



2013 European Conference

7 - 10 April, 2013

Edinburgh, Scotland

Making Relationships Work



Local Information and Restaurant Recommendations

Out and about in Edinburgh

We hope you enjoy your visit to Edinburgh as much as we enjoy living and working in this fantastic city. For those of you who may spend a little time up in Auld Reekie, here are a few tips about the city which you may find useful:

- Key sights in the city include: The Walter Scott Memorial, Holyrood Palace, any of the four National Galleries, Edinburgh Castle, Princes Street Gardens, Calton Hill, amongst many. There are a number of bus tours and walking tours you could take, but just pottering around by foot, especially through the lanes and wynds of the Old Town, is often the best way to see the city.
- There are plenty of green, open spaces if you fancy a break away from the city - and all within minutes from the hustle and bustle! Princes Street Gardens, Inverleith Park, the Botanic Gardens, The Meadows, Bruntsfield Links and Holyrood Park. Not forgetting a quick hike up to the top of Arthur's Seat for spectacular views across the city and the Forth.
- The city is replete with fantastic eateries and bars. For an easy guide on places to go whilst you are here, take a look at **The List**. We have also included a list of particular favourites for you to choose from
- For anyone who is a Harry Potter fan, a trip to The Elephant House cafe on George IV Bridge is a must - the place where J K Rowling penned the first Harry Potter! You also get fantastic views of the castle from this café. Just down the road is a pub, Greyfriar's Bobby, and the eponymous statue in honour of the terrier himself (made famous by Disney).
- Plenty more information on the city and surrounds can be found at the **Edinburgh Tourist Info site**, at **Visit Scotland** or of course at **The Lonely Planet site**.

On the Tuesday evening, our main entertainment will be a dinner followed by a ceilidh dance (traditional Scottish dancing). For any of our gentlemen attendees who have always longed to don a kilt, there are plenty of local kilt hire shops, for example <http://www.slaters.co.uk/highland-dress> or <http://www.thekiltstore.com/hire/>.

Some of you travelling from afar may be taking an extra day or two of vacation in order to explore the rest of Scotland. The **Visit Scotland** site has lots of information on the different areas of the country and what you may want to do. Close to home are the beautiful Scottish Borders, where you can visit places like **Rosslyn Chapel** or **Melrose Abbey**. Golf-lovers may want to make the trip over the Forth Rail or Road Bridge up to **St Andrews**, which is only about an hour away from Edinburgh. **Loch Lomond and The Trossachs National Park** is spectacular, and can also be visited either as a day trip, or for a longer stay. If you plan on staying longer, a trip into the Highlands, or even to one or several of the many islands along the West Coast, would be time very well spent. And of course, for those of you who enjoy the finer things in life, in particular Scotland's famous 'Water of Life', whisky, there are plenty of distilleries to visit and **whisky tours** that you can join.

Restaurant Recommendations:

Shilla, Korean food, 13B Dundas Street, a local tip from a UEBS colleague

<http://www.list.co.uk/place/103442-shilla/>

Average £17

Howies, Scottish food, 10–14 Victoria Street, part of a small Scottish chain, reliably good Scottish fare

<http://www.list.co.uk/place/100966-howies-victoria-street/>

Average £18 (shut on a Monday but in case you are in town for longer)

The Honours, bistro / brasserie, 58a North Castle Street, this is the bistro offering of Michelin starred chef Martin Wishart

<http://www.list.co.uk/place/30050-the-honours/>

Average £26 (shut on a Monday but in case you are in town for longer)

Chaophraya, Thai, 33 Castle Street. A newcomer on the Thai dining scene, getting rave reviews, with wonderful views towards the Castle.

<http://www.list.co.uk/place/49951-chaophraya/>

Average £22

Henderson's, Vegetarian, 94 Hanover Street, for those in search of a meat-free alternative!

<http://www.list.co.uk/place/21009-hendersons-vegetarian-restaurant/>

Average £15

Passorn, Thai, 23 Brougham Place, one of the organising committee's favourite restaurants!

<http://www.list.co.uk/place/103712-passorn/>

Average £20

Mithas, fine dining Indian, 7 Dock Place, in Leith, but worth the cab ride, serving first class Indian food, a la carte or as a tasting menu. BYO.

<http://www.list.co.uk/place/103712-passorn/>

From £30

David Bann, vegetarian, 56 St Mary's Street, delicious modern twist on vegetarian food, not a nut-loaf in sight!

