



**NEGLECTED TROPICAL DISEASE
NGDO NETWORK**
A global forum for nongovernmental organizations
working together on NTDs



WELCOME TO WASHINGTON D.C

INFORMATION PACK

Please find enclosed important and useful information for your travel to USA. We wish you a safe, interesting and unforgettable stay in Washington D.C.

This pack provides useful information on the following:

- 1. Meetings**
- 2. Local Time, Weather & Language**
- 3. Currency & SIM Cards**
- 4. Ground Transportation**
- 5. USA Travel Tips**
- 6. Restaurant Guide**
- 7. Cultural Points of Interest**

The White House



Lincoln Memorial



Washington National Cathedral



National Museum of Natural History





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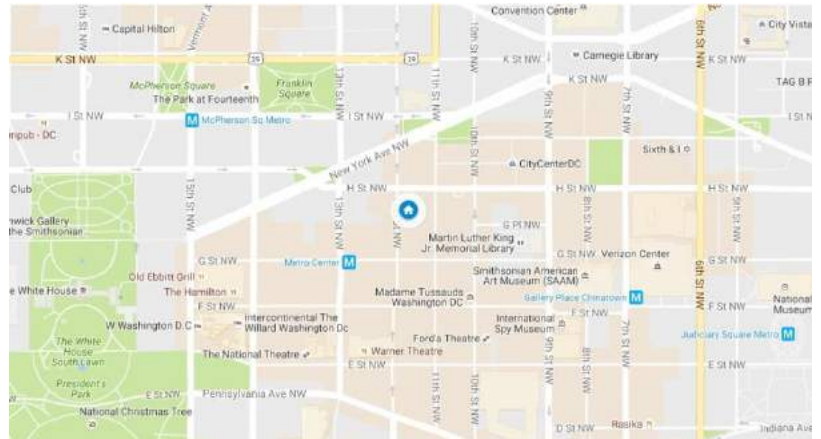


All meetings taking place during the NNN will be held at Washington Marriott at Metro Center



Venue Address

Washington Marriott at Metro Center
775 12th St NW,
Washington,
District of Columbia 20005,
USA



Washington Marriott at Metro Center features convenient access to the best of Washington DC area attractions, shopping and dining. The location near the DC metro system provides guests easy access to the National Mall, Smithsonian Institution, CityCenterDC, Spy Museum and the National Portrait Gallery. It is located within blocks of the Verizon Center and Walter E. Washington Convention Center, this Washington DC hotel offers very stylish surroundings for guests.

2. Local Time, Weather & Language

Washington D.C. is 5 hours behind BST (GMT+1) during the NNN.

In September, the weather is often warm during the day, but it cools off at night. The average temperature is 22°C (72°F) with highs of 26°C (80°F) and lows of 17°C (62°F)

English is the primary language in the USA.



3. Currency & SIM Cards

The local currency in USA is the United States Dollar (USD).

As of 25/8/2016, 1US dollar = 0.88 (EUR)

1 US dollar = 0.76 British Pound Sterling (GBP).

Coins 1, 5, 10, 25, 50 cent & 1 dollar

Banknotes 1, 2, 5, 10, 20, 50 & 100 dollars



Exchange Bureaus

Many exchange bureaus can be found in Washington D.C, the rates may vary from store to store and they can also have a fee, please check with individual stores before purchase. Alternatively cash can be taken from ATM's, which are more widely available than exchange bureaus. Exchange rates will vary dependent on the ATM used and transaction fees can apply. Please check with your provider/card issuer before travelling to obtain any information regarding charges and to ensure that you are able to use your card in the United States.

SIM Cards

If you'd like a local phone number in the USA, you can buy a USA SIM card upon your arrival in Washington D.C. Your best options will be from AT&T or T-Mobile USA and you should expect to pay approximately \$40 plus tax. Packages differ as to your allowance, so please ensure you check all charges before purchasing, especially if you will be making international calls.

