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Prevea Health Green Bay, WI

# A Better Kind of Health Plan



#### A Better Kind of Health Care

324%\*

#### Dean Health Plan

- Wisconsin based provider owned/led managed care organization since 1983
- Largest HMO in Wisconsin with over 300,000 members enrolled in commercial group, individual, ASO and governmental programs
- NCQA Excellent Accreditation since 2001
- JD Power Award for Highest Member Satisfaction among Commercial Health Plans in Minnesota-Wisconsin Region 2009, 2010, 2011, 2012
- Membership retention over 95% each year

#### DHP Background

- Dean Health Plan (DHP)
  - Has acted as an ACO for over 16 years
    - Provider owners take the risk
    - DHP manages that risk
  - By working the value proposition to achieve highest quality at the lowest cost

## Quality & Service

#### J.D. Power and Associates 2011 U.S. Member Health Insurance Plan Study $^{\rm SM}$ .

• 3 Consecutive Years Highest Member Satisfaction for Wisconsin-Minnesota Region

#### Consumer Assessment of Healthcare Providers and Systems (CAHPS)

- #1 among local competition Overall Rating of Health Care
- #1 in WI Overall Rating of Personal Doctor
- #2 in WI How Well Doctors Communicate

#### 11th Consecutive NCQA Excellent Accreditation

#### Corporate Report – Best Health Insurance Carrier

- 4 years in a row
- Votes by businesses in south central Wisconsin



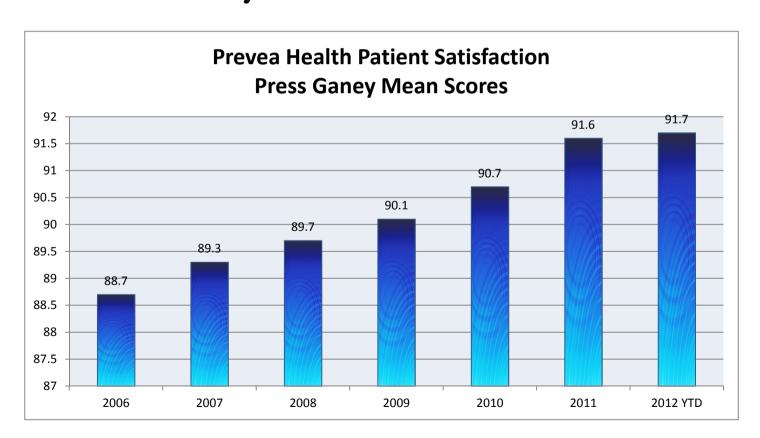


#### Prevea Health

- Founded in 1996 with 70 physicians
- Now with 192 physicians, 300+ total providers, 1400 employees.
- Serving Northeast Wisconsin and Sheboygan from 23+ sites
- 50+ specialties and subspecialties
- In 2009, entered into PSA with St. Vincent Hospital and St. Nicholas Hospital
- With our hospital partners we have 48% of the inpatient market share in Green Bay and Sheboygan

## History of Service

• First Wisconsin Clinic to win a Press Ganey Success Story Award



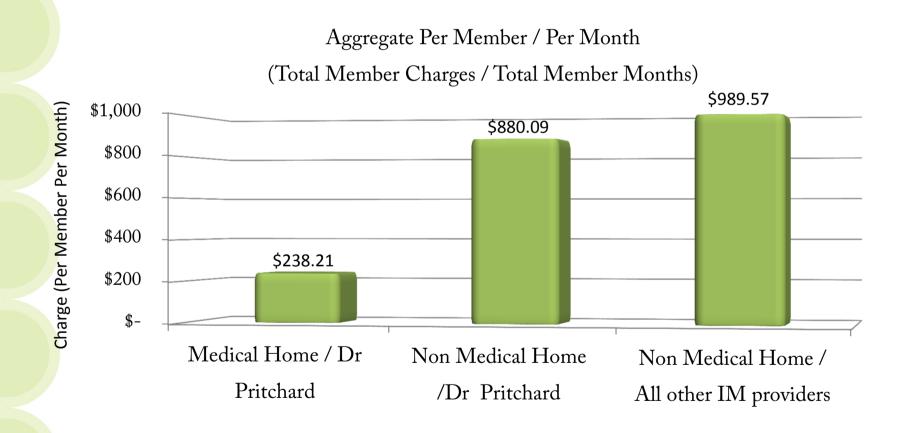
## Quality and Value

- First medical home locally to receive NCQA accrediation
- One of nine organizations in the country that the NCQA choose to pilot ACO accreditation with
- First physician group and hospital system to launch EPIC locally
  - Prevea October 2002
  - Hospitals January 2012

