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# It Takes Two to ACO

A Unique Management Partnership

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Collaborative Health Systems

# Mount Kisco Medical Group

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- Multi-specialty group practice founded in 1946 and servicing Westchester, Dutchess and Putnam Counties in New York State
- 280 primary care and specialty physicians, 25 office locations servicing 300,000 patients
- In-group ancillary services include diagnostic imaging, laboratory/pathology, anesthesiology, ambulatory surgery center
- Two fully staffed Urgent Care Centers
- NCQA Recognized Level 3 Patient Centered Medical Home

# Mount Kisco Medical Group

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- Affiliated with 4 local community hospitals and academic affiliation with Massachusetts General Hospital
- Practice Data:
  - » 760,000 patient visits
  - » 2 million lab tests, 125K imaging tests
  - » \$425 million in gross revenue
- Recently implemented:
  - » NextGen EMR
  - » 3<sup>rd</sup> EMR in over 15 years

# Collaborative Health Systems (CHS)

- CHS, a subsidiary of Universal American (NYSE: UAM), has created 30+ Medicare Shared Savings Program ACOs in 13 states. Our ACO partnerships are based on the same successful Healthy Collaboration® model that supports our TexanPlus® Medicare Advantage plan, rated 4-Star Quality by Medicare.
- We are champions of empowering primary care physicians, working collaboratively to reduce healthcare costs and improve the health and well-being of people with Medicare
- We offer transformative analytics and services to help doctors improve health outcomes, increase patient satisfaction, and lower healthcare costs
- We engage the people we serve to help them make smart, proactive, and economical choices about their healthcare
- Current ACO partnerships support more than 3,000 providers and approximately 330,000 beneficiaries throughout the U.S.

*Medicare evaluates plans based on a 5-Star rating system. Star Ratings are calculated each year and may change from one year to the next.*



# CHS Operations Include ~ 3,000 Physicians and ~ 330,000 Assigned Medicare FFS Patients



## ACO Company Legend

- 9 Approved ACOs – 4/1/12 (Red dot)
- 6 Approved ACOs – 7/1/12 (Blue dot)
- 15 Approved ACOs – 1/1/13 (Green dot)
- 4 Approved ACOs – 1/1/14 (Purple dot)

# Accountable Care Coalition of Mount Kisco

- Medicare ACO formed in April 2012 – 1<sup>st</sup> contract runs through 2015
  - » CHS provided up front start-up capital
  - » Joint governance with CHS
  - » Split shared savings after deducting ACO shared expense

