

## Learning to Read Words by Sight

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## Exploring Possible Misconceptions about Sight Word Teaching and Learning

### What are conventional views?

- What are sight words? How are they read?
- How are they different from other words?
- How are they learned?
- What forms of instruction help learning?
- Does decoding help?
- Does spelling help?

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## Conventional Views of Sight Word Teaching and Learning

- Memorize whole words as visual forms
- Applies to high frequency words, irregularly spelled words
- Teaching methods:
  - Flash cards
  - Attaching written labels to objects around classroom
  - Exposure to words repeated in predictable books
- Different form of learning from decoding, phonics

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## Different Ways to Read Words

### By Decoding:

1. Convert letters into sounds,
2. Blend sounds to form a pronunciation,
3. Match pronunciation to a word meaning in memory

**Beginning readers:** Identify graphemes, convert to phonemes, blend

**Phonemes are smallest sounds in words,**

**Graphemes are 1 or more letters that represent phonemes**

(IPA phonetic symbols shown between slash marks – depict phonemes)

- D O G -> /d/ /a/ /g/ -> "dog"
- CH E CK (5 letters, 3 graphemes) -> /tʃ/ /e/ /k/ -> "check"

### More advanced readers

- Segment and blend larger letter units: syllables, prefixes, suffixes, root words
    - EXCELLENT -> /ex/ /cel/ /lent/ (syllables)
    - UPHOLDING -> /up/ /hold/ /ing/ (prefix, root, suffix)
- Morphemes – minimal units of meaning



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## Sources of Confusion

- Graphemes versus letters
- Graphemes are the important units for decoding
  - 1 grapheme may consist of 2 or 3 letters representing 1 phoneme
  - SH, TH, CH, NG, WH, PH, CK, EA, AI, GHT
- Letters can mislead about the phonemes in words
- How many phonemes in these words?
  - Teach
  - Thing
  - Straight



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## Sources of Confusion

- How many phonemes in these words?

Teach 3 phonemes t + ea + ch 3 graphemes but 5 letters

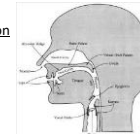
Thing 3 phonemes th + i + ng 3 graphemes but 5 letters

Straight 5 phonemes s + t + r + ai + ght 5 graphemes but 8 letters

To detect phonemes, monitor sounds and **mouth movements**

### Place of Articulation

Lips  
Tongue  
Teeth



### Manner of Articulation

Air stops or continues  
Air noisy, hissing  
Nasal air



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### Different Ways to Read Words

- **By Analogy:** adapt known word to read unknown word

j ump → d ump  
n ight → br ight

- **By Prediction:** use of context & partial letters

• At the hospital, the doctors and n.....

- **From Memory / By Sight:** retrieve word from memory

Dog → "dog"      Cat → "cat"



### AUTOMATICITY - Stroop Task

Task: Name the color or picture and ignore the words

RED GREEN BLUE BLACK



Evidence that familiar words are read automatically from memory.



### How Are Sight Words Learned?

#### FACTS TO EXPLAIN

- Thousands of words are recognized in an instant
- Accuracy is high, especially in text
- Word shapes are not distinctive
- Similarly spelled words aren't confused
  - Stick, sick, slick, stink, stiff
- Words are learned quickly – little practice required

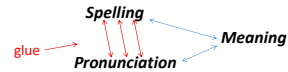
#### CONCLUSION

- Powerful memory **system** needed as the explanation
- Rote memory for unique visual forms can't explain learning



### Reading Words from Memory

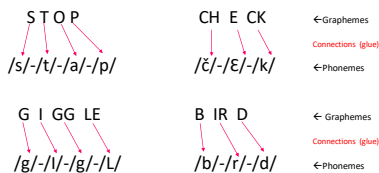
- Process of forming **connections**



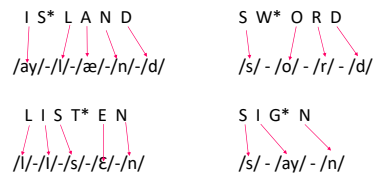
Knowledge of the grapheme-phoneme system provides the **glue** connecting spellings to pronunciations in memory: called **orthographic mapping**



### Examples of grapheme-phoneme connections for regularly spelled words



### Examples of grapheme-phoneme connections for irregularly spelled words




\* "Silent" letters




### Knowledge needed to form connections and secure words in memory

- **Phoneme segmentation**
  - Need to analyze the word's pronunciation into the smallest sounds or phonemes
- **Grapheme-phoneme correspondences**
  - Need to know letter-sound units of the writing system (**the glue**)
- **Orthographic Mapping**
  - Need to connect graphemes to phonemes within that word
- **Word Meaning**
  - Need to bond spelling-sound connections to meaning in memory



