

LONG TERM CARE

Applied Research Day

PROGRAM AT A GLANCE

DATE: February 25-26, 2014

JOIN OVER 500 LTC LEADERS, care team members, researchers, policymakers and stakeholders on February 25-26th for the 5th annual Applied Research Education Day, an information-packed event designed to promote research utilization in long term care, profile new and emerging research and researchers, and provide a forum for learning, networking and information-sharing.

LOCATION: HILTON HOTEL TORONTO

145 Richmond Street West, Toronto

DAY 1 highlights the latest applied research.**DAY 2** focuses on policy and practice.

Both days feature **engaging speakers**, thought-provoking presentations, networking opportunities and much more.

[Click here to REGISTER](#)
TUESDAY, FEBRUARY 25, 2014

7:30 am	REGISTRATION & COFFEE				
8:30 am	OPENING PLENARY Welcome P1 Keynote Presentation: Value-Based Purchasing: Results of US Demonstration Projects & Implications for the Ontario LTC Sector <p>Join renowned health services researcher and expert in the fields of aging policy and long-term care, David C. Grabowski, PhD, professor of health care policy at Harvard Medical School, for lessons learned from a 3-year nursing home demonstration project funded by the US Centers for Medicare and Medicaid to reduce cost and improve quality.</p>				
9:30 am	ENERGY BREAK				
	RESEARCH MARKETPLACE				
	Poster Viewing	Student Research	Tools & Resources Tables	Innovations Showcase	Networking
10:30 am	CONCURRENT SESSIONS MORNING				
	AM1: Managing Behavioural Symptoms of Dementia and Mental Illness <p>This session will discuss tools to assess the risk of imminent violence in the elderly and best practices in pharmacological and non-pharmacological interventions for managing behavioural symptoms of dementia and mental illness.</p>	AM2: Advanced Wound Care <p>This session will review the state of the science in prevention, assessment and management of skin tears. It will also report on prevalence, incidence and cost of wounds in LTC based on new analyses of Ontario and other Canadian data, and discuss implications for providers and funders.</p>	AM3: Improving Psycho-Social Care in LTC <p>This session will present models for improving the delivery of psycho-social care in long term care promoted by the Hartford Geriatric Social Work Initiative and discuss how these could models could be used to better support residents moving into long term care and their families.</p>	AM4: Improving the LTC Admissions Process <p>This session will highlight research on the subjective experience of older adults during relocation to long term care and discuss the use of Lean process improvement methods and mobile behavioural support services to turn difficult experiences into "magnificent moves."</p>	AM5: Advance Care Planning <p>This session will discuss the provider's role and responsibilities with respect to health care consent and advance directives and report on results of a quality improvement project to remove Level of Care (LOC) forms and minimize inappropriate ED transfers.</p>
12:00 pm	LUNCH				
12:45 pm	RESEARCH MARKETPLACE				
	Poster Viewing	Student Research	Tools & Resources Tables	Innovations Showcase	Networking

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<p>1:30 pm</p>	<p>CONCURRENT SESSIONS EARLY AFTERNOON</p> <p>PM1: Palliative Care I This session will include a brief report on rates of mortality in Ontario LTC Homes, and two studies on awareness of impending death and barriers to access and delivery of end of life care for persons with dementia.</p> <p>PM2: Optimizing the PSW Role This session will review personal care best practice guidelines, and explore ways to optimize the role of personal support workers in the delivery of stroke care and other specialized services of increasing importance to long term care.</p> <p>PM3: Restorative Care I This session will profile a program to promote physical activity as a cultural norm, explore factors associated with receipt of PT, OT and nursing restorative programs and review research on rehabilitative care delivery in long term care settings.</p> <p>PM4: Reducing Hospital Transfers This session will report on the results of a Phase I evaluation of the INTERACT Program in an Ontario LTC home, and a LHIN pilot project to reduce ED transfers. It will also review ways to improve care transitions to and from long term care among older adults with complex conditions.</p> <p>PM5: ORC Emerging Researchers I This session will showcase the work of early researchers of the Ontario Research Coalition, including new studies on dual-task gait training and aerobic exercise for older adults with cognitive impairment, B12 deficiency in LTC, improving the micro-nutrient quality of food, and e-health programs for older adults.</p>
<p>2:45 pm</p>	<p>ENERGY BREAK - Deadline for Poster Awards Ballots</p>
<p>3:00 pm</p>	<p>CONCURRENT SESSIONS LATE AFTERNOON</p> <p>PM6: Palliative Care II This session will review a framework and resources for enabling organizational change and supportive the delivery of quality palliative care in LTC. It will also explore Comfort First, an innovative program to address the palliative care needs of residents with dementia.</p> <p>PM7: Person-Centred Care This session will review the physician role in promoting resident-centred care and qualitative research on missed opportunities for person-centered communication in staff-resident interactions and promoting inclusion through better appreciation of the lived experiences of residents and families.</p> <p>PM8: Quality Performance This session will explore alternate approaches to conceptualizing and measuring organizational performance and discuss how to use scorecards and resident and family satisfaction surveys to focus, promote and track improvement efforts.</p> <p>PM9: Specialized Programs This session will discuss the role of funding reform to enhance the provision of peritoneal dialysis in long term care and present results from evaluations of the short-stay convalescent care program and the Mississauga-Halton Behavioural Supports Ontario program.</p> <p>PM10: ORC Emerging Researchers II The ORC builds research capacity with incentives to encourage people early in their research careers to focus on health and aging. Featured presentations will review bereaved families' satisfaction with end of life care in LTC, and two innovative programs to address education gaps related to falls prevention and palliative care.</p>
<p>4:15 pm</p>	<p>CLOSING PLENARY P2 Keynote Presentation: Managing Residents with Frontotemporal Dementia Violence and aggressive behaviours are becoming increasingly common in long term care homes. Join acclaimed researcher, author and expert in behavioural neurology and geriatric psychiatry, Tiffany Chow, MD, for important insights on meaningful interventions for residents with behavioural disturbances due to dementia.</p>
<p>5:00 pm</p>	<p>POSTER AWARDS Poster award presentations for Best STUDENT Poster, RESIDENTS' CHOICE Poster and DELEGATES' CHOICE Poster</p>
<p>5:15 pm</p>	<p>RECEPTION Join award recipients, poster and podium presenters, innovators and special guests for a reception celebrating long term care leadership and innovation.</p>
<p>5:30 pm</p>	<p>INNOVATORS DEN Find out about exciting new products and innovations designed to improve care, reduce cost and create value for long term care and Vote for Best New LTC Product or Service Award. Delegates on-site for the announcement of the Award will be eligible for a Door Prize Draw. Stay tuned for details.</p>
<p>6:15 pm</p>	<p>ADJOURNMENT</p>
<p>6:30 pm-8:00 pm</p>	<p>HOSPITALITY SUITE Tundra Restaurant - Hilton Sponsors are invited to attend the Hospitality Suite on Tuesday evening – this is an excellent opportunity to network with the delegates and have face-to-face time in a relaxed atmosphere.</p>

