

# PROGRAM

## PROGRAM AT A GLANCE

Saturday 25 July	Sunday 26 July	Monday 27 July	Tuesday 28 July	Wednesday 29 July
Start of overnight Uluru tour	Workshops/Optional activities	Sessions/Workshops/Optional activities	Sessions/Optional activities	Optional activity
	Welcome Reception	Free night	Conference Dinner	

## DETAILED PROGRAM

The information in this program is correct at the time of printing. The organisers reserve the right to change without notice any aspect of the program.

Key - room allocation

MacDonnell A	Ellery A	Ellery B	Ellery D	Offsite	Alice Springs Convention Centre Amphitheatre
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Sunday 26 July 2015					
1200 - 1800	Registration open				
1330 - 1530	Workshops (see page 7 for further information)				<b>Optional Activities</b> <ul style="list-style-type: none"> <li>· Camel Safari</li> <li>· Desert Park</li> <li>· Mountain Bike Riding</li> <li>· West MacDonnell Ranges Bus Trip</li> <li>· Standley Chasm</li> </ul> (see page 10/11 for further information)
	Mini-CART	Paediatric critical care	Cultural awareness	Mentoring	
1530 - 1545	Afternoon tea				
1545-1730	Workshops				
	Mini-CART (cont.)	Paediatric critical care (cont.)	Cultural awareness (cont.)	Mentoring (cont.)	
1800 - 1930	<b>Welcome Reception</b> Alice Springs Convention Centre				

Monday 27 July 2015				
0800 - 1730	Registration open			
0900 - 1030	<b>Opening Session</b> <span style="float: right;">Chair: Stephen Gourley</span>			
	0900-0930 <i>Smoking and welcome to country. Welcome to Alice Springs</i> 0930-1010 <i>History of Alice Springs Emergency Medicine and Indigenous Health Outcomes for Central Australia</i> <b>Liz Mowatt &amp; Stephen Gourley</b> 1010 - 1030 <i>History of EM in Australia</i> <b>Joseph Epstein</b>			
1030 - 1100	Morning tea			
1100 - 1230	<b>Quality Standards in ED</b> Chair: Paul Helliwell	<b>Medicine in the Red Centre</b> Chair: Anna Fairbairn	<b>Critical Care in the Most Remote Hospital in Australia</b> Chair: Michelle Withers	<b>Free Papers</b> Chair: Yusuf Nagree
	<b>Tim Baker</b> <b>Didier Palmer</b> <b>Leeanne Trenning</b> <b>Maureen Williams</b> ACEM, CENA and consumer group representatives have worked together over the past 18 months to develop quality standards for emergency departments and hospital urgent care centres in Australia. These will provide a "pathway to excellence" that makes clear what could and should be provided in emergency care while recognising that in the many small rural and remote hospitals these will aspirational goals.	1100 - 1120 <i>Social determinants of health</i> <b>Hilary Tyler</b> 1120 - 1140 <i>Rheumatic Fever</i> <b>Stephen Brady</b> 1140 - 1200 <i>Diabetes and Bronchiectasis</i> <b>Cheri Hotu</b> 1200 - 1220 <i>Renal Failure and Dialysis</i> <b>Cherian Sajiv</b>	1100-1130 <i>ICU perspective</i> <b>Penny Stewart</b> 1130-1200 <i>Trauma surgery</i> <b>Jacob Jacob</b> 1200-1230 <i>The tyranny of distance for retrieval</i> <b>Richard Johnson</b>	Please see page 10 for information on the Free Paper session
1230 - 1330	Lunch			

