National Conference for Nurse Practitioners
NCNP
The Conference for Primary and Acute Care Clinicians
OCTOBER 10-13, 2017
THE MIRAGE HOTEL | LAS VEGAS
REGISTER TODAY!
NCNPCONFERENCE.COM
Dear Colleague,

I’m excited to announce the National Conference for Nurse Practitioners 2017 fall event! The conference will be held October 10-13, 2017 at The Mirage Hotel in Las Vegas, NV. Sponsored by Wolters Kluwer, publisher of *The Nurse Practitioner* journal, the conference offers you educational sessions that will enhance your skills to improve the overall quality of patient care. Based on the popularity of the recent spring event, I’m so pleased to offer an additional fall program to reach our growing number of nurse practitioners. We know everyone has demanding schedules and, for some, it’s just easier if we bring our expert speakers a little closer to you!

With the boom of the profession, we’re anticipating another great turnout this fall. Typically, we have seen more than 1,000 leading NPs who are transforming the healthcare marketplace in this region of the country. Our meeting in Nashville earlier this year had record-breaking attendance, so we thought it was a great idea to keep the momentum going because we have a lot of important information to share!

NCNP is the trusted learning environment for NPs who practice in both primary and acute care settings. These NPs represent the thought leaders and influencers in the treatment and patient care of diabetes, obesity, cardiology, surgery, psychiatry, emergency medicine, and other specialties.

Over the course of this 4-day conference, you’ll find a terrific forum for evidence-based educational sessions, hands-on workshops, and skill-building sessions that will deliver comprehensive, results-oriented patient care strategies. A significant amount of CE and Rx credit will also be awarded.

Be sure to register early for the hands-on workshops that are incorporated throughout the program! Workshops are hands-on, two-part courses; register for part one and you’re automatically registered for both sections. We’re offering the most popular workshops once again this fall—a BIG reason why many NPs attend this event. Register early to lock in your spot!

The fall event will feature many of the core topics for primary care as well as a sprinkling of hot topics for the acute care practitioners as well! You’ll also enjoy a terrific setting, an evidence-based approach to learning, easy access to session content, the ability to earn continuing education and advanced pharmacology credit, numerous meal functions, and an opportunity to exchange ideas with your peers.

I look forward to seeing you in Las Vegas!

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
Conference Chairperson
President, Fitzgerald Health Education Associates, LLC
North Andover, MA
Family Nurse Practitioner, Greater Lawrence (MA) Family Health Center

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**FALL 2017 PLANNING PANEL**

**Conference Chairperson**
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
President, Fitzgerald Health Education Associates, LLC
North Andover, MA
Family Nurse Practitioner
Greater Lawrence (MA) Family Health Center

Karen Innocent, DNP, CMSRN, ANP-BC, CRNP
Executive Director of Continuing Education, Wolters Kluwer
Philadelphia, PA

Jamesetta A. Newland, PhD, RN, FNP-BC, FAANP, DPNAP
Editor-in-Chief, *The Nurse Practitioner*
Clinical Associate Professor and Nurse Practitioner
New York University College of Nursing
New York, NY

Janet S. Thomas, MS, RN, BC
Manager of CE Accreditation & Compliance, Wolters Kluwer
Philadelphia, PA

Anne Dabrow Woods, DNP, MSN, RN, CRNP, ANP-BC, AGACNP-BC, FAAN
Chief Nurse, Wolters Kluwer
Publisher, *The American Journal of Nursing* and *JBI*
Philadelphia, PA
Nurse Practitioner
Critical Care Services
Penn Medicine
Chester County Hospital
West Chester, PA
Adjunct Faculty, Drexel University
College of Nursing & Health Sciences
Philadelphia, PA
Program Goals and Objectives
The purpose of the National Conference for Nurse Practitioners is to offer interactive presentations, discussions, and practical workshops that promote clinical excellence and improve the quality of care that healthcare practitioners provide. By attending this conference and participating in the educational sessions, you’ll be better able to:

- consult with experts in primary and acute care as well as clinical subspecialties
- discuss issues related to family, adult, pediatric, geriatric, women’s health, legal, mental health, and acute care practice specialties
- develop your assessment and clinical management skills in hands-on and skill-building workshops
- evaluate current and new treatment methods and pharmacologic therapies
- identify issues that affect advanced practice, including reimbursement, malpractice, clinical practice guidelines, and using the latest technologies in the industry
- increase advanced practice clinicians’ skill set in order to provide expanded services and improve billing and reimbursement.

Provider Accreditation
Lippincott Williams & Wilkins (LWW), publisher of The Nurse Practitioner® journal, will award a maximum of 23 contact hours for this continuing nursing education activity. Lippincott Williams & Wilkins is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This activity is also provider-approved by the California Board of Registered Nursing, Provider Number CEP 11749, for 23 contact hours. LWW is also an approved provider by the District of Columbia and Florida #50-1223. Your certificate is valid in all states.