## Partnership Roles & Responsibilities

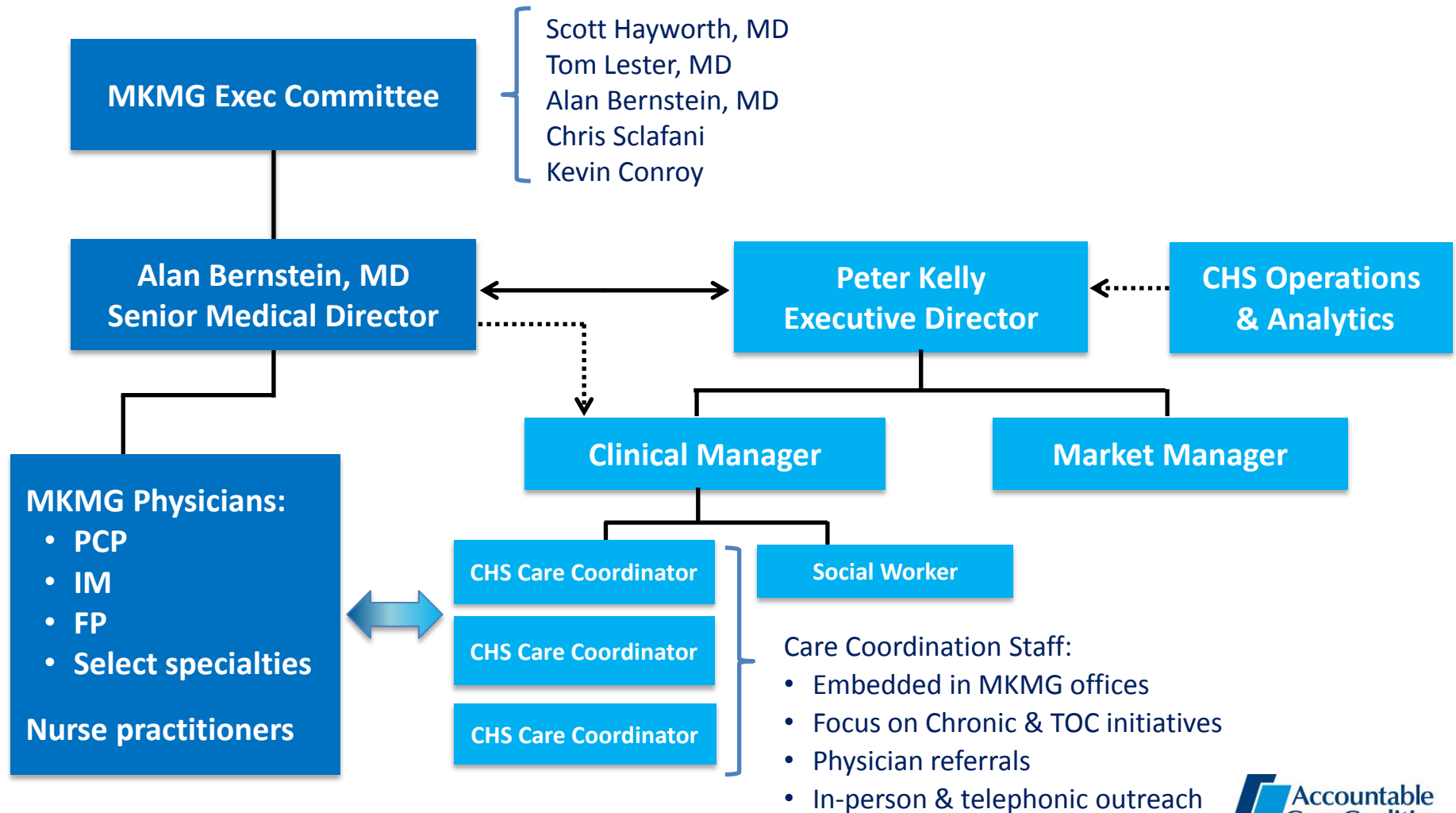
### Mount Kisco Medical Group

- Physician & Financial Leadership
- NextGen EMR
- Strong market presence & hospital relationships
- Practice management system

### Collaborative Health Systems

- Risk management expertise
- Analytics & patient risk stratification
- Care coordination resources and programs
- CHS ACO benchmarking and best practices
- Quality measure collection

