



NSW Rural Health & Research Congress

What does a multidisciplinary allied health approach look like to a drug and alcohol patient

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Health

Past recovery experiences

- Short stay detox
- Long term rehabilitation programs
- Abstinent 12 step programs
- Key staff – drug and alcohol workers and nurses
- No comprehensive allied health approach

What is a multidisciplinary approach

- Multidisciplinary care is a collaborative approach to treatment planning and ongoing care throughout the treatment pathway
- Multidisciplinary care aims to ensure that members of the IDAT treating team can discuss all relevant aspects of the patient's physical and psychosocial needs along with other factors impacting upon the patient's care

What is IDAT all about

- ACT 1912 repealed very few changes in 100 years
- September 4th 2012 Involuntary Drug and Alcohol Treatment ACT 2007 ratified and 2 Units opened
- Herbert Street Clinic, RNS Sydney – 4 Beds
- Lachlan Unit, OHS Bloomfield Campus – 8 Beds

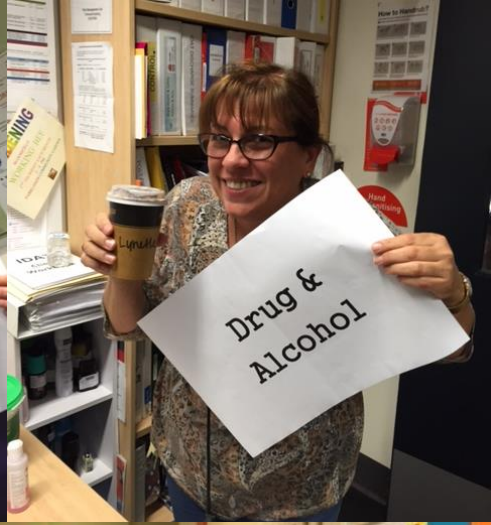
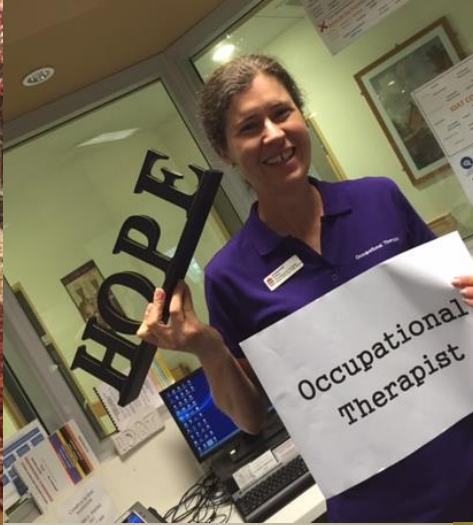
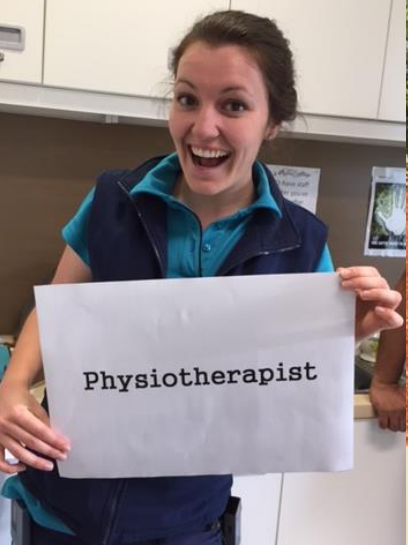


Who are our patients

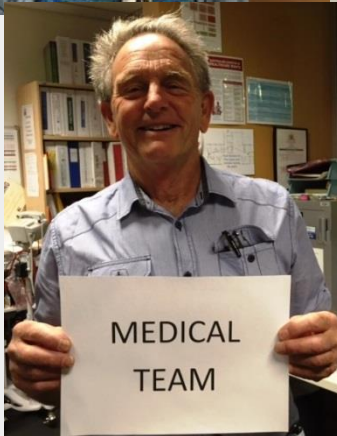
- A person MUST meet ALL of the following criteria to be suitable for involuntary admission:
 - The person has a severe substance dependence
 - Care, treatment or control of the person is necessary to protect the person from serious harm
 - The person is likely to benefit from the treatment for his or her substance dependence but has refused treatment
 - No other appropriate and less restrictive means for dealing with the person are reasonable available

Aims of the Program

- Provide a short term intervention to remove the patient from immediate danger
- Allow the patient an opportunity to withdraw from alcohol and other drugs in a safe environment
- Allow the opportunities for the patient to stabilise and rebuild physical and mental health
- Enable the patient to address physical, mental and neurological issues



Let's meet the incredible team



What does your role look like in the team



What does your role look like in the team



What does your role look like in the team



What does your role look like in the team



What does your role look like in the team



What does IDAT look like to the team

- Involuntary program
- Complete medical assessment and treatment
- Comprehensive allied health assessments
- Feedback on assessment outcomes
- Provide them with recommendations
- Support and community treatment plan
- 6 month follow up once in community

Stories from our patients

- 'Not happy with the process in getting in here'
- 'Not used to the control'
- 'I don't comprehend the assessments'
- 'I get lots of support here with outings like going to the bank, buying clothes'
- 'Refreshing approach and beneficial. Having been in other rehabs you don't get access to these staff members'
- 'It have given me some breathing space'

What are the benefits of a multidisciplinary team

- Structured intervention by all disciplines expected
- Comprehensive weekly case review including all team members
- Global care plan looking at the 7 domains of life
- Structured group program including all disciplines
- Individual sessions and assessments by all disciplines
- A formal written assessment provided to community teams

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