

# 2017 5<sup>th</sup> Australian Postvention Conference

## Thursday 23<sup>rd</sup> March – Workshops

	Workshop 1	Workshop 2	Workshop 3
Room	Hong Kong	Tyree Room	Ronald Lu
0830 - 1000	<b>Emer. Prof. Judy Atkinson</b> "Sharing Stories - the woundedness of Aboriginal lives. What can we do to help heal the generational pain that triggers suicide?"	<b>Louise Flynn, Anne Giljohann, Lyndall Stafford</b> "Stronger Together: Facilitating a Suicide Bereavement Support Group"	<b>Chief Inspector Gary Raymond (Ret'd)</b> "Are Our Emergency Service Personnel Ready For The Challenges Of Attending The Scene Of A Suicide?"
1000 - 1030	<b>Morning Tea - John Niland Scientia Foyer</b>		
1030 - 1230	<b>Emer. Prof. Judy Atkinson</b> (continued)	<b>Louise Flynn, Anne Giljohann, Lyndall Stafford</b> (continued)	<b>Chief Inspector Gary Raymond (Ret'd)</b> (continued)
1230 - 1330	<b>Lunch - John Niland Scientia Foyer</b>		
	Workshop 4	Workshop 5	Workshop 6
Room	Hong Kong	Tyree Room	Ronald Lu
1330 - 1500	<b>Dr Amy Chow</b> (Hong Kong) "Toolbox for working with persons bereaved by suicide: Ritualistic activities"	<b>Kim Ruocco</b> (USA) "Comprehensive Postvention for healing after loss: TAPS, America"	<b>Dr Diana Sands, Dr Rebecca Ridge</b> "Creating and Weaving the Continuing Bond"
1500 - 1530	<b>Afternoon Tea - John Niland Scientia Foyer</b>		
1530 - 1730	<b>Dr Amy Chow</b> (Hong Kong) (continued)	<b>Kim Ruocco</b> (USA) (continued)	<b>Dr Diana Sands, Dr Rebecca Ridge</b> (continued)

1730 - 1900	Welcome Reception – John Niland Scientia Foyer
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## Friday 24th March – Conference Day 1

0730	Registration – John Niland Scientia Foyer			
0830 - 0905	<b>Welcome Session, Leighton Hall</b> Welcome to Country Minister for Mental Health Welcome and Conference Opening – Prof. Diego De Leo			
0905 - 1025	<b>Session 1, Leighton Hall</b> “My Story” – A Lived Experience Plenary 1: Emer. Prof. Ian Webster “How well have we travelled in preventing suicide?”			
0905 – 0945				
0945 - 1025	“My Story” – A Lived Experience Plenary 2: Dr Amy Chow “Integrated family-based intervention for persons bereaved by suicide”			
1025 - 1055	Morning Tea – John Niland Scientia Foyer			
1055 - 1215	Session 2, Concurrent Sessions			
	Lived Experience	Service Delivery	Trauma & Bereavement	Research and Clinical Practice
<b>Room</b>	<b>Ronald Lu</b>	<b>Leighton Hall</b>	<b>Tyree Room</b>	<b>Hong Kong</b>
1055 - 1115 (20 mins)	Losing 2 brothers to suicide and the 2 different pathways taken  <i>Hayden Houlton, Medical Student, University of Sydney</i>	Effectively support young people exposed to suicide in schools  <i>Cheryl Staal, National Partnership Coordinator, StandBy Response Service, National Team</i>	Complicated grief and its treatment: One way to get grieving back on track  <i>Anita Hoare, Grief and bereavement counsellor, supervisor and trainer, Australian Centre for Grief and Bereavement and private practice</i>	I’m not the only one: Exploring the experience of an 8-week support group for people bereaved by suicide  <i>Louise Flynn, Manager, Support After Suicide - Jesuit Social Services</i>

