

Rural Health and Research Congress

Beyond distance and diagnosis

5-7 SEPTEMBER 2018 • TAMWORTH, NSW

DAY ONE: Wednesday, 5 September 2018

9.00am – 12.15pm	PRE-CONGRESS WORKSHOP REGISTRATIONS OPEN
9.00am – 12.15pm (Morning Tea: 10.30-10.45)	<u>WORKSHOP ONE: CRUCIAL CONVERSATIONS</u> <i>Jan Dent, Senior Project Officer/Leadership, Health Education & Training Institute and Dr Jo Burnand, Medical Director, IECO Consulting</i>
9.00am – 12.15pm (Morning Tea: 10.30-10.45)	<u>WORKSHOP TWO: WRITING FOR PUBLICATION</u> <i>Associate Professor Gene Hodgins, Clinical Education Academic Lead & Clinical Psychologist, Charles Sturt University, Three Rivers University Department of Rural Health</i>
9.00am – 12.15pm (Morning Tea: 10.30-10.45)	<u>WORKSHOP THREE: CULTURAL RESPONSIVENESS IN ACTION</u> <i>Donna Murray, Chief Executive Officer, Indigenous Allied Health Australia and Adjunct Professor Nicole Turner, Aboriginal Community Nutritionist & Chairperson, Indigenous Allied Health Australia</i>
9.00am – 12.15pm (Morning Tea: 10.30-10.45)	<u>WORKSHOP FOUR: EDUCATION TECHNOLOGIES - FROM BASICS TO BALLISTICS</u> <i>Tod Adams, Manager Rural Education Innovation & Training and Howard Dawson, Education Technology & Innovation Manager, Health Education & Training Institute</i>
9.00am – 11.00am	<u>WORKSHOP FIVE: GOMEROI GAAYNGGAL TOUR</u> <i>Associate Professor Kym Rae, Director, Gomeroi gaaynggal Centre</i> <i>Buses departing Tamworth Town Hall at 9.00am, returning at 11.00am</i>
From 12.00pm	CONGRESS REGISTRATIONS OPEN
1.00pm – 1.50pm	MASTER OF CEREMONIES <i>Tod Adams, Health Education & Training Institute</i>
	WELCOME TO COUNTRY <i>Len Waters, Culture Tours</i>
	WELCOME ON BEHALF OF HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT <i>Michael DiRienzo, Chief Executive, Hunter New England Local Health District</i>
	WELCOME FROM THE PARLIAMENTARY SECRETARY FOR REGIONAL AND RURAL HEALTH <i>Mrs Leslie Williams MP, Member for Port Macquarie, Parliamentary Secretary for Regional and Rural Health</i>
	OPENING ADDRESS <i>Adjunct Professor Annette Solman, Chief Executive, Health Education & Training Institute</i>
1.50pm – 2.30pm	OPENING KEYNOTE: RURAL HEALTH - SETTING THE SCENE <i>Emeritus Professor Paul Worley, National Rural Health Commissioner</i>
2.30pm – 3.00pm	AFTERNOON TEA TRADE DISPLAYS AND POSTER EXHIBITION
3.00pm – 3.45pm	KEYNOTE: beyondblue MENTAL HEALTH IN THE BUSH <i>Fiona Coote, Director, beyondblue</i>
3.45pm – 4.20pm	KEYNOTE: NSW REGIONAL HEALTH PARTNERS <i>Michael DiRienzo, Chief Executive, Hunter New England Local Health District and Stewart Dowrick, Chief Executive, Mid North Coast Local Health District</i>

4.20pm – 4.45pm	KEYNOTE: NSW RURAL PRIMARY CARE WORKFORCE PLANNING <i>Richard Colbran, Chief Executive Officer, NSW Rural Doctors Network</i>
4.45pm - 4.50pm	SUMMATION OF DAY ONE <i>Tod Adams, Health Education & Training Institute</i>
5.15pm – 6.45pm	7th RURAL HEALTH AND RESEARCH CONGRESS WELCOME RECEPTION VENUE: The Pavilion Tamworth ADDRESS: 25 Back Kootingal Rd, Nemingha DRESS CODE: Smart Casual TRANSPORT: Buses departing the Congress Venue (Tamworth Town Hall) at 5.00pm sharp

