Maintaining Self-Directed Principles in a Managed Care Environment

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Lay of the Land
Community First Choice

STATES WITH COMMUNITY FIRST CHOICE

OREGON
MONTANA
MARYLAND
CALIFORNIA
TEXAS
A Providers Prospective

- Authorizations
- Budget based vs unit based
- Scheduling of employee
- Setting employee wages
- Involving individuals in the planning process
- Budget Control
- Education of self-directed principles to case managers
- State sole source versus MCO multiple vendors
An Analyst Perspective

Embedding the Principles

- State regulations, contract and policies (also at MCO level)
- Integrating principles into care management training
- Informing the consumers on an ongoing basis (not just once)
- Metrics
An MCO Perspective

- Agency with Choice advanced in Arizona
- Integrating DD populations with self-directed care continuum
- Any challenges MCOs face with self-direction
Self-directing skilled care

- Expanded who could fully participate
- Routine, long-term skilled care clients were diverting resources from more complex and at risk HCBS members
- Cost of skilled care was limiting amount of available personal care services
- Arizona Medicaid Statute allows limited skilled task to be directed by a consumer to their personal care provider
- Support by the Arizona State Board of Nursing
A State Medicaid Perspective
Questions???
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