



DAY ONE: Wednesday 9 November 2016

8.00am – 12.15pm	PRE CONGRESS WORKSHOP REGISTRATIONS OPEN LEVEL 5, TWIN TOWNS CLUBS & RESORTS, WHARF STREET, TWEED HEADS
9.00am – 12.15pm <i>Morning Tea</i> 10.30am – 10.45am	RIVER ROOM: TO TEACH OR NOT TO TEACH Led by Jan Dent, Leadership and Management facilitator and coach, Health Education and Training Institute (HETI), Sharon Taylor, Aboriginal Health Educator, Training & Support Unit for Aboriginal Mothers, Babies and Children, HETI and Dr Emma Webster, Senior Lecturer Rural Research, School of Rural Health, The University of Sydney.
9.00am – 12.15pm <i>Morning Tea</i> 10.30am – 10.45am	BORDER ROOM: WRITING FOR PUBLICATION Facilitated by Professor David Perkins, Professor of Rural Health Research and Director, Centre for Rural and Remote Mental Health, University of Newcastle.
9.00am – 12.15pm <i>Morning Tea</i> 10.30am – 10.45am	BAY ROOM: WORKING WITH ABORIGINAL COMMUNITIES TO IMPROVE RURAL HEALTH Working with Aboriginal communities to improve rural health - Co-facilitated by Dr Shawn Wilson, Director of Research, Gnibi College of Indigenous Australian Peoples, Southern Cross University, Ms Darlene Rotumah, Aboriginal Programs Officer, University Centre for Rural Health, Lismore and Emma Walke, Bundjalung Woman, Academic Lead for Aboriginal Health, The University of Sydney, University Centre for Rural Health, Lismore, Southern Cross University. For researchers and clinicians who wish to engage more effectively with Aboriginal people and communities.
From 12.00pm	CONGRESS REGISTRATIONS OPEN LEVEL 5, TWIN TOWNS CLUBS & RESORTS, WHARF STREET, TWEED HEADS
1.00pm – 2.00pm	MASTER OF CEREMONIES <i>Associate Professor Gabriel Shannon AM</i> WELCOME TO COUNTRY <i>Uncle Victor Slockee from the Bundjalung Nation</i> <i>Joongurra Jarjums Aboriginal Dancers</i> WELCOME ON BEHALF OF NORTHERN NSW LOCAL HEALTH DISTRICT <i>Mr Wayne Jones, Chief Executive, NNSW LHD</i> OPENING ADDRESS <i>Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute</i>
2.00pm – 2.40pm	KEYNOTE: PLUGGIN' THE HOLES <i>Kelly Foran, CEO, Friendly Faces Helping Hands Foundation</i> Kelly Foran is founder and CEO of the Friendly Faces Helping Hands Foundation which in five years has assisted 60,000 rural people to link with hospitals, health facilities and services to help and support them through their health journeys. For several years from 2002 Kelly and her young son endured a harrowing list of illnesses which saw her family leaving their home in rural New South Wales and spending large amounts of time in hospitals in Sydney and Brisbane. Kelly's presentation will make you laugh, make you cry and inspire you to give a little more, try a little harder and smile.....

2.40pm – 3.10pm	AFTERNOON TEA TRADE DISPLAYS AND POSTER EXHIBITION
3.10pm – 3.50pm	KEYNOTE: THE TRIALS AND TRIBULATIONS OF TRANSLATING EVIDENCE INTO PRACTICE <i>Professor Tim Shaw, Director, Research in Implementation Science and eHealth Group (RISe)</i> There is plenty of evidence that research findings are not translated into routine practice and when they are this takes on average 18 years to complete. This presentation will review the science behind translational research and its application in the rural setting. It will use case studies to highlight key issues and challenges and how to overcome them. <i>Sponsored by the Australian Rural Health Research Collaboration</i>  <i>From the outback to the coast – healthy rural communities</i>
3.50pm – 4.50pm	HEALTHPLAY: OUT OF THE BLUE <i>written by Stig Wemyss, produced by Margot Knight and Alan Hopgood, Bay Street Productions</i> Four men gather in a hotel bar to pay tribute to a mate they've lost to suicide. 'Out of the Blue' is about suicide in a small country town and the process friends go through to talk about it in their local sporting club. This moving and at times humorous production explores a difficult issue faced by many rural communities.
4.50pm – 5.00pm	SUMMATION OF DAY ONE <i>Associate Professor Gabriel Shannon AM</i>
5.00pm – 6.30pm	2016 RURAL HEALTH AND RESEARCH CONGRESS OFFICIAL OPENING
5.15pm	WELCOME RECEPTION SPONSOR <i>Dr Vahid Saberi, Chief Executive, North Coast Primary Health Network</i>
5.20pm	OFFICIAL CONGRESS OPENING <i>Ms Elizabeth Koff, Secretary of Health</i>
	Venue: Visions Room, Mantra Twin Towns Address: Ground Level, Corner of Griffith & Wharf Streets Dress Code: Smart Casual  <i>Sponsored by the North Coast Primary Health Network</i>