Pharmacology Credit
There are many sessions with significant pharmacology content, and up to 16.5 contact hours can be applied to advanced pharmacology requirements. Any commercial product presented or displayed within the educational activity is not indicative of endorsement or approval by the American Nurses Credentialing Center’s Commission on Accreditation or by Lippincott Williams & Wilkins.

The National Conference for Nurse Practitioners is an educational meeting and exposition for Nurse Practitioners in both primary and acute care across the continuum of health care. Currently, we’re soliciting poster presentations for the conference.

Subject Matter
Submissions should contain subject matter of interest to either primary or acute care practitioners in any/all specialty areas and practice settings. Topics can include, but are not limited to, clinical care, technology, documentation strategies, medication administration, team development, patient and family education programs, family interventions, legal/ethical issues, and more.

General Information/Guidelines
Poster abstracts must be submitted online. To submit a poster, please visit the conference website at www.ncnpconference.com and click “Submit a Poster Abstract.”

Deadline: July 29, 2017

Notification
The Poster Review Committee will evaluate all poster submissions. You’ll receive notification of acceptance or rejection via email on or before August 29, 2017.

For posters to be accepted, they must comply with ANCC Standards of Commercial Support and Advertising. Product logos should not be used and generic drug/product names are preferred.
1:00 pm – 1:30 pm
Welcome & Opening Remarks

1:30 pm – 2:30 pm | Keynote Address
101 Finding Your NP Voice
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson, President, Fitzgerald Health Education Associates LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence (MA) Family Health Center
Is a powerful NP voice the key to advancing your career and our profession? What are the components of a powerful NP voice? How do you make sure your professional message is heard? Find out the answers to these questions and more.

2:45 pm – 4:15 pm | Concurrent Sessions
102 Dyslipidemia: Going Beyond the Current Treatment Options
Joyce L. Ross, MSN, CRNP, CLS, FNLA, FPCNA, Clinical Specialist, Cardiovascular Risk Intervention Program, University of Pennsylvania, Philadelphia, PA
The goal of this activity is to improve management of dyslipidemia and develop strategies for the initiation of proprotein convertase subtilisin/kexin type 9 (PCSK9) inhibitors as well as address patient-related concerns. You’ll be able to increase your knowledge regarding the ability to assess patients with dyslipidemia to evaluate their need for treatment beyond statins and will have greater competence related to the identification of practical strategies used to initiate treatment with PCSK9 inhibitors, manage side effects, and address patient-related concerns.

103 Optimizing Outcomes with Pre-Operative Assessment
Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH
This session will discuss updated information on pre-operative physical assessment clearance for the operative patient. Age appropriate guidelines on laboratory, EKG, and diagnostic testing will be reviewed.

104 Acute Care: Pneumonias—CAP, HAP, VAP, and Bacteria Uncovered
Anne Dabrow Woods, DNP, MSN, RN, CRNP, ANP-BC, AGACNP-BC, FAAN, Chief Nurse, Wolters Kluwer, Philadelphia, PA; Nurse Practitioner, Penn Medicine - Chester County Hospital, West Chester, PA; Adjunct Faculty, Drexel University, Philadelphia, PA
One of the most common causes of hospital admissions and increased length of stay is pneumonia. Now here is where it gets tricky: does your patient have CAP, HAP, or VAP? This session will cover the cause, presentation, diagnostics, treatment, and prevention of the most common types of pneumonia and other bacteria.

105 Workshop: Common Office Procedures Part 1
Linda S. Blasen, MS, ACNP-BC, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Director, Acute Care Nurse Practitioner Program; Director, University of South Florida College of Nursing, Tampa, FL; Emergency Physician Specialist, Doctor’s Hospital of Sarasota, Sarasota, FL
Add new procedure skills to your repertoire and enhance patient care in your practice! This workshop provides the advanced practice nurse an opportunity to learn and practice several common procedures. Skills include field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungal hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Please note that some props are made with latex. If you register for this session, you are automatically enrolled in session 109. Separate fee.
4:30 pm – 6:00 pm | Concurrent Sessions

106 Pharmacological Management of Dementia
Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians, Inc., Golden Valley, MN; Adjunct Faculty, University of Utah, Mindful Geriatrics LLC
An overview of recent developments in Dementia, including pharmacological treatment options, will be discussed. We’ll also review behavioral issues as well as psychological symptoms of the disease. A review of the evidence will describe which drugs have proven most effective.