# PROGRAM

1330 - 1500	<b>Workshops</b> (see page 8 for further information)					<b>Optional Activities</b> <ul style="list-style-type: none"> <li>Desert Park</li> <li>Mountain bike riding</li> <li>West MacDonnell Ranges Bus Trip</li> <li>Simpson Gap and Mbantua Starlight Bush Dinner</li> </ul> (See page 14/15 for further information)
	<b>Ophthalmology</b> Chair: <b>Stephen Gourley</b>	<b>Cultural competency</b> Chair: <b>Simon Chu</b>	<b>Fellowship exam</b> Chair: <b>Michelle Withers</b>	<b>Healing Centre</b> Chair: <b>Hilary Tyler</b>	<b>Juggling</b>	
1500 - 1530	Afternoon tea					
1530 - 1730	<b>Plenary Session - Healing in the Centre</b> <span style="float: right;">Chair: <b>Hilary Tyler</b></span>					
	1530 - 1600 <i>Angangkere - Traditional healing stories</i> - <b>Amelia Turner</b> 1600 - 1630 <i>Service delivery in remote Australia</i> - <b>Sam Goodwin</b> 1630 - 1700 <i>Exploring the pervasive costs of childhood and adult trauma in an Indigenous context (of coercive practice and policy)</i> - <b>Jill Faulkner</b> 1700 - 1730 <i>Town camp resident and advocate</i> - <b>Barb Shaw</b>					
<b>Free night</b>						
<b>Tuesday 28 July 2015</b>						
0800 - 1730	Registration open					
0900 - 1030	<b>Plenary Session - Ethics, Learning and Teaching in Remote Australia</b> <span style="float: right;">Chair: <b>Stephen Gourley</b></span>					
	0900-0930 <i>Education theory - then and now</i> <b>Victoria Brazil</b> 0930-1000 <i>Provision of education in remote Australia - EMET, EMC and STP programs</i> <b>Nina Kilfoyle &amp; Sam Goodwin</b> 1000-1030 <i>Ethics of remote medicine</i> <b>Martin Kelly</b>					
1030 - 1100	Morning tea					
1100 - 1230	<b>Town and Country</b> Chair: <b>Shane Tan</b>	<b>Death and Dying</b> Chair: <b>Michelle Withers</b>		<b>Updates in Emergency Medicine</b> Chair: <b>Anna Fairbairn</b>		
	1100-1130 <i>Alcohol in central Australia – Myth and reality</i> <b>Paul Helliwell</b> 1130-1200 <i>Retrieval of the acutely disturbed patient from remote communities</i> <b>Richard Johnson</b> 1200-1230 <i>Social determinants of health - community support</i> <b>Danielle Campbell</b>	1100-1130 <i>Ethics of palliation</i> <b>Martin Kelly</b> 1130-1200 <i>"Having the conversation"</i> <b>Penny Stewart</b> 1200-1230 <i>Legalities of death and dying</i> <b>Stephen Gourley</b>		1100-1130 <i>EM Updates</i> <b>Robert Dunn</b> 1130-1200 <i>WBA update</i> <b>Lucy Donaldson &amp; Simon Chu</b> 1200 - 1230 <i>It ain't just friendly conversation: mentoring in EM</i> <b>Nicole Liesis</b>		
1230 - 1330	Lunch					
1330 - 1500	<b>Research in the Centre</b> Chair: <b>Graham Williams</b>	<b>Emergency Medicine in Remote Settings:</b> <b>Tracy Walczynski</b>	<b>Toxinology</b> Chair: <b>Richard Johnson</b>	<b>Workshop</b> Chair: <b>Hilary Tyler</b>	<b>Optional Activities</b> <ul style="list-style-type: none"> <li>Camel Safari</li> <li>Desert Park</li> <li>Mountain Bike Riding</li> <li>West MacDonnell Ranges Bus Trip</li> </ul> (see page 14/15 for further information)	
	1330-1400 <i>Baker IDI update</i> <b>Cheri Hotu &amp; Camilla Tuttle</b> 1400-1430 <i>Menzies update</i> <b>Kylie Dingwall &amp; Jennifer Delima</b> 1430-1500 <i>Poche Centre for Indigenous Health update</i> <b>John Binda Reid</b>	1330-1350 <i>Surf Medicine</i> <b>Claire Roche</b> 1350-1410 <b>PNG</b> <b>Will Davies</b> 1410-1430 <i>Finke Desert Race</i> <b>Michelle Withers</b> 1430-1450 <i>By the seat of my pants: Emergency Medicine in an earlier era</i> <b>Peter Deutschmann</b>	1330-1415 <i>Live snake demonstration</i> <b>Rex Neindorf</b> 1415-1500 <i>Discussion about snake antivenom and update</i> <b>Geoff Isbister</b>	<i>The art of performance in medicine</i> <b>Victoria Brazil</b> (see page 8 for further information)		
1500 - 1530	Afternoon tea					
1530 - 1630	<b>Great Debate</b>					
	FOAMed is all froth and bubble <b>Moderator:</b> Simon Chu <b>Affirmative:</b> 1. Bob Dunn 2. Anna Holdgate <b>Negative:</b> 1. Victoria Brazil 2. Chris Nickson					
1630 - 1700	<b>Closing Ceremony</b> <b>Rosalie Kunoth-Monks</b>					
1830 - 2300	<b>Conference Dinner</b> <i>Telegraph Station</i>					

