medical Officer/GP Registrar, Wagga Wagga Base Hospital, Murrumbidgee LHD  
**Bubs & Bumps: The Creation of a Mums’ Support Group**  
Therese McCarthy, Midwife, Aboriginal Maternal and Infant Health Service, Quirindi, Hunter New England LHD  
**Decentralising Allied Health Specialties: Providing Hands-on Therapy in a Rural Community**  
Katie Street, Occupational Therapist, Armidale Rural Referral Hospital, Hunter New England LHD  
**Flooding, Mental Health and Equity: Lessons for Building Resilience Within a Rural Community**  
Veronica Matthews, Research Fellow, University Centre for Rural Health, Lismore |
| 11.50am – 12.05pm | **Who Wins When Multidisciplinary Students Have Immersive Placements in Regional Areas: Students or Communities?**  
Robyn Fitzroy, Program Director, Multidisciplinary Health, University Centre for Rural Health, Lismore  
**Time to Call Triple Zero? Building Partnerships to Raise Awareness of the Symptoms of Acute Myocardial Infarction in Aboriginal Communities**  
Sarah Edwards, A/Manager Project Management Office Partnerships, NSW Ambulance  
**“Scan or Be Damned”: How to Future Proof Screening for Liver Cancer in a Regional Setting**  
Alexandra Wade, Clinical Nurse Consultant, Hastings Macleay Liver Clinic  
**The Stockman’s Plight: A Review of Horse-Related Injuries from a Regional NSW Hospital**  
Saksham Gupta, Doctor, Wagga Wagga Rural Referral Hospital, Murrumbidgee LHD  
**Workshop**  
75-minutes:  
*Working Together in Research*  
*Lauren Weller, Manager, NSW Rural Health and Research Alliance* |
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| 12.10pm – 12.25pm | It's a Love/Hate Relationship: Physiotherapists and Their Encounters with People with Chronic Pain
Shelley Barlow, Physiotherapist, Ballina Community Health, Northern NSW LHD |
|               | Together We Have: Integrated Aboriginal Chronic Care
Marilyn Tolman, Clinical Nurse Consultant, Aboriginal Health, Northern NSW LHD |
|               | The Future of Allied Healthcare Delivery: eHealth for Children with Complex Needs in Rural Areas
Suzanne Wright, PhD Candidate, School of Rural Medicine, Armidale |
|               | Novel Support Services for New Refugee Communities in Regional Areas
Adele Evans, Medical Researcher, Murrumbidgee LHD |
| 12.25pm – 1.30pm | LUNCH AND TRADE EXHIBITION
TRADE DISPLAYS, POSTER EXHIBITION AND CONVO CORNER |
| 1.30pm – 2.30pm | KEYNOTE: THE POWER OF A CONVERSATION
Nic Marchesi and Lucas Patchett, Orange Sky |
| 2.35pm – 3.30pm | POSTER PRESENTERS LIGHTNING TALKS AND DISCUSSIONS                                      |
| 2.35pm – 2.40pm | Stream 1: Poster Presentations
Partnering with Clinicians to Improve Care for People with Diabetes in Hospital: Tools and Resources that Cross Distances
Marina Sarkis, Network Manager, Diabetes and Endocrine, Agency for Clinical Innovation |
|               | Stream 2: Poster Presentations
Education and Training for Integrated Care
Frances Barraclough, Lecturer, Academic Coordinator Interdisciplinary Education, University Centre for Rural Health, Lismore |
|               | Stream 3: Discussions 25-minutes: The Role of Rural Health Teams in Addressing Drought
Chris Mitchell, RACGP Rural Council Member |
|               | Stream 4: Discussions 25-minutes: Productive Partnerships: Protectionism vs Shared Goals
Anne Galloway, Senior Mental Health Clinician, HealthWISE |
|               | Stream 5: Discussions 25-minutes: Finding and Keeping Rural and Regional Talent
Brian Shimadry, Director, Workforce Planning and Performance
Alice Dunne, Senior Project Officer, Workforce Planning and Talent Development |
| 2.45pm – 2.50pm | Working Together: Rural Implementation of the National Guideline for the Assessment and Diagnosis of Autism Spectrum Disorders