107 Ticked Off…Myths, Truths, and Realities of Tick-borne Infections including Lyme, Babesia, and Ehrlichia
Vanessa Pomarico-Denino, MSN, APRN, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA; Interim Director/Lead Faculty SCSU FNP Track, New Haven, CT
It’s not just Lyme disease to worry about anymore! Ticks can transmit viruses, protozoans, and bacteria causing more than just Lyme disease. Healthcare providers are under-educated about this national issue. The need to know how to recognize and treat these infections appropriately has taken on greater significance. This session will address the common and uncommon clinical presentations of a variety of vector-borne illnesses, including Lyme, Babesiosis, Anaplasmosis, Ehrlichiosis, Rocky Mountain Spotted Fever, Tularemia, and West Nile Virus, that can also cause other co-morbid and life-threatening conditions. Attendees will learn what treatments and therapies are currently used for the best patient outcomes.

108 Acute Care: Interpretation of Blood Gases—Demystifying the Curveball Cases
Eric Magana, MD, Internist, Presbyterian Hospital, Albuquerque, NM
In this case-based session, we’ll cover the diagnosis of gap and non-gap metabolic acidosis, metabolic alkalosis, and acute and chronic respiratory acidosis and alkalosis. We’ll also discuss an approach to diagnosing the primary disturbance, limits of compensation, and the delta gap. The speaker will lay the foundation as well as an approach for these acid base issues.

109 Workshop: Common Office Procedures Part 2
See session 105 description. If you registered for Part 1, you will be automatically enrolled in this class.

6:00 pm – 7:30 pm | Grand Opening of Exhibits
Reception | View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. A light dinner reception will be available.

WEDNESDAY, OCTOBER 11

6:30 am – 7:30 am
201 Sunrise Yoga: Gentle Techniques for Every Body
Theresa Steltzer, RYT-200, Doylestown, PA
Join us for a gentle yoga class—no experience necessary. Whether you have always wanted to try yoga or you already practice, come and share this opportunity for self-care with us. Learn to use gentle yoga and meditation techniques to improve strength, awareness, and balance in the mind and body. Separate fee.

7:30 am – 8:30 am | Exhibits Open | Continental Breakfast | View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Concurrent Sessions:
202 Understanding Depression, Anxiety and Apathy
Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians, Inc., Golden Valley, MN; Adjunct Faculty, University of Utah, Mindful Geriatrics, LLC
This session will deliver practical strategies and evidence-based information regarding patients presenting with depression, anxiety, and apathy. We’ll discuss new insights, tactical ideas to change behaviors and encourage optimism.
203 Skill-Builder: New Trends in Street Drugs and Legal Highs Part 1
Andrea Efre, DNP, ARNP, ANP-BC, Healthcare Education Consultants, Tampa, FL
This presentation highlights new trends in street drugs known as “legal highs.” Whatever your specialty area of practice, this presentation will provide you with up-to-date information on current substance use. Awareness of what is being used in your community may assist in patient care and, hopefully, will make sure you know more than your kids! If you register for this session, you’re automatically registered for session 207.

204 Update on Cervical Cancer Screening: Appropriate Use of Pap and HPV Testing
Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP; Adult Nurse Practitioner, Certified Menopause Practitioner, Michigan Healthcare Professionals, Farmington Hills, MI; Clinical Instructor, Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI
This session will review the appropriate use of Pap testing including initiation of screening, widened screening intervals, and exiting women from screening at age 65. There will be a discussion of the rationale for HPV testing along with the Pap (co-testing) in women 30 and older and will introduce the use of HPV testing as a primary screen (stand alone test) in women 25 and older. The session will discuss the role of genotyping for HPV 16, 18, and a panel of 12 other types, in determining management for cotesting and primary screening, from the ASCCP algorithm and the recently published primary HPV screening guidance algorithm. There will be a discussion of counseling in the age of less frequent cervical screening and the new use of HPV testing as a primary screen, without a Pap.

205 Hypogonadism and Testosterone Replacement Therapy
Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP
FAAN, Department of Urology, University of Virginia, Charlottesville, VA
Androgen deficiency in aging men is known to be prevalent and is associated with multiple symptoms such as persistent fatigue, irritability, trouble sleeping, short-term memory loss, and poor self-esteem. Nevertheless, the relationship between these non-specific symptoms and the gradual decline in testosterone levels seen in aging men is not entirely understood. This presentation will review the epidemiology and assessment of androgen deficiency in younger and aging men, the multiple options for testosterone replacement currently available, and associated adverse side effects. We will also explore alternatives to testosterone replacement and the need for long-term monitoring of men when testosterone replacement therapy is prescribed.

10:00 am – 10:30 am
Exhibits Open | View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues.

10:30 am – 12:00 pm | Concurrent Sessions

206 An Introduction to Biologics: The Science and Use for Patient Success
Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA
Biologics have revolutionized medicine and research continues to target many difficult conditions. However, the average provider has limited knowledge and experience of these therapies. This session will introduce the basic concepts behind the science and their safe application in the clinical setting. Specifically, familiar psoriasis biologics, their tests, labs, and monitoring will round out the session.

