



DOIN 'IT' RIGHT!

An adaptable culturally appropriate resource for working with Aboriginal young people around sexual and reproductive health.

ABOUT

The Aboriginal Health & Medical Research Council of New South Wales (AH&MRC) developed the DOIN 'IT' RIGHT! Resource in partnership with NSW Aboriginal Community Controlled Health Services (ACCHSs) in 2015. The resource was:

- Guided by the Aboriginal Sexual and Reproductive Health Advisory Committee
- Adapted from the Yfoundations One2One Resource
- Designed to be used by workers who work with Aboriginal young people

148 hard copies of the resource have been distributed to 112 services nationally.

ACTIVITIES

The resource includes step by step instructions on running sexual reproductive health activities. The activities:

- are designed to empower Aboriginal young people to make positive and informed choices regarding their sexual health
- are aimed at Aboriginal young people 12-19 years old and are fun, engaging & hands on
- include 'cheat' information sheets to make it easy for any worker to use the resource
- cover a wide range of topics: relationships, sex, our bodies, STIs, values, self esteem, drug & alcohol, decision making and more.

TRAINING

DOIN 'IT' RIGHT! Training has been delivered to NSW ACCHSs and other services who work with Aboriginal young people.

- 79 participants, from 34 services, have undertaken DOIN 'IT' RIGHT! Training facilitated by the AH&MRC
- 97% of participants felt the training helped build their confidence and knowledge to run sexual health education with young Aboriginal people

GET IT!

You can access the DOIN 'IT' RIGHT Resource for Free from the AH&MRC Website:

www.ahmrc.org.au

For more information or to order a hard copy of the resource please contact:

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