Please do visit the NNN Welcome Desk on arrival at the Marriott and we will direct you to the nearest outlet where you may purchase a SIM card from.



4. Ground Transportation

Navigation Applications

There are several useful (and free) navigation applications that can be downloaded prior to your arrival to help with any necessary ground transportation. Please ensure you have checked and are happy with all terms & conditions before downloading any applications.

Taxi-type services:

- [DC Taxi](#)
- [Uber](#)
- [Lyft](#)

DC Metro and Bus:

- [For iPhone users](#)
- [For Android users](#)

Washington D.C. Metro

Washington D.C. is well connected with a number of coloured subway lines throughout the city. The Marriott is situated on top of the 'Metro Center' station. If you are using the Metro, the closest exit to the hotel is for G & 11th Street.

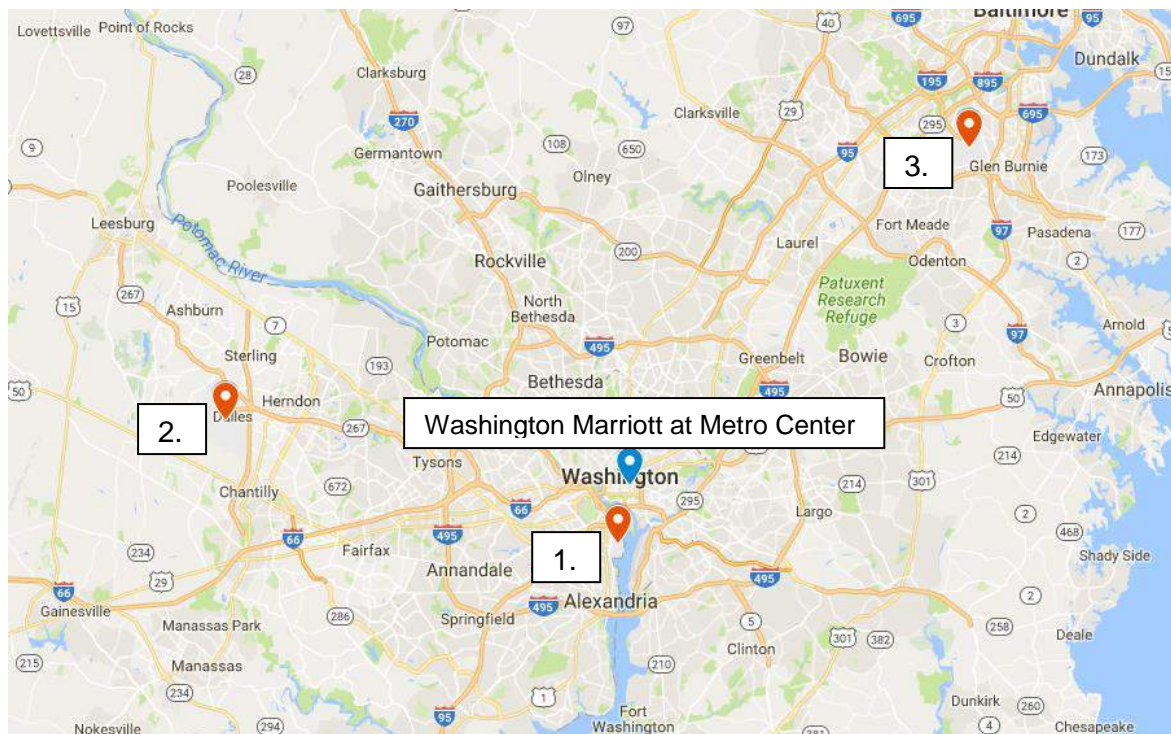
A map of the system can be downloaded from the website: <http://www.wmata.com/rail>

Washington D.C. Airports

Please note the Washington Marriott at Metro Center **does not** provide a shuttle service to and from airports.

There are three major airports in the Washington D.C. region:

1. Ronald Reagan Washington National Airport,
2. Washington Dulles International Airport
3. Baltimore/Washington International Airport.