1115 - 1135 (20 mins)	Three sons and their journeys after suicide  <i>Sally Emerson, Coordinator, Canberra After Suicide Support</i>	Grief is Love  <i>Sachiko Tanaka and Tsuneo Maejima, Founder &amp; Chair, National Association of Suicide Survivors, Sendai, Miyagi-Ken, Japan</i>	Peer support groups for suicide loss  <i>Virginia Brooks, Suicide Bereavement Service Coordinator, Mental Health Foundation</i>	Grief and help-seeking after suicide of a relative or friend: Adolescents' experiences  <i>Karl Andriessen, Researcher, PhD student, School of Psychiatry, University of New South Wales</i>
1135 - 1155 (20 mins)	Lived experience informed & delivered suicide awareness & intervention training for Emergency Services Call Centre staff  <i>Bronwen Edwards, CEO, Roses in the Ocean</i>	School support is a world first postvention service  <i>Kristen Douglas, National Manager, headspace School Support, headspace National Youth Mental Health Foundation</i>	Restorative retelling: Building a narrative path after the violent death of a loved one  <i>Anita Hoare, Grief and bereavement counsellor, supervisor and trainer, Australian Centre for Grief and Bereavement and private practice</i>	Harnessing the Power of Grieving to Motivate Effective Suicide Prevention Action  <i>Tony Humphrey, President, Club SPERANZA (Australian Mental Health Suicide Consumer - Alliance Inc.)</i>
1155 - 1215 (20 mins)	Living with the complexity of suicide  <i>Janet Kuys, Co-founder, Advocate and Treasurer, Silent Ripples Inc</i>			It's like I'm a virus: Exploring the experience of stigma of those bereaved by suicide  <i>Louise Flynn, Manager, Support After Suicide - Jesuit Social Services</i>
1215 - 1315	<b>Lunch – John Niland Scientia Foyer</b>			
1315 - 1515	<b>Session 3, Leighton Hall</b>			
1315 – 1355	"My Story" – A Lived Experience Plenary 3: Alison Xamon			
1355 – 1435	"My Story" – A Lived Experience Plenary 4: Adele Cox, "Why the need for an Indigenous Critical Response Service – supporting Aboriginal and Torres Strait Islander individuals, families and communities with culturally appropriate postvention."			
1435 - 1515	"My Story" – A Lived Experience Plenary 5: Kim Ruocco "Postvention to post-traumatic growth: A survivor's story"			

1515 - 1545	<b>Afternoon Tea – John Niland Scientia Foyer</b>			
1545 - 1630	<b>Session 4, Leighton Hall</b> "My Story" – A Lived Experience Plenary 6: Dr Paul Quinnett "Preventing Suicide – Question Persuade Refer (QPR). A Community Response" Launch of QPR Institute of Australia			
1630 - 1750	<b>Session 5, Concurrent Sessions</b>			
	<b>Lived Experience</b>	<b>Service Delivery</b>	<b>Spirituality – hope, meaning and direction</b>	<b>Indigenous Trauma &amp; Healing</b>
<b>Room</b>	<b>Ronald Lu</b>	<b>Leighton Hall</b>	<b>Tyree Room</b>	<b>Hong Kong</b>
1630 - 1650 (20 mins)	My Story: A lived experience  <i>Joan Green</i>	The ripple effects on people faced with trauma and tragedy on the job  <i>Dianne Gaddin, Board Member, Speranza</i>	Pathways Gold Coast Response Service: Suicide postvention pilot program  <i>Paula Nash, Chairperson, Care for Life Suicide Prevention Network</i>	Valuing and respecting cultural difference to achieve a restorative healing processes  <i>Kiri Pardoe, Bereavement Service Specialist, Victim Support</i>
1650 - 1710 (20 mins)	Through the lens of a lived experience - Farm-Link's approach to suicide prevention  <i>Fiona Livingstone, Farm-Link Project Coordinator, University of Newcastle - Centre for Rural and Remote Mental Health</i>	"It's not just in our "school": Supporting school communities to address the risk of suicide contagion  <i>Helen Butler, National Education Advisor, headspace School Support, headspace National Youth Mental Health Foundation</i>	A healing journey toward re-establishing a spiritual connection in church community  <i>Astrid Staley, Adjunct Lecturer &amp; Suicide Prevention, Intervention &amp; Postvention Care workshop facilitator, Harvest Bible College</i>	Youth suicide and its intergenerational effect  <i>Leonore Hanssens, Research Consultant, Promote Life NT</i>
1710 - 1730 (20 mins)	The power of lived experience narrative to change attitudes and behaviours and removing barriers to support  <i>Wendy McWilliam, President, WINGS of Hope Inc</i>	<b>Social Context</b>	Meaning making and spirituality in suicide bereavement with special focus on older people  <i>Beate Steller, Board Member, National Association for Loss and Grief (NALAG)</i>	What more can we be doing when it comes to lowering the suicide rate with Aboriginal and Torres Strait Islander communities  <i>Mark Spinks, founder of Babana Aboriginal, and Matthew Tukaki, Chairman of the National Coalition for Suicide Prevention</i>
		Community attitudes towards suicide in South West Victoria  <i>Meg Murray, Research Assistant, Deakin University</i>		

