**Southern California Permanente Medical Group**

**44th Annual Irving M. Rasgon MD, Family Medicine Symposium**

**Friday, October 19 – Saturday, October 20, 2018**

**Omni Rancho Las Palmas Resort and Spa**

**PROGRAM AGENDA**

**Friday, October 19, 2018**

|  |  |  |  |  |  |  |  |  |  |
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| **Duration** | | | **Time** | | | **Topic** | | **Faculty** | |
| 7:15 am | | | | | **Poster Setup** | | | | |
| 7:30 – 8:30 am | | | | | **Registration, Breakfast, Networking, Posters** | | | | |
|  | **GENERAL SESSION** | | | | | | | | |
| 8:30 – 8:40 am | | | | | **Welcome Remarks and Introduction** | | ***Kenneth Williams, DO, MBA***  ***Renu Mittal, MD*** | | |
| 8:40 – 9:25 am | | | | | **Top 10 Difficult Conversations in Primary Care Office** | | ***Ray Nanda, MD*** | | |
| 9:25 – 9:40 am | | | | | **Open Q&A** | |  | | |
| 9:40 – 9:50 am | | | | | **Break, Move to Concurrent Sessions** | | | | |
|  | **AM Breakout Track A (Lifestyle Medicine)** | | | | | | | | |
| 9:50 – 10:25 am | | | | | “Give Me a Place to Stand and I Can Move the Earth”: ***Simple tips on how to leverage Center for Healthy Living patient education resources to get home earlier everyday*** | | ***Ray Nanda, MD*** | | |
| 10:25 – 10:50 am | | | | | **Tabletop Discussion / Open Q&A** | |  | | |
| 10:50 – 11:25 am | | | | | **Exercise is Medicine: Connecting Fitness with Healthcare** | | ***Robert Sallis, MD, FAAFP*** | | |
| 11:25 – 11:50 am | | | | | **Tabletop discussion, Open Q&A** | |  | | |
|  | **AM Breakout Track B (Psychosocial – Pediatric and Adolescent)** | | | | | | | | |
| 9:50 – 10:25 am | | | | | Social Issues in Children & Adolescents – Bullies, Guns, and Screens | | ***Kevin Guber, MD*** | | |
| 10:25 – 10:50 am | | | | | **Tabletop Discussion / Open Q&A** | |  | | |
| 10:50 – 11:25 am | | | | | **Anxiety, Depression, and Suicide in Adolescent Patients** | | ***Neel Doshi, MD*** | | |
| 11:25 – 11:50 am | | | | | **Tabletop Discussion / Open Q&A** | |  | | |
| 11:50am-1:20 pm | | | | | **Lunch, Family Physician of the Year Awards and Posters** | | | | |
| 1:20 -1:30 pm | | | | | **Move to concurrent sessions** | | | | |
|  | **PM Breakout Track A (Primary Care Workup Challenges)** | | | | | | | | |
| 1:30 – 2:05 pm | | | | | Mens Health: *“Oh Doctor, By The Way…”* | | ***Amanda Chi, MD*** | | |
| 2:05 – 2:30 pm | | | | | **Table­top Discussion / Open Q&A** | |  | | |
| 2:30 – 3:05 pm | | | | | **Womens Health** | | ***Adrianna Barrett, MD*** | | |
| 3:05 – 3:30 pm | | | | | **Table­top Discussion / Open Q&A** | |  | | |
|  | | **PM Breakout Track B (Workshops)** | | | | | | | |
| 1:30 – 2:15 pm | | | | X-Ray Interpretation Jeopardy | | | ***Elliot Azizollahi, MD*** | |
| 2:15 – 3:30 pm | | | | Joint Injections Workshop  **Maximum limit #72pp**. **Participants may choose 2 of the 4 below)**   1. Knee 2. Shoulder 3. Elbow 4. Wrist and Hand | | | ***Evan Bass, MD***  ***Andrew Sierra, MD***  ***Aaron Rubin, MD***  ***Edward Chiang, MD***  ***Erik Salib, DO***  ***LaTonya White, MD***  ***Marissa Vasquez, MD***  ***Mike Fong, MD***  ***Thad Woodward, MD*** | |
| 3:30 – 3:45 pm | | | | **Break, move to general session** | | | | |
|  | | **GENERAL SESSION** | | | | | | | |
| 3:45 – 4:30 pm | | | | Nutrition: A Scientific Approach to Healthy Eating | | | ***Sean Hashmi, MD*** | |
| 4:30 – 4:45 pm | | | | **Open Q&A** | | |  | |
| 4:45 pm | | | | **Symposium Day One Adjourn** | | | | |
| 4:45 – 5:15 pm | | | | **Poster Q&A Session** *(No CME)* | | | | |
| 5:15 – 6:30 pm | | | | **Networking Social Hour** *(on your own)* | | | | |

