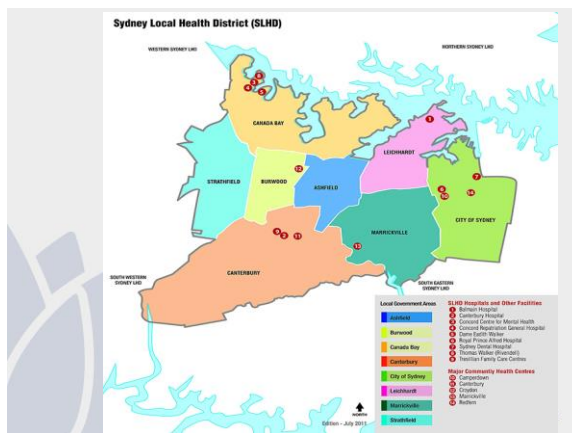


# Fibroscan Testing as a Community Engagement Strategy

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## SLHD Demographics

- Caters to a population of over 580,000<sup>1</sup>
- 1% Aboriginal or Torres Strait Islander<sup>1</sup>
- 43% speak a language other than English at home<sup>1</sup>
- Rates of HCV and HBV are higher compared to NSW average<sup>1</sup>
- 2644 HBV notifications between 2004- 2009<sup>1</sup>
- 2320 HCV notifications between 2004- 2009<sup>1</sup>
- Importance of Liver Check ups<sup>2</sup>

1. SLHD Health Profile 2013
2. Hepatitis Australia et. al. Liver Danger Zone report



## Settings

- Three neighbourhood centres
- A drug and alcohol rehabilitation service
- Private methadone clinic



## Target Audiences

- Public housing tenants
- Aboriginal or Torres Strait Islander people
- Those at risk of injecting drugs
- Those who experience socio-economic disadvantage



## Fibroscan as a community engagement tool

- Opportunity to speak to health staff about viral hepatitis, liver disease and risk factors
- Testing in an outreach, non-clinical space
- Referral to other services as appropriate
- Free
- Confidential
- No Medicare card required



## Ingredients for success

- Partnerships:
  - Clinical
  - Government and non-government
- Link in to other events
- Services with captive audiences
- Promotion:
  - Flyers
  - Word of mouth
  - Interagencies



**Hepatitis Awareness Day**  
Waterloo Neighbourhood Centre

- Get a Free Liver Check
- Ask a nurse about your liver and Hepatitis
- Listen to a personal story about living with Hepatitis
- Free lunch and drinks
- Thursday 25 July 10.30am
- On the Green between James Cook and Joseph Bank buildings

the factory Community Centre | NSW Government | Health Sydney Local Health District



## The Fibroscan

- <5 no/minimal fibrosis
- 5-6 excludes significant fibrosis
- >6-9 difficult to interpret
- >9-12 significant fibrosis
- >12 possible cirrhosis



## Results

Characteristic	Number	Percent (%)*
Male	57	65
Female	31	35
Aboriginal or Torres Strait Islander	19	22
Total Fibroscans	88	

\*Rounded to nearest percent

- Five unsuccessful tests
- Age range 19-83 years



## Further outcomes

- Bimonthly ongoing Fibroscan clinics established at Drug and Alcohol Service average 13- 15 tests
- Two more Fibroscan events held at two Neighbourhood Centres:
  - 20 successful Fibroscans
  - 9 Female, 11 Male
  - 6 Aboriginal or Torres Strait Islander people
  - Age range: 20- 72



## Recommendations

- Partnerships
- Offer additional community based screening
- Partner with NGOs who have a captive audience

## Questions?

## Disclosure of Interest

- None

## Contact Details

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