

1st

International Congress on Chocolate and Cocoa in Medicine

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1st International Congress on Chocolate and Cocoa in Medicine

Chairman: G.C. Di Renzo (Italy)

Organized by the
"International Society of Chocolate and Cocoa in Medicine" (ISCHOM)



September 26-27, 2014

Palazzo Borghese

Via Ghibellina n. 110

Florence, Italy

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September 26th

9.00 - 10.45

Session 1: Opening Session

Chairpersons: G. C. Di Renzo (Italy) – J. F. Bisson (France)

9.00 – 9.45

Opening remarks

ISCHOM and an international congress on Chocolate

G.C. Di Renzo (Italy)

The late baroque Castelli cup for chocolate - V. De Pompeis (Italy)

Opening Lectures:

Sin and pleasure: the history of chocolate in medicine – D. Lippi (Italy)

Does chocolate make you cognitively resilient? – G. M. Pasinetti (USA)

10.45 - 11.15

Choco Break

11.15 - 13.00

Session 2: Content of chocolate and cocoa of medical interest: how much is the processing affecting the properties?

Chairpersons: G. de Carvalho (Brazil), E. Bertoli (Italy)

The supply chain of cocoa and the importance of fermentation – M. Della Vecchia (Italy)

Processing and polyphenol content of chocolate – P. Efraim (Brazil)

Programs on cohesion and productive integration of rural cooperatives of cocoa and chocolate in Ecuador - N. Costantini, F. Pinelli, (Italy)

High polyphenol content cocoa – P. Blasi, B. Albertini, G.C. Di Renzo (Italy)

Effects of bioactive constituents in cocoa products on human health – B. Sarria, (Spain)

13.00 - 14.00 Lunch

14.00 - 16.30

Session 3: Diet, obesity and chocolate

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Chairpersons: C. Ferri (Italy), G. Maskarinec (USA)

Evidence-base for the good life in cardiac prevention – S. Dragan, (Romania)

Obesity, CVD dose and diet – K. Davison (Australia)

Cocoa, glucose tolerance and insulin signaling – D. Grassi (Italy)

Cocoa, blood pressure and cardiovascular health - C. Ferri (Italy)

Effects of cocoa polyphenolic extract on weight management– J.F. Bisson (France)

Diabetes and chocolate: friend or foe? – D. Mellor (UK)

16.30 – 17.00 Choco Break

17.00 - 18.30 **Session 4: Antioxidants effects of chocolate and cocoa**

Chairpersons: K. Davison (Australia) - A. Spadafranca (Italy)

Chocolate and cancer prevention? – Epidemiology, evidence and future directions
G. Maskarinec (USA)

Chocolate, antioxidants and pregnancy – G. C. Di Renzo, E. Brillo (Italy)

Maternal cocoa assumption and fetal heart rate – G. Buscicchio, M. Emanuelli (Italy)

Cocoa & nutrimental strategies in clinical nutrition to revealing new biomarkers
C. Andres-Lacueva (Spain)

18.30 Happy hour and get together party

20.00 Executive Board Meeting

September 27th

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8.30 – 9.20 **ISCHOM General Assembly** – Chairman G. C. Di Renzo

9.20 - 11.30 **Session 5: Metabolism of chocolate and cocoa and human health and disease**

Chairpersons: M. Castell (Spain) - U. Heinrich (Germany)

Prevention of cardiovascular diseases: role of dietary supplements - C. Borghi (Italy)

Cocoa, chocolate and exercise-human performance – G. de Carvalho (Brazil)

Flavonol-rich cocoa improves skin physiological parameters and microcirculation
U. Heinrich (Germany)

Influence of cocoa polyphenols on skin – P. Gasser (France)

Foods, micronutrients and nutraceuticals active in mood state and mild depression
M. Daglia (Italy)

When chocolate seeking becomes compulsion – R. Ventura (Italy)

11.00 - 11.30 **Choco Break**

11.30 - 13.00 **Symposium of the International Society of Dietary Supplements and Phytotherapy (ISDSP)**

Chairperson: F. Facchinetti (Italy)

Herbal supplements in pregnancy: efficacy vs safety – F. Facchinetti (Italy)

Folate prophylaxis: the gap from guidelines to praxis - G. Dante (Italy)

The herbal supplements in breastfeeding investigation (HaBIT): preliminary results
N. Lombardi (Italy)

13.00 **End of the meeting**

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FACULTY

- B. Albertini (Italy)
- C. Andres-Lacueva (Spain)
- E. Bertoli (Italy)
- J. F. Bisson (France)
- P. Blasi (Italy)
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CONGRESS SCIENTIFIC COMMITTEE

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U. Heinrich

SCIENTIFIC SECRETARIAT

Eleonora Brillo, Bsc

Centre of Perinatal and Reproductive Medicine

Santa Maria della Misericordia University Hospital

06132 San Sisto – Perugia – ITALY

tel. +39 075 5783829

fax +39 075 5783829

giancarlo.direnzo@unipg.it

Filippo Pinelli, Bsc

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The Chocolate Way
info@thechocolateway.eu
secretariat@thechocolateway.eu

ORGANIZING SECRETARIAT

MCA Events S.r.l.
Via Ambrogio Binda, 4
20143 Milano - Italy
Phone: +39 02 3493 4404
Mob: +39 335 269222
Fax: +39 02 3493 4397
info@mcascientificevents.eu
www.mcascientificevents.eu