# FREE PAPER PRESENTATIONS

Monday 27th July

Time	Name	Organisation	Title
1100 - 1115	Dr Thomas Cheri	Midcentral DHB	What happens to these patients! Exercise tolerance test referrals from a regional Emergency Department
1115 - 1130	Dr Ruth Large	Waikato District Health Board	Implementing a patient kiosk in the Emergency Department; a feasibility study
1130 - 1145	A/Prof Diana Egerton-Warburton	Monash Medical Centre	Update on the ACEM project: Reducing alcohol harm in EDs
1145 - 1200	A/Prof Drew Richardson	Australian National University	Case-control study of general ward boarders: How much of the difference in mortality is due to patient factors?
1200 - 1215	Dr Joe-Anthony Rotella	Austin Health	Accuracy of QT interval measurement on ECGs displayed on electronic 'smart' devices
1215 - 1230	Dr Mathew Greenston	Palmerston North Hospital	Is just Mr. T good enough? MACE Rate using a negative high sensitivity troponin strategy

# WORKSHOPS

Limited places are available in each of these workshops and positions will be allocated upon receipt of registration and payment. If minimum numbers are not reached, the organisers reserve the right to amend or cancel a workshop. Minimum and maximum numbers apply to all workshops.

## SUNDAY 26 JULY

### Mini-CART

**Time: 1330 -1730**

**Cost: \$150**

This three hour workshop aims to introduce the concepts of remote retrieval medicine, a different paradigm to hospital medicine and often a stark contrast to urban rotary work. The workshop consists of an introductory presentation and discussion, skill acquisition and maintenance with a wet lab surgical airway station and clinical scenarios outlining some of the challenges presented by the retrieval of critically ill patients from some of the most remote communities in our vast country.

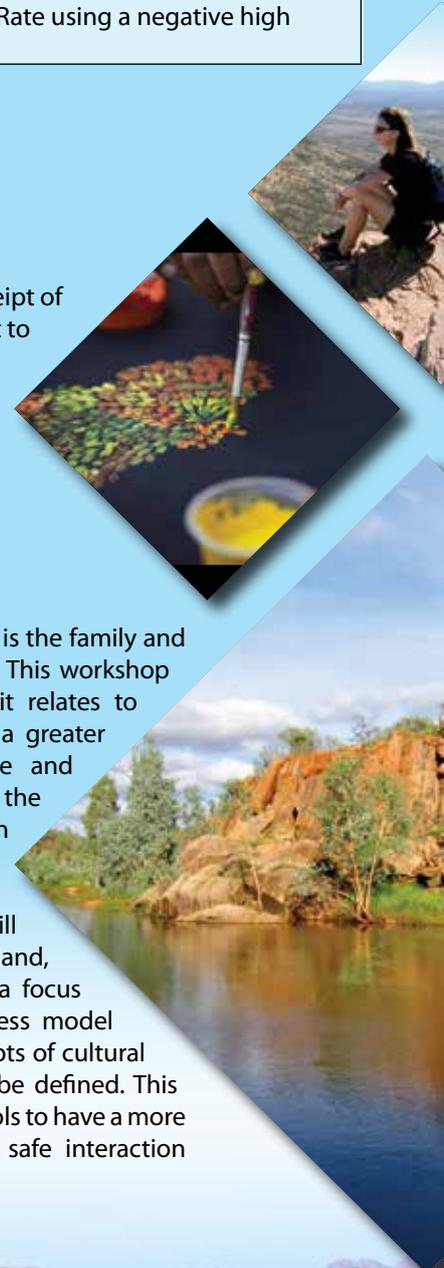
Rich Johnson is an emergency physician who trained in both the UK and Australia with a long standing interest in delivering medical care to Indigenous populations in remote and austere environments having worked in mission hospitals, with mountain rescue, the UK HEMS service GNAAS as well as currently being Director of the Alice Springs Retrieval service.

