



Write out some words of wisdom, song lyrics, or random thoughts about good quality bagels. Anything that inspires you!





CHISEL. DAB. DIG. DRAW. HAMMER. MASH. MOLD. PLAY. PLY. SCULPT...

Use your hands for anything physical (*keep it clean kids*) that involves anything other than moving a mouse around. Get dirty. (*I said keep it clean!*) Work with your hands and strain your muscles. (*OK*, this is getting ridiculous)

Negative thoughts and writing simply breeds more negativity. Turn all that frustration into something positive! When was the last time you went online and complimented someone else's work? It's easy to criticize, but what good does it do? Open dialogues and constructive feedback are the key elements to good design. Start a conversation at lunch with someone about anything you feel strongly about, but keep the mood light and positive. Make some notes and apply that positive energy into your future designs.



Start a Sketch. Pass it on to another person to add to it. Go back and forth until you hit a wall. Leave it for a while and start up again with someone new.

Links of Interest:

https://www.facebook.com/photos.php?id=108605392462

https://www.facebook.com/Fubiz/

http://www.gestalten.com

http://www.youtube.com/watch?v=HSKyHmjyrkA