Catherine Bourke, Social Worker, Mudgee Community Health Centre/ Masters Student, Faculty of Health Sciences, The University of Sydney |
|               | Access, Advocacy and Speech Pathology Students' Changing Perceptions During Rural Paediatric Placements
Suzanne Oram, Clinical Educator, Speech Pathology, University Centre for Rural Health |
| 2.55pm – 3.00pm | The Hunter New England LHD Allied Health Rural Reliever Program
Kate Lupton, Social Worker Rural Reliever, Hunter New England Health |
|               | Understanding the Factors Affecting Medical Student Performance in Rural and Metropolitan Campuses
Linda Ferrington, Senior Lecturer, University of NSW |
| 3.05pm – 3.10pm | Pregnant and Breastfeeding Mothers’ Health Literacy and Information-Seeking Regarding Complementary Medicine Products | HealthWISE Aboriginal Health Access Programs: Primary Health Care & Integrated Team Care Services Mary Porter, Health Access ITC Team Leader, HealthWISE Aboriginal Health Access Team | 25-minutes: Are we Virtually Connecting or Disconnecting Communities? Sarah McBurney, Virtual Occupational Therapist Project Officer, Western NSW LHD 25-minutes: Implementing Integrated Care Practices into the Curriculum for New Health Care Professionals Frances Barraclough, Lecturer, Academic Coordinator Interdisciplinary Education, University Centre for Rural Health, Lismore | Rural Health Prof Dave Karlson, General Manager, NSW Rural Doctors Network Sarah Dowe, Regional Partnerships Manager, NSW Rural Doctors Network |
| 3.15pm – 3.20pm | PartnersG5:Z5 and Integration: Extending the Reach of Level 2 Child and Family Health Services for Rural Families and Communities Deborah Stockton, Access ITC Team Leader, HealthWISE Aboriginal Health Access Team | Building a Social History in a Rural Context: Improving Medical Student Knowledge and Skills Alice Henschke, Senior Lecturer, School of Rural Health, University of Sydney | | |
| 3.25pm – 3.30pm | Barriers and Enablers in Staff Recruitment, Education and Cross-Skilling in the Rural Perioperative Setting Nadine Quennell, Clinical Nurse Educator, Operating Theatre, South East Regional Hospital | Continence Awareness for Diabetes Clients and Clinicians Kathryn Glockemann, Continence Nurse Advisor, Bega Valley Health Service, Southern NSW LHD | | |
| 3.30pm – 4.05pm | AFTERNOON TEA TRADE DISPLAYS, CONVO CORNER AND AUTHORS AVAILABLE BY THEIR POSTERS | 4.05pm – 5.00pm CONCURRENT SESSION THREE | | |
| 4.05pm – 4.20pm | Determinants of Health | Productive Partnerships | The Rural Experience | Creativity - Out of the Box | Workshop |
| | The Dunghutti Muri Project: Improving Access to Rehabilitation Services for Aboriginal People with a Brain Injury Craig Suosaari, Dunghutti Muri Community Rehabilitation Clinician, Speech Pathologist, Mid North Coast Brain Injury Rehabilitation Service, Mid North Coast LHD | North Coast Collective: Strong Partnerships, Shared Investment, Better Lives Julie Sturgess, Chief Executive Officer, North Coast Primary Health Network | How Does Living with Parkinson’s Disease in Rural NSW Influence Participation in Physical Activity? Jennifer Mannell, Physiotherapist, St Vincent’s Community Health Service, Bathurst | Closing the Gap: One Shirt at a Time Darlene Saladin, Clinical Nurse Specialist, Armidale Rural Referral Hospital, Hunter New England LHD | | 55-minutes: The Implementation of Standing Tall: An Unsupervised, Home Based Balance Exercise Program Delivered Through a Tablet or Computer to Prevent Falls in Older Adults Kim Delbaere, Principal Research Scientist, Neuroscience Research Australia |
### DAY THREE: Friday, 18 October 2019