### Cultural awareness

**Time: 1330 -1730**

**Cost: \$130**

"The foundation of Aboriginal culture is the family and connection to the land" - Akeyulerre. This workshop explores this connection and how it relates to health. It aims to provide you with a greater understanding of Aboriginal culture and communication. We will delve into the different communication styles, both verbal and non-verbal and compare cultural beliefs and practices, including traditional healing. It will examine the connection between land, family, community and health with a focus on wellness, as opposed to the illness model we are more familiar with. The concepts of cultural safety and cultural competency will be defined. This workshop will provide you with the tools to have a more productive, satisfying and culturally safe interaction with your Indigenous patients.



# WORKSHOPS

This course will be facilitated by Ms Colleen Hayes, Aboriginal Cultural Educator with Flinders NT and the Poche Centre for Indigenous Health. Colleen is a custodian of country north of Alice Springs with extensive experience in health and education settings. She will be joined by A/Prof Kerry Taylor, Deputy Director of the Poche Centre NT, who also has long term experience in delivering cultural safety training and Indigenous health.

## **Paediatric critical care**

**Time: 1330 -1730**

**Cost: \$150**

This workshop will cover the basics of critical care paediatrics including, paediatric arrest and common critical care conditions. Skill sessions will cover the paediatric airway, assessment of paediatric patient and emergency vascular access. This workshop is aimed at a practical level and would be suitable for anyone wanting to brush up on their paediatric critical care skills or gain more confidence.

The workshop will be facilitated by Paediatric Critical Care Specialists.

## **Mentoring**

**Time: 1330 -1730**

**Cost: \$20**

Following on from the success of the Mentoring Champions Programs in 2013 & 2014, FACEMs & trainees who share an interest in mentoring are meeting to network and share ideas/successes from their respective Mentor Programs. Anyone with an interest in mentoring is welcome to attend and join a group of likeminded Emergency Physicians to support & develop mentoring in the workplace.

This workshop will cover some of the aspects involved in mentoring and coaching as well as in setting up a mentoring program. It is ideally suited not only for those who want to know more about mentoring and how to gain skills and experience in this role, but also for more experienced mentors who would like to exchange ideas and be involved in planning the future direction of mentoring in Emergency Medicine. There will be talks on mentoring (what it involves and what it isn't!) coaching skills, and updates from around the country from FACEMs who have, or are in the process of, introducing mentoring programs, along with the lessons they've learnt to help make the process less arduous for others and more likely to be successful. Finally, there will be a discussion open to all on how best to proceed with training of mentors and support the introduction of mentoring programs in the future and where mentoring sits within the College structure.

This course will be facilitated by FACEMs who have undergone the Mentoring Champions program in 2013 and 2014 through ACEM.

## MONDAY 27 JULY

### **Ophthalmology**

**Time: 1330 - 1500**

**Cost: \$20**

Afraid of eyes? Want to brush up on some basic skills? This workshop will give you some practical advice and skills to be able to care for common emergency eye presentations. It will cover skills such as: use of the slit lamp, corneal foreign body removal, everting the eyelid, eye patching and basic fundoscopy. There will be a practical approach to undifferentiated ocular pain and common pitfalls and tricks to the trade. This would be suitable for a novice or anyone wanting to do a refresher.