DAY TWO: Thursday 10 November 2016

8.00am – 8.50am	ALSi PRODUCT SIMULATION WORKSHOP LEVEL 3, RIVER ROOM, TWIN TOWNS CLUBS & RESORT Our major Congress sponsor iSimulate will be conducting a free workshop showcasing their flagship simulation system ALSi, assisting rural educators to deliver medical simulation as never before. The workshop will explore the use of ALSi to create scenarios using images, videos and sounds to their full potential, increasing the realism of your simulations and scenario debriefing
From 8.00am	CONGRESS REGISTRATIONS OPEN LEVEL 5, TWIN TOWNS CLUBS & RESORTS, WHARF STREET, TWEED HEADS
8.50am – 9.00am	WELCOME & OPENING OF DAY TWO <i>Associate Professor Gabriel Shannon AM</i>
9.00am – 9.40am	KEYNOTE: INNOVATION IS A STATE OF MIND <i>James O'Loghlin, host of ABC TV's 'New Inventors' program, author, comedian and corporate and criminal lawyer</i> No matter how well we are doing things today the increasingly rapid pace of change quickly turns today's cutting edge best practice into tomorrow's fax machine. To stay relevant and successful, we all need to innovate. Of course, everyone says innovation is important. The problem is that no one tells you how to do it. In eight years hosting ABC TV's 'The New Inventors' James O'Loghlin worked with over a thousand innovators and inventors who thought outside the box and came up with new and better ways of doing things. In this entertaining and thought-provoking presentation James will discuss simple strategies to help everyone be more innovative.

9.40am – 10.20am	<p>PANEL: THE NATIONAL DISABILITY INSURANCE SCHEME (NDIS): IMPACTS AND OPPORTUNITIES FOR RURAL COMMUNITIES</p> <p>Facilitated by James O’Loughlin, our panel of experts will discuss current progress and opportunities, particularly from a rural perspective, on implementation of the National Disability Insurance Scheme. Service providers, policy experts and participants in the scheme will provide an interesting range of perspectives on this major reform now being implemented across NSW.</p> <p>OUR PANEL MEMBERS INCLUDE: <i>James Dunne, Director, Social Policy and Implementation Office (NDIS), NSW Ministry of Health</i> <i>Jenny Martin, Director, Allied Health, Children, Young People & Families, HNE LHD</i> <i>Joanne McLean, Sector Support Consultant National Disability Services (NDS)</i> <i>Sharon Robson, Carer for her daughter who is an NDIS participant</i></p>		
10.20am – 10.50am	<p>MORNING TEA TRADE DISPLAYS AND POSTER EXHIBITION</p>		
10.50am – 12.15pm	<p>CONCURRENT SESSION ONE</p>		
	<p>ABORIGINAL HEALTH: IMPROVED OUTCOMES RESPECTFUL PARTNERSHIPS</p>	<p>INNOVATION IN HEALTH CARE: THE LIVED EXPERIENCE</p>	<p>MENTAL HEALTH DRUG AND ALCOHOL: ADDRESSING THE COMPLEXITY</p>
ROOM ALLOCATED	RIVER ROOM	BAY ROOM	SHOWROOM
10.50am – 11.15am	<p>Integrated Aboriginal Chronic Care (IACC)</p> <p><i>Emma Walke, Manager, Aboriginal Health and Robert Monaghan, IACC Project Officer, North Coast Primary Health Network</i></p>	<p>Real life transformation</p> <p><i>Brian Burke and Jocelyn Collie, Nurse Managers, Essentials of Care, Wagga Wagga, M LHD</i></p>	<p>Psychoeducation for mental health inpatients</p> <p><i>Leah Sparke, Prue Kevans and Gabrielle Hansen, Pharmacy Department, Orange Health Service, WNSW LHD</i></p>
11.20am – 11.45am	<p>Written by the mob for the mob: stroke education resources for the Gomeroi/ Gamilaraay Aboriginal Community</p> <p><i>Rachel Peake and Mary-Anne Dieckman, Peel and Mehi Sector Stroke Service, Tamworth Rural Referral Hospital, HNE LHD</i></p>	<p>Local birthing services for rural women: adaptation of a rural New South Wales maternity service</p> <p><i>Margaret Rolfe, Biostatistician, University Centre for Rural Health North Coast, The University of Sydney</i></p>	<p>Resolving homelessness in Goulburn mental health inpatient unit (Chisolm Ross Centre) through community partnerships</p> <p><i>Jeby Jose and Melissa Keith, Social Workers, Goulburn Mental Health Unit, SNSW LHD</i></p>
11.50am – 12.15pm	<p>Aboriginal chronic care in custody: a unique holistic care model linking custodial care from reception, custody, release and beyond</p> <p><i>Sonya Edenden, Registered Nurse and Michelle Wellington, Aboriginal Health Worker, Justice & Forensic Mental Health Network, South Coast Correctional Centre, Nowra</i></p>	<p>Good to go</p> <p><i>Karen Winkler, Nurse Manager, Casino Hospital Emergency Department, NNSW LHD</i></p>	<p>Mental health emergency transport: the lived experience in regional Australia</p> <p><i>Dr Joanne Bradbury, Southern Cross University, Gold Coast Campus</i></p>