207 Skill-Builder: New Trends in Street Drugs and Legal Highs Part 2
Andrea Efre, DNP, ARNP, ANP-BC, Healthcare Education Consultants, Tampa, FL
See session 203 description. If you registered for Part 1, you will be automatically enrolled in this class.
Concurrent Sessions

210 Diabetic Peripheral Neuropathic Pain
Louis Kuritzky, MD, Family Medicine Residency Program, University of Florida, Gainesville, FL
Diabetic peripheral neuropathic pain is an underdiagnosed and consequential syndrome often seen in our patients with Type 2 diabetes. This presentation will provide an overview of the epidemiology, diagnosis, and treatment of DPNP.

211 Urinary Tract Infections Across the Lifespan: Latest Developments in Assessment, Prevention, and Management
Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA
UTI’s are commonly seen by the NP throughout the lifespan from early childhood, in adolescence, as well as in older adults and most definitely in both sexes. We’ll discuss an evidence-based approach to diagnosis and pharmacologic treatment. Emphasis will be placed on patient evaluation in the primary care setting, drug selection, and monitoring for therapeutic effect and adverse side effects.

208 Acute Care: COPD Across the Scale
Kayur V. Patel, MD, MRO, FACP, FACPE, FACEP, Chief Medical Officer of Advocating Health, LLC, Terre Haute, IN
We’ll review risk factors, assessment, diagnosis, and management of COPD based on the latest guidelines. We’ll also review how to manage acute exacerbations. Admission criteria will be presented as well as follow up care.

209 Halting the Progression of Chronic Kidney Disease
Jayant Kumar, MD, Renal Medical Associates, Albuquerque, NM
Chronic kidney disease usually occurs gradually and there are a myriad of ways to help delay or prevent kidney failure, especially with an early diagnosis. In this session, we’ll discuss the protocols involved in slowing the progression of the disease.

12:00 pm –1:30 pm
Lunch in Exhibit Hall | View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues. Lunch will be available.
212 Acute Care: Understanding Sepsis
Sophia Chu Rodgers, FNP, ACNP, FAAN, FCCM, FAANP,
Clinical Adjunct Faculty, University of New Mexico &
Sandoval Regional Medical Center, Albuquerque, NM
Mortality rates from sepsis are estimated to be between
30% and 50%. The surviving sepsis guidelines were
developed in an attempt to decrease this deadly syndrome.
This presentation will discuss what is new in the guidelines,
the epidemiology of sepsis, the bundles, and what you need
to know to care for a septic patient. We’ll also highlight key
points with a case-based study.

213 Workshop: Basic Suturing Part 1
Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC, FAANP;
Senior Lecturer, FHEA, LLC, North Andover, MA; Board
Certified Acute Care, Family Practice, Adult NP, Grace
Cottage Family Practice, Townsend, VT
Proper suturing technique is essential for optimal laceration
repair. The fundamentals of laceration repair will be
discussed including wound assessment, local anesthesia,
wound preparation, and closure. Four suturing techniques
will be taught including the simple interrupted, horizontal
mattress, vertical mattress, and corner suture. If you
register for this session, you are automatically enrolled in
session 217. Separate fee.

3:00 pm – 3:30 pm
Exhibits Open | View Posters
Learn the latest products and technologies, view the poster
presentations, and network with vendors and colleagues.

3:30 pm – 5:00 pm | Concurrent Sessions

214 Antimicrobial Update: A Focus on Bacterial
Sinusitis, Skin and Soft Tissue Infections
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP,
FAAN, DCC, FNAP, Conference Chairperson, President,
Fitzgerald Health Education Associates, LLC, North
Andover, MA; Family Nurse Practitioner, Greater Lawrence
(MA) Family Health Center
What factors influence the development of resistant
pathogens? How do certain patient characteristics
increase risk of infection with a resistant pathogen? In
this age of resistant pathogens, we’ll explore the latest
recommendations for the treatment of bacterial sinusitis,
skin and soft tissue infection, including choice of initial
and second-line therapy.

215 Dizziness, Vertigo, and Syncope:
Assessment and Treatment
Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, FAANP;
Senior Associate Lecturer, FHEA, LLC, North Andover,
MA; Clinical Professor, Drexel University College of
Nursing and Health Professions, Philadelphia, PA; Nurse
Practitioner, Sahara Family Practice, Las Vegas, NV
This course offers a systematic approach to the patient
complaining of dizziness. Vertigo, ataxia, and near-syncope
are all clinical occurrences typically referred to as dizziness
by the patient. Appropriate classification of dizziness and
the evaluation of common differentials for vertigo, ataxia,
and near syncope will be discussed.