### **Cultural competency**

**Time: 1330 - 1500**

**Cost: \$50**

This is an introductory course in cultural safety and cultural competency. It will provide the participants with a deeper understanding of the concepts and provide some practical advice about how you can make some simple changes in your own workplace to improve awareness and make it culturally safe. The same principles could be used to improve the relationships with any cultural group in your area, making the skills you learn here applicable to any part of Australia or New Zealand.

The facilitators for this session, A/Prof Kerry Taylor and Ms Colleen Hayes from the Poche Centre for Indigenous Health NT, welcome a broad range of views and encourage participants to ask any questions, so come along with an open mind and look at your practice from a different perspective.

### **Fellowship exam**

**Time: 1330 - 1500**

**Cost: \$0**

The new Fellowship exam is up and running. Come and get firsthand feedback about the new format. Speak to senior examiners and gain some insight into the common pitfalls and how to maximise your chance of success.

### **Arrernte traditional healing - bush medicine and healing practice**

**Time: 1330 - 1500**

**Cost: \$150**

Traditional healing is a sacred form of healing practiced by Arrernte people for over 50,000 years. We believe the power of healing that comes from the land.

# WORKSHOPS

There are a range of practices that make up healing for Arrernte people:

- Kwerte-ileme - Smoking ceremonies
- Awelye - Healing songs
- Angangkere - Traditional healers
- Traditional bush medicines

The power of all these forms of healing comes from the land, from the country itself. Traditional healing knowledge and practice has been passed down for generations and is still going on today, although many non-Indigenous health professionals are not aware of it.

Many Arrernte families prefer to go and see a traditional healer before they see a western doctor or in combination with Western treatment. It is important for health professionals to be aware of traditional healing and respectful of their patients' right to access this form of healing.

This presentation/workshop by senior Arrernte healers will shed light on the nature of traditional healing as it is practiced by Arrernte people in Central Australia in 2015. The ladies will demonstrate and get participants involved in making bush medicine. They will discuss the elements of traditional healing work through their Healing Painting and story blocks. As well as explore the role of the Akeyulerre Healing Centre in Alice Springs in supporting this work.

We will show that traditional healing and western medicine can operate side-by-side to support the health of Aboriginal people.

## Juggling - Insights into learning, teaching and skill acquisition

**Time: 1330 - 1500**

**Cost: \$0**

This 90 minute workshop teaches participants how to juggle the basic 3-ball pattern. Juggling is a great way to exercise the mind and body by strengthening the pathways between the creative and analytical parts of your brain. During the process of learning a new skill, we will explore educational topics related to clinical practice including: learning styles, feedback and how to teach a procedure.

This workshop is best suited to individuals with little or no juggling ability. (Equipment provided)

About me: Dr. Shane Tan FACEM is a staff specialist at Alice Springs Hospital and has been a juggler for over 15 years. He has attended several international juggling conventions and has taught beginner to advanced workshops on various juggling skills. He maintains a special interest in clinical education and has been a simulation fellow at Sydney Clinical Skills and Simulation Centre as well as completing a Grad Cert of Clinical Education.

## TUESDAY 28 JULY

### The art of performance in medicine

**Time: 1330 - 1500**

**Cost: \$0**

This interactive session will look at the art of performance in medicine, and life in general. How you act impacts on how people perceive you. This is not just important for your patients, but is also a useful skill for teaching, job interviews and exams, particularly for OSCE style questions. This will provide you with some useful hints and skills to improve your performance. This workshop will be facilitated by Dr Victoria Brazil.

### ACEM Continuing Professional Development (CPD)

By participating in the ACEM Winter Symposium, you are contributing towards your ACEM CPD requirements. Group Learning activities can enhance practice in Emergency Medicine. Fellows and Non-Fellow participants can add this activity to their CPD Online Record. Use the Quick Find field within Activity Editor to search for ACEM Winter Symposium, or locate it under Group Learning > Meetings, conferences etc – ACEM > ACEM – Winter Symposium.

The ACEM Winter Symposium is endorsed by the International Federation of Emergency Medicine (IFEM) and is also an Australian College of Rural and Remote Medicine (ACRRM) accredited activity.

For more information, please visit the ACEM Winter Symposium website: [www.acemws.com](http://www.acemws.com)