#### FROM 8.00AM

**CONGRESS REGISTRATIONS OPEN**
LISMORE WORKERS CLUB, LEVEL ONE, AUDITORIUM FOYER, 231 KEEN STREET

#### FROM 8.50AM – 8.55AM

**WELCOME, OPENING OF DAY THREE**
Tod Adams, Health Education and Training Institute

#### FROM 8.55AM – 9.25AM

**KEYNOTE: LAUGH YOUR WAY TO WELLNESS**
Mandy Nolan, Stand-up Comedian and Humour Therapist

#### FROM 9.30AM – 10.25AM

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<th>Our Rural Workforce</th>
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<td>Arts-Based Compassion</td>
<td>Insights into Student</td>
<td>Medical Student</td>
<td>Impact of State-Wide</td>
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<td>Relationship Skills</td>
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<td>Training in Regional</td>
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<td>Clients: Painting our</td>
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<td>James Bennett-Levy,</td>
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<td>Hannah Ryan,</td>
<td>KennethCho, Rural</td>
<td>and Resilience</td>
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<td>Laura Abery,</td>
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| 9.50am – 10.05am | Health System Redesign for Isolated Populations  
Jocelyn Hickson, Manager, Norfolk Island Support Team, Improvement & Innovation Hub, South Eastern Sydney LHD |
|            | Connecting Communities: The Community-Academic Partnership at the Heart of the Community Recovery After Flood Project  
Jo Longman, Research Fellow, The University Centre for Rural Health, Lismore |
|            | Doctors for Rural Education and Medicine: DREAM  
A Community Partnership Program Reconnecting Rural Doctors in Rural Communities  
Peter Curtis, Student, School of Rural Medicine, University of New England |
|            | Rural Interdisciplinary Learning to Enhance Team Care  
Krista Cockrell, Research Officer, Bathurst Rural Clinical School, Western Sydney University |
| 10.10am – 10.25am | Transitional Lunchboxes: A Cross Sectional Study of Energy Dense Nutrient Poor Food Items in the Lunchboxes of Kindergarten and Year Six Students in Northern NSW  
Elsa Mangan, Health Promotion Officer, Health Promotion, Northern NSW LHD |
|            | Community Partnerships in Action; The Narrabri Dementia Friendly Community Project Story  
Anne Williams, Integrated Care Manager, Narrabri Dementia Friendly Steering Committee |
|            | Postgraduate Emergency Medicine Education for Rural Generalists: Addressing a Local Educational and Workforce Gap  
Michael Davoren, Emergency Staff Specialist, Wagga Wagga Base Hospital, Murrumbidgee LHD |
|            | Living Well in Young with Chronic Obstructive Pulmonary Disease (COPD)  
Annie Williams, A/Director of Strategy and Planning, Murrumbidgee LHD |
| 10.25am – 10.45am | MORNING TEA  
TRADE DISPLAYS AND POSTER EXHIBITION |
| 10.45am – 12.15pm | PANEL: FUTURE PROOFING RURAL HEALTH IN THE CLIMATE CRISIS: WHAT ARE WE LEARNING ABOUT INEQUITY?  
University Centre for Rural Health, Lismore |
| 12.15pm – 12.45pm | PRESENTATIONS  
Congress Poster Awards Announced  
Craig Shields, A/Executive Director, Rural and Remote Portfolio, HETI |
|            | ACI Rural Health Innovation Awards for Concurrent Presentations Announced  
Sigrid Patterson, Program Manager, Clinical Monitoring, Agency for Clinical Innovation |
|            | NSW Rural Health Research Alliance Award for Best Concurrent Research Presentation Announced  
Alex Stephens, Director of Research, Northern NSW Local Health District |
| 12.45pm – 1.00pm | SUMMATION  
Tod Adams, Health Education and Training Institute |
| 1.00pm | 8th RURAL HEALTH AND RESEARCH CONGRESS CLOSE |