216 Acute Care: Understanding Direct Oral
Anticoagulants (DOACs)
John C. Togami, PharmD, PhC, Pharmacist Clinician,
Department of Pharmacy & Department of Internal
Medicine, University of New Mexico Hospitals and Clinics,
Anticoagulation Services - Outpatient Clinic, Family
Health & Internal Medicine Clinic, Albuquerque, NM
This session will provide an overview of the DOACs in
regard to safety and efficacy as compared to warfarin.
We’ll also review appropriate patient selection, dosing
strategies, laboratory measurement, and switching between
anticoagulants. Follow-up strategies will be addressed.

217 Workshop: Basic Suturing Part 2
See session 213 description. If you registered for Part 1,
you will be automatically enrolled in this class.

5:30 pm – 6:30 pm | Optional Extended
Workshop

218 Extended Workshop for Advanced Suturing
Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC, FAANP,
Senior Lecturer, FHEA, LLC, North Andover, MA; Board
Certified Acute Care, Family Practice, Adult NP, Grace
Cottage Family Practice, Townsend, VT
We’ll provide advanced techniques for the practitioner
comfortable with basic interrupted suturing. Regional
anesthesia of the face, ear, and digit will be addressed.
Suturing techniques include vertical mattress, corner
suturing, running suturing, and advanced layered closures.
Approaches to lip and oral lacerations and injuries of the
ear area will be discussed. Separate fee.
THURSDAY, OCTOBER 12

7:30 am – 8:30 am | Exhibits Open | Posters
Continental Breakfast

8:30 am – 10:00 am | Concurrent Sessions

301 Pharmacogenomics and Chronic Pain: Putting Science Back Into the Treatment of Pain

Brett Badgley Snodgrass, MSN, FNP-BC, Associate Lecturer, FHEA, Inc., North Andover, MA, Director of Clinical Operations, LifeLinc Anesthesia Pain Centers, Memphis, TN

The use of pharmacogenomic testing is on the rise to appropriately treat chronic pain in certain populations. This testing allows for safer, more appropriate dosing when opioids are needed to treat chronic pain. This course will discuss the use of pharmacogenomic testing, which patients should be tested, and what to do with the results.

302 Sleep Medications in Primary Care: How and When to Choose, What to Avoid

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson, President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence (MA) Family Health Center

Requests for sleep medication are a common occurrence in primary care practice. When the NP determines a sleep medication is appropriate, which one should be chosen? This session highlights the characteristics of commonly prescribed medications used for sleep including hypnotics, select antidepressants, second generation antipsychotics, antihistamines, herbal preparations, melatonin, and other products. The influence of patient characteristics as well as medication safety, efficacy, effects on sleep architecture, pharmacokinetics, and pharmacodynamics will be emphasized.

303 Workshop: Orthopedic Assessment: Upper Extremity/Joint Injection Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

This dynamic and interactive course will give the participant both a hands-on and didactic learning experience. Physical assessment of common problems benefiting from joint injection with anti-inflammatories/pain medications will be discussed. In addition, participants will practice joint and soft tissue injection/ aspiration on simulated models. If you register for this session, you are automatically enrolled in session 307. Separate fee.

304 Medical Marijuana: The Risks, Benefits, and Medical Implications

Andrea Efre, DNP, ARNP, ANP-BC, Healthcare Education Consultants, Tampa, FL

This presentation will review the medical uses of marijuana, side effects, pharmacokinetics, and chronic use or withdrawal. We will review the history and use of the cannabinoids and consider the social, legal, and nursing implications of the drug.
306 Opioid Prescribing: Safe Practice, Changing Lives—Update 2017
Teresa Keane, MSN, PMHNP-BC, Psychiatric Nurse Practitioner, Pain Management Clinic, NW Kaiser Permanente, Portland, OR

Supported by the Nurse Practitioner Healthcare Foundation

Completely updated and refreshed program addressing safe practices for opioid prescribing, including patient selection, risk assessment, initiation and modification, ongoing monitoring, and patient and caregiver education. Includes discussion of pain, immediate release as well as ER/LA opioids, cannabis, and addiction and integrates the CDC Guideline (2016). Fully compliant with the FDA requirement for opioid REMS education.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. 1.5 hours of credit will be awarded by NPHF for Opioid Prescribing: Safe Practice, Changing Lives—Update 2017.

307 Workshop: Orthopedic Assessment:
Upper Extremity/Joint Injection Part 2
See session 303 description. If you registered for Part 1, you will be automatically enrolled in this class.

308 5 Things I Wish I Knew Last Year
Louis Kuritzky, MD, Family Medicine Residency Program, University of Florida, Gainesville, FL

We’ll review a variety of clinically relevant items that despite their efficiency are not very well known. You’ll look at things differently after attending this session—and you’ll wish you knew sooner! Session topics for this course are updated annually.