DAY TWO: Thursday, 6 September 2018

7.30am – 8.30am	BREAKFAST EVENT: EMERGING RESEARCH SHOWCASE			
From 8.00am	CONGRESS REGISTRATIONS OPEN			
8.30am – 8:35am	WELCOME, OPENING OF DAY TWO <i>Tod Adams, Health Education & Training Institute</i>			
8.35am- 8.45am	WELCOME FROM MEMBER FOR TAMWORTH <i>Kevin Anderson MP, Member for Tamworth, Parliamentary Secretary for Regional Roads, Maritime and Transport</i>			
8.45am – 9.30am	KEYNOTE: CHILD SOLDIER TURNED LAWYER AND HUMAN RIGHTS ADVOCATE - REFLECTIONS ON TRANSFORMATION <i>Deng Thaik Adut, Sydney Lawyer and Refugee Advocate</i>			
9.30am – 10.35am	KEYNOTE: BEYOND SUPERHUMAN – TECHNOLOGY FOR HUMANITY <i>Dr Jordan Nguyen, TV Presenter and Biomedical Engineer</i>			
10.35am – 11.10am	MORNING TEA TRADE DISPLAYS AND POSTER EXHIBITION			
11.10am – 12.45pm	CONCURRENT SESSION ONE			
	Aboriginal Health and Wellbeing	In Partnership	Tech Talk and Ingenuity	Unexpected Inspiration
11.10am – 11.30am	Identifying reasons for delay in accessing Early Intervention Services for rural Indigenous children with developmental disability: is there a gap and how do we close it? <i>Emma Gorman, Junior Medical Officer, Murrumbidgee LHD</i>	Do the bus stop: partnering for country kids <i>John Reid, Community Programs Manager, Royal Far West</i>	Heparin titration is hard: let the app do the work! <i>Kirstin Berry, Medication Safety and Quality Manager, Hunter New England LHD</i>	Implementing a proportionate review process for research in Northern NSW and Mid North Coast Local Health Districts <i>Rebecca Lavery, A/Research Ethics and Governance Coordinator, Northern NSW LHD</i>

<p>11.35am – 11.55am</p>	<p>The views of Aboriginal women on health supports: a mixed methods study</p> <p><i>Sarah Perkes, PhD Candidate, University of Newcastle</i></p>	<p>“Relational Solutions”: working with children under 10 with problematic and harmful sexualised behaviours</p> <p><i>Erin Baxter, Clinical Lead, Children Under 10 with Problematic or Harmful Sexualised Behaviours, Hunter New England LHD</i></p>	<p>The resident guide experience: design, engagement and data in clinician focused apps</p> <p><i>Rob Pearlman, Founder and Chief Executive Officer, MedApps</i></p>	<p>Riding the wave of malnutrition screening tool referrals: evaluation of a prioritisation tool</p> <p><i>Megan White, Dietitian, Illawarra Shoalhaven LHD</i></p>
<p>12.00pm – 12.20pm</p>	<p>Rheumatic heart disease: educating health professionals</p> <p><i>Linda Bootle, Clinical Midwife Consultant, Aboriginal Maternal Infant Health Service, Western NSW LHD</i></p>	<p>Connecting corrections: partnership between Justice Health and Hunter New England LHD improves equity and access to specialist care and overall health outcomes for prison inmates using telehealth</p> <p><i>Jenny Rutherford, Registered Nurse Clinical Telehealth, Hunter New England LHD</i></p>	<p>FaceMatch: a secure portal providing automated face-matching for individuals with undiagnosed intellectual disability</p> <p><i>Tracy Dudding-Byth, Clinical Geneticist, Hunter New England LHD, Health Clinical Research Fellow</i></p>	<p>Living well in NSW multipurpose services evaluated: is it home?</p> <p><i>Jessica Drysdale, Implementation Officer, Agency for Clinical Innovation</i></p>
<p>12.25pm- 12.45pm</p>	<p>Empowering the local Aboriginal community through the implementation of a soap making program: new ways of working and doing</p> <p><i>Ann-Marie Thomas, Registered Nurse, Pius X Aboriginal Corporation</i></p>	<p>Parents as partners: co-designing a localised model of care for children with medical complexity living in the Murrumbidgee</p> <p><i>Kristen Brown, Project Officer Paediatric Integrated Care Initiative, Murrumbidgee LHD and Sydney Children’s Hospital Network</i></p>	<p>Size matters: bridging the gap between screen sizes when viewing health related documents</p> <p><i>Kirstin Berry, Medication Safety and Quality Manager, Hunter New England LHD</i></p>	<p>“Golden Angels” spreading their wings: the impact of volunteer support for patients with dementia and delirium in seven rural hospitals</p> <p><i>Annaliese Blair, Clinical Research Officer, Aged Care Evaluation Unit, Southern NSW Local Health District</i></p>
<p>12.45pm – 1.30pm LUNCH & TRADE EXHIBITION TRADE DISPLAYS AND POSTER EXHIBITION</p>				
<p>1.30pm – 2.30pm</p>	<p>HEALTH PLAY: WHAT MATTERS What matters most in health care for patients, doctors, staff, cleaners, family and everyone is kindness! Based on true stories, this new Hush Play shows how acts of kindness can have the most surprising outcomes. “What Matters” is written by Alan Hopgood AM and Dr Catherine Crock AM.</p>			
<p>2.35pm – 3.30pm</p>	<p>CONCURRENT WORKSHOPS – ALL THINGS RESEARCH!</p>			
	<p>Get onboard the rural research train</p> <p><i>Dr Kerith Duncanson, Rural Research Program Manager, Health Education & Training Institute and Dr Leanne Brown, Academic Lead – Teaching and Learning, University of Newcastle Department of Rural Health, Tamworth</i></p>	<p>Research ethics and governance without tears</p> <p><i>Rebecca Lavery, Research Ethics & Governance Coordinator and Dr Alex Stephens, Director of Research Northern NSW LHD</i></p>	<p>Capturing the important contributions of rural research</p> <p><i>Dr Emma Webster, Senior Lecturer Rural Research and Dr Georgina Luscombe, Senior Lecturer Medical Statistics, University of Sydney, School of Rural Health</i></p>	<p>Using excel for data management and analysis</p> <p><i>Dr Xenia Dolja-Gore, Academic Biostatistician, Research Fellow, NSW Health Prevention Research Support Program</i></p>