<http://www.list.co.uk/place/101247-david-bann/>

Average £17

The Witchery, Scottish / Fine Dining, Castlehill, really quite a special place, if a bit pricy, given the location and ambience

<http://www.list.co.uk/place/100292-the-witchery-by-the-castle/>

Average £40

First Coast, Scottish / Bistro, 97 Dalry Road, a bit off the beaten track near Haymarket Station but well worth the trip, serving Scottish food with a twist

<http://www.list.co.uk/place/101921-first-coast/>

Average £18

Timber Yard, Scottish / Bistro, 10 Lady Lawson Street, described by The Herald's Joanna Blythman as 'one of the most original and pleasant restaurant spaces in the land'

<http://www.list.co.uk/place/43213-timberyard/>

Average £23.50 (shut on a Monday but in case you are in town for longer)

The Gardeners Cottage, Scottish, Royal Terrace Gardens, communal dining, focusing on local and sustainable produce. Let them know if there's anything you can't eat in advance, as the menu is set in advance. It's easier to find from London Road rather than Royal Terrace

<http://www.list.co.uk/place/43208-the-gardeners-cottage/>

Set menu £25

Earthy Canonmills, Scottish / Café, 1-6 Canonmills Bridge, the newest offering from Earthy, which focuses on wholesome organic fare. Oh, and one of the organising team knows the chef's mum and can vouch for the quality of his food!

<http://www.list.co.uk/place/43216-earthy-canonmills/>

Average £20

Ondine, Fish and Seafood, 2 George IV Bridge, reputed to be one of the best places to eat fish and seafood in town

<http://www.list.co.uk/place/103614-ondine/>

Average £30

Centotre, Italian, 103 George Street, very well reputed Italian in the New Town – can be followed up with drinks in one of the many bars on George Street

<http://www.list.co.uk/place/19765-centotre/>

Average £21

Dusit, 29 Thistle Street, Thai, reputedly one of the best Thais in the city

<http://www.list.co.uk/place/101265-dusit/>

Average £20

Kanpai, Japanese / Sushi, 8 – 10 Grindlay Street, new to the Edinburgh scene, beautiful sushi

<http://www.list.co.uk/place/31084-kanpai/>

Average £20 (shut on a Monday but in case you are in town for longer)

Koyama, Japanese, 20 Forrest Road, just around the corner from the Business School, great noodles and bento box dishes.

<http://www.list.co.uk/place/30992-koyama/>

Average £17

Mother India's Café, Indian, 3-5 Infirmary Street, tapas style Indian food, originally a Glasgow institution but now also in Edinburgh, and very welcome it is too!

<http://www.list.co.uk/place/103306-mother-indias-cafe/>

Average £15

La Garrigue, French, 31 Jeffrey Street, one of the best French bistros in town

<http://www.list.co.uk/place/26852-la-garrigue/>

Average £25

El Quijote, Spanish, 31 Brougham Street, delicious tapas and a very good sherry – quite small though, so only good for small groups

<http://www.list.co.uk/place/29203-el-quijote/>

Average £15 (shut on a Monday but in case you are in town for longer)

Spoon Bistro, Bistro, 6a Nicholson Street, 'cool-kitsch-retro-chic' café bistro with good selection of food from morning till night!

<http://www.list.co.uk/place/103620-spoon-cafe-bistro/>

Average £18

Kim's Korean Meals, Korean, 5 Buccleuch Street, tiny wee place, you can't book, authentic vibe, but for a small party you may be able to get a table

<http://www.list.co.uk/place/29455-kims-korean-meals/>

Average £13.50

Stac Polly, Scottish, 38 St Mary's Street, in the heart of the Edinburgh Old Town, a bit of an Edinburgh institution.

<http://www.list.co.uk/place/102900-stac-polly-bistro/>

Set menu £21.95

Cafes, Pubs and Bars near the Business School

The Elephant House, Café, 21 George IV Bridge. Really just including for anyone with an obsession with Harry Potter – this is where JK Rowling penned the first book, and if you sit in one of the windows overlooking the Castle, you will see in that adoring fans have left her notes on napkins!

<http://www.list.co.uk/place/20451-the-elephant-house/>

Under The Stairs, 3a Merchant Street. Fabulous cocktails, quirky décor and atmosphere. Serves great food too.

<http://www.list.co.uk/place/26566-under-the-stairs/>

Divino Enoteca, 5 Merchant Street. Huge selection of wine by the glass – and you are greeted by a huge parmesan cheese!

<http://www.list.co.uk/place/104038-divino-enoteca/>

Peter's Yard, 27 Simpson Loan (Quatermile). Quite simply the best cardamom bun you will find in Edinburgh, and voted best coffee in town, admittedly by the University's Swedish Society!

<http://www.list.co.uk/place/25150-peters-yard/>

The Jolly Judge, 7 James Court (off the Royal Mile), hidden away pub, serving good beer.

<http://www.list.co.uk/place/11756-the-jolly-judge/>

Whiski Rooms, 4-7 North Bank Street. Very good selection of whiskys for those that want to sample Scotland's finest produce!

<http://www.list.co.uk/place/22180-whiski/>

The Bow Bar, traditional pub, 80 West Bow (bottom of Victoria Street)

<http://www.list.co.uk/place/22427-the-bow-bar/>

Brew Lab, 6-8 South College Street. Serving artisan coffee, go disguised as a student.

<http://www.list.co.uk/place/46644-brew-lab/>

Anywhere along George Street you can find a number of quite high end bars – places where people go to be seen! These include Opal Lounge, Candy Bar, Tigerlily and Le Monde.