1. [Ronald Reagan Washington National Airport](#) (airport code: DCA)
Airport Phone: +1 703 417 8000
 - Subway service every 12 minutes, fee: 3 USD (one way)
Blue Line from 'Ronald Reagan' to 'Metro Center'.
(no trains after 12pm)
 - Estimated taxi fare: 20 USD (one way)
 - Estimated Uber/Lyft fare: 13-17 USD (one way)
2. [Washington Dulles International Airport](#) (airport code: IAD)
Airport Phone: +1 703 572 2700
 - *5A bus* to stop at 'D St SW & 7th St SW'.
Walk one block north to 'L'Enfant Plaza Station' on C St.
Blue OR Silver Line to 'Metro Center' (no trains after 10pm)
 - Estimated taxi fare: 70 USD (one way)
 - Estimated Uber/Lyft fare: 35-50 USD (one way)
3. [Baltimore/Washington International Thurgood Marshall Airport](#) (airport code: BWI)
Airport Phone: +1 410 859 7111
 - Combination train + subway, fee: 12 USD (one way)
Amtrak/MARC Train to 'Union Station'
Red Line to 'Metro Center' (No *MARC* trains after 9pm)
 - Estimated taxi fare: 85 USD (one way)
 - Estimated Uber/Lyft fare: 40-60 USD (one way)

5. USA Travel Tips

Washington D.C. is a fairly safe city, but as with any major metropolitan area it's best to stay alert. Keep an eye on purses and backpacks, and be aware of your surroundings before you use an ATM, and move on to a different machine if you notice people loitering nearby. Also be careful with smartphones and other electronics, as it's not uncommon for thieves to take devices straight from the hands of unsuspecting pedestrians and Metro riders.

It is a good idea to take out travel insurance and to take the normal precaution to safeguard yourself and your valuables.

Emergency Numbers

Call **911** for police, fire, and medical emergencies.

This is a toll-free call, and no coins are required at public telephones.

Taxes

Tax cost is rarely found on price tags, and will usually be added on the bill at the till. In D.C, sales tax is 10%.

Smoking

Washington D.C. is smoke-free, meaning that smoking is banned inside public buildings. Smoking is permitted outdoors, unless otherwise noted.

Tipping

The culture in Washington D.C. is to always leave a tip, barring extreme circumstances.

In hotels, tip bellhops at least \$1 per bag and tip the chamber staff \$1 to \$2 per day. Tip the doorman or concierge only if they have provided you with some specific service.

In restaurants and bars, a fair tip for service staff and bartenders is 18-20% of the bill. However, the tip percentage can range from 15%-25% depending on service. If service is absolutely terrible, it can be as low as 10%.

For other service personnel, tip cab drivers 15% of the fare.

Electricity

Power sockets in the USA are type-A with a two-prong plug:



The USA uses 110–120 volts AC, compared to 220–240 volts AC in most of Europe, Australia, and New Zealand. Downward converters that change 220–240 volts to 110–120 volts can be difficult to find in the United States, so we suggest bringing one with you.

6. Restaurant Guide

Please note – lunch will be provided at the Marriott on the NNN plenary days; Thursday 22nd September & Friday 23rd September 2016.

There are many restaurants located within walking distance of the hotel, covering a wide range of cuisines. Please take a look below for restaurants, quick bites and breakfast options:

Restaurants		
Fire & Sage Located at the Marriott.	Open daily 6:30-00:30	Fire & Sage is a relaxed & comfortable venue, with a creative approach to American cuisine and a variety of flatbreads from their Woodstone Brick oven – the cornerstone of the restaurant.
Bibiana Osteria 1100 New York Ave DC 20005 2 minute walk from Marriott	Opening Hours: Lunch: Mon-Fri 11:30 – 14:30 Dinner: Mon-Thurs 17:00 – 22:00; Fri-Sat 17:00 – 23:00	Italian cuisine, from an award-winning restaurant, in a sophisticated, modern setting that speaks of high-style Milano design. Smart/casual attire.