# ACCMK – Organization and Staffing



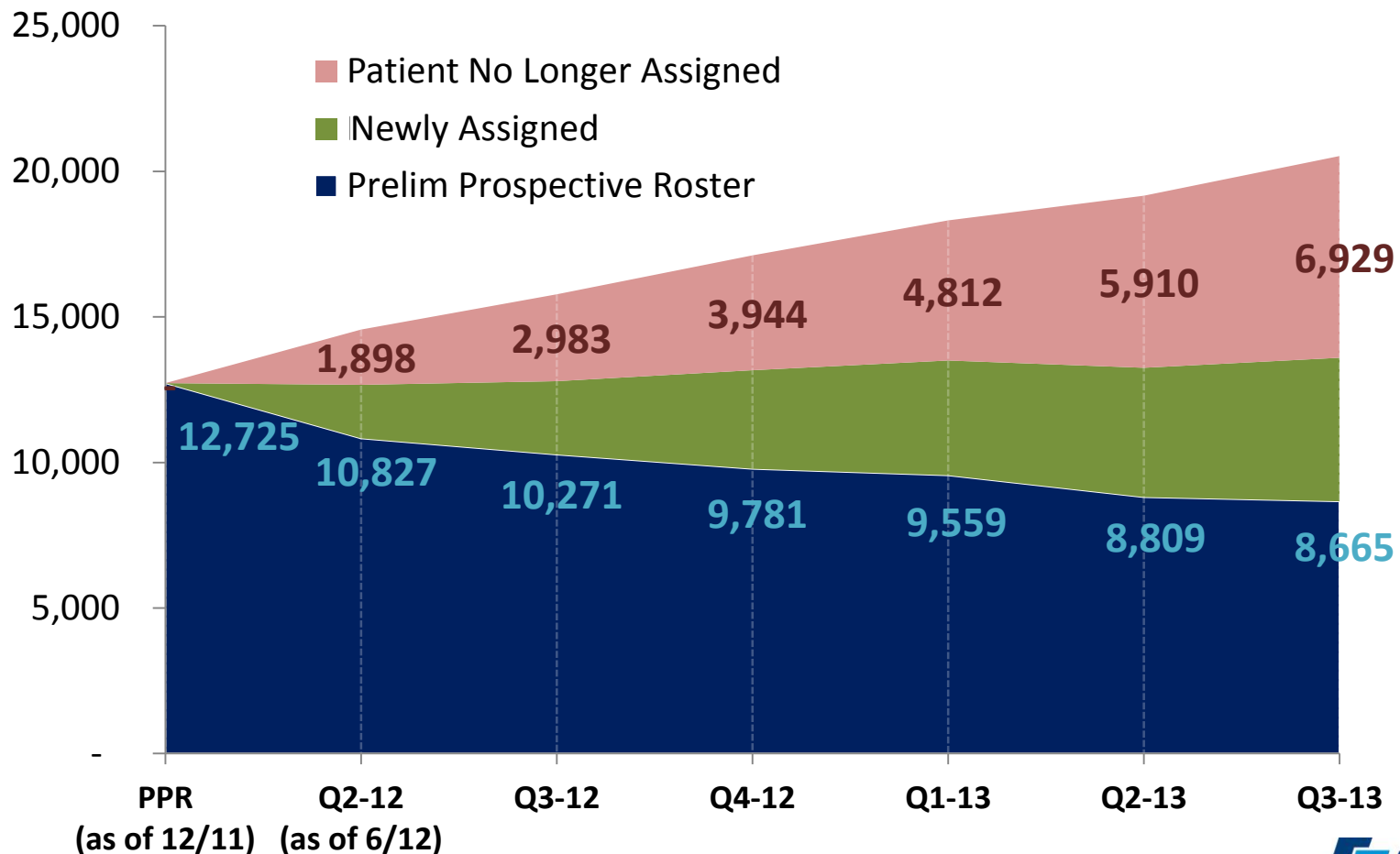
# Examples of Data Analytic Reports

- Population Attribution
- Per Patient Per Month (PPPM) Costs By Setting of Care
- PPPM Cost Compared to CHS Benchmarks
- Annual Spend by Acute Hospital Facility
- Annual Spend by Diagnosis
- Physician Profiles