### Multi-letter Units to Form Connections for Sight Word Learning



**More advanced readers**

**Compute mappings between**

- Written multi-letter units
- Spoken units: syllables, root words, prefixes, suffixes

• **Connect spelling and pronunciation to word meaning in memory**

• **Example: in ter est ing**  
(4 syllables; 1 root *interest*, 1 suffix *ing*)

### Word Reading: Phases of Development


Labels reflect the predominant type of connection to read and spell words

**Phase 1: Pre-alphabetic**  
Use of visual, non-alphabetic connections

**Phase 2: Partial alphabetic**  
Use of partial letter-sound connections


**Phase 3: Full alphabetic**  
Use of more complete grapheme-phoneme connections

**Phase 4: Consolidated alphabetic**  
Use of multi-letter units (syllables, morphemes, affixes) to form connections  
Examples: -ING, -TION, PRE-, CON-; IN - TER - EST - ING



### Pre-alphabetic Phase

- Pre-readers
  - Cannot decode words; cannot read text independently
- Little if any use of letter-sounds to read or spell
- Writes words with random, pseudo or memorized letters, not connected to sounds
  - Example: knowing letters in own name
- Pretends to read memorized stories
- Uses visual cues to remember how to read words and environmental print



### VISUAL CUES USED TO READ WORDS



Colors and logo to read McDonalds

**LOOK**

Eyes as visual cues to read LOOK

dog

Tail as visual cue


camel

Two humps as visual cue



Colors and logo - Misread as Pepsi

### Movement into Partial Alphabetic Phase



- Learn **letter** shapes, names and sounds
- Acquire some **awareness of sounds** in words
- Can write **partial letter-sound spellings** of words
  - Examples: BP for bump; KR for car
  - Very hard to remember correct spellings
- **Cannot decode** new words
- Can **guess words** from partial letters or context
- Can **read words by sight**
  - Connects **partial** letters to sounds in words
  - **Misreads** words sharing similar letters: *stop* for *step*
  - Not fully accurate

STEP

/s/ /p/

### Invented Spellings in the Partial Phase

- Informative window revealing child's knowledge
- Child uses sounds in letter names to write the sounds she detects in words
- Spellings are partially phonetic – you can read most of them
- But spellings are not correct

Female, Age 6, Kindergarten

Bot	(boat)
Grl	(girl)
chikn	(chicken)
Fernds	(friends)
Nar	(nature)
Blawcs	(blouses)
truc	(truck)
Drde	(dirty)
Monsr	(monster)
DriKin	(drinking)



### Targets of instruction - Partial alphabetic Phase

- Letter shapes and names
- Grapheme-phoneme correspondences
  - Phonemes not in letter names: short vowels; c=/k/; g=/g/; h; w; y;
- Phonemic awareness:
  - Segmentation for spelling and orthographic mapping
  - Blending for decoding
- Instructional activities
  - Guided invented spelling
  - Reading simple text with words conforming to students' grapheme-phoneme knowledge



### Movement into Full Alphabetic Phase

- Can segment words into phonemes
- Knows the major grapheme-phoneme correspondences
  - The glue
- Can decode unfamiliar words
- Able to connect all graphemes to phonemes to bond spellings, pronunciations, and meanings in memory