<p>Zaytinya</p> <p>701 9th Street NW DC 20001 6minute walk from Marriott</p>	<p>Opening Hours: Brunch: Sat – Sun 11:00 – 14:30 Lunch: 11:00 – 14:30 Dinner: served until 23:00</p>	<p>Greek, Lebanese and Turkish cuisine. Authentic ingredients and traditional techniques are used to create original and unexpected Mezze dishes.</p>
<p>Momofuku CCDC</p> <p>1090 Street 5 Minute walk from Marriott</p>	<p>Opening Hours: Lunch: 11:00 – 15:00 Dinner: 17:00 – 23:00;</p>	<p>Momofuku meaning ‘Lucky Peach’ serves delicious Asian-American food. There are a range of dishes that change with the seasons.</p>
<p>Ruth’s Chris Steak House</p> <p>724 9th Street, 6 min walk from Marriott</p>	<p>Opening Hours: Dinner: Mon – Thurs 17:00 - 22:00; Fri-Sat 17:00 – 22:30; Sun 17:00 – 21:00</p>	<p>Fresh ingredients. Classic dishes. Skilled preparation. And a passion for every detail.</p>
<p>Mastro’s Restaurant</p> <p>600 13th Street 5 minute from Marriott</p>	<p>Opening Hours: Lunch: 11:30 – 15:00 Dinner: 17:00 – 22:00</p>	<p>Mastro’s restaurant aspires to create the finest experience for guests by combining the highest quality steaks and seafood with exceptional service in a cosmopolitan and entertaining atmosphere.</p>
<p>Capitol City Brewing Company</p> <p>1100 New York Avenue, 2 minute walk from Marriott</p>	<p>Opening Hours: Open daily: 11:00 – 00:00</p>	<p>American style restaurant with some of the finest hand-crafted beer in the country!</p>
<p>The Oceaniare Seafood Room</p> <p>Penn Quarter, 1201 F Street 3 minute walk from Marriott</p>	<p>Opening Hours: Lunch: 11:30 – 17:00 Dinner: 17:00 – 22:00</p>	<p>Only top-of-the-catch fish is served, selections change every day based on market availability.</p>
<p>MXDC Cocina</p> <p>600 14th Street NW, 8 minute walk from Marriott</p>	<p>Opening Hours: Mon – Thurs 12:00 – 23:00 Fri –Sat 11:30 – 00:00</p>	<p>A Mexican style restaurant offering traditional foods from various regions throughout Mexico.</p>
<p>Old Ebbitt Grill</p> <p>675 15th Street, 10 minute walk from Marriott</p>	<p>Opening Hours: Breakfast 7:30 – 11:00 Lunch 11:00 – 17:00 Dinner: 17:00 – 00:00</p>	<p>The Ebbitt serves upscale American saloon food with an emphasis on fresh and seasonal ingredients</p>
<p>Acadiana</p> <p>901 New York Avenue 6 minute walk from Marriott</p>		<p>Fine dining in a contemporary Louisiana fish house, serving up rich and complex flavours with a contemporary décor</p>
<p>DBGB</p> <p>931 H Street N.W. 5 minute walk from Marriott</p>	<p>Opening Hours: Brunch: Sat – Sun 11:00 – 15:00 Lunch: Mon – Fri 11:30 – 14:30 Dinner : 17:00 – 22:00</p>	<p>A fresh take on the classic French brasserie. Indulge in a refined menu of carnivorous delicacies served alongside craft beers and sommelier selected wine at DC’s coolest industrial bistro.</p>
<p>Fig & Olive Restaurant</p> <p>934 Palmer Alley, NW 5 minute walk from Marriott</p>	<p>Opening Hours: Brunch: Sat-Sun 11:00-16:00 Lunch: Mon – Fri 11:00 – 16:00</p>	<p>The restaurant uses the best olive oils, flavours and cuisine from the Riviera & Coastal regions of the South of France, Italy & Spain.</p>