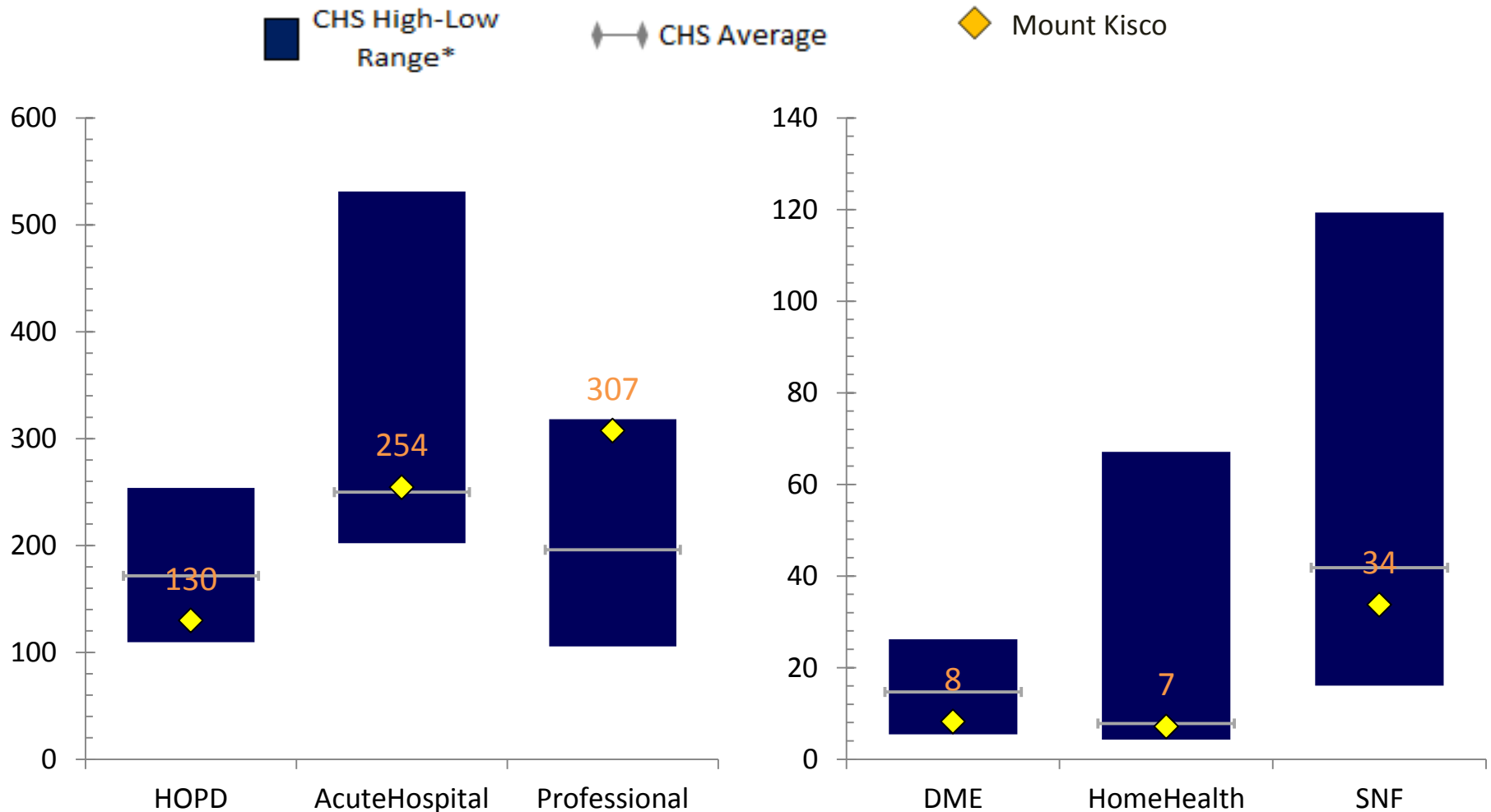


# 2012-13 Lesson Learned – High Churn and Unmeasurable Results Due to Problems with Population Attribution

## ACC of Mt. Kisco - Quarterly Population Attribution Status



# PPPM by Setting of Care Compared to CHS Benchmarks

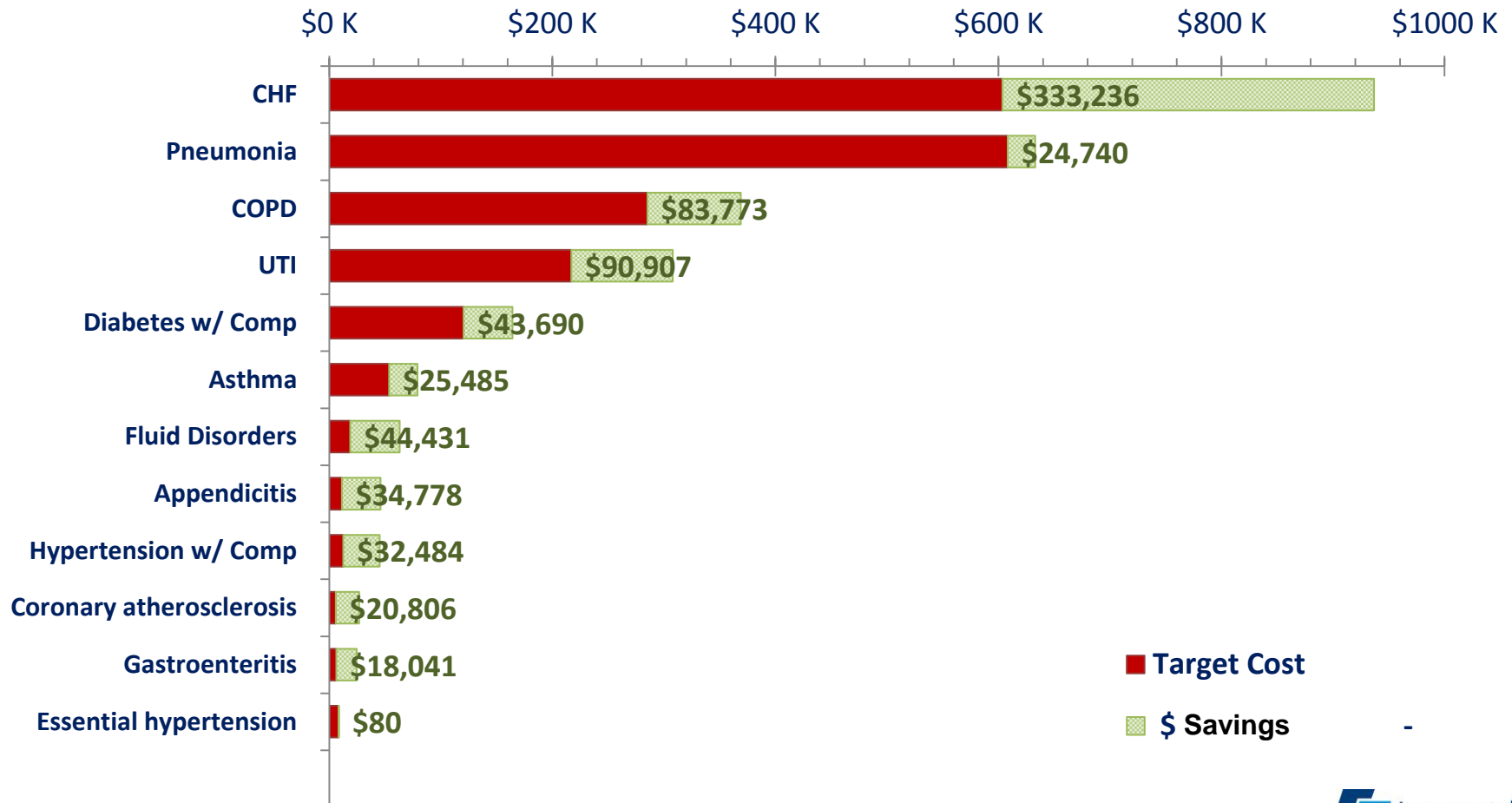


# ACCMK Annual Spend by Acute Hospital Facility

Acute Hospital Facility Name	#Admits	Annual Spend*	Unit Cost (\$/Admit)	%Admits Short Stay	30-day Readmit	60-day Readmit**
Hospital Facility Names Blinded	987	\$8,786,679	\$8,899	33%	14%	20%
	485	\$4,150,463	\$8,553	21%	13%	22%
	130	\$3,239,799	\$24,994	34%	14%	15%
	273	\$2,445,401	\$8,957	20%	20%	26%
	39	\$1,501,305	\$38,030	37%	19%	30%
	58	\$1,485,932	\$25,655	32%	15%	25%