12:00 pm – 1:30 pm
Lunch in Exhibit Hall | View Posters
Learn the latest products and technologies, view the poster presentations, and network with vendors and colleagues.

12:30 pm – 3:00 pm | Concurrent Sessions

309 Hypertension Management Challenges in the Outpatient Setting
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson, President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence (MA) Family Health Center

Hypertension is a complex disease that can result in target organ damage when untreated or poorly-controlled. This session will help you learn how to diagnose and choose the best treatment option for patients with challenging hypertension.

310 Skill Builder: 12-Lead ECG Interpretation—A Primary Care Perspective Part 1
Sally K. Miller, PhD, AGACNP, AGPCNP, FNP-BC, FAANP, Senior Associate Lecturer, FHEA, LLC, North Andover, MA; Clinical Professor, Drexel University College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Sahara Family Practice, Las Vegas, NV

The role of the nurse practitioner in primary care continues to expand, and with that expansion comes new expectations in terms of skills and responsibilities in our practice. This program is designed for primary and acute care nurse practitioners and helps them develop a skilled, systematic approach to assessing the 12-lead ECG. Specifically, this course presents analysis of both acute and chronic changes seen in the 12-lead ECG that may occur in patients with both acute coronary artery disease and/or a variety of other cardiac or systemic conditions that may cause 12-lead ECG evidence of chronic strain.

If you register for this session, you are automatically enrolled in session 315.

311 Acute Care: Acute Kidney Injury—What Is It and How Do I Treat It?
Jayant Kumar, MD, Renal Medical Associates, Albuquerque, NM

Kidney disease is a global health concern. Utilizing the current clinical guidelines, we’ll discuss assessment, diagnosis, and treatment for acute kidney disease and how it manifests in the outpatient setting.
312 Acute Care: Clinical Chest Radiography Interpretation Part 1
Anthony M. Angelow, PhD(c), ACNP-BC, AGACNP-BC, CEN, Associate Lecturer, FHEA, LLC, North Andover, MA; Assistant Clinical Professor, Drexel University, College of Nursing and Health Professions, Philadelphia, PA; Nurse Practitioner, Division of Trauma and Surgical Critical Care/Division of Hospital Medicine, Cooper University Health Care, Camden, NJ
Learn the basics of chest radiography interpretation using actual patient cases. We’ll begin with the basic foundational methods of identifying key aspects of the radiograph used for clinical interpretation. We’ll also discuss common findings of infiltrates, pleural effusion, pneumothorax, and pulmonary edema. We’ll continue with more advanced cases, including tuberculosis, rib fractures, pneumomediastinum, and masses. If you register for this session, you are automatically enrolled in session 316.

3:30 pm – 5:00 pm | Concurrent Sessions

313 Corticosteroids for Skin Conditions: What Every Clinician Needs to Know
Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton SON, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH
Nobody really tells us how and when to dose corticosteroids for skin conditions. There are many options including topical, oral, intramuscular, intralesional, and intravenous routes. Patient selection, risks and side effects must ALWAYS be considered. This session will review the pharmokinetics of corticosteroids, indications for treatment in inflammatory skin conditions, and dosing. We’ll address how much, how often, and how to taper.

314 Polypharmacy: What the Nurse Practitioner Should Know
Audrey M. Stevenson, PhD, MPH, MSN, FNP-BC, Division Director, Salt Lake County Health Department/Family Health Services, Salt Lake City, UT
This session will assist you in understanding the physiologic changes of aging that impact the pharmacokinetics and pharmacodynamics in older adults and determining the best prescribing strategies to address any adverse impact of polypharmacy on older adults.

315 Skill Builder: 12-Lead ECG Interpretation—A Primary Care Perspective Part 2
See session 310 description. If you registered for Part 1, you will be automatically enrolled in this class.
316 Acute Care: Clinical Chest Radiography Interpretation Part 2
See session 312 description. If you registered for Part 1, you will be automatically enrolled in this class.

FRIDAY, OCTOBER 13

7:30 am – 8:30 am
Continental Breakfast in Foyer

8:30 am – 10:00 am | Concurrent Sessions
401 Immunization Update: The Latest Treatment Recommendations
Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson, President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence (MA) Family Health Center
What are the latest recommendations in immunizations? What vaccines are underutilized? How can you approach vaccine-reluctant patients? Learn this and more in this case-based session.

402 Pharmacologic Management of Obesity Throughout the Lifespan
Wendy L. Wright, MS, RN, ARNP, FNP, FAANP, FAAN, Wright & Associates Family Healthcare, PLLC, Amherst, NH
Obesity is reaching epidemic proportions. At present, approximately one-third of the entire US population is considered obese. The incidence is rising, particularly in certain parts of the country and sub-sets of the population. Children are more obese than ever before and are at significant risk for a number of conditions related to their obesity. Health care professionals are often unaware of the methods available to treat the individual suffering from or at risk for obesity. Learn about the various non-pharmacologic and pharmacologic treatment options available for individuals with or at risk for obesity.

