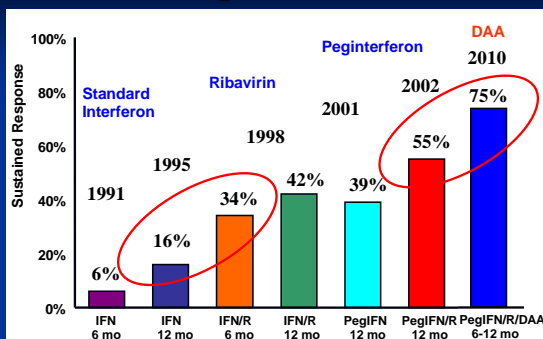


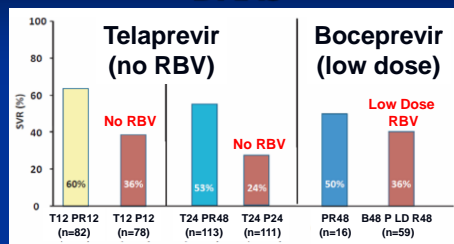
The Role of Ribavirin in the New Era of HCV Therapy

Jordan J Feld MD MPH
Toronto Centre for Liver Disease
Sandra Rotman Centre for Global Health
University of Toronto

RBV as good as DAAs!



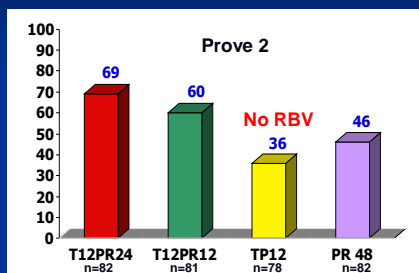
RBV Necessary with 1st Gen DAAs



- Absence of RBV → very ineffective
- Reduced dose RBV → very ineffective

Clark Liver Int 2012

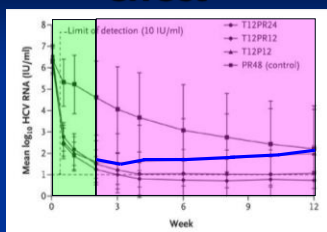
RBV Necessary with 1st Gen DAAs



Peg/TVR worse than Peg/RBV

Hézode NEJM 2009

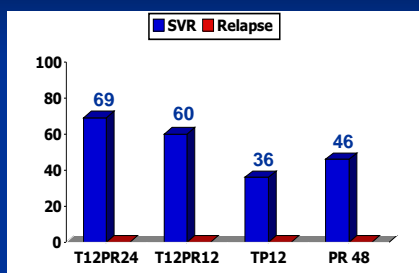
An early but not immediate effect



- No effect seen on first phase
- 24% breakthrough by week 12 with no RBV
- All resistant virus

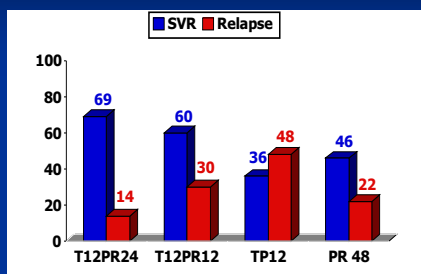
Hézode NEJM 2009
Feld Gastro 2012

A Late Effect



Hézode NEJM 2009

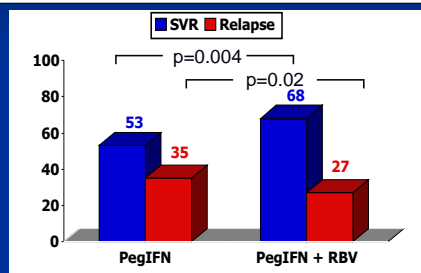
A Late Effect



Hézode NEJM 2009

Necessary Until the End

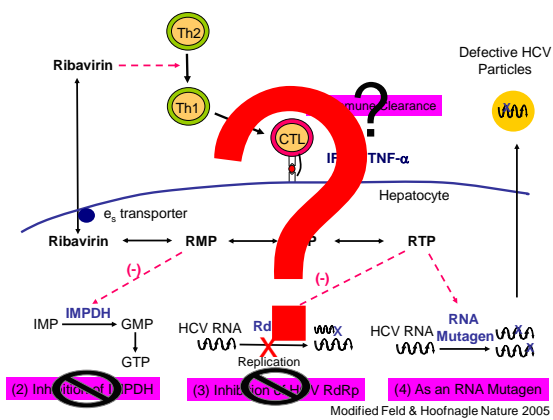
358 pts cEVR randomized at wk 24 to Peg2a vs Peg2a +RBV



Bronowicki Gastro 2006

So what does this data tell us about mechanism?