	40	\$1,258,312	\$31,467	41%	10%	13%
	97	\$1,007,556	\$10,392	25%	15%	23%
	36	\$563,261	\$15,699	23%	27%	36%
	23	\$525,730	\$22,594	59%	0%	0%
	43	\$451,851	\$10,426	26%	9%	21%
	27	\$356,000	\$12,975	23%	12%	23%
	20	\$310,940	\$15,908	42%	0%	0%
	27	\$297,639	\$11,114	27%	23%	27%
	11	\$296,293	\$25,917	18%	20%	20%
	14	\$261,629	\$19,378	48%	7%	7%
	23	\$236,332	\$10,190	39%	4%	13%
	6	\$167,250	\$27,084	0%	0%	0%
	8	\$84,133	\$10,151	12%	12%	12%
	3	\$83,583	\$27,053	32%	0%	0%
	7	\$70,985	\$9,940	57%	0%	28%
	5	\$68,291	\$12,948	42%	0%	19%
	6	\$67,713	\$11,124	0%	0%	0%
	3	\$65,677	\$21,802	0%	0%	0%
	5	\$62,383	\$11,854	20%	0%	0%
	1	\$62,341	\$60,054	0%	0%	0%
AL, INC.	7	\$47,572	\$6,589	70%	42%	56%
Annual Spend on Claims Received		\$27,955,052				