403 Acute Care: Detection and Treatment of Heart Failure Management
Kismet D. Rasmusson, DNP, FNP-BC, FAHA, CHFN, Associate Lecturer, FHEA, LLC, North Andover, MA; Family Nurse Practitioner, Heart Failure Prevention and Treatment Center, Intermountain Medical Center, Salt Lake City, UT
This session is aimed to help clinicians recognize advanced heart failure. Because it is a chronic illness and the care spans both inpatient and outpatient settings, it’s important to recognize advancing disease, regardless of setting. Learn the benefits of guideline-directed medical therapies, cardiac devices, and when to consider transplant or mechanical support for patients with advanced illness.

404 Workshop: Dermatology Part 1
Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton SON, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH
We’ll begin with didactic lecture followed by a hands-on practice session. Learn shave biopsy, punch biopsy, and simple interrupted suturing. Also, learn to perform a skin biopsy and practice elliptical excision. If you register for this session, you are automatically registered for session 408. Separate fee.

10:15 am – 11:45 pm | Concurrent Sessions
405 Management of Irritable Bowel Syndrome and Chronic Constipation in Primary Care
Wendy L. Wright, MS, RN, ARNP, FNP, FAANP, FAAN, Wright & Associates Family Healthcare, PLLC, Amherst, NH
This session will help the clinician differentiate between IBS and other pathologic conditions in both men and women. Pathophysiology and pharmacologic treatment of IBS, including constipation and diarrhea, will be addressed.

406 Non-Opioid Analgesics for Pain Management
Theresa (Tracey) Mallick-Searle, MS, RN-BC, ANP-BC, Adult Nurse Practitioner—Pain Medicine, Stanford Healthcare, Division of Pain Medicine, Redwood City, CA
Nurse practitioners receive limited formal pharmacology education on pain medications in their primary training, spending more time being educated about controlled substance than any other specific drug class. Understanding the role that sodium and calcium channel blockers,
anti-inflammatories, and serotonin non-norepinephrine reuptake inhibitors can play in the management of chronic and acute pain, will provide confidence and skill to the care of patients with pain. This lecture will focus on safe and effective use of non-opioid analgesics and nutraceuticals as alternatives to opioids for acute and chronic pain treatment. It will provide nurse practitioners with the confidence and scientific education needed to effectively provide appropriate pharmaceutical therapies for the treatment of pain.

407 Acute Care: Neuro Assessment and Diagnostic Work-up for Advanced Practitioners
Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC
Colorado Health Medical Group – Brain & Spine, Loveland, CO
Whether you’re a novice or a seasoned practitioner, neurologic disorders are often difficult to spot. Learn how to do a quick yet thorough neurologic exam and how to use that exam to guide your diagnostic imaging and referrals.

408 Workshop: Dermatology Part 2
See session 404 description. If you registered for Part 1, you will be automatically enrolled in this class.

*Sessions subject to change.

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Add a subscription to The Nurse Practitioner journal for only $15 (see check box on registration page for details).

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Book Your Hotel Reservation by Phone: 800-627-6667 (Refer to Group: WOT17 A)

Hotel Information
Check-in Time: 3:00 pm  |  Check-out Time: 12:00 pm
Reservations must be made by September 8, 2017. Please refer to NCNP to receive this special rate. Please make room reservations as early as possible as the group room block may sell out, sometimes before the actual cut-off date.

About Mirage Las Vegas
Discover the charm of the tropics at The Mirage Hotel in the heart of the Las Vegas Strip. A Polynesian paradise with a contemporary collection of restaurants, bars, nightclubs and shows, this is one of the premier resorts in the city.

For more than ten years, the The Beatles “LOVE” by Cirque du Soleil has been packing audiences into its circular, custom-built theater. There they are wowed not only by the music, which comes from the legendary group’s original recordings, but also by imaginative props and costumes that defy description. With high-definition video projections as well, the show is a visual and aural feast.

The dining experiences offered at The Mirage are also illustrious. Within a matter of steps, you’ll pass by world-class eateries including Japonais by chefs Jun Ichikawa and Gene Kato, STACK Restaurant & Bar by chef Brian Massie, Fin by chef Chi Choi and Onda Ristorante & Wine Lounge, featuring a variety of Italian culinary delights. At Tom Colicchio’s Heritage Steak, the renowned New York chef focuses on preparing meats over open flames in either wood-burning ovens or on charcoal grills.

