

2018 SCPMG Psychiatry Symposium
Friday November 2, 2018
Avenue of the Arts, Costa Mesa, CA
AGENDA

Time	Topic
7:00 – 8:30 am	Registration, Breakfast, Networking, Creative Arts Exhibit
7:15 – 8:00 am	Yoga <i>Pranav Shah MD, Parul Shah</i>
GENERAL SESSION	
8:30 – 8:45 am	Welcome, Overview, Optimizing Learning <i>Nolan Thompson MD, Pranav Shah MD</i>
8:45 – 9:15 am	<u>Self Assessment:</u> The Green Rush in the Golden State! <i>Monika Koch MD</i>
9:15 – 9:30 am	Open Q&A
9:30 – 10:10 am	<u>Self Assessment:</u> New/Future Treatments in Psychiatry <i>Joel Yager MD</i>
10:10 – 10:30 am	Tabletop Discussion, Open Q&A <i>Moderator: Nolan Thompson MD; Panelist: Joel Yager MD</i>
10:30 - 10:40 am	Thrive Break
10:40 –11:00 am	Networking, Creative Arts Exhibit
11:00 – 11:45 am	<u>Self Assessment:</u> Managing Common Side Effects of Psychiatric Medications <i>Rajnish Mago MD</i>
11:45 – 12:00 pm	Open Q&A
12:00 – 12:15 pm	Special Guests
12:15 – 1:05 pm	LUNCH
1:05 – 1:15 pm	Move to concurrent sessions
Concurrent Breakout Sessions [select 1]	
1:15 – 2:05 pm	<u>Self Assessment:</u> Child Psychopharmacology: Atypical Antipsychotics for Aggression – Can We Do Better? <i>Kevin Guber MD, Joseph Spitzer MD, Carolina Pena-Ricardo MD</i>
1:15 – 2:05 pm	<u>Self Assessment:</u> Adult ADHD Management <i>Rich Moldawsky MD</i>
1:15 – 2:05 pm	<u>Self-Assessment:</u> Physician Mindfulness to Improve EQ and Resilience <i>Pranav Shah MD</i>
2:05 – 2:15 pm	Move to general session
GENERAL SESSION	
2:15 – 2:20 pm	General Session Thrive Activity
2:20 – 2:50 pm	Efficiency Strategies – Panel Discussion <i>Moderator: Nolan Thompson MD</i> <i>Panelists: Tracy Chaffee MD, Sid Kumar MD, Rich Moldawsky MD, Pranav Shah MD</i>
2:50 – 3:10 pm	Tabletop Discussion, Open Q&A
3:10 – 3:40 pm	<u>Self-Assessment:</u> Stop the Roller Coaster: Managing Treatment Resistant Bipolar Disorder <i>Rajnish Mago MD</i>
3:40 – 4:00 pm	Tabletop Discussion, Open Q&A <i>Moderator: Sid Kumar MD, Panelist: Rajnish Mago MD</i>
4:00 – 4:25 pm	<u>Self-Assessment:</u> Final SA Q's (from Breakout Sessions) Wrap-up: Key Points, Call to Action <i>Pranav Shah MD</i>
4:25 pm	Adjourn
4:30 – 6:00 pm	Reception