# ACSC Hospitalizations Cost ~\$2.7M Annually – Achieving CHS Lowest Cost ACO Creates \$800k Savings

## Estimated Annual Cost for Avoidable Hospitalizations

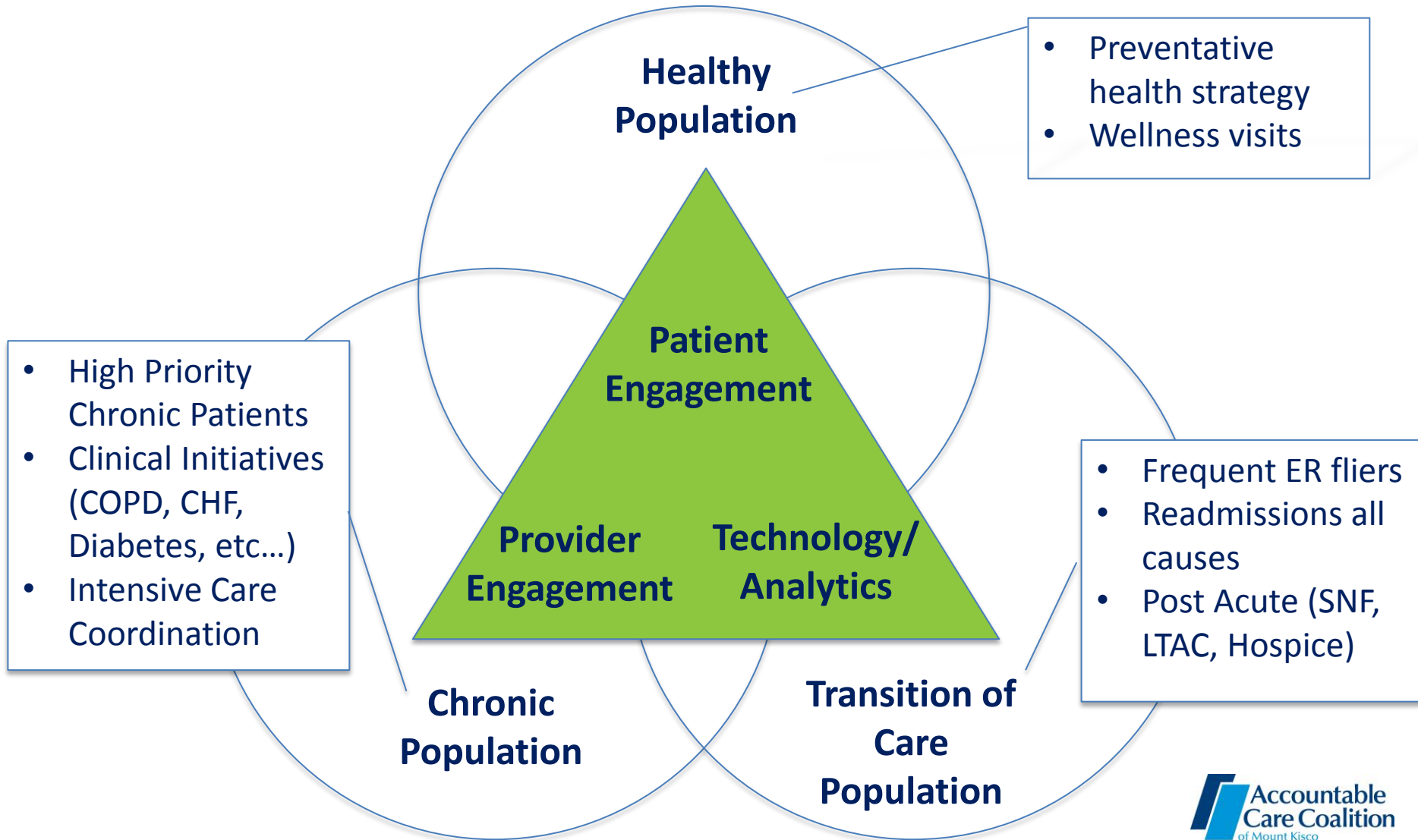


Source: CHS analysis of CMS ACO Claims Files based on rolling 12 months through November 2013.

- Based on actual ACSC hospital admissions from Q3 2012 – Q3 2013. Annual cost estimated for 100% of claims.

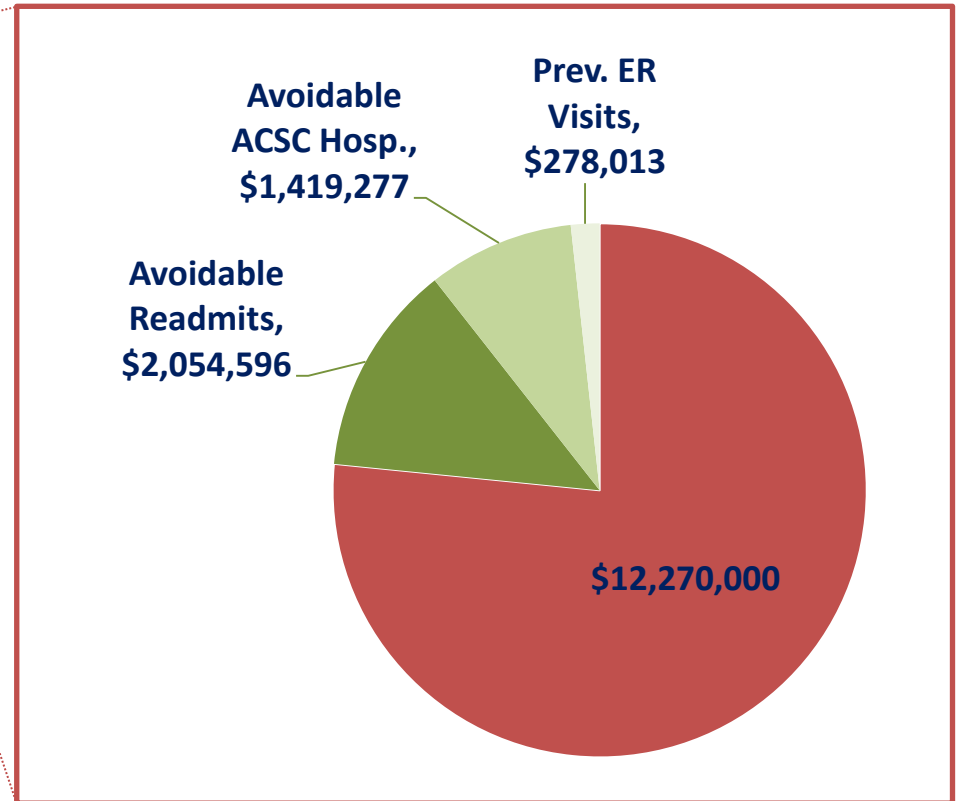
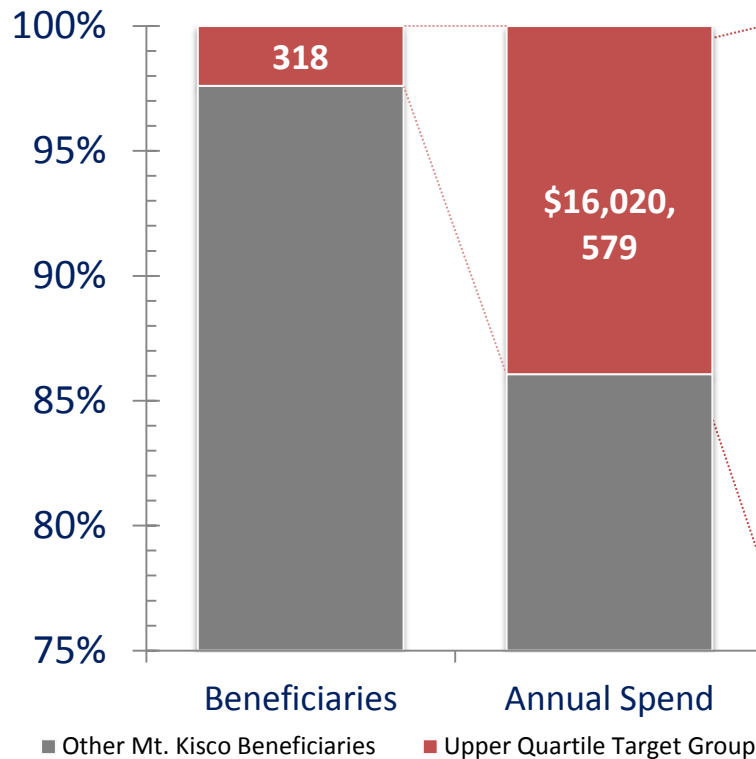
- Defined using Ambulatory Care Sensitive Conditions (ACSC) ICD-9 coding guidelines.