The iconic attraction is The Mirage Volcano, set in a tranquil lagoon spanning the front of the property. At night, you can see it erupt. The fiery special effects are choreographed to an original soundtrack created by Grateful Dead drummer Mickey Hart and international superstar Zakir Hussain. Other similarly remarkable sights inside the resort include the towering tropical atrium packed with beautifully colored fauna and flora and the floor-to-ceiling aquarium in the lobby, which is home to nearly 1,000 forms of marine life.

Shows
For show reservations, dining requests, and amenity arrangements please email concierge@mirage.com

Guest Services
For Guest Services, please email dreamservice@mirage.com

Airport Information
The Mirage Hotel is located less than 4 miles from McCarran International Airport. It is recommended that attendees search for the best possible airline ticket by comparing various airline pricing through www.expedia.com

Shuttle Transportation
The Mirage does not have its own shuttles to and from McCarran International Airport. Airport shuttles are provided by outside companies for approximately $7.00 per person. Signs are posted on the transportation level at the airport outside baggage claim which will direct you to the shuttle area. Shuttles run from The Mirage to the airport from 4:15 a.m. to 12:15 a.m. every 15 and 45 minutes after the hour. The Concierge will make a shuttle reservation for you upon request. Other transportation options include taxis, limousine service, the City Bus, and the various connecting trams and walkways between Strip resorts. There is an Avis Rent-A-Car desk located in the hotel lobby for your convenience in renting a vehicle during your stay. You may contact Avis Rent-A-Car at 702.791.7425. The concierge will be happy to assist you with any of your transportation needs.

Parking for Registered Hotel Guests
Please check the www.mirage.com for current rates.

• Your parking fee provides you with in-out privileges within the same parking type (self or valet) across all MGM Resort destinations (subject to availability)

• Use your room key to access all parking facilities until 11:59 p.m. on the day of check out

Parking may be conveniently charged to your room bill.

Weather Conditions in Las Vegas
The average temperature in Las Vegas in October is 70°.
SECTION 1: CONTACT INFORMATION (please type or print clearly)

NAME AND CREDENTIALS

NAME OF FACILITY

STREET ADDRESS     ___ Home     ___Work  CITY      STATE                       ZIP

DAYTIME PHONE       ___ Home     ___Work  EMAIL ADDRESS (required)   ___ Home     ___Work

SECTION 2: SESSION SELECTIONS

Please indicate your first and second choices for each time period below. Please note that sessions listed in red require an additional fee.

Workshop fees include both Part 1 and Part 2; one fee covers both sections.

Tuesday, October 10
1:30 pm – 2:30 pm ___101 Keynote Address
2:45 pm – 4:15 pm ___102 ___103 ___104
4:30 pm – 6:00 pm ___106 ___107 ___108 ___109

Wednesday, October 11
6:30 am – 7:15 am ___201
8:30 am – 10:00 am ___202 ___203 ___204 ___205
10:30 am – 12:00 am ___206 ___207 ___208 ___209
1:30 pm – 3:00 pm ___210 ___211 ___212 ___213
3:30 pm – 5:00 pm ___214 ___215 ___216 ___217
5:30 pm – 6:30 pm ___218 ($75)

Thursday, October 12
8:30 am – 10:00 am ___301 ___302 ___303 ___304
10:30 am – 12:00 pm ___305 ___306 ___307 ___308
1:30 pm – 3:00 pm ___309 ___310 ___311 ___312
3:15 pm – 4:45 pm ___313 ___314 ___315 ___316

Friday October 13
8:30 am – 10:00 am ___401 ___402 ___403 ___404
10:15 am – 11:45 am ___405 ___406 ___407 ___408

SECTION 3: PAYMENT INFORMATION

REGISTRATION FEES/CUTOFF DATES

All pre-registration for the conference must be received no later than October 9, 2017. Walk-in registrations will be accepted on-site.

Workshop fees include both Part 1 and Part 2, and fees apply to each workshop.

Main Conference (10/10-13) $599
NP Student (must fax copy of ID) $359
One Day Only (10/11 or 10/12) $279
Half Day Only (10/10 or 10/13) $139
Workshop Fee (with conference) $139
Workshop Fee (without conference) $179
Guest (Exhibit Hall Only/includes food functions) $359

Super Early (postmarked by 8/29) $699
Early (postmarked 8/30 to 10/9) $699
Regular/Onsite (postmarked after 10/9) $749

PAYMENT INFORMATION

Registration will not be processed without payment. A confirmation letter will be emailed to you once your registration form and payment are processed.

Check Enclosed (Payable in U.S. funds to NCNP: Federal Tax ID# 13-293-2696)
Credit Card (Visa, MasterCard or American Express only)
Credit Card Number: __________________________
Expiration Date: ______ / ______ Security Code: __________
Signature: ______________________________________
Credit Billing Address: ____________________________