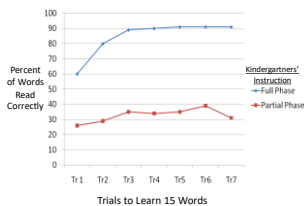


### Orthographic Mapping Practice in Reading Words: Teach Kindergartners to Connect All the Graphemes to Phonemes

- |                                    |                                                 |
|------------------------------------|-------------------------------------------------|
| Final Sound Varied Across Words    | Final Cluster Varied                            |
| Set 1: SAB SAP SAM SAT SAD SAN SAS | Set 7: SIP SIM SIMP, SIN SID SIND, SIS SIT SIST |
| Set 2: SIB SIP SIM SIT SID SIN SIS | Set 8: SUP SUM SUMP, SUN SUD SUND, SUS SUT SUST |
| Set 3: SUB SUP SUM SUT SUD SUN SUS | Initial Sound Varied                            |
| Initial Sound Varied               | Set 4: LAS RAS SAS BAS DAS PAS TAS              |
| Set 4: LAS RAS SAS BAS DAS PAS TAS | Set 5: LOS ROS SOS BOS DOS POSTOS               |
| Set 5: LOS ROS SOS BOS DOS POSTOS  | Set 6: LUS RUS SUS BUS DUS PUS TUS              |
| Set 6: LUS RUS SUS BUS DUS PUS TUS | Review Mix of Words                             |
| Review Mix of Words                | BAP DAT LAB PAM RAS SAN TAD                     |
| BAP DAT LAB PAM RAS SAN TAD        | Final Cluster Varied                            |
| Final Cluster Varied               | Set 9: DOS ROS DROS, BOS LOS BLOS               |
| Set 9: DOS ROS DROS, BOS LOS BLOS  | Set 10: DIS RIS DRIS, BIS LIS BLIS              |
| Set 10: DIS RIS DRIS, BIS LIS BLIS | Set 11: SUM PUM SPUM, TUM STUM                  |
| Set 11: SUM PUM SPUM, TUM STUM     | Set 12: SIM PIM SPIM, TIM STIM                  |
| Set 12: SIM PIM SPIM, TIM STIM     | Review Mix of Words                             |
| Review Mix of Words                | BUP BLUT DUD DRUB SPUM STUD SUMP                |
| BUP BLUT DUD DRUB SPUM STUD SUMP   | RUS LUND PUST                                   |
| RUS LUND PUST                      |                                                 |

### Kindergartners in the full and partial phases of development learn to read words with corrective feedback across 7 trials

- 15 words children practiced reading
- bend
  - bib
  - blast
  - blond
  - dot
  - drip
  - drum
  - dump
  - lamp
  - lap
  - list
  - spin
  - stab
  - stamp
  - stand



### Other Abilities of Readers in the Full Alphabetic Phase

- Able to decode novel words
- Sight word reading **vocabulary expands**
  - Word reading is accurate
  - Words are recognized automatically
- Children can **invent more complete letter-sound spellings**
- Children can **remember correct spellings** of words that are consistent with their knowledge of the spelling system
- Children can **read text at their level independently**



## Movement into the Consolidated Alphabetic Phase



- Growth in sight word vocabulary
- Recurring letter patterns become unitized
  - Examples: **-amp** in camp, damp, lamp, champ
  - -ing, -ed, -ack, -ake, -est, pre-, -tion,
- Forming connections for sight word learning
  - Segment spelling into multi-letter units
  - Segment pronunciation into syllables, morphemes, affixes
  - Connect written and spoken units to retain the word in memory
  - Example: **IN TER EST ING**

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## Spelling Words: Very Close Relationship to Reading Words

Evidence:

- Reading words improves memory for spellings
- Learning to spell words facilitates reading words
  - Reciprocal relationship
- Highly correlated, with  $r$ 's above .70
- Same underlying processes:
  - Knowledge of the alphabetic spelling **system**
    - Phoneme segmentation
    - Grapheme-phoneme relations
    - Multi-letter spelling patterns
- Using knowledge to **form connections** between spellings and their pronunciations and secure letters in memory



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## Revising Old Ideas



- **Learning to read words by sight:**
  - Enabled by alphabetic knowledge, grapheme phoneme mapping, decoding, phonics
  - Not rote memorization of visual forms
  - All words that are read become sight words, not just high frequency or irregular words
- **Phonemic awareness:** teaching and learning
  - Attention to articulation as well as sounds
  - Requires specialized knowledge by teachers
- **Spelling ability:**
  - Closely related to reading ability (same processes)

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## Vocabulary Learning Study – 2<sup>nd</sup> Graders

Students were 20 2<sup>nd</sup> graders, Mean age = 7yrs. 7 months

Reading on grade level

Taught two sets of words, one with spellings, another without spellings

- Examples of words:
  - Gam – family of whales
  - Cur – a homeless dog
  - Sod – wet, grassy ground
  - Fet – big, fun party
  - Nib – tip of a pen
  - Yag – fake jewelry
  - Keg – a barrel that holds water

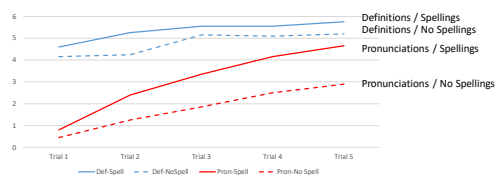


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## Recall of Pronunciations and Definitions Learned with and without Spellings



Mean Recall Over Trials (6 max)



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## 2<sup>nd</sup> Graders' Comments during Test Trials Recalling Pronunciations in the Spelling Exposure Condition



- A few children **named letters** before recalling words
- After mispronouncing a word and then seeing its spelling, one child exclaimed "Oh, I **misspelled it!**"
- One said "I know there are two E's at the end" when trying to recall *hicatee* (kind of turtle).