3.30pm – 4.00pm	AFTERNOON TEA TRADE DISPLAYS AND POSTER AUTHORS AVAILABLE BY THEIR POSTERS			
4.00pm – 5.10pm	CONCURRENT SESSION TWO			
	Aboriginal Health and Wellbeing	In Partnership	Our Workforce	Unexpected Inspiration
4.00pm – 4.20pm	<p>Burden of hypertensive disease in Indigenous and non-Indigenous Australians: assessed for vascular disease in regional centre</p> <p><i>James Carroll, Junior Medical Officer, Murrumbidgee LHD</i></p>	<p>Removing distance barriers to excellence in leadership and management qualifications</p> <p><i>Lucinda Matheson, Consultant, Organisational Development and Learning, Hunter New England LHD</i></p>	<p>Many more than one to blaze a new trail: collaboration and the new NSW Rural Generalist Medical Training Program 2018</p> <p><i>Craig Shields, Senior Program Manager, Rural GP Procedural Training Programs, Health Education & Training Institute</i></p>	<p>"Going from statistics to stories": how to capture value and diversity of practice in rural areas</p> <p><i>Bethany Croker, Dermatology Registrar, The Australasian College of Dermatologists</i></p>
4.25pm – 4.45pm	<p>Association of maternal adiposity, gestational weight gain and birth outcomes with subsequent obesity risk for mothers and babies in an Indigenous Australian cohort</p> <p><i>Kym Rae, Director, Gomeri gaaynggal Centre, Gomeri gaaynggal Centre, University of Newcastle</i></p>	<p>Bringing junior doctors to the country: a national study of JMO satisfaction</p> <p><i>Matthew Lennon, Junior Medical Officer, Murrumbidgee LHD</i></p>	<p>Same but different: success factors for implementing Leading Better Value Care initiatives in rural NSW</p> <p><i>Gary Disher, Manager Strategy and Reform, Strategic Reform Branch, NSW Ministry of Health</i></p>	<p>Aboriginal community people of the Lismore region painting their journeys to improve chronic health care</p> <p><i>Liz Lewis, Aboriginal Immunisation Officer Mid North Coast and Northern NSW LHD</i></p>
4.50pm – 5.10pm	<p>Beyond the front door: improving access through innovation</p> <p><i>Matthew Crawford, Clinical Nurse Consultant, Integrated Chronic Care for Aboriginal People, Hunter New England LHD</i></p>	<p>Counting the chickens as they hatch: the challenges of tracking studies and the rural pipeline</p> <p><i>Jenny May, Director, University of Newcastle Department of Rural Health</i></p> <p><i>Tony Smith, Academic Lead – Research, University of Newcastle, Department of Rural Health</i></p>	<p>Equity considerations in evaluation of public and preventive health policies</p> <p><i>Xenia Dolja-Gore, Academic Biostatistician, Research Fellow, NSW Health Prevention Research Support Program</i></p>	<p>From Israel to Tamworth: trauma-informed group approaches with children</p> <p><i>Marisa Barnes, Psychologist, Northern Psychology Professional Lead, Tamworth</i></p>
From 7.00pm	7th RURAL HEALTH AND RESEARCH CONGRESS DINNER VENUE: Tamworth Town Hall ADDRESS: Fitzroy St, Tamworth THEME: Boots 'n' Buckles			

