

Before starting an antipsychotic medication:

1. Review

- Pain
- Constipation
- Side effects of other medications
- Intake weight
- Blood work and urine checked by Medical Doctor or Nurse Practitioner
- Significant change in quality of life
- Query changes in overall function and wellbeing
- Depression
- Social work involvement

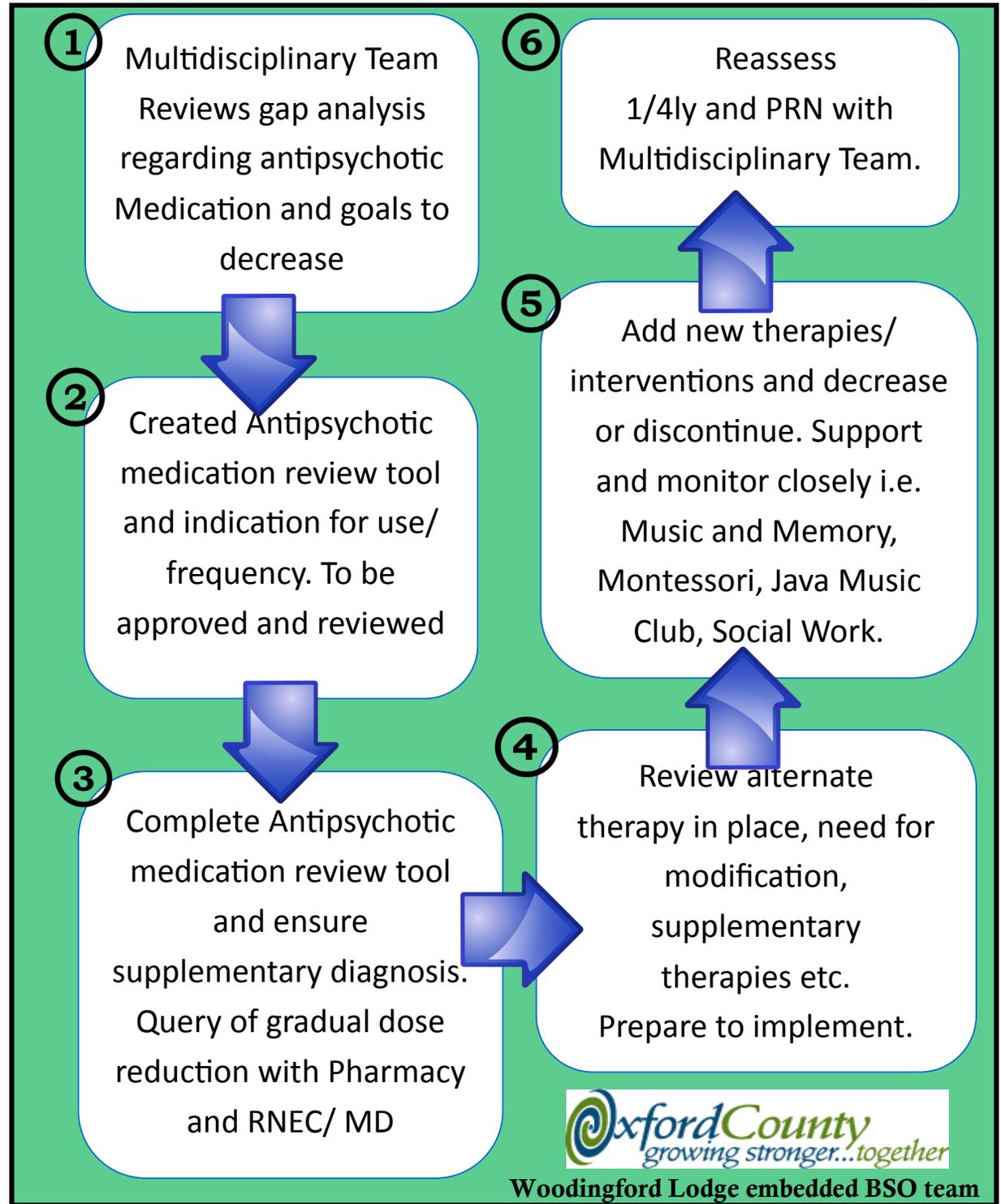
2. Trial activities of meaning

- Montessori based activities
- Java Music Club
- Physio/ Occupational Therapy
- Music and Memory (See reverse for Process map for program)
- Art therapy
- Meet with family, review history and goals.

3. Indication for use and time frame

- Meet with family.

Antipsychotic Review Tool Process Map



Music and Memory Implementation Process

Preparing the Program.

- ◆ Purchase the program from Musicandmemory.org!
- ◆ Create interdisciplinary committee.
- ◆ Complete Educational webinar from Music and Memory
- ◆ Purchase iPods, and laptop and create music library on iTunes
- ◆ Specify a designated location in resident home area for storage, insuring infection control practices. Assign personalized tote for iPod and headset as well as USB charging station.
- ◆ Create modified pain tool for assessment of mood.
- ◆ Create binder accessible to sign out and in devices for each application on each home area.



Setting up a personalized iPod for resident use.

- Identify resident to be apart of program
- Provide family members with questionnaire, to create personalized play list, and survey to gain understanding of resident and family knowledge of music and memory program.
- Downloaded music for iPod.



Program Evaluation.



- Complete Initial baseline data including Geriatric Depression Rating scale (GDS) and Cornell scale for depression and dementia were completed for each individual as well as baseline RAI MDS data.
- Quarterly reviewed changes in GDS and Cornell scores.
- Total number of applications of music for each resident is tracked quarterly. Also tracked is the ratings of the faces of mood to see if applications were successful, not successful or no change.

Create a community of support.

- ◆ Advertise for volunteers and donations. Recruit high school and placement students for assistance.
- ◆ Access community volunteer networks
- ◆ Have fun with fundraising and awareness (e.g.. Tee shirt campaign)
- ◆ Screen “ Alive Inside” Documentary



Woodingford Lodge embedded BSO team