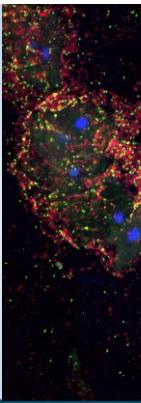


# The impact of vaginal bacterial biofilm on intravaginal rings

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## Introduction: Ring Plus study

- Multipurpose vaginal rings in development
- Interaction with vaginal microbiome?
- Rwanda: high unmet need for contraception

→ Contraceptive vaginal ring (Nuvaring®) in Rwanda

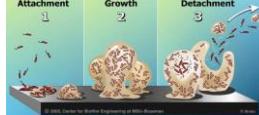
- Acceptability?
- Safety?
  - Effect on the vaginal microbiome
  - **Biofilm formation**
  - Inflammation

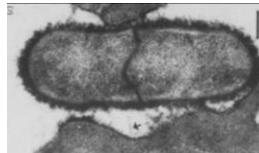
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## Introduction: biofilm

- A coherent cluster of bacterial cells in a matrix – more tolerant to antibiotics and host immune system
- Vaginal biofilm in bacterial vaginosis: Poster P07.16
- Biofilm on medical devices:
  - Urinary/vascular catheters
  - Orthopedic implants
  - **Vaginal rings?**





G. vaginalis attached to McCoy cell in vitro  
Scott, Journal of general microbiology, 1987

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## Introduction: contraceptive vaginal ring

### Nuvaring®

- Approved for use in 2001 in 32 countries (1.5 million users)
- Etonogestrel(120 µg/d)/ethynodiol(15µg/d)
- Ethylene-vinyl acetate (pEVA)
- Regimen: 3 weeks of use + 1 week of withdrawal bleeding

- Earlier studies: good safety profile and no effect on vaginal microbiome BUT

- Cultures
- Study population: healthy vaginal microbiome
- No biofilm assessment

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## Methods: Ring Plus study

120 participants, follow-up for 3 months

- Vaginal sampling at baseline and after contraceptive ring removal (N=527)
- Contraceptive rings: 3 parts (N=404)

Laboratory method	Goal	Contraceptive rings	Vaginal samples	Reference
Crystal violet (CV) assay	Measuring biomass	X		O'Toole, J Vis Exp 2011
Fluorescence In Situ Hybridisation (FISH)	Visualisation biofilm	X	X	Hardy, PLoS ONE 2015
qPCR	Quantification bacteria	X	X	Jespers, BMC Microbio 2002
Nugent score	BV diagnosis		X	Nugent, J Clin Microbiol 1991

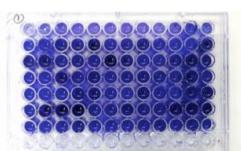
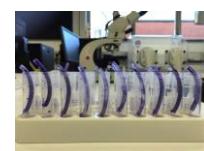
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## Method: CV assay

Adapted CV assay for microtiter plates: staining and measuring of the biomass

- Staining of ring with 3 ml of 0.1% CV
- Solubilising of CV with 3 ml of 30% acetic acid
- Measuring of absorbance at 550 nm in duplo



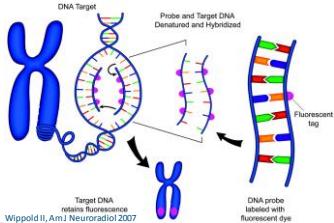
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## Method: FISH

22 contraceptive rings and all vaginal slides with PNA probes:

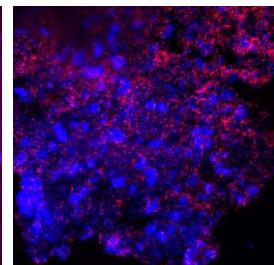
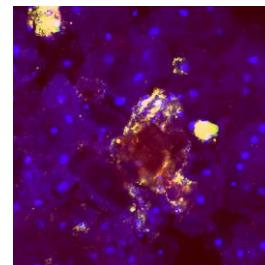
BacUni-1: universal [Perry-O'Keefe]      Gard162: *G. vaginalis* [Machado]  
 Lac663: *lactobacilli* [Machado]      AtoITM1: *A. vaginae* [Hardy]



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## Results: FISH contraceptive rings