DAY THREE: Friday, 7 September 2018

From 8.00am	CONGRESS REGISTRATIONS OPEN			
9.00am – 9.05am	WELCOME, OPENING OF DAY THREE <i>Tod Adams, Health Education & Training Institute</i>			
9.05am – 9.35am	KEYNOTE: BUILDING A CULTURALLY RESPONSIVE WORKFORCE – SUSTAINABILITY, IMPACTS AND OUTCOMES <i>Adjunct Professor Nicole Turner, Aboriginal Community Nutritionist, Hunter New England LHD and Chairperson, Indigenous Allied Health Australia</i>			
9.40am – 11.00am	CONCURRENT SESSION THREE			
	Diversity and Inclusion	In Partnership	Our Workforce	Tech Talk and Ingenuity
9.40am- 10.00am	Collaborating with staff and consumers to improve the uptake of inclusive integrated care <i>Catherine Foley, Psychologist, Drug and Alcohol Service, Mid North Coast LHD</i>	Together we can <i>Ragina Rogers, Integrated Aboriginal Chronic Care Coordinator, Northern NSW LHD</i>	Evaluating the nursing and midwifery exchange program <i>Amy Byrne, Nursing Director, Clinical Excellence, South West Hospital and Health Service Queensland</i>	Achieving equity, effectiveness and efficiency, digital health in allied health <i>Richard Cheney, Executive Director, Allied Health and Innovation</i>
10.05am – 10.25am	A consumer led model of care to increase female participation in cardiac rehabilitation <i>Joanne Leonard, Cardiac Rehabilitation Clinical Nurse Specialist, Wagga Wagga Referral Hospital</i>	Improving the cardiovascular health of a rural population: a unique collaboration of workforce <i>Helen Orvad, Clinical Nurse Consultant, Cardiology, Northern HNE LHD</i>	Grow our own: sustainable midwifery workforce in rural and remote areas <i>Tammy O'Connor, Clinical Midwifery Consultant, Western NSW LHD</i>	Virtual home visits: when home is a long way from hospital <i>Sarah McBurney, Virtual Occupational Therapist, Occupational Therapy Project Officer, Western NSW LHD</i>
10.30am – 10.50am	Exploring the distance: the experience of being a service provider under the NDIS in a rural area <i>Rhys Dintino, Occupational Therapy Honours Student, University of Newcastle</i>	Perfect positioning every time for cancer patients <i>Lauren Chamberlain, Radiation Therapist, Mid North Coast Cancer Institute</i>	Resilience and post-traumatic growth in health workers exposed to stress and trauma <i>Gene Hodgins, Clinical Education Academic Lead and Clinical Psychologist, Three Rivers UDRH, Charles Sturt University</i>	Digital lifestyle change program: a viable solution for the “hardly reached” <i>Narelle Sohler, Business Manager and Registered Nurse, Diabetes NSW</i>
10.55am – 11.15am	Transgender health and gender diversity: supporting and connecting clinicians <i>Sandra Fitzgerald, Clinical Editor, HealthPathways, Hunter New England LHD</i>	Impact analysis of implementing an afterhours primary contact: physiotherapy service in an emergency department <i>Judith Henderson, Physiotherapy, John Hunter and Belmont District Hospitals, Hunter New England LHD</i>	Navigating a traumatised system: trauma-informed approaches to supervision <i>Tegan March, Mental Health Social Work Clinical Leader, Hunter New England LHD</i>	Speech pathology-linking therapy into isolated schools <i>Alison Marshall, Speech Pathologist, Armidale Community Health Centre, Hunter New England LHD</i>

11.15am – 11.40am	MORNING TEA TRADE DISPLAYS AND POSTER EXHIBITION
11.40am – 12.20pm	KEYNOTE: METHAMPHETAMINE IN RURAL COMMUNITIES <i>Adjunct Professor Nicole Lee, Director, 360Edge & Professor, National Drug Research Institute and Jack Nagle, Recovery Advocate, Realdrugtalk</i>
12.20pm- 12.30pm	PRESENTATIONS Congress Poster Awards Announced <i>Maggie Crowley, Executive Director, Rural & Remote Portfolio HETI</i> ACI Rural Health Innovation Awards for Concurrent Presentations Announced <i>Jessica Drysdale, Implementation Officer, Agency for Clinical Innovation</i>
12.30pm – 12.45pm	SUMMATION <i>Tod Adams, Health Education & Training Institute</i>

With thanks to our Congress host, *Hunter New England Local Health District and Congress partners* Agency for Clinical Innovation, Clinical Excellence Commission & Cancer Institute NSW*