12.15pm – 1.00pm	LUNCH & TRADE EXHIBITION TRADE DISPLAYS AND POSTER EXHIBITION		
1.00pm – 1.20pm	KEYNOTE: HEALTH CARE PERFORMANCE IN RURAL HEALTH, REGIONAL AND REMOTE NSW <i>Dr Kim Sutherland, Director, System and Thematic Reports, Bureau of Health Information (BHI)</i> The Bureau of Health Information's latest report examines healthcare performance in rural, regional and remote NSW. This presentation summarises the report's findings, drawing on a range of data sources to reflect on different dimensions of performance, including accessibility, appropriateness, effectiveness and efficiency. It features quantitative data from administrative data collections as well as survey data from patients hospitalised in rural hospitals – both large and small, Aboriginal patients, maternity patients and cancer patients. Quantitative results are contextualised with qualitative and policy vignettes.		
1.20pm – 1.40pm	KEYNOTE: THE CRITICAL ROLE OF HEALTH FUNDING MODELS IN ACHIEVING CARE INTEGRATION AND IMPROVED PATIENT OUTCOMES <i>Dr Vahid Saberi, Chief Executive, North Coast Primary Health Network</i>		
1.45pm – 3.10pm	CONCURRENT SESSION TWO		
	ABORIGINAL HEALTH: IMPROVED OUTCOMES RESPECTFUL PARTNERSHIPS	INNOVATION IN HEALTH CARE: THE LIVED EXPERIENCE	MENTAL HEALTH DRUG AND ALCOHOL: ADDRESSING THE COMPLEXITY
ROOM ALLOCATED	RIVER ROOM	BAY ROOM	SHOWROOM
1.45pm – 2.10pm	<p>The Journey: expressing the patient journey through art</p> <p><i>Samantha Lewis, Wendy Brown, Courtney Vaccari and Leonie James, Shoalhaven Cancer Care Centre, IS LHD</i></p>	<p>An angio delay won't keep the doctor away</p> <p><i>Shirley Walker, Whole of Health Project Officer and Ryan Armstrong, NUM, The Tweed Hospital, NNSW LHD</i></p>	<p>A good family life: improving engagement with families that have experienced trauma and child protection involvement</p> <p><i>Martina Rich, Senior Social Worker, and Anthony Madden, Psychologist - Keep them Safe - Whole of Family Team, Newcastle, HNE LHD</i></p>
2.15pm – 2.40pm	<p>Every woman every time: Moree integrated care antenatal patient journey</p> <p><i>Jennifer Gallagher, Project Manager, Moree Integrated Care Team, HNE LHD</i></p>	<p>Translating Q- Fever prevention strategies into practice with general and hospital practitioners</p> <p><i>Jane Jelfs, John Turahui, Paul Corbin, Mid North Coast Public Health Unit, MNC LHD</i></p>	<p>Yinaar Yarning: improving outcomes one woman at a time</p> <p><i>Jessica Morrison, Midwife, Aneata Hickey and Kelly Lawton, Aboriginal Health Workers, Aboriginal Maternal and Infant Health Service, Moree, HNE LHD</i></p>
2.45pm – 3.10pm	<p>Mobile oral health centre: closing the gap</p> <p><i>Cassandra O'Connor, Senior Dental Assistant and Maria Pana, Oral Health Therapist, Dubbo, WNSW LHD</i></p>	<p>Rolling-group model for early years stuttering treatment: half the clinical time and twice the fun</p> <p><i>Nicole Rappell, Speech Pathologist, Byron Bay, NNSW LHD</i></p>	<p>Exploring the treatment of eating disorders in rural health settings: towards a model of effective service delivery</p> <p><i>Deanna Bowen, Doctor of Social Work Candidate, Charles Sturt University, Wagga Wagga</i></p>