# 2014 Three-Pronged Strategy for Population Health



# Chronic Population – Disease Management of Highest-risk Patients Represents a \$3.8M Savings Opportunity

- CHS identified 1,272 ACO patients with at least 1 Potentially Preventable Service
- Upper Quartile (2% or 318 patients) accounted for \$3.8M (28%) of avoidable costs



# Chronic Population – MKMG Role

- Lists of top chronic patients generated by CHS sent to PCPs for review and follow up management, if necessary
- ACO Medical Director works with PCPs closely to insure appropriate clinical follow up
- Clinical feedback from PCPs included in master spreadsheet for tracking outcomes
- PCPs work with care coordinators to insure these patients are getting appropriate follow up telephonically or via home visits

# Transitions of Care – Real Time Data Sources

- ACCMK benefits from MKMG's outstanding relationship and data-sharing with surrounding hospitals
- Three primary hospitals send hospital and ED daily census and discharge reports electronically to help manage the TOC population
- CHS is building the technical infrastructure to incorporate hospital data into automated processes to check ACO roster for matches and insertion into care coordination work flow
- MKMG/CHS jointly developing best practices for specific TOC initiatives:
  - » ER frequent visitors
  - » Hospital readmissions – CHF, COPD, All cause cohorts
  - » PAC discharge destination (ongoing)



# Changing Physician Behavior with Cost and Utilization Profiles & Reporting

PCP	SPEC	Risk Score	Panel Size	Acute Admit/K	Acute Spend PPPM	% of Short Stay Admits	30 Day Readmit Rate
Names Blinded	FP	0.90	393	254	\$ 214	33%	19%
	FP	0.93	351	205	\$ 133	21%	13%
	FP	0.88	329	232	\$ 189	44%	21%
	IM	0.98	554	283	\$ 200	32%	10%
	FP	1.03	454	273	\$ 248	40%	13%
	FP	0.91	368	200	\$ 157	33%	10%
	FP	1.16	1092	382	\$ 295	22%	21%
	FP	0.92	276	208	\$ 166	34%	2%
	FP	0.66	243	146	\$ 179	33%	9%
	FP	1.01	223	269	\$ 233	23%	12%
	FP	0.97	406	294	\$ 198	31%	14%
	FP	1.00	392	288	\$ 216	34%	22%
	FP	0.96	386	219	\$ 155	37%	12%
	FP	0.87	252	246	\$ 162	36%	25%
	FP	1.03	473	227	\$ 176	25%	22%
	FP	1.11	253	426	\$ 363	21%	18%
	FP	0.92	535	191	\$ 144	28%	8%
	FP	0.84	152	169	\$ 123	37%	5%
	FP	0.86	175	256	\$ 180	26%	12%
	IM	1.07	461	303	\$ 277	30%	19%
	FP	1.04	213	262	\$ 204	25%	17%
	FSM	1.85	406	550	\$ 544	19%	22%
	IM	1.17	300	308	\$ 268	18%	16%
	IM	1.04	131	319	\$ 295	16%	22%
	FP	0.94	327	299	\$ 289	32%	13%
	FP	0.94	617	257	\$ 204	35%	13%
	FP	0.99	351	343	\$ 224	16%	14%
	FP	1.07	514	329	\$ 229	27%	12%
	FP	1.01	511	304	\$ 255	20%	16%
	FP	0.94	61	381	\$ 223	67%	13%
	FP	0.76	412	186	\$ 162	38%	12%
	FP	0.97	658	247	\$ 217	30%	12%

Source: CHS Analysis of a rolling 12 months' worth of CMS Claims through January 2014 with dates of service through November 2013.

-Note: SPEC field contains physician specialty abbreviation codes which are defined in Appendix 2.