1. Ribavirin is not a typical DAA
(cannot be replaced by more potent DAA and no obvious RBV resistance)
2. Necessary early to prevent/delay breakthrough
- limits development of resistant variants
3. Necessary late to prevent relapse



Mutagenesis

Not your average nucleotide analogue

3TC

RBV

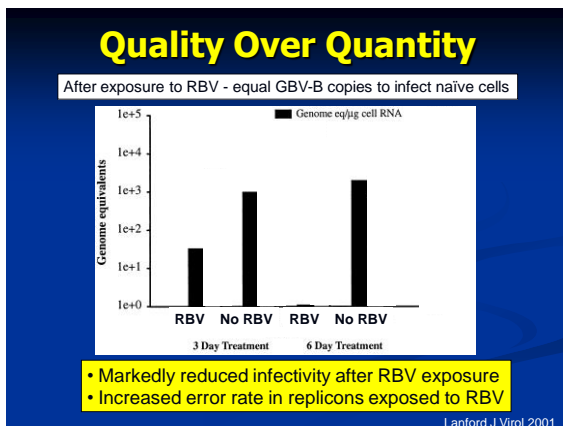
RBV=G/A

Ribavirin Cytidine

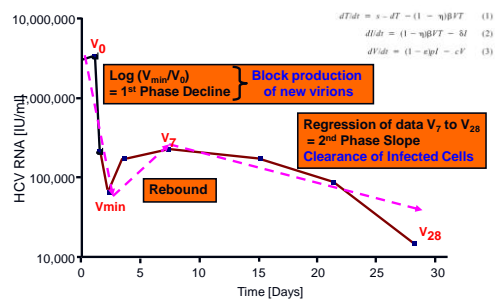
Ribavirin Uracil

Consequences:

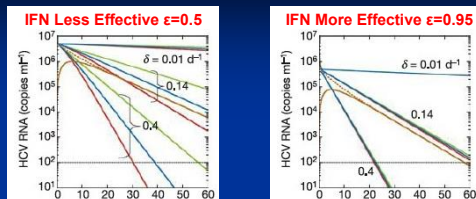
- 1) Mutants survive - no change in quantity
- 2) But mutant genomes - reduced 'quality'



Can kinetics tell us the Answer? A picture is worth 1000 Greek Letters



Kinetics Support Mutagenesis



Predictions of the Model:

1. RBV effect on 2nd phase
2. RBV effect lost if IFN very effective
3. Not immune clearance b/c dependent on ϵ
4. RBV most effective at low viral loads
 - increased RBV/genome

Dixit Nature 2004

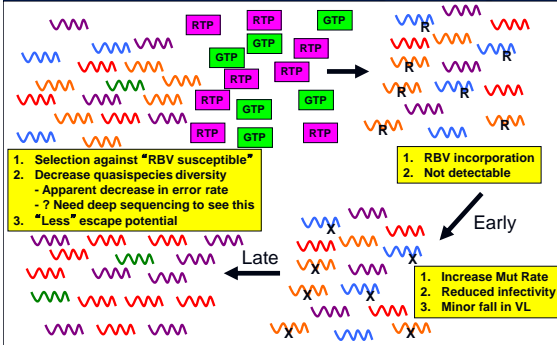
The Real Test - Patient Data

Study	Error Rate		Method	Conclusion
	RBV Mono	RBV + Peg		
Asahina J Hepatol 2005	Increased	NA	Consensus	Increased error rate associated with SVR
Lutchman Gastro 2007	Increased 4 wks No change 24 wks	NA	Consensus + Cloning	Early modest effect
Hofmann Gastro 2007	Early increase	Early decrease	~ 18 clones per pt per time-point	Increase with RBV mono Decrease with Peg/RBV
Chevaliez J Virol 2007	No effect	No effect even at low viral load Trend to decrease	20 clones per pt per time-point	No effect

1. Modest early increase in mutation rate with RBV monotherapy
2. No sustained effect
3. Possible decrease in mutation rate with combination therapy

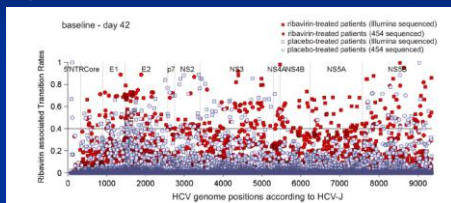
How can these data be reconciled?

