



KAISER PERMANENTE

The 18th Interregional Symposium

for Certified Nurse-Midwives, Nurse Practitioners, Physician Assistants
and Other Healthcare Professional Colleagues

at the

Miramonte Indian Wells Resort & Spa
45000 Indian Wells Lane, Indian Wells, CA 92210

THURSDAY, November 2, 2017

12:00 – 1:00pm	Registration for Workshops
1:00 – 4:00pm	Concurrent Workshops
<p>Joint Injection Workshop A.J. Durfee, PA and Preceptor Team WORKSHOP LIMITED TO 30 ATTENDEES</p> <p>This workshop is for the advanced practice provider who wishes to gain new experience with joint injections or who just wants to refresh joint injection techniques. The workshop will provide an overview of types of injection materials, including the efficacy of each for various types of orthopedic conditions. Pitfalls and Pearls of joint injections will be reviewed and hands-on practice with anatomical models will allow the participant to progress through various types of common injections used in the primary care setting.</p>	
<p>Primary Care Office Procedures Teri Pitman, PA and Preceptor Team WORKSHOP LIMITED TO 25 ATTENDEES</p> <p>This workshop will cover some common and useful primary care office procedures. There will be teaching and review of ingrown toenail removal, including anatomy with digital block for anesthesia; abscess I and D techniques; as well as shave and punch biopsies. There will be lots of opportunity to practice skills so that participants will feel comfortable with the procedures covered. Practice Pearls will help to make your technique smooth for patient care. Advanced practice providers who want to learn a new skill or review skills they may have not used in a while will benefit from this workshop.</p>	
<p>Diabetes Medication Management A to A(ish) – What, Why, When and How Much Wendy Steen, PA and Wendy Young, NP</p> <p>This is a workshop to expand your knowledge about the array of non-insulin diabetes medications and their indications. We will also learn how to better adjust insulin by looking at blood sugar patterns and reviewing comorbidities that will affect those patterns. You will have a better understanding of how to help patients with insulin adjustments and identifying issues and leading them to getting solutions. We will discuss new technologies in diabetes care such as insulin pumps and continuous glucose monitors. We will discuss insulin pump basics and the use of Continuous Glucose Monitor reports. Acquire the skill and information to troubleshoot problems that patients might have.</p>	
<p>Gynecological Ultrasound Case Study Workshop Alena Martinez, MD and La Crystal Fuller, NP</p> <p>This workshop is designed to review pelvic ultrasound case studies. Normal to abnormal pathology will be reviewed from the ovaries to the uterus to the cervix. Upon completion of the workshop attendees will be able to list the different types and characteristics of ovarian cysts; explain the FIGO fibroid classification system; and explain the diagnosis criteria for Ectopic Pregnancies. Additionally, the workshop will touch on infertility and zebras in radiology. This course will enhance attendee’s management skills of pelvic etiologies. If you need a refresher or just have any questions regarding pelvic ultrasound findings, this is the course for you!</p>	

FRIDAY, November 3, 2017

TIME	PRESENTATION
	Walk for Early Risers
7:30 – 8:30am	Registration and Breakfast
8:30 – 8:40am	Welcome & Announcements
8:40 – 9:10am	GENERAL SESSION – Navigating White Water... the Challenge and Thrill of Being in Health Care Today Annie Russell, NP, MSN, MBA
9:10 – 9:30am	GENERAL SESSION – Advanced Practice Providers on the Horizon: 2017 and Beyond Christina Recinos, RN, MSN, FNP-BC
9:35 – 10:50am	Concurrent Session A
	Headaches in Primary Care Sonja Potrebic, MD, PhD, FAAN
	Hemoglobinopathies in Pregnancy Emily Parkhurst, MS
	Pediatric Dermatology Maria Bonilla, MD
10:50 – 11:10am	AM Break
11:15 – 12:30pm	Concurrent Session B
	Lookalike Dermatology Conditions Maria Bonilla, MD
	Pediatric & Adolescent Gynecology Pearls Julie Henriksen, MD
	Palliative Care and Hospice Isaac Vielma, MD
12:30 – 1:30pm	Lunch
1:30 – 2:45pm	Concurrent Session C
	Arrhythmias Cydney Stewart, MD
	Female Sexual Dysfunction Yekaterina Bakhta, MD
	Evaluation of the Chronic Cough in the Pediatric Patient Kyle McCallin, MD
2:45 – 3:00pm	PM Break
3:00 – 4:15pm	General Session – The Second Victim Angela Hsu, MD and Lenny Ambruso, MSW

SATURDAY, November 4, 2017

TIME	ITEM
	Walk for Early Risers
7:00 – 7:45am	Registration and Breakfast
7:45 – 8:00am	Welcome & Announcements
8:00 – 9:00am	GENERAL SESSION – The Power of Teaming Amy C. Edmondson
9:05 – 10:20am	Concurrent Session D
	Sleep Disorders: “I’m Losing Sleep Because So Many of My Patients Have INSOMNIA!” Valerie Williams, NP
	Women in Midlife: Transition into Menopause Debra Gierut, MD
	Advanced Care Planning Angela Y. Lee, LCSW
10:20 – 10:35am	AM Break
10:40 –11:55am	Concurrent Session E
	Parkinson’s Disease Update Andrew Imbus, PA-C
	Hyperemesis: Understanding the Diagnosis, Management, and Treatment Options Johanna M. Dubyak, MD
	Sports Physical Examination Clearance for the Primary Care Provider Stacie Gereb, DO
12:00 – 1:00pm	Lunch
1:00 – 2:15pm	Concurrent Session F
	Update on Acute Ischemic Stroke Navdeep Sangha, MD
	Prevention of Primary and Repeat Cesarean: Specific Interventions to Reduce Cesarean and Improve Outcomes for Women Nancy Rouse, DNP, MSN, CNM and Holly Smith, MPH, MSN, CNM
	Concussion Management for the Primary Care Provider Stacie Gereb, DO
2:15 – 2:30pm	PM Break
2:30 – 3:30pm	General Session – Integrative Medicine – How to Care for Ourselves and Our Patients Heidi Meyer, MD