



**Hepatitis**  
NSW



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**EMPOWERING CONSCIOUS HEALTH  
CONSUMERS IN AN CHANGING TREATMENT  
LANDSCAPE**

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# RE-ENGAGING PEOPLE LIVING WITH HEP C LONG-TERM



- Many people living with hep C have avoided interferon-based treatment or treatment has been unsuccessful
- Increasingly visible and open to engagement with emergence of new treatment
- Growing health complications from long-term hepatitis C infection

# HEPATITIS NSW'S LIVING WELL PROGRAM



- Free course for PLWHCV
- Peer-facilitation key to engagement
- Fostering self-management in participants
- Symptom management complimented by getting the most of the health system
- Incorporate Living Well program into AOD rehab and homeless transitional programs

# EMPOWERING CONSCIOUS HEALTH CONSUMERS



- More informed and active consumers of the health system
- Benefits to both the health consumer and the health system
- Ownership of their health and hepatitis
- “The experts on living with hepatitis C are those living with hepatitis C.”