A Potential Explanation...Timing & Variable RBV Susceptibility



Deep sequencing

Full genome of 4 RBV monotherapy vs placebo day 0 & 42



- No increase in overall mutation rate
- Significant increase in RBV-associated transitions
G→A & C→U

Dietz JVI 2013

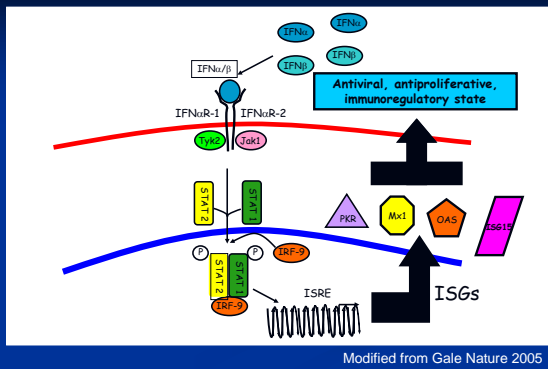
Bottom Line on Mutagenesis

- Easy to see *in vitro*, hard to detect *in vivo*
- Likely more relevant if:
 1. Higher RBV concentrations
 2. Lower viral loads
 3. Lower GTP concentrations (IMPDH)
- Mutations random, do not accumulate - therefore must do cloning (miss low frequency genomes)
- Conceivably may reduce quasi-species diversity over long-term (RBV incorporation is variable):
 1. Reduced "escape" potential with pressure
- IFN / DAA / Immune (acute)

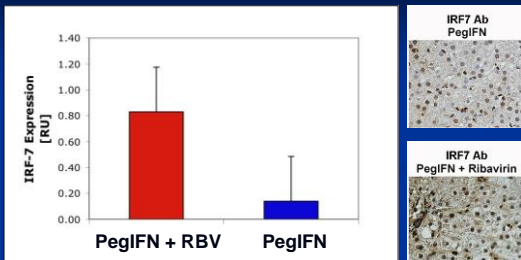
But what's the connection to IFN?



Mechanism of Action of Interferon



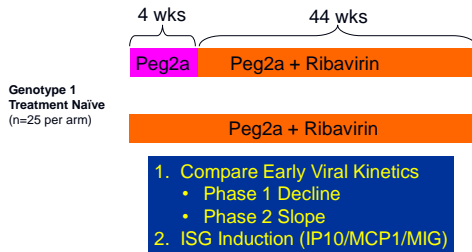
Ribavirin Affects ISGs



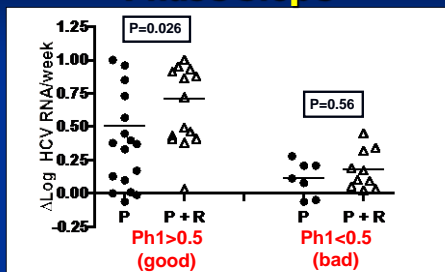
- Ribavirin induces a small subset of ISGs
- Leads to enhanced ISG induction by IFN

Feld Hepatology 2007
Thomas Hepatology 2010

Back to the Clinic

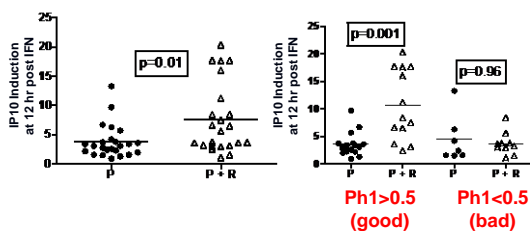


RBV Improves Second Phase Slope



- RBV accelerates viral decline caused by IFN
- But - only effective if respond well, but not too well to IFN