3.10pm – 3.40pm	AFTERNOON TEA TRADE DISPLAYS AND POSTER AUTHORS AVAILABLE BY THEIR POSTERS		
3.40pm – 5.05pm	CONCURRENT SESSION THREE		
	PALLIATIVE/END OF LIFE CARE: MEETING THE NEED	TECHNOLOGY IN HEALTHCARE: INNOVATION IN ACTION	INTEGRATED CARE AND PARTNERSHIPS: RETHINKING RELATIONSHIPS
ROOM ALLOCATED	BAY ROOM	SHOWROOM	RIVER ROOM
3.40pm – 4.05pm	<p>EMU: the end-of-life minimum universal clinical quality and outcomes reporting tool</p> <p><i>Inca Hutchinson, Junior Medical Officer, IS LHD, Emily Saurman, Research Fellow, Broken Hill UDRH, The University of Sydney and Sarah Wenham, Specialist Palliative Care Physician, FW LHD</i></p>	<p>Online learning: does it click with rural nurses?</p> <p><i>Kim Riley, Clinical Nurse Consultant, Scone, HNE LHD</i></p>	<p>Northern NSW integrated care</p> <p><i>Vicki Rose, Sharyn White and Dr Tony Lembke, North Coast Primary Health Network</i></p>
4.10pm – 4.35pm	<p>Mind the gap: addressing the mental health treatment gap in advanced chronic and terminal illness</p> <p><i>Julianne Whyte, Research Fellow, Listen, Acknowledge Respond Project, Corowa</i></p>	<p>Rural Innovations Changing Healthcare (RICH): a virtual forum</p> <p><i>Jenny Preece, Rural Health Network Manager, NSW Agency for Clinical Innovation (ACI)</i></p>	<p>Measured mobility status is strongly associated with functional independence in community dwelling older people; an observational cross-sectional study</p> <p><i>David Lester, Physiotherapist Bellingen Health Campus, PhD Candidate, The George Institute for Global Health, Sydney Medical School, University of Sydney, MNC LHD</i></p>
4.40pm – 5.05pm	<p>Transforming the palliative approach in rural residential aged care facilities</p> <p><i>Rebecca Dalwood, Clinical Nurse Consultant and Sarah Wenham, Specialist Palliative Care Physician, Broken Hill Health Service, FW LHD</i></p>	<p>Virtual health service</p> <p><i>Sharyn Cowie, Telehealth Manager, Broken Hill, WNSW LHD</i></p>	<p>Pharmacists in regional hospitals leading the way to improve patient safety in transitions of care</p> <p><i>Ged Hawthorn, Acting Deputy Director of Pharmacy, Orange Health Service, WNSW LHD</i></p>
From 6.30pm	<p>2016 NSW RURAL HEALTH AND RESEARCH CONGRESS DINNER Venue: Auditorium, Twin Towns Clubs & Resorts Address: Level 5, Wharf Street, Tweed Heads Dress Code: Smart Casual Theme: Tropical Gold Coin Donation: Friendly Faces Helping Hands Foundation</p>		
  <p><i>Sponsored by the Cancer Institute NSW</i></p>			