\*Only physicians with more than 30 attributed patients are included in analysis. Note: list truncated to top 20-30 physicians by "Acute Spend"

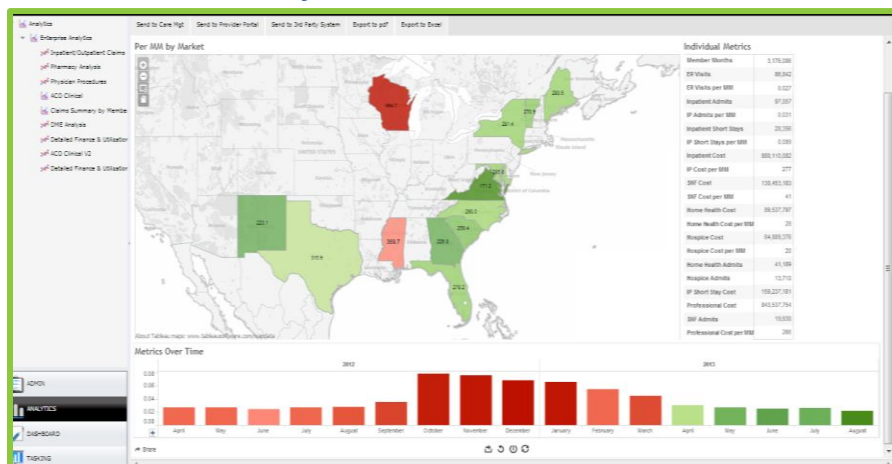
# Physician Profiles – MKMG Role

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- Physician profiles will be shared blinded with all PCPs
- Individual PCPs profiles will be shared in comparison to their peers for educational (not punitive) purposes
- Profiles will be discussed at PCP Department meetings to foster engagement in management strategies
- Individual meetings will be held between ACO Medical Director and physician outliers to develop corrective action plans
- Profiles will be tracked on a quarterly basis

# Next Step: Pilot Site for Healthy Impact 360° Platform

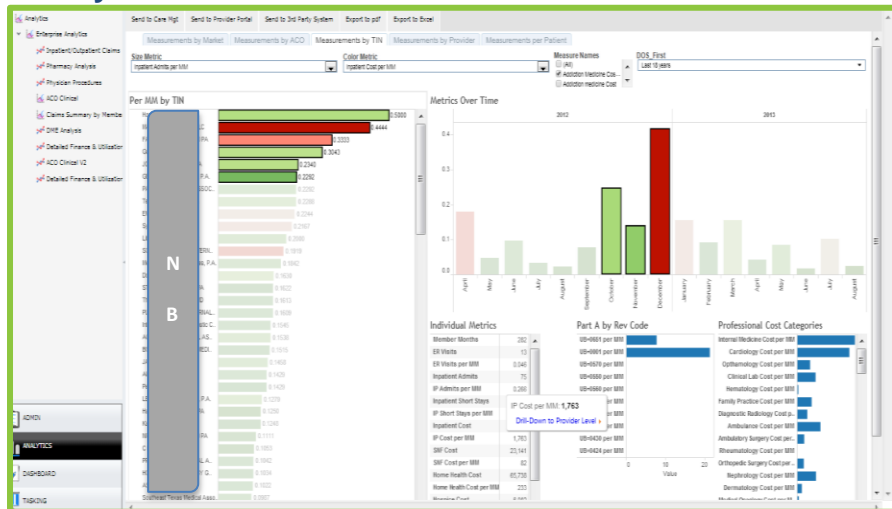
## ACO-level Analysis



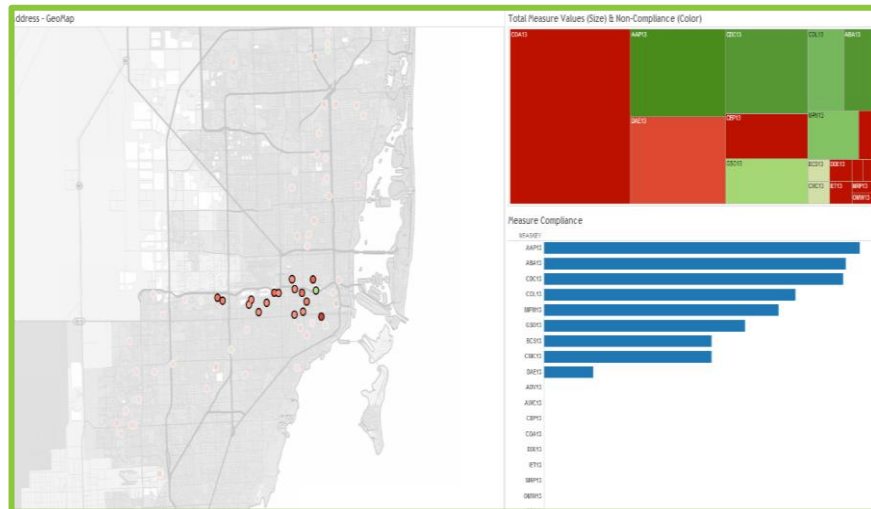
## Patient Care Gaps



## Physician-level Profile



## Mapping and Care Coordination Support



# Ongoing Challenges

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- Educating and engaging physicians in referral process to care coordination services
- Educating and engaging patients regarding availability of case management services (brochures, web site)
- Linking with affiliated hospitals & SNFs to transition care appropriately and monitor care on ongoing basis
- Moving organization mentality from “volume” driven to “value” driven
- CMS rules evolving; ACO claims data is dated when received

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# Questions?

## Thank You