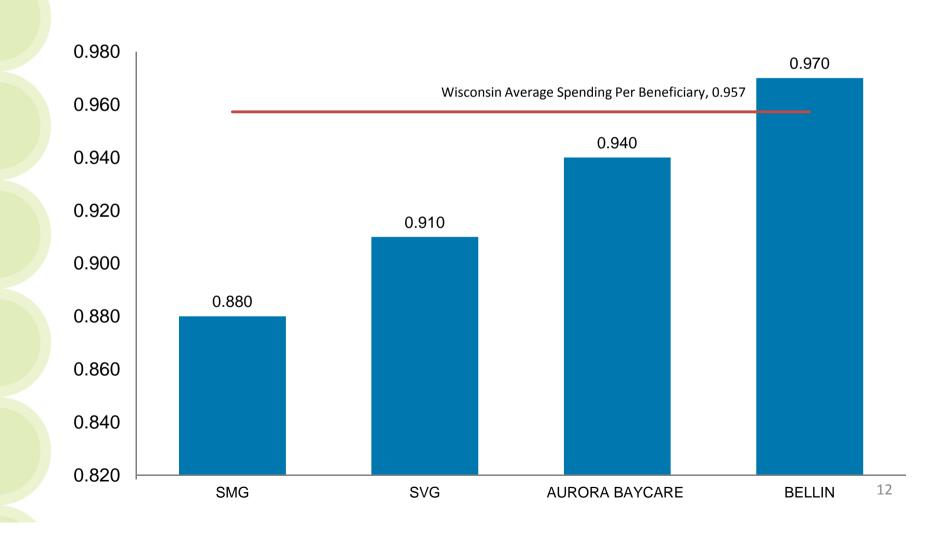
#### Integrated, Physician-led Coverage and Care

- Doctor Patient Relationship
  - HRA and Biometric Testing
- Members of integrated plans have better understanding of and satisfaction
- Phytel Proactive Patient Outreach