DAY THREE: Friday 11 November 2016

From 8.00am	CONGRESS REGISTRATIONS OPEN LEVEL 5, TWIN TOWNS CLUBS & RESORTS, WHARF STREET, TWEED HEADS		
9.00am – 9.10am	WELCOME, OPENING OF DAY THREE & CONGRESS POSTER AWARDS ANNOUNCED <i>Associate Professor Gabriel Shannon AM</i> <i>Maggie Crowley, Executive Director, Rural & Remote Portfolio HETI</i>		
9.10am – 9.40am	KEYNOTE: EFFECTIVE HEALTH CARE FOR ABORIGINAL AUSTRALIANS: EVIDENCE AND PRACTICE <i>Kylie Gwynne, Director, POCHE Centre for Indigenous Health, The University of Sydney</i> In this presentation Kylie will explore the Australian evidence for effective design and delivery of health care services for Aboriginal people in rural and remote Australia. Examples will be used to demonstrate evidence in practice in oral health, early detection and treatment of cardiovascular disease and implementation of Allied Health Services. Kylie will discuss the explicit and deliberate engagement of culture in the design, delivery and evaluation of health programs to make significant progress in closing the gap in life expectancy and health outcomes for Aboriginal Australians.		
9.45am – 11.10am	CONCURRENT SESSION FOUR		
	PALLIATIVE/END OF LIFE CARE: MEETING THE NEED	TECHNOLOGY IN HEALTHCARE: INNOVATION IN ACTION	INTEGRATED CARE AND PARTNERSHIPS: RETHINKING RELATIONSHIPS
ROOM ALLOCATED	BAY ROOM	SHOWROOM	RIVER ROOM
9.45am – 10.10am	The Supportive and Palliative Care Indicators Tool (SPICT): can it be used to trigger transition to a palliative approach and improve care for patients with a non-malignant life-limiting disease in a remote care setting? <i>Jeffery Duncan, Medical Student, University of Wollongong, Sarah Wenham, Specialist Palliative Care Physician, FW LHD, and Emily Saurman, Research Fellow, Broken Hill UDRH, The University of Sydney</i>	Rural young people's healthcare journeys in the digital age <i>Fiona Robards, Department of General Practice, The University of Sydney, Westmead</i>	Making it real: using research to improve autism diagnosis in a rural community <i>Catherine Bourke, Social Worker, Mudgee, WNSW LHD</i>
10.15am – 10.40am	Experiences of informal caregivers in managing the care and the death in the rural palliative care home setting <i>Caroline Short, Clinical Nurse Consultant Palliative Care, Cessnock, HNE LHD</i>	Using telehealth to support students with language and phonological awareness needs <i>Ellen Stolp, Jessica McGrath and Louise Davies, Royal Far West, Sydney</i>	Paramedic connect – community health <i>Haley Estreich, Station Officer, Coolah Ambulance Station, Ambulance Service of NSW</i>

<p>10.45am – 11.10am</p>	<p>A mapping study of palliative and end of life care in Far West NSW</p> <p><i>Emily Saurman, Research Fellow, Broken Hill UDRH, The University of Sydney</i></p>	<p>Support my spine ASAP! A rural telehealth model of care for patients who have suffered a spinal fracture</p> <p><i>Ryan Gallagher, Senior Physiotherapist, Neurosciences, Newcastle, HNE LHD</i></p>	<p>The Diagnosing Potentially Preventable Hospitalisations (DaPPHne) project: a collaborative approach to understanding and preventing unplanned hospital admissions for chronic conditions</p> <p><i>Jennifer Johnston, Research Fellow, University Centre for Rural Health North Coast, The University of Sydney</i></p>
<p>MORNING TEA TRADE DISPLAYS AND POSTER EXHIBITION</p>			
<p>11.35am – 12.05pm</p>	<p>KEYNOTE: DRUG AND ALCOHOL PRESENTATIONS IN RURAL ACUTE CARE AND COMMUNITY SETTINGS</p> <p><i>Dr Adrian Dunlop, MBBS PhD GDipEpiBiostat FACHAM, Area Dir / Snr Staff Specialist Drug and Alcohol Clinical Services, HNE LHD, Chief Addiction Medicine Specialist, NSW Ministry of Health, Conjoint Assoc Professor, Faculty of Health, University of Newcastle</i></p> <p>People with substance use problems present to both primary and acute care settings across rural NSW. While there has been a lot of focus and concern about problematic methamphetamine use over recent times, alcohol remains a principal cause of morbidity and mortality in rural communities. Significant health problems can also occur with other drugs including prescription opioids. This presentation will focus on the current trends of drug and alcohol presentations across a range of rural NSW healthcare settings and discuss appropriate clinical responses.</p>		
<p>12.05pm</p>	<p>PRESENTATIONS:</p> <p>ACI Rural Health Innovation Awards for Concurrent Presentations <i>Jenny Preece, Rural Health Network Manager, ACI</i></p> <p>Australian Rural Health Research Collaboration Awards for Rural Health Research <i>Megan Passey, Associate Professor and Director of Research, ARHRC</i></p>		
<p>SUMMATION <i>Associate Professor Gabriel Shannon AM</i></p>			

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