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WEDNESDAY, FEBRUARY 26, 2014

7:30 am	REGISTRATION & COFFEE			
8:30 am	<p>OPENING PLENARY Welcome Back P3 Keynote Presentation - Minnesota's Performance-Based Incentive Payment Program: Lessons for Ontario</p> <p>Minnesota is a national leader in nursing home quality. Join Greg Arling, PhD, Indiana Center for Aging Research, and Valerie Cooke, BA, BS, Minnesota Department of Human Services, for a discussion of an innovative quality improvement program introduced in 2006 to support LTC Home initiatives to improve clinical quality, resident quality of life and other measures.</p>			
9:30 am	ENERGY BREAK			
9:45 am	<p>CONCURRENT SESSIONS</p> <table border="0"> <tr> <td style="vertical-align: top;"> <p>AM6: Restorative Care II</p> <p>This session will profile the work of the OLTCA Nursing and Special Rehab Task Force, Ministry PT Clinical Table and the provincial Rehabilitative Care Alliance.</p> </td> <td style="vertical-align: top;"> <p>AM7: Mental Health</p> <p>This session will provide a more in-depth look at mental health service delivery in long term care with presentations from homes, researchers and leaders in geriatric psychiatry and mental health nursing.</p> </td> <td style="vertical-align: top;"> <p>AM8: Financial Policy</p> <p>This session will review case costing methodologies and offer practical advice on emerging operational issues. OLTCA Board and senior staff will be on hand to facilitate discussion and answer questions.</p> </td> </tr> </table>	<p>AM6: Restorative Care II</p> <p>This session will profile the work of the OLTCA Nursing and Special Rehab Task Force, Ministry PT Clinical Table and the provincial Rehabilitative Care Alliance.</p>	<p>AM7: Mental Health</p> <p>This session will provide a more in-depth look at mental health service delivery in long term care with presentations from homes, researchers and leaders in geriatric psychiatry and mental health nursing.</p>	<p>AM8: Financial Policy</p> <p>This session will review case costing methodologies and offer practical advice on emerging operational issues. OLTCA Board and senior staff will be on hand to facilitate discussion and answer questions.</p>
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11:00 am	ENERGY BREAK			
11:15 am	<p>CLOSING PLENARY P4 Keynote Presentation: 15 Ways to Improve LTC Funding & Planning</p> <p>Last year, health care funding and policy expert, Colin Preyra, PhD, wowed the crowd. This year, he is back with a thoughtful presentation on ways to Improve LTC Funding and Planning based on two soon-to-be-released reports commissioned by the Ontario Long Term Care Association.</p>			
12:00 pm	CLOSING REMARKS			
12:00 pm	<p>OLTCA MEMBERS MEETING</p> <ul style="list-style-type: none"> -Networking Lunch -Business Meeting -Open To Oltca Active Members Only 			
2:00 pm	<p>P5 Keynote Presentation - Accountability Then and Now: Implications for Long Term Care</p> <p>Join Torkin Manes Litigation Group partner, David Golden and Chartwell Chief Operating Officer, Karen Sullivan, for a thought-provoking review of the evolution in LTC provider accountability.</p>			
3:00 pm	ADJOURNMENT			

*NOTE: Full and Single Day registration options are available. OLTCA Active Members planning to attend the Day 2 Members Meeting only must register online to confirm lunch attendance.

To register or more information please visit www.oltca.com/applied-research-education-day ,
www.etches.com/ehome/ared or contact kirsten@bayleygroup.com, (519) 263-6004.