Further evidence that spellings of words were bonded to pronunciations in memory

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### Vocabulary Learning Study – 5<sup>th</sup> Graders

Students were 32 5<sup>th</sup> graders, Mean age = 10 yrs. 11 months  
 Grouped by reading/spelling ability  
 Higher Readers (7.3 Grade Equiv.) vs. Lower Readers (4.6 GE)  
 They were taught two sets of 10 concrete nouns

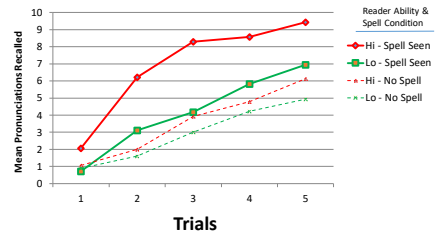
- One set: spellings seen
- One set: spellings not seen; words repeated extra times

Examples of words:

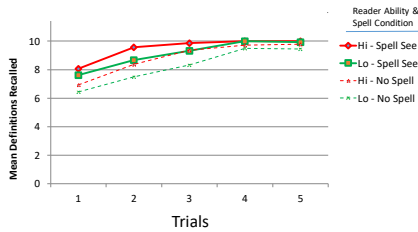
- Barrow: a small hill
- Tandem: a horse-drawn carriage
- Fribble: a foolish shallow person
- Tamarack: a big tree found all over America
- Proboscis: a really big nose



### Recall of pronunciations when spellings were seen vs. not seen by higher and lower 5<sup>th</sup> grade readers



### Recall of definitions when spellings were seen vs. not seen by higher and lower 5<sup>th</sup> grade readers



### Vocabulary Learning – Attention

- Question: Will drawing attention to the spellings enhance facilitation?
- 45 first graders, mean age = 6 yrs. 9 months
- Letter-sounds known; Reading grade equivalent = 2.1
- Taught pronunciations and meanings of 6 words
  - \* One set with spellings
  - \* One set with no spellings
- Three conditions compared
  - Pointing to spellings during study trial and feedback
  - Mere exposure to spellings during study trial and feedback
  - No exposure to spellings



#### No Spelling (Control)

Soft mushy food for babies



No spelling is shown.  
 Word pronounced "Pap".  
 Student repeats word twice.

#### Vocabulary Learning Conditions

##### Spelling Exposure Only

A group of whales



Gam

Spelling is exposed.  
 Word pronounced "Gam."  
 Student repeats word. No attention is directed at print.

##### Pointing to Spellings

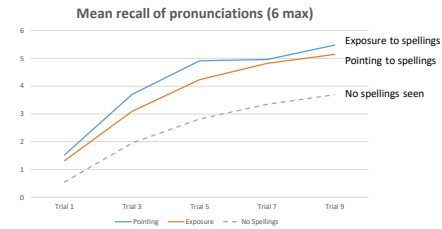
A homeless dog



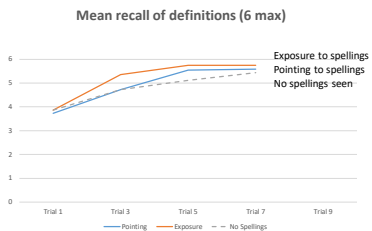
Cur

Spelling is exposed.  
 Word pronounced "Gam."  
 Student points to spelling and repeats word.

### Recalling Pronunciations Learned by Pointing to Spellings, by Exposure to Spellings, and by No Exposure



### Recalling Definitions Learned by Pointing to Spellings, by Exposure to Spellings, and by No Exposure



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### Vocabulary Learning – Decoding

Vocabulary Word	Meaning
King	A barrel that holds water
Hun	Someone who destroys things
Lad	A boy who works with horses.
Sod	Wet grass ground
Gum	A group of whales
Pap	Soft mushy food for babies
Cur	A homeless dog
Trk	Fake jewelry
Nb	A pen
Jb	A part of a sail
Ret	To soak
Moq	To walk along slowly

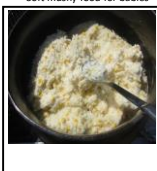
- Question: Will having students decode the words enhance facilitation from spellings?
- 56 1<sup>st</sup> graders, mean age = 6 yrs. 9 mo.
- Letter-sounds known
- Reading grade equivalent = 2.1
- Taught pronunciations and meanings of 6 words
  - \* One set with spellings
  - \* One set with no spellings
- Three conditions compared:
  - Decoding spellings
  - Exposure to spellings
  - No spellings seen



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#### No Spelling (Control)

Soft mushy food for babies



No spelling is shown. Word pronounced "Pap". Student repeats word twice.

