

# ESSENTIALLY SEXUAL

## DOING IT IN LARGE GROUPS IN THE NAME OF EDUCATION

AUTHORS: DOYLE-ADAMS S<sup>1</sup>, RODRIGUEZ M<sup>1</sup>

<sup>1</sup>CAIRNS SEXUAL HEALTH SERVICE

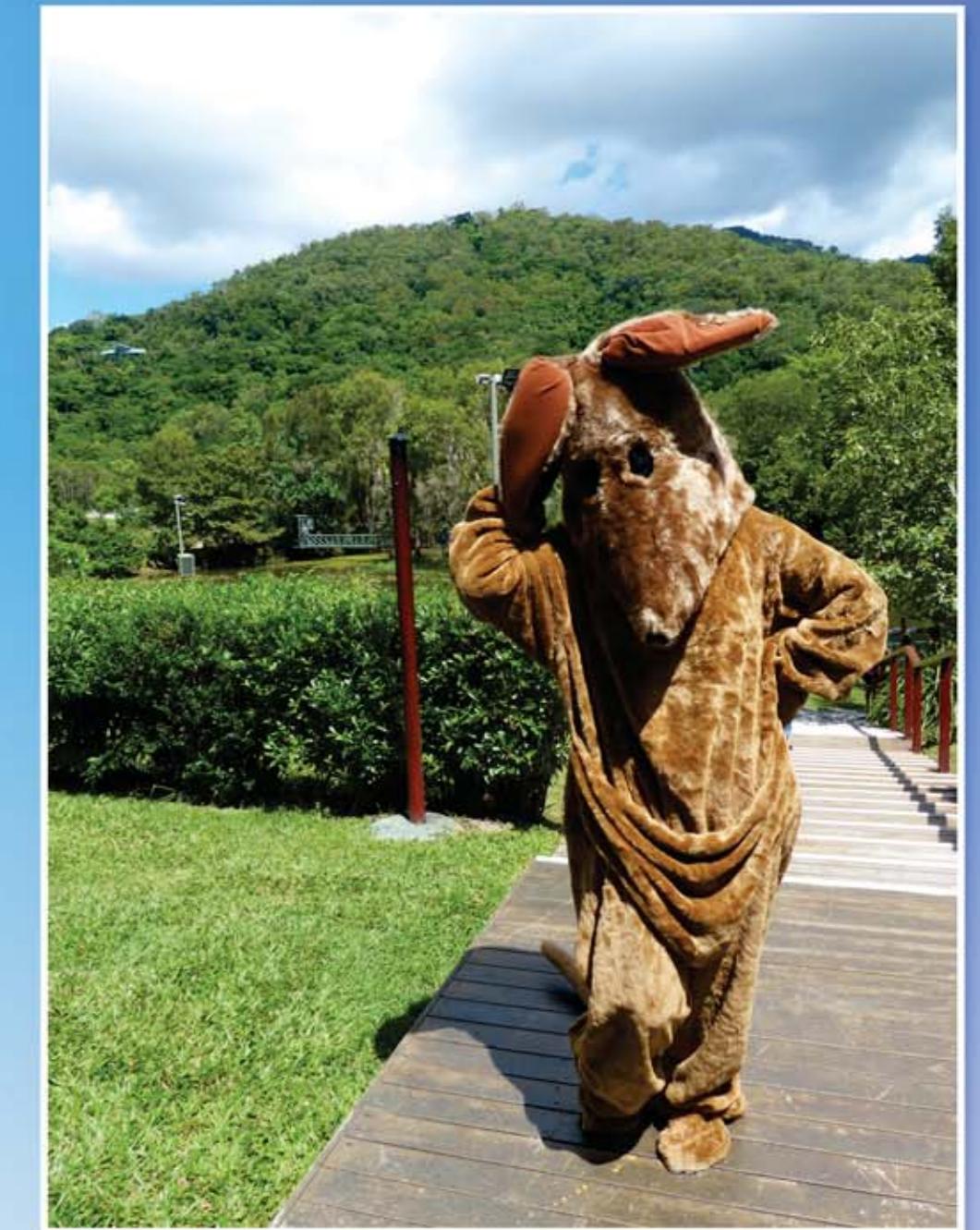


## BACKGROUND

Providing good sexual health services requires clinicians comfortable in their role. Factor in the diversity of clients and clinicians in Far North Queensland and challenges abound. Take that reality, toss in innovation, creativity and a wicked sense of humour and you have the birth of an unusual, slightly naughty, but engaging education workshop.

## METHODS

Cairns Sexual Health Service team members plan and facilitate an annual day of presentations and interactive workshops to educate health professionals on relevant sexual health topics, providing them with tools and resources to become more effective in their respective roles. Each annual event is built around a fun, tongue-in-cheek theme maintaining attendee's attention and participation in the most unusual manner. Keynote speakers and topic experts are enlisted to present and educate.



## RESULTS

Launched off in 2012 as "Sex Essentials," the annual education event has grown its audience from 100 attendees to 230 in 2016. The audience is comprised of doctors, nurses, allied health professionals, health workers and rural health professionals. Since the second event in 2013 themes have ranged from "Hot And Sticky Issues," to "The Love Boat" in 2014, "Sex In The Bush" in 2015, culminating with "The Big Bang" in 2016.



## CONCLUSION

Written and verbal feedback received about "Sex Essentials" validates the value that this education day provides. In 2016 doctors earned RACGP and ACRRM points for attendance. The awarding of RACGP and ACRRM points has also validated the educational value of the program and workshops.