RBV Improves ISG Induction

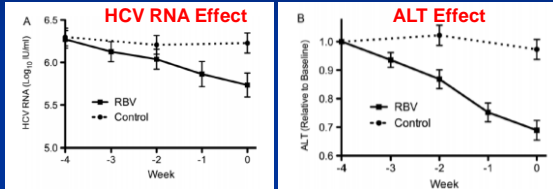


- RBV augments ISG induction
- But - only if respond well to IFN

Feld Gastro 2010

Effect of RBV Priming

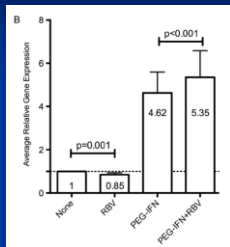
4 weeks of RBV monotherapy before Peg/RBV



- No association with IL28B genotype
- ALT but **NOT** HCV RNA response predictive of response to Peg/RBV

Rotman Gut 2013

Liver Biopsy Gene Expression



- RBV priming actually reduced ISG expression
- But led to greater ISG induction with Peg...reset ISG setpoint

Rotman Gut 2013

Summary on MOA

- Remains somewhat unclear
- Support for mutagenic effect
- Support for resetting of ISG set-point
 - Explains synergy with IFN
 - May explain ALT effect
- Both may be relevant

- Useful with modest IFN (or DAA) effect
- Not helpful at extremes
 - IFN null responder
 - IFN super responder (or very potent DAA combo)

Is RBV necessary with IFN-free DAA therapy?

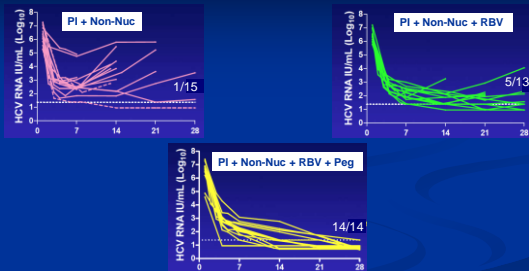
Roles of RBV

- Limits resistance & relapse with low barrier combinations
- Issues to sort out:
 - RBV Dose
 - Does RBV resistance exist?
 - RBV tolerability in the absence of IFN

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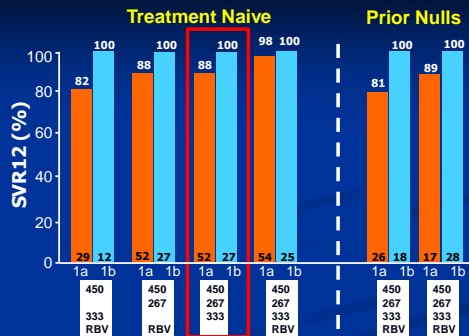
RBV prevents/delays resistance



RBV 'rescues' 2 DAAs with modest potency + low barrier to resistance

Zeuzem Hepatology 2012

AVIATOR: PI/r + NS5A + NNI + RBV x 12 wks

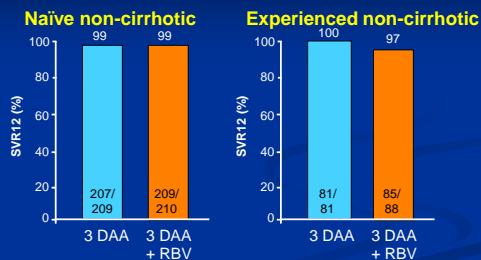


Kowdley NEJM 2012

Removing RBV seems to matter for G1a

PEARL – G1b

ABT-450/r + ABT-267 (ombitasvir) + ABT-333 (dasabuvir) +/- RBV x 12 wks

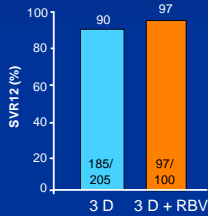


• G1b → no need for RBV

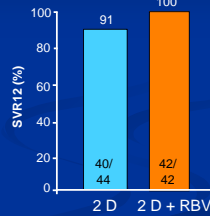
Ferenci CROI 2014

RBV helpful for G1a & G4

ABT-450/r + ombitasvir + dasabuvir
+/- RBV x 12 wks



ABT-450/r + ombitasvir
+/- RBV x 12 wks



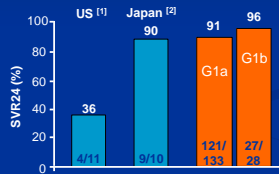
RBV adds 5-10% benefit

AbbVie Press Release/EASL 2014

Similar combo – similar results

■ Daclatasvir (NS5A) + asunaprevir (PI) x 24 wks (IFN-Free)