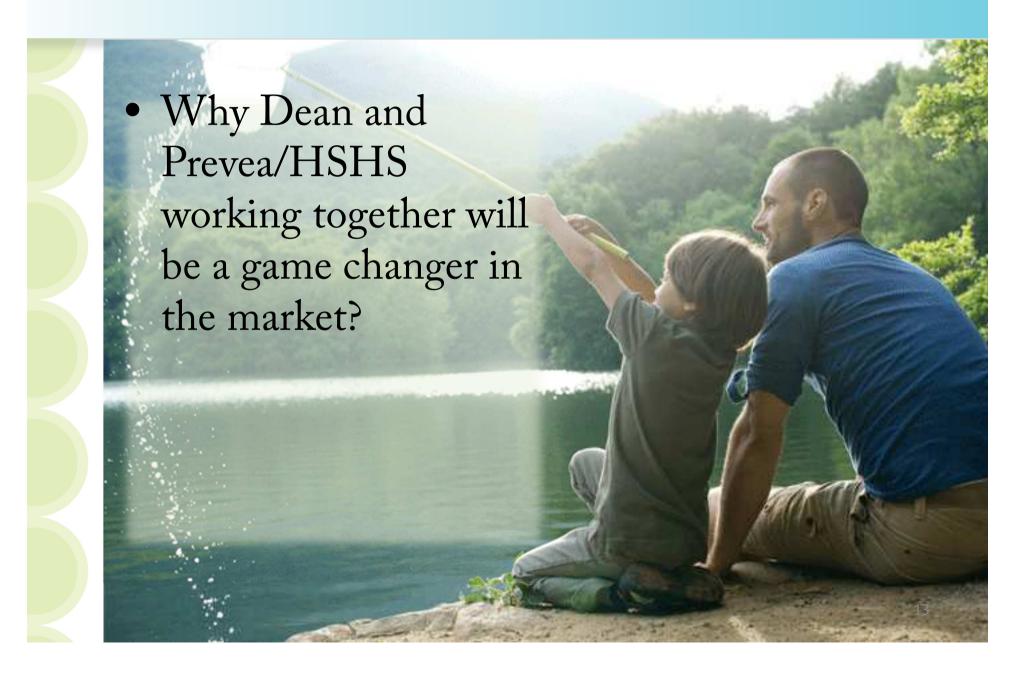
## The Value Story



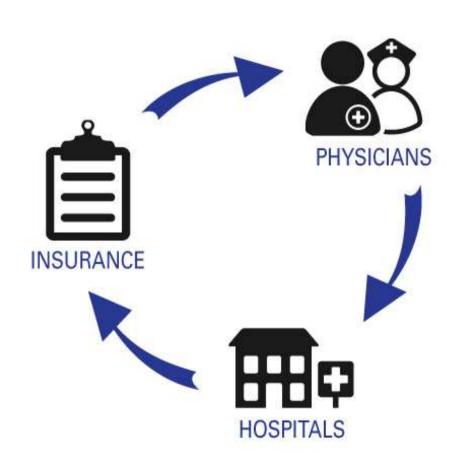
# The Value Story



## Partners – Common Vision



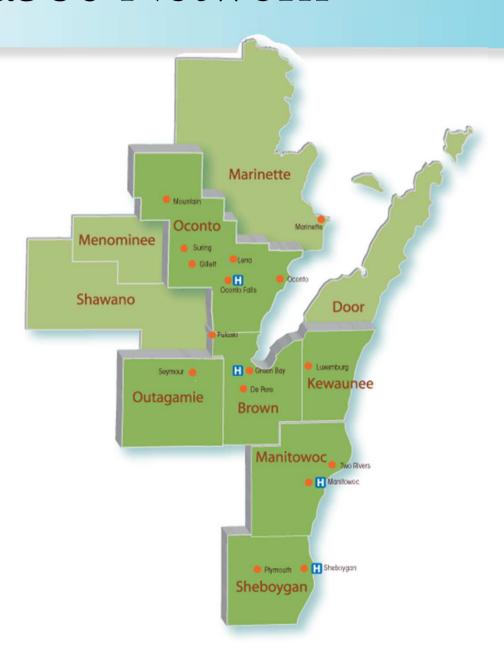
## Integrated Coverage and Care



#### Prevea360 Health Plan

- Patient-Centered provider owned/led
- Prevea360 integrated system approach aligns incentives to deliver the right care at the right time in the right setting
- Our offerings that are designed to support continual wellness efforts
- Quality, Service, Expertise, Infrastructure
- A model that focuses on providing the best care at the lowest cost to patients.
- Prevea360 is a plan developed to serve people in this community by people who live and work locally
- Keeps business dollars local. Profit of Health Plan does not go out of state.

## Prevea360 Network



## Today's Business Environment

#### • Businesses are struggling

- In 2012, total health care costs per active employee, on average, are expected to reach \$11,664, up from \$10,982 in 2011
- In fact, employers pay 40% more for health care than they did five years ago

#### What Can Business Do?

- Identify cutbacks
- Change insurance offerings, higher deductible
- Create a wellness committee
- Offer HRAs...then what?
- Time to refocus Strategy for reducing healthcare costs

## Top Healthcare Strategies for 2013

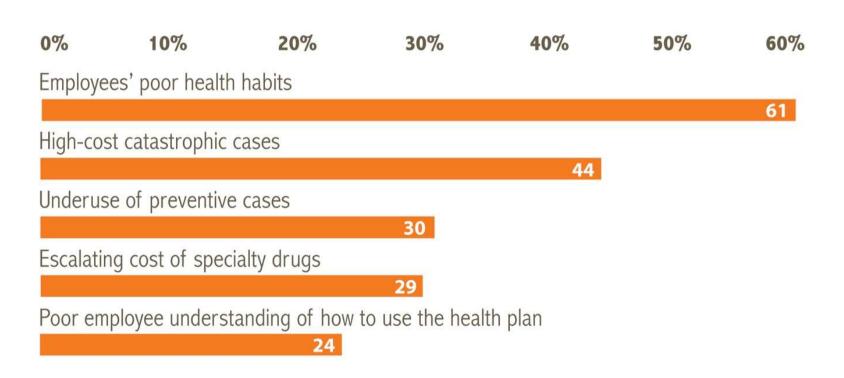


## Top Healthcare Strategies for 2013



## Challenges Ahead

Biggest Challenges to maintain affordable benefit coverage



## Create a New "Playbook"

- Engage employees in living healthier lifestyles
- Provide them with the tools and resources they need to lead healthy, productive lives
- Support behavior change and encourage healthier lifestyles
- Measure results a data driven approach
- Increase employee accountability