**Saturday, October 20, 2018**

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| **CME** | **Time** | | **Topic** | **Faculty** | |
| 7:30 – 8:30 am | | **Registration, Breakfast, Networking** | | | |
|  | **GENERAL SESSION** | | | | |
| 8:30 – 8:35 am | | **Welcome back** | | | ***Kenneth Williams, DO, MBA***  ***Renu Mittal, MD*** |
| 8:35 – 9:10 am | | Empowering Patients in Addressing Their Pain | | | ***Tim Munzing, MD*** |
| 9:10 – 9:30 am | | **Tabletop Discussion / Open Q&A** | | |  |
| 9:30 – 9:40 am | | **Break, Move to Concurrent Sessions** | | | |
|  | **AM Breakout Track A (Psychosocial)** | | | | |
| 9:40 – 10:15 am | | When Lifesavers Need a Life Saver | | | ***Sarah Simmons, MD*** |
| 10:15 – 10:40 am | | **Tabletop Discussion / Open Q&A** | | |  |
| 10:40 – 11:15 am | | **Confused Elderly Patient** | | | ***Derek Hauser, MD*** |
| 11:15 – 11:40 am | | **Tabletop Discussion / Open Q&A** | | |  |
|  | **AM Breakout Track B (Injuries and Pain Management)** | | | | |
| 9:40 – 10:15 am | | Youth Sports Injuries – Red Flags When Patients May Not Be Cleared for Return to Play | | | ***Evan Bass, MD*** |
| 10:15 – 10:40 am | | **Tabletop Discussion / Open Q&A** | | |  |
| 10:40 – 11:15 am | | Integrative Medicine Approaches to Pain Management | | | ***Brian-Linh Nguyen, MD*** |
| 11:15 – 11:40 am | | **Tabletop Discussion / Open Q&A** | | | ***Brian-Linh Nguyen, MD***  ***Kenneth Williams, DO, MBA*** |
|  | **AM Breakout Track C (Efficiencies Workshop)** | | | | |
| 9:40 – 11:40 am | | HealthConnect Refresher | | | ***Gregory Saccone, MD***  ***Mark Eastman, MD***  ***Michael Mikus, MD*** |
| 11:40 – 11:50 am | | **Break, Move to General Session** | | | |  |
|  | **GENERAL SESSION** | | | | |  |  |
| 11:50 – 12:05 pm | | Regional Physician of the Year Award | | |  |
| 12:05 – 12:35 pm | | Practical HOT TOPICS in Family Medicine | | | **SCPMG Presenter TBA** |
| 12:35 – 12:40 pm | | **Open Q&A** | | |  |
| 12:40 pm | | **Symposium Wrap-up and Adjournment** | | | |
| 12:45 – 1:15 pm | | **Lunch for ABFM Participants ONLY** | | | |
|  | **ABFM Knowledge SELF-ASSESSMENT MODULE** | | | | |
| 1:30 – 4:45 pm | | **ABFM Maintenance of Certification Knowledge Self-Assessment (KSA) Module – Care of the Vulnerable Elderly** | | | ***Tim Munzing, MD***  ***Kenneth Williams, DO, MBA*** |