■ Daclatasvir (NS5A) + asunaprevir (PI) + BMS 791325 (NNI) x 12 wks



US Study
9/11 G1a
Japanese Study
10/10 G1b

- 2 drugs for 1b, 3 for 1a
- Would RBV have helped for G1a...I suspect so

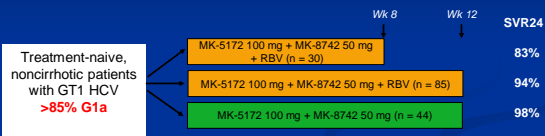
1. Lok et al NEJM 2012;366:216-24. 2. Chayama AASLD 2011 LB-4 3. Everson AASLD 2013 LB-1

A PI backbone

PI NS5A What about a 'better' PI and NS5A?

MK5172 (PI) + MK-8742 (NS5A)

Relatively pan-genotypic PI and NS5A
Will be combined as single pill

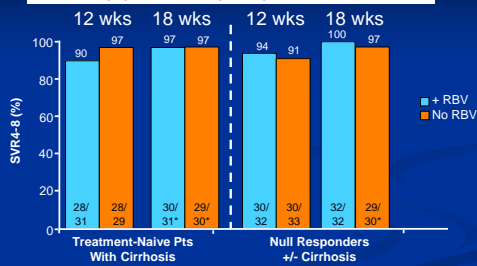


- Only 1 breakthrough despite >85% G1a
- RBV no apparent effect

Hezode et al EASL 2014 Abst 10

Tougher to cure population

MK5172 (PI) + MK-8742 (NS5A) x 12-18 wks +/- RBV

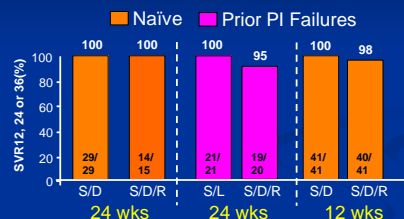


- Higher barrier PI/NS5A combo...no need for RBV

Lawitz et al EASL 2014 Abst 61

What about with even higher barrier combos?

Nuc (sofosbuvir) + NS5A (daclatasvir) +/- RBV

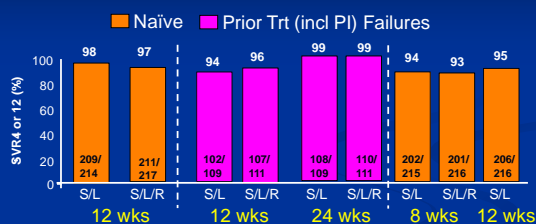


- With Nuc/NS5A combination – potent, high barrier
- RBV unnecessary

Sulkowski NEJM 2014

Similar story

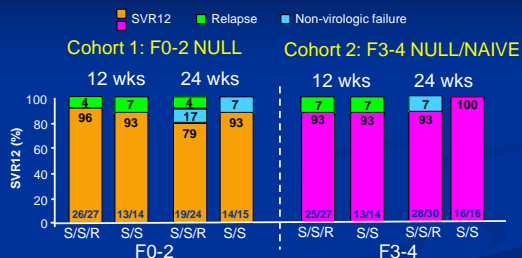
ION 1, 2 & 3: SOF (nuc) + LDV (NS5A) FDC +/- RBV



Similar result in ION trials – no need for RBV with nuc/NS5A

Mangia EASL 2014 Abst 0164, Aldahl EASL 2014 Abst 0109, Kowdley EASL 2014 Abst 056

COSMOS: Nuc (Sofosbuvir) + PI (Simeprevir) +/- RBV



- No breakthrough on therapy – 6 relapses – 4 of 6 RBV
- RBV seems to have little role...limited n

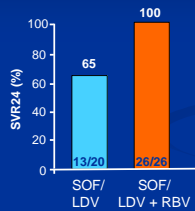
Jacobson AASLD 2013 LB-3

Lawitz EASL 2014 Abst 165

What about with G3?