### Prevea's Vision

- Truly "partnering" with our best paying customers
- Prevent risks from becoming claims
- Be your company's wellness resource
- Spend less, but all in one place

# 

Prevea Health & Wellness

### LeadWell

PRODUCTIVITY
MANAGEMENT

ON-SITE
PROGRAMS

& FITNESS
PARTNERSHIP

HRA
SERVICES

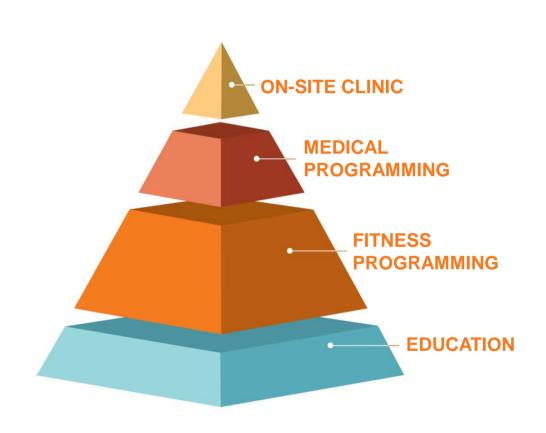
WELLNESS
& FITNESS
PARTNERSHIP

WORKMED

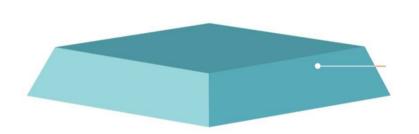
## Unique Offerings

- GetFit on-site fitness classes
- On-site health & wellness clinic
- On-site medical screenings
- HRA result analysis
- One-on-one nutrition services from a Registered Dietitian
- Healthier U chronic disease programming
- WellSaid educational series

## Health & Wellness Pyramid



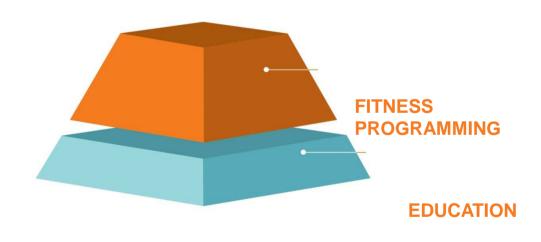
#### Education



Designed to enrich quality of life in just one lunch hour at your worksite. The series covers a full range of nutrition, fitness and health topics.

**EDUCATION** 

## Fitness Programming

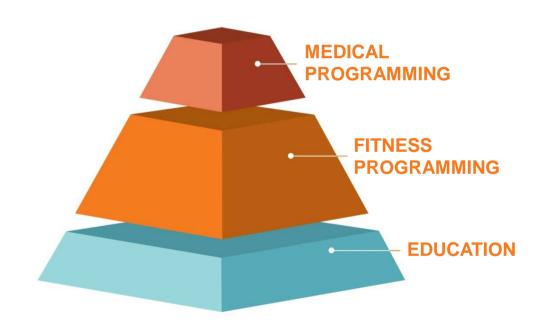


#### • Get Fit

- Exercise designed for the beginner
- Classes provided on-site
- Create an active lifestyle
- The purpose is to lose inches & weight



## Medical Programming



#### Healthier U

Guided on-site by an integrated wellness team, participants commit to a 12 week session that combines lifestyle education with exercise programming. All designed to better manage their health

Each individual determines their own "Smart" health goals

They work one-on-one with a registered dietitian, personal trainer, and life coach

#### On-site Health & Wellness



On-site health & wellness clinics can reduce the employer's health plan costs for physician and emergency room visits, while reducing absenteeism associated with minor illness that go untreated.