1730 - 1750 (20 mins)			<b>Indigenous Trauma &amp; Healing</b> Programs that work - helping communities awaken their strength  <i>Cheryl Staal, National Partnership Coordinator, StandBy Response Service, National Team</i>	
1750	<b>Conference Close</b>			
1830 - 1900	<b>Arrival Drinks &amp; Canapes – John Niland Scientia Foyer</b>			
1900 - 2200	<b>Dinner – Leighton Hall</b> Guest speaker: Dr Paul Quinnett			

## Saturday 25th March – Conference Day 2

0730	<b>Registrations Open – John Niland Scientia Foyer</b>
0830 - 1030	<b>Session 6, Leighton Hall</b>
0830 - 0910	"My Story" – A Lived Experience
0910 - 0950	Plenary 7: Jill Fisher "The ripple effect'.... Support for those who provide care to those bereaved by suicide"
0950 - 1030	"My Story" – A Lived Experience Plenary 8: Emer. Prof. Judy Atkinson "Aboriginal Youth Suicide - the canary in the coal mine. Growing Healing Trees" "My Story" – A Lived Experience Plenary 9: Assoc. Prof. Judith Murray "In the devastation of loss, the unity of loss"
1030 -1100	<b>Morning Tea – John Niland Scientia Foyer</b>

1100 - 1230	Session 7, Concurrent Workshops					
	Concurrent Workshop 1	Concurrent Workshop 2	Concurrent Workshop 3	Concurrent Workshop 4	Concurrent Workshop 5	Concurrent Workshop 6
Room	Tyree Room	Ronald Lu	Leighton Hall	Ritchie Theatre	Civil Eng G1	Hong Kong
1100 – 1230 (90 mins)	<p>“Aboriginal suicides. What we have learnt working at the coal face, where Postvention is Prevention”</p> <p><b>Emer. Prof. Judy Atkinson</b></p>	<p><b>Chief Inspector (Ret’d) Gary Raymond</b></p>	<p>“An Inspiring Journey in Bereavement: Working with Ruminations, Anxiety and Memories”</p> <p><b>Dr Amy Chow</b></p>	<p>“Ten things I know to be true about suicide loss”</p> <p><b>Kim Ruocco</b></p>	<p>“Meaning making and spirituality in suicide bereavement with special focus on older people”</p> <p><b>Beate Steller</b></p>	<p>“Using an Integrative Loss Framework in Assessment and Intervention Planning in Postvention”</p> <p><b>Assoc. Prof. Judith Murray</b></p>
1230 - 1330	Lunch – John Niland Scientia Foyer					
1330 – 1400	<p><b>Session 8, Leighton Hall</b>            Launch of the Postvention Australia Guidelines: A resource for organisations and individuals providing services to people bereaved by suicide, Dr Kairi Kolves</p>					
1400 - 1515	<p><b>Session 9, Leighton Hall</b>            Facilitated Discussion            Topic: Where are the current gaps in the service system for people who have been bereaved by suicide?            Facilitator: John Cleary            Panel: International and Australian presenters with bereaved representatives</p>					
1515 - 1545	Afternoon Tea – John Niland Scientia Foyer					
1545 - 1700	Healing and Remembrance Service, Leighton Hall					
1700	Conference Close					