

eHealth week

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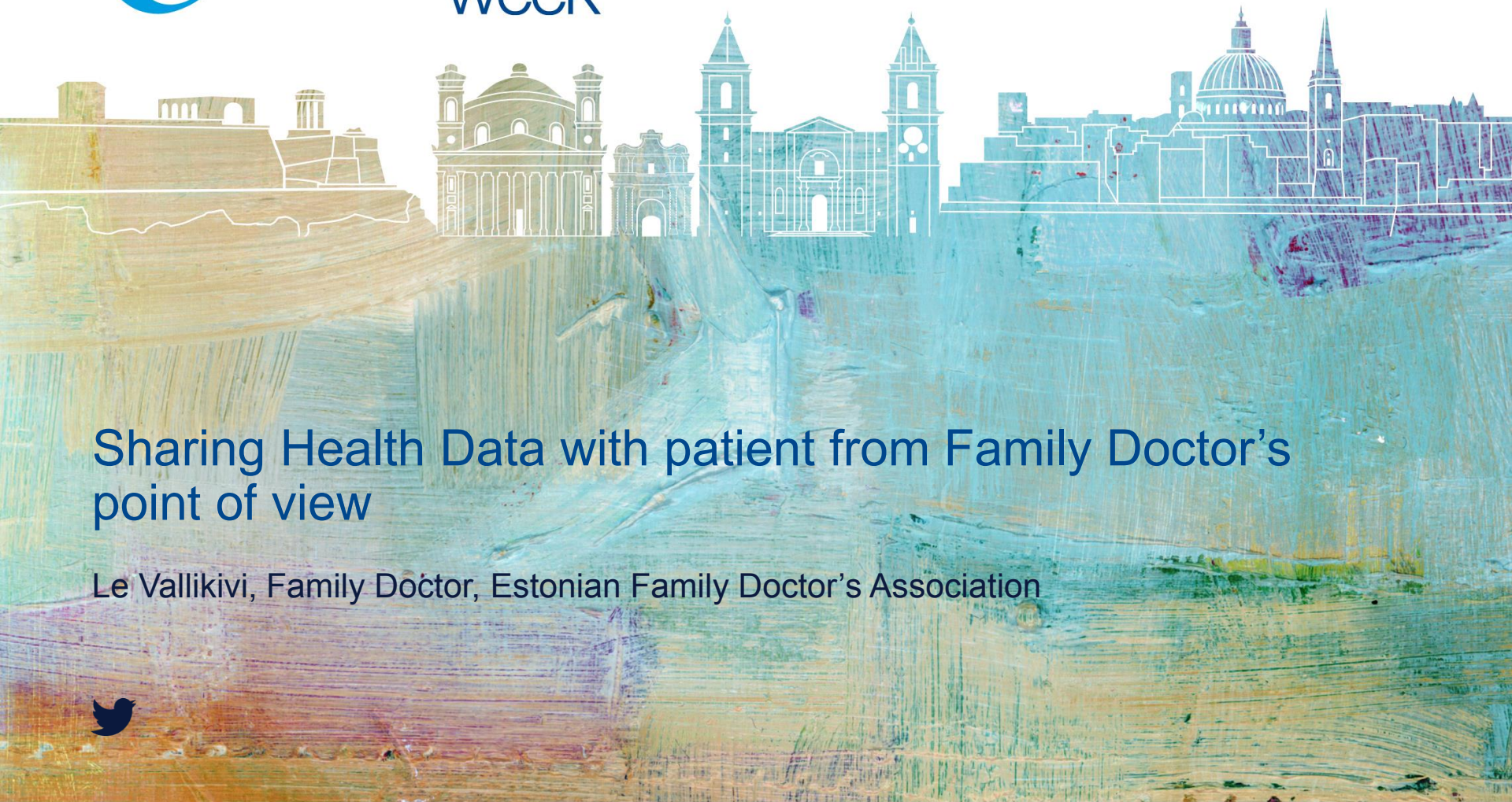


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In collaboration with:



Sharing Health Data with patient from Family Doctor's point of view

Le Vallikivi, Family Doctor, Estonian Family Doctor's Association



10-12 May 2017 MALTA



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CENTRAL HEALTH INFORMATION SYSTEM IN ESTONIA

- Started 2008
- Designed for:
 - People
 - Health care providers
 - Government

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PATIENT'S OPPORTUNITIES IN HIS 2017:

- Access their health records sent to HIS
- Open and close access to their health data for doctors(s) and representatives
- To see the activity log – when and by whom their health information have been accessed
- Make an statement of intent
- Fill out health declarations
- Enter and change his/her contact data
- Make an appointment via digital registration system
- View his/her health expences

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FROM GP'S POINT OF VIEW SHARING THE DATA:

