

Alliance Caregiver Core Training Competencies

Caregiver Core Training (8 sessions/24 total hours)

Link to Course Offering: <http://www.alliancecatalog.org/node/641/course-signup>

Competencies covered in Session 1;

CCW101-01 Awareness of the foster care system, including but not limited to, the primary goals of Child Welfare Services and the Indian Child Welfare Act.

CCW101-02 Awareness of a child's journey through care based on legal/judicial processes and Child Welfare agency policies and procedures.

CCW101-03 Awareness of the process and procedures for investigating allegations about foster care rule violations or maltreatment of children in foster care (DLR-CPS).

CCW101-04 Awareness of the laws that define Child Abuse/Neglect.

CCW101-05 Awareness of how and when to report critical incidents to Children's Administration and/or seek emergency assistance through 911 if a child is injured, seriously ill, or in danger etc.

CCW102-04 Awareness of the primary goals of child welfare services, and the types of services that can help abused and neglected children and their families.

CCW103-02 Awareness that reunification is the primary goal of Child Welfare Services.

CCW103-04 Awareness that adoption may become an option for the caregiving family.

CFAM131-04 Awareness of the risk factors that may contribute to Child Abuse/Neglect.

Competencies covered in Session 2;

CCW102-01 Awareness of the individuals' roles on the child welfare team: Caregiver; Social Worker; agency staff; CPA staff; CASA/GAL; attorneys; and judge.

CCW102-02 Awareness of the need for effective communication and engagement with the child welfare team.

CCW102-05 Awareness of the need to support the case plan regardless of Caregiver's own feelings and perceptions.

CCW104-01 Awareness of how/when to obtain assessments, treatment, and services for children in care including services related to health, mental health, developmental delays, and other issues.

CCW104-02 Awareness of the need for supporting children in their regular school settings: opportunities for involvement in school activities; awareness of special education services and accommodations.

Competencies covered in Session 3;

CCW102-03 Awareness of the importance of being involved and involving biological families, in case planning and working towards reunification.

CCW103-02 Awareness that reunification is the primary goal of Child Welfare Services.

CFAM135-02 Awareness of the importance of preparing a child for placement transitions.

CFAM136-01 Awareness of the need to interact with children and their families in a culturally responsive and appropriate way.

CFAM137-01 Awareness of the importance of children's relationships with families, including the importance of fathers as parents.

CFAM137-02 Awareness of caregiver's role in visitation to be positive and supportive of child's family contact; making the child available for visits.

CSELF181-02 Awareness of the need to not interfere with the permanency plan for a child.

Competencies covered in Session 4;

CFAM134-01 Awareness of the need to encourage everyone in the home be respectful; provides appropriate nurturing and empathy to children.

CFAM136-01 Awareness of the need to interact with children and their families in a culturally responsive and appropriate way.

CFAM136-02 Awareness of the importance of helping children resolve issues related to race, ethnicity and culture.

CFAM136-03 Awareness of the mandate to keep Indian children connected with their cultural heritage and tribes.

CFAM136-04 Awareness of the need to seek deeper knowledge and develop skills for interacting with families from diverse cultures.

CFAM136-05 Awareness of the key issues faced by refugees or immigrants.

CFAM139-14 Awareness that some children may question their sexual identity and that some may be gay lesbian, bisexual or transgendered.

Competencies covered in Session 5;

CFAM131-01 Awareness of child and human development across all developmental domains.

CFAM131-02 Awareness that early childhood is a critical window for brain development.

CFAM131-03 Awareness of the effects of poverty, trauma, and maltreatment on development and how children in care, due to genetic factors, may also be at elevated risks of developing health, mental health and/or developmental concerns.

CFAM132-01 Awareness of the child's need to heal from physical and emotional trauma.

CFAM133-01 Awareness of the dynamics of brain development, relationships and attachments.

CFAM133-02 Awareness that children in out-of-home care may be affected by attachment issues and disorders.

CFAM133-03 Awareness that separation and placement affects early brain development, relationships and attachments.

CFAM133-04 Awareness that relationships with trustworthy, consistent caregivers will have a positive effect of the development of the child's brain.

CFAM133-05 Awareness that separation, grief, and loss is experienced by children, families, caregivers, and social workers.

CFAM134-10 Awareness of the potential influences/triggers on a child's behavior including: developmental challenges, behavioral emotional challenges, past abuse, neglect, separation, and placement.

CFAM139-01 Awareness that a child entering care may have special needs: illness or medical condition; developmental delays; emotional and/or behavioral issues; may be medically fragile.

CFAM139-04 Awareness of the possible effects of prenatal drug exposure.

CFAM139-05 Awareness that Fetal Alcohol Spectrum Disorder may impact development.

Competencies covered in Session 6;

- CFAM133-06 Awareness of the need to help children adjust to caregiver's home.
- CFAM134-02 Awareness of the need to provide structure and predictability for a child who has been maltreated.
- CFAM134-03 Awareness of the goals of behavior management and appropriate discipline techniques.
- CFAM134-04 Awareness of behavioral expectations appropriate for the age, capability and cultural background of each child; the importance of setting limits for children; the state law and policy prohibiting corporal punishment by foster parents.
- CFAM134-10 Awareness of the potential influences/triggers on a child's behavior including: developmental challenges, behavioral emotional challenges, past abuse, neglect, separation, and placement.
- CFAM139-07 Awareness that children in care may have strong emotions including anger and rage.
- CFAM139-08 Awareness that mental health issues may be present in children in out-of-home care.
- CFAM139-15 Awareness that children placed in care may not possess age appropriate life skills.

Competencies covered in Session 7;

- CCW104-03 Awareness that children placed with a caregiver may disclose new information related to CA/N not known to social worker.
- CFAM134-02 Awareness of the need to provide structure and predictability for a child who has been maltreated.
- CFAM134-03 Awareness of the goals of behavior management and appropriate discipline techniques.
- CFAM134-07 Awareness of the importance of supervision of children in the caregiving home.
- CFAM134-09 Awareness of how to manage crisis/severe behavior problems in the home: aware of agency policy on physical restraint of children in care; aware of actions to take when children are out of control.

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Competencies covered in Session 8;

- CCW103-01 Awareness of the benefits and limitations of different permanency outcomes.
- CFAM135-01 Awareness of how foster or kinship caregiving can affect caregiving families.

CFAM138-01 Awareness of how adoption may affect the caregiving family: aware of the differences between caregiving and adoptive parenting, transition issues, and common emotional reactions in adoptive families.

CSELF181-01 Awareness of the importance of receiving all relevant placement information.

CSELF181-03 Awareness of the impact of caregiving on the self, marriage, other adult relationships, permanent children and the family as a whole.

CSELF181-04 Awareness of the ongoing stresses related to caregiving.

CSELF182-01 Awareness of how to access formal support groups and resources (foster and kinship care support groups, parenting resources, Kinship navigators etc.) as needed.

CSELF182-02 Aware of the importance of developing and managing supportive relationships and support systems.

CSELF183-01 Awareness of caregiver's own emotional cues.

CSELF183-02 Awareness that caregiver's own history of trauma, grief and loss may trigger strong emotions in caregivers.