#### On-site Medical Clinics

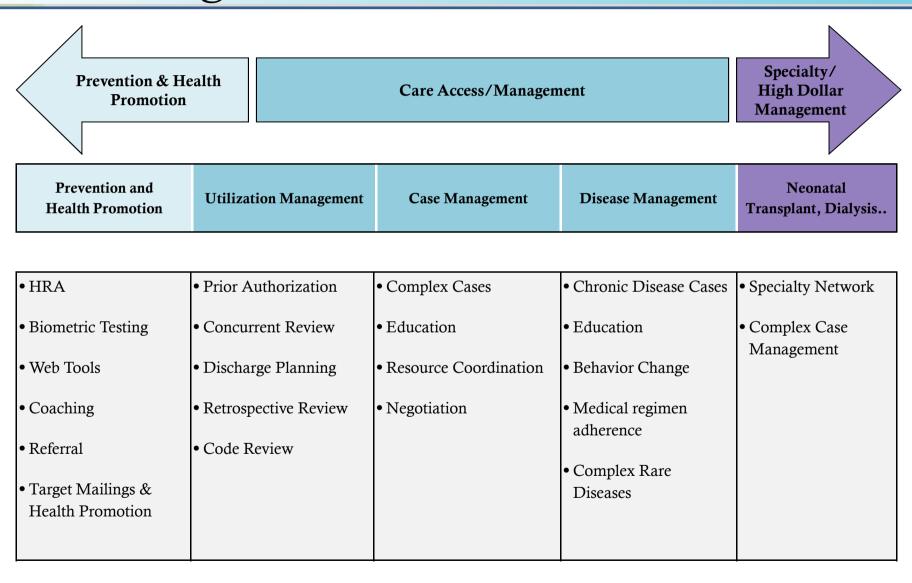
- Preventive and acute health care
- Nurse Practitioner and Physical Therapist do all services within scope: blood draw, register patients
- Therapy services are typically musculoskeletal complaints and work related injuries
- Treating Chronic Conditions
- Clinics are tailored to companies individual needs
- On Site Epic
- Some used by Family Members

# LEADWELL + PREVEASOO health plan Prevea Health & Wellness

#### LeadWell + Prevea360

- Delivering unique offerings
- Fun with future
- Discounts
- Pricing
- Design process involves Prevea & Employer

## Prevea360 Population Health Management Continuum



#### MVP Background

- Began in June 2008 with Medical Cost Trend Committee Business Plan
- Focus on efficiency improvements using benchmarking analysis (Milliman data) to identify opportunities
- In 2010, committee changed name to Medical Value Program and increased focus on quality initiatives as well as efficiency.

### **MVP**

- Medical Value Program
  - Data driven process to find areas for improvement across the system (hospital, clinic, health plan) and increase chances for success (higher quality equals lower cost)
  - National and regional efficiency and quality benchmarks used to identify opportunities
  - Driven by committee of system CMOs and COOs
  - Leverages an established culture of continuous improvement at Prevea/HSHS

### **MVP**

- Medical Value Program
  - Improved analytics using claims, financial and EHR systems input
  - Rigorous project management approach utilized
  - Average of 15-25 initiatives in flight at any time
  - Consistently manage and monitor cost, quality, patient satisfaction
    - Cost curve bent while maintaining quality and patient satisfaction

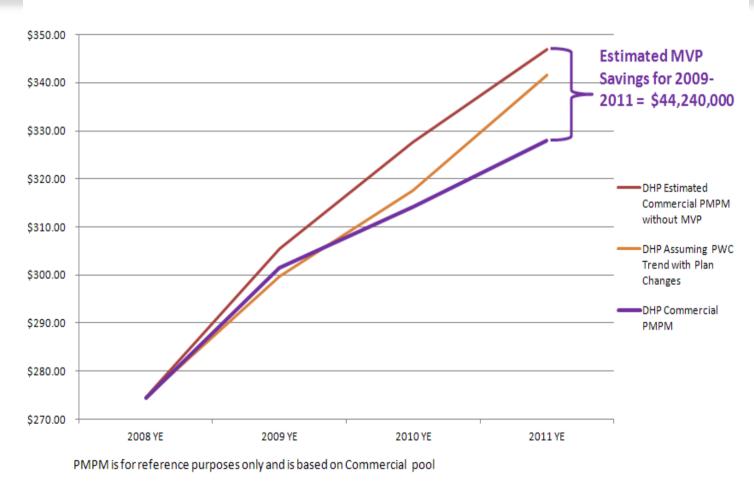
### MVP examples

- Medical Value Program
  - Improved joint replacement post op care
    - # of patients discharged to SNF down 76%.
    - Readmission declined by 29%
  - Established joint education program to improve patient satisfaction on discharge
  - Pharmacy cost avoidance improved
    - Utlization of 90 day prescriptions increased from 9% to 28%
    - Generic Utilization increased from 71% to 83%