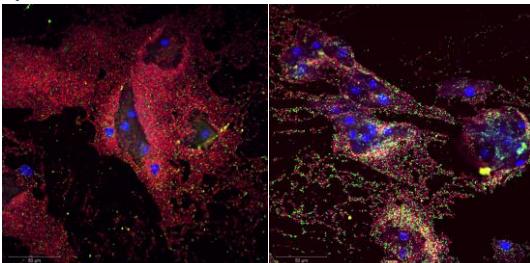
CLSM of contraceptive ring with vaginal epithelial cells (DAPI - blue) and *G. vaginalis* (Gard162-Alexa 647, red)

CLSM of contraceptive ring with vaginal epithelial cells (DAPI - blue) and *Lactobacilli* (Lab663-Alexa 647, red)

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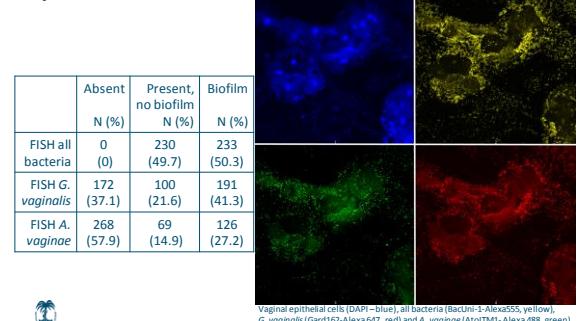
## Results: FISH vaginal samples 1/2



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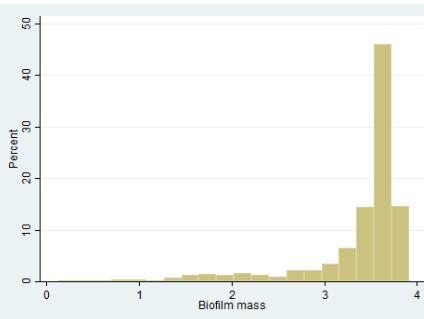
## Results: FISH vaginal samples 2/2



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## Results: CV assay contraceptive rings



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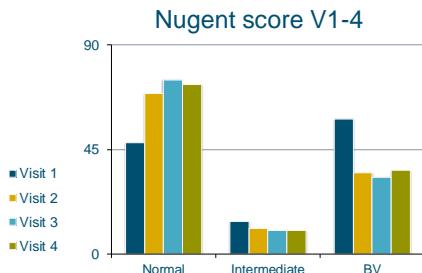
## Results: qPCR contraceptive rings & vaginal samples

	Present N (%)		Mean $\pm$ SD (log10) for present category	
	Vaginal ring N=404	Vaginal swab N=518	Vaginal ring	Vaginal swab
<i>Lactobacillus</i> spp.	376 (93.1)	NT	6.25 $\pm$ 0.98	NT
<i>G. vaginalis</i>	231 (57.2)	389 (75.1)	6.04 $\pm$ 1.16	6.97 $\pm$ 1.37
<i>A. vaginae</i>	151 (37.4)	247 (47.7)	6.66 $\pm$ 0.89	7.21 $\pm$ 1.51

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## Results: Nugent score vaginal samples



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## Risk factors for biomass on contraceptive ring

FISH vaginal samples	Presence <i>G. vaginalis</i> biofilm	p<0.001	+0.235
	Presence <i>A. vaginae</i> biofilm	p=0.006	+0.214
qPCR vaginal samples	Increase in <i>G. vaginalis</i>	p=0.150	No effect
	Increase in <i>A. vaginae</i>	p=0.002	+0.09
qPCR contraceptive ring	Increase in <i>G. vaginalis</i>	p<0.001	+0.12
	Increase in <i>A. vaginae</i>	p=0.003	+0.53
Nugent	Diagnosis of bacterial vaginosis	p=0.002	Inter +0.100 BV +0.261



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## Conclusion

- Growth on contraceptive rings are common
  - vaginal cells
  - vaginal microbiome
- Dysbiosis vaginal microbiome & vaginal biofilm
  - denser biomass on contraceptive rings
- ➔ Could this ring biomass lead to:
  - Persistence or deterioration of vaginal microbiome?
  - Hampering of release of active product?



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