- Quick and convenient for patient and doctor
- Reduces the patronizing attitude in medicine
- Improves shared decision making
- Improves health literacy
- Improves the quality of medical records
- Disadvantages: conflicts, when patients and doctors understanding of the diagnosis and treatment don't overlap

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THINGS TO IMPROVE IN THE FUTURE

- Technical capability, functionality and speed of HIS
- Clearer rules, which data should not be shared with the patient and/or colleagues
- Learn the lessons - for example -- expectations to share the information about the health cost with the patients to improve the rationale behind consuming health services – were unsuccessful

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MOST IMPORTANT:

- The role of patients is still marginal in gathering health information – patients opportunities to enter their own health data and initiate, hold and guide a contact with medical services should be definitely wider

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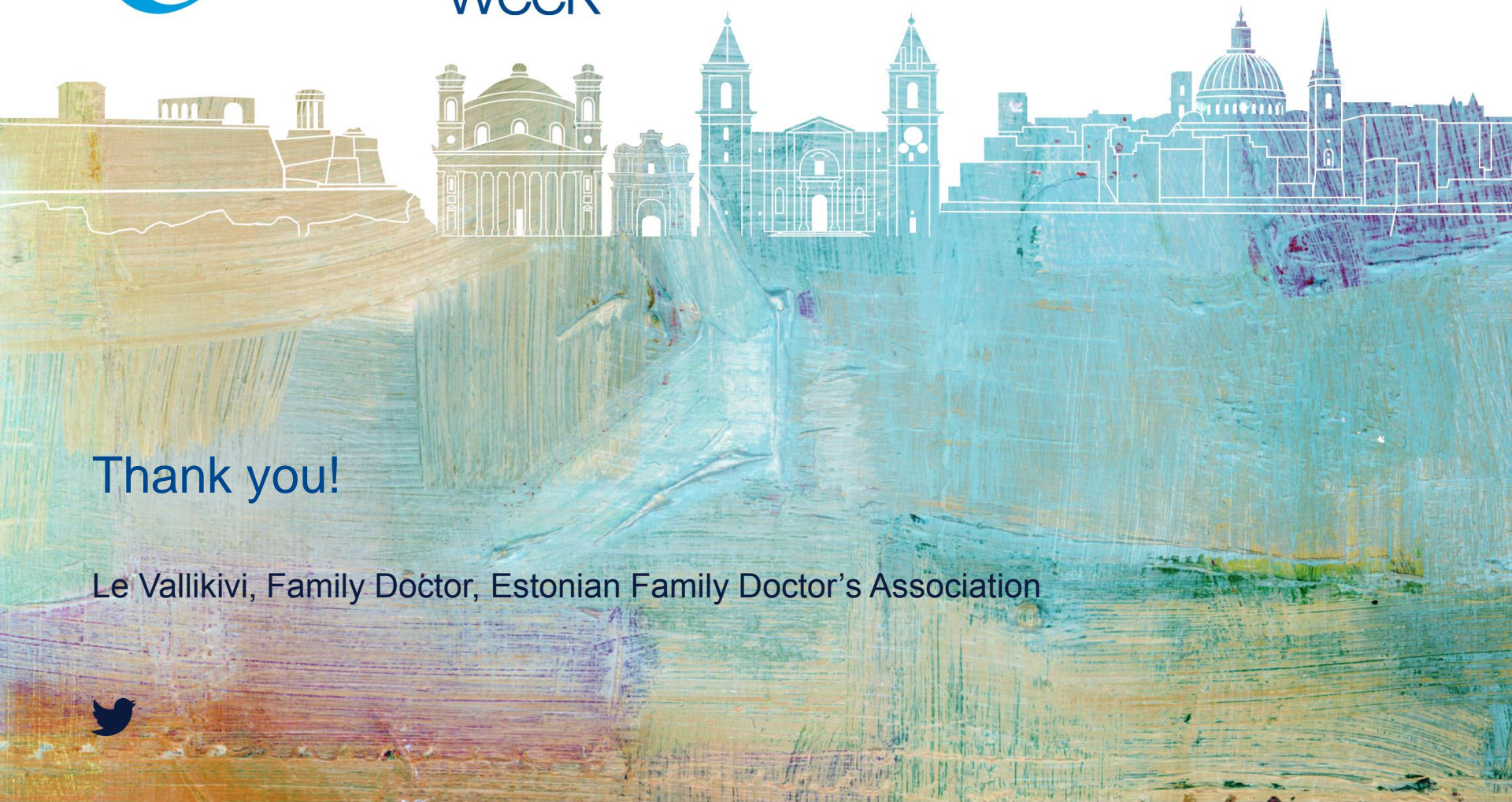


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Thank you!

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