### MVP Program Strengths

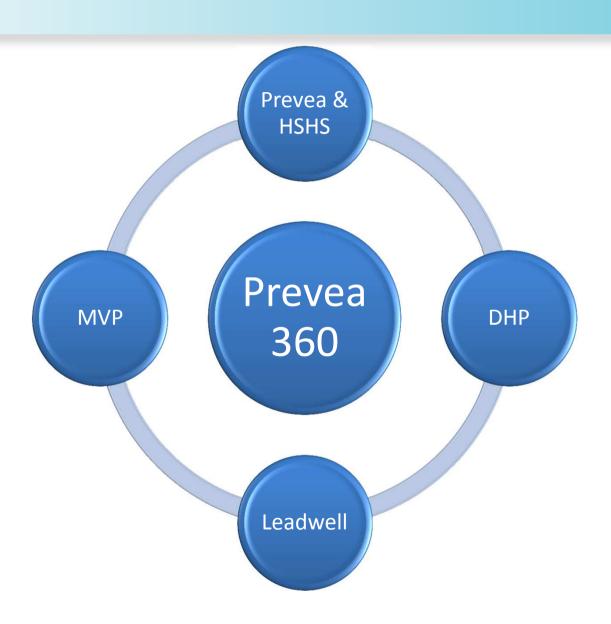
- Cross System committee of leadership participants
- Meets with operational entities monthly
- Dedicated analytics and project management team
- Unique program that is a selling point to customers
- Goals are established for each program with measurable metrics
- 2012 Financial savings Goal was \$20 million

#### MEDICAL VALUE PROGRAM

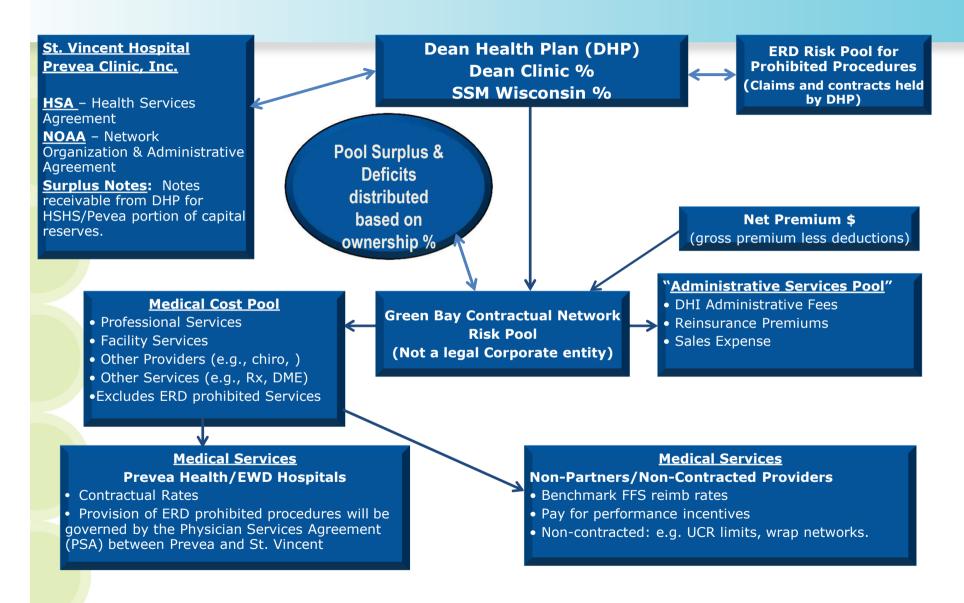


The total 3 year DHP trend of 19% compares to 32% for Milliman

## Bringing it Together



### The Structure of Prevea 360



## Product Offerings

- Plan Offerings
  - Network
  - POS
  - PPO Only for employees who live outside of service area or are in "fringe" counties
- Plan Offerings
  - Network Copay Plus, Classic, HSA
  - POS Choice
- Individual Market
  - www.ehealthinsurance.com



## Before Go Live

- Contracting language
  - Insurance Details within HSA
  - Termination Clause
  - Prevea/Hospital employees
- Financial Projections
- Provider Manual
- Percentage of Ownership
  - How much risk?
- Ethical Religious Directives (ERD) services
- Reimbursement Rates
  - Steerage Protection
  - Negotiating our own rates



## Before Go Live

- Selling it to our Physician Shareholders
  - What do we call it?
    - Focus Groups
  - Answering "Why would we do this again?
- The concept of Volume to Value
- OCI Approval
- Building the "Coordinated" Network
- Numerous Board Approvals



## After Go Live

- Differences in Markets
- Still Building the Network
- Prevea's Employee Insurance
  - -Understanding the differences
  - Selling why we did it
- Volume



#### Prevea 360 Governance and committee structure



## Thank You

# Questions?