#### Vocabulary Learning Conditions

#### Spelling Exposure Only

A group of whales



Gam

Spelling is exposed. Word pronounced "Gam." Student repeats word. No attention is directed at print.

#### Decoding Spellings

A homeless dog

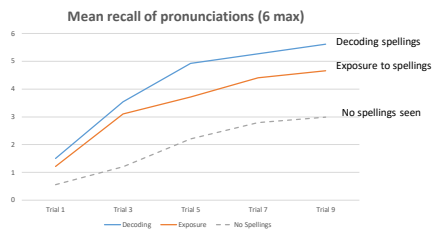


Cur

Spelling is exposed. Word pronounced "Cur." Student sounds out letters: /k/ - /u/ - /r/. Student repeats word.

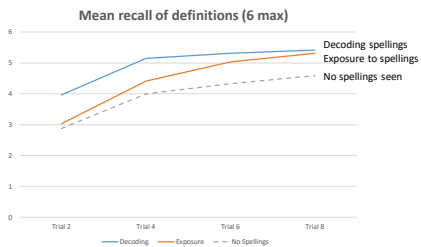
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### Recalling Pronunciations Learned by Decoding Spellings, by Exposure to Spellings, and by No Exposure








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### Recalling Definitions Learned by Decoding Spellings, by Exposure to Spellings, and by No Exposure



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### Vocabulary Learning – Novice Beginners

	FE	26
	MO	93
	BA	18
	JL	47
	LU	50

- Pre-K and Kindergartners N = 60; Mean age = 4 yrs. 10 mo.
- Knew letter names
- Read few if any words or nonwords
- Were taught CV pronunciations over trials
  - CVs pronounced with vowel letter names
  - "A pig with wings is called Fee."
- Learning Conditions:
  - Exposure to spellings
  - Control: Exposure to irrelevant print (numbers)



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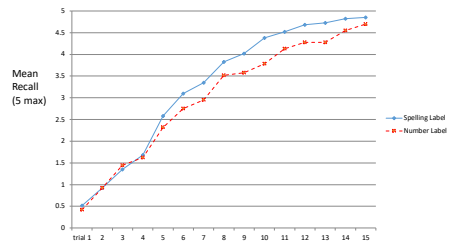
### Vocabulary Learning Conditions

Spelling Exposure

Number Exposure  
(Control)

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### Recalling Pronunciations Learned with Spellings vs. Numbers by Pre-K and K Children



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### Conclusions

- Exposure to spellings facilitates memory for pronunciations and meanings compared to no spellings.
- Effect is incidental:
  - no attention to spellings;
  - no explicit decoding required
  - orthographic knowledge and mapping are activated automatically
- Facilitation is not limited developmentally.
  - Evident in children from pre-K to 5<sup>th</sup> grades
  - Multiple studies across the globe - Ricketts
- Facilitation from spellings in learning pronunciations occurs in both good and poor readers.
  - Boost is greater in good readers.
- Decoding enhances facilitation but drawing attention to spellings does not



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### Orthographic Facilitation of Vocabulary

- Participants with Autism Spectrum Disorders
  - Lucas & Norbury, 2013; Ricketts, Dockrell, Patel, Charman, & Lindsay, 2015
- Down's Syndrome
  - Mengoni, Nash, & Hulme, 2013
- English language learners and bilingual students
  - Jubenville, Sénéchal, & Malette, 2014; Miles, Ehri, & Lauterbach, 2016; Vadasy & Sanders, 2015
- Students with specific language impairments
  - Ricketts, Dockrell, Patel, Charman, & Lindsay, 2015



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### Application to Instruction

- How might principles of sight word learning be applied to help students build their sight vocabularies?
- At each stage of development?
- How incorporate into the following:
  - reading words in isolation and in text,
  - spelling instruction,
  - Vocabulary learning



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### What can teachers do?

- Teach letter names in pre-school
- Work on Phonemic Awareness, Phonemic Segmentation activities in Pre-K
- Discuss grapheme-phoneme correspondences in fun and integrative ways
  - Use childrens' names
  - Talk about spellings of familiar items
  - Let children select letters
- Encourage inventive spelling
  - Provide letters for children if handwriting of letters is not yet developed
- Show spellings of vocabulary words
- Provide Definitions of words while students view spellings



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### Other Related Sessions to Attend

Tuesday, March 6

1:50 – 3 PM T26 Sight words: Comparing approaches and surveying the field

3:30 – 4:40 PM T36 Vocabulary learning in the elementary classroom: The benefits of orthography and decoding on student word acquisition