Sharing Health Data with patient from Family Doctor’s point of view

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CENTRAL HEALTH INFORMATION SYSTEM IN ESTONIA

- Started 2008
- Designed for:
  - People
  - Health care providers
  - Government
PATIENT’S OPPORTUNITIES IN HIS 2017:

• Access their health records sent to HIS
• Open and close access to their health data for doctors(s) and representatives
• To see the activity log – when and by whom their health information have been accessed
• Make an statement of intent
• Fill out health declarations
• Enter and change his/her contact data
• Make an appointment via digital registration system
• View his/her health expenses
FROM GP’S POINT OF VIEW SHARING THE DATA:

- Quick and convenient for patient and doctor
- Reduces the patronizing attitude in medicine
- Improves shared decision making
- Improves health literacy
- Improves the quality of medical records
- Disadvantages: conflicts, when patients and doctors understanding of the diagnosis and treatment don’t overlap
THINGS TO IMPROVE IN THE FUTURE

• Technical capability, functionality and speed of HIS
• Clearer rules, which data should not be shared with the patient and/or colleagues
• Learn the lessons - for example -- expectations to share the information about the health cost with the patients to improve the rationale behind consuming health services – were unsuccessful
MOST IMPORTANT:

- The role of patients is still marginal in gathering health information – patients opportunities to enter their own health data and initiate, hold and guide a contact with medical services should be definitely wider.
Thank you!

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