RBV apparently important

ELECTRON-2: SOF/LDV +/- RBV x 12 wks



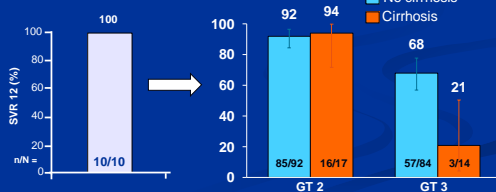
- Looks very promising
- Surprising...LDV minimal G3 activity

Gane EASL 2014

SOF/RBV for G3

- If we recall...ELECTRON 1 → 100% SVR in G2/3
- Did not hold up in Phase 3

■ PSI-7977 + RBV x 12 wks
(IFN Free) G2/3



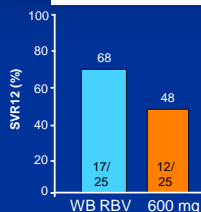
Is there something special about G3 in New Zealand?

Roles of RBV

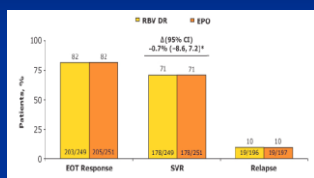
- Limits resistance with low barrier combinations
- Reduces relapse
- Issues to sort out:
 - **RBV Dose**
 - Does RBV resistance exist?
 - RBV tolerability in the absence of IFN

Does the dose matter?

SPARE TRIAL¹
G1: SOF + WB vs LD
RBV x 24 wks



RBV dose reduction vs EPO²



- Starting with a low dose of RBV is not effective
- But reducing **FOR** anemia is very effective – can go very low

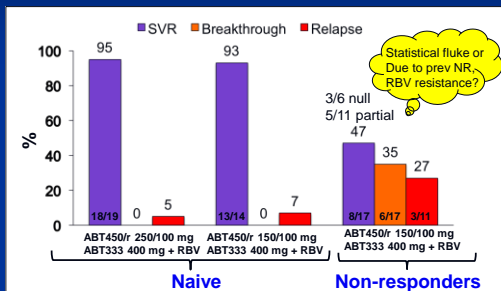
1. Osinusi JAMA 2013 2. Poordad EASL 2012

Roles of RBV

- Limits resistance with low barrier combinations
- Reduces relapse
- Issues to sort out:
 - RBV Dose
 - **Does RBV resistance exist?**
 - RBV tolerability in the absence of IFN

Past treatment may affect future response...

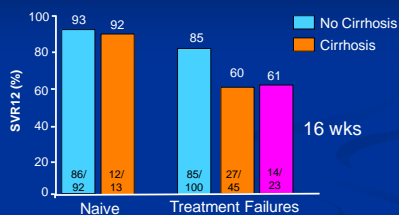
ABT-450 (PI)/ritonavir + ABT-333 (Non-nuc) + RBV



Poordad et al EASL 2012

VALENCE – more support for 'RBV resistance'?

SOF + RBV x 24 wks



- Surprisingly worse in cirrhotic prior relapsers
- Is this due to previous RBV exposure?
- No appearance of F415Y mutation

Zeuzem NEJM 2014

Roles of RBV

- Limits resistance with low barrier combinations
- Reduces relapse
- Issues to sort out:
 - RBV Dose
 - Does RBV resistance exist?
 - RBV tolerability in the absence of IFN**

Tolerability of RBV (without Peg)

- Fairly well tolerated – no discontinuations
- But more AEs than in RBV-free arms
- Anemia: <10 g/dL → 2-10%
<8.5 g/dL → <1%

Less of an issue without BM suppression of IFN

- But: Still an issue for cirrhotics, ESRD, Hb-opathies
- Other issues:
 - Rash rare
 - Mild GI toxicity
 - Pill burden

To summarize a lot of data

- RBV helps for regimens with
 1. Lower barrier to resistance (PI/NS5A/NNI with G1a)
 2. Higher relapse rate (SOF in G3)
 3. Including IFN (removal of RBV, worse than P/R)
- No benefit to RBV with potent, high barrier combos (nuc + NS5A/PI)
- RBV dose can be reduced for anemia (effective RBV level) but not at baseline
- Although prior exposure MAY reduce future response to RBV...very questionable, should not lead to withholding therapy

What's the future of RBV?