Quick Bites & Breakfast Options		
<u>Dolcezza Gelato & Coffee</u> 904 Palmer Alley 5 minute walk from Marriott	Opening Hours: Mon-Thurs 7:00-23:00 Fri 7:00-00:00 Sat 8:00-00:00 Sun 8:00-22:00	Working with their local farming community, gelato is freshly crafted every morning – to give a delicate balance & exquisite taste and is the perfect accompaniment to your coffee.
<u>Au Bon Pain</u> 700 13th St. NW, 8 minute walk from Marriott	Opening Hours Mon – Fri 06:00 – 18:00 Sat 8:30 – 15:00	A contemporary, colourful, comfortable and energizing café providing a range of healthy, fresh and delicious food for any occasion.
<u>District Taco</u> 1919 M St NW 5 minute walk from Marriott	Opening Hours Mon –Fri 07:00 – 22:00 Sat – Sun 10:00 – 21:00	Serving Mexican food that is fresh, simple, healthy and created fresh everyday using quality ingredients.
<u>Roti</u> 1311 F Street NW, 5 minute walk from Marriott	Opening Hours Mon – Fri 10:30 – 21:00; Sat – Sun 11:00 – 18:00	Roti uses the Mediterranean’s delicious flavours, wholesome ingredients and bright spices.
<u>Chop’t</u> 730 7th St NW 8 minute walk from Marriott	Opening Hours Mon – Thurs 10:30 – 21:30; Fri 10:30 – 23:00; Sat – Sun 11:00 – 20:00	A lovely salad bar with healthy, flavourful and creative food supporting local farmers and food systems.

7. Cultural Points of Interest



<u>Smithsonian National Museum of Natural History</u>	Admission: free 15 minute walk from Marriott	The Smithsonian was founded in 1846. It is the world’s largest museum and research complex. It has 19 galleries, 9 research centres and the National Zoological Park.
<u>National Zoological Park</u>	Admission: free 1 hr walk from Marriott 20 minute taxi ride	The Smithsonian zoo spans 163 acres. A vast range of animals can be seen at the zoo, including oryx, lions and giant pandas. They also have a variety of exhibition centres including the Reptile Discovery centre, the Small Mammal House and Amazonia.
<u>National Portrait Gallery</u>	Admission: free 10 minute walk from Marriott	The portraits displayed are of “men and women who have made significant contributions to the history, development, and culture of the people of the United States.” 



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<u>International Spy Museum</u>	Admission: \$21.95 10 minute walk from Marriott	This is the only public museum in the U.S. solely dedicated to espionage. It focuses on human intelligence and reveals the roles that spies have played in world events throughout history.
<u>The Washington Monument</u>	Admission inside: Free at the ticket window, or pay in advance reservations. 20 minute walk from Marriott	The Washington Monument was built to honour George Washington (the first President of the United States). The monument comprises of a 555 foot marble obelisk tower.
<u>Lincoln Memorial</u>	See the memorial across from the Washington Monument (see above)	The saviour of the Union sits immortalized in marble, to offer an enduring symbolization of unity, strength and wisdom. 
<u>The White House</u>	To visit the White House, you must have reserved ticket up to 6 months in advance. 15 minute walk from Marriott	An iconic landmark and official residence & principle workplace of the President of the United States. 
<u>Washington National Cathedral</u>	Admission: \$11 25 minute taxi journey from Marriott	The National Cathedral in Washington, DC is the sixth largest cathedral in the world. The Cathedral is known as Washington National Cathedral, though its official name is the Cathedral Church of St. Peter and St. Paul.
<u>National Museum of American History</u>	Admission: free 15 minute walk from Marriott	This museum has collected and preserved more than 3 million artefacts. Forming a fascinating mosaic of American life to explore the infinite richness and complexity of American history.