■ Near Future

- Useful with low barrier combinations:
 - 1st gen PI/NS5A/NNI (3D) for G1a
 - 2D (PI/NS5A) for G4
 - But low threshold to stop (90% SVR without RBV)
- Not needed with 2nd gen PI/NS5A or for G1b
- No use with SOF combo regimens (except G3?)

■ Longer Term

- Possibly to shorten therapy...no evidence yet
- Possibly to use a 'cheaper' 'less effective' regimen

Does HIV matter?

- The short answer – probably not
- Currently RBV advocated in acute HCV with Peg
- IFN-free DAA combos seem to be equally effective with HIV co-infection
- Trials to date...conservatively include RBV
- RBV will likely have the same role (or lack thereof) in this population

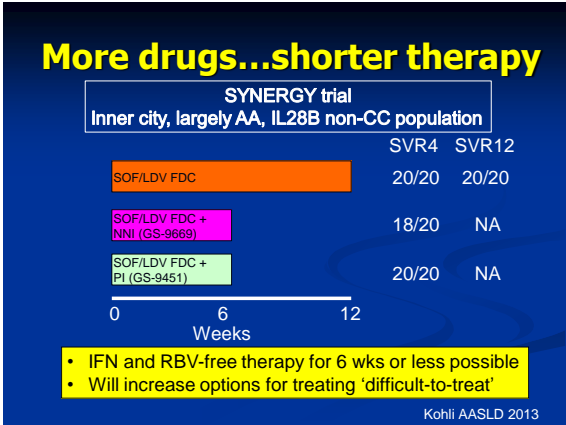
Does this tell us anything about MOA?

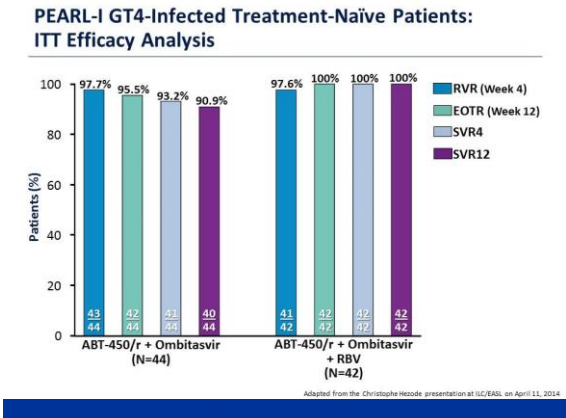
- Resistance effect supports mutagenesis
- But ALT effect and relapse effect may support resetting ISG set-point
- Does it matter?
 - For HCV – probably not
 - For other viral infections - perhaps → HEV, RSV

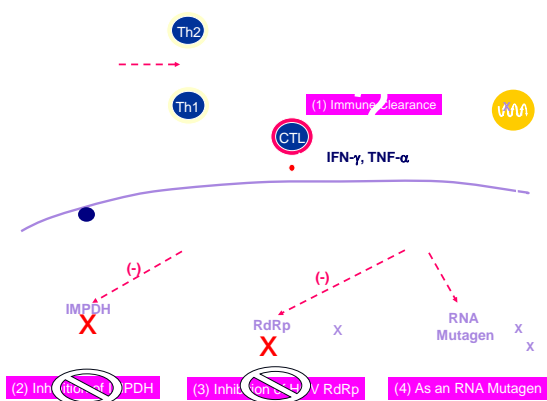
Not quite yet, but we are getting close to RBV's curtain call

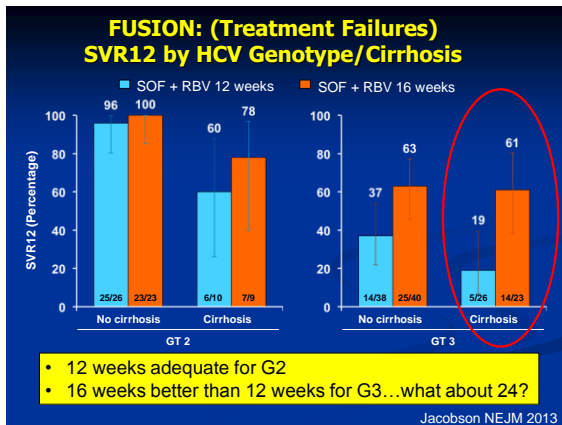












Outline

- Mechanism(s) of action of RBV
- RBV with different classes of DAAs
- Downsides of RBV
- The future
