

Evidence-Based Programs Across State Borders: Partnering to increase capacity and health care integration



the
healthy living
Center of Excellence

Thank You To Our Partners



Mass Home Care



Overview of the HLCE

Vision: Transform the healthcare delivery system. Medical systems, community-based social services, and older adult will collaborate to achieve better health outcomes and better healthcare, both at sustainable costs.

Key Features:

- * Statewide Provider network of diverse community based organizations
- * Centralized referral, technical assistance, fidelity, & quality assurance
- * Multi-program, multi-venue, multicultural across the lifespan approach
- * Centralized entity for contracting with statewide payors
- * Diversification of funding for sustainability
- * EBP integration in medical home, ACO and other shared settings

Overview of the HLCE



Why A New England Collaborative?



- Shared learning and best practice
- Shared training and TA
- Improved data management and analysis
- Improved reach
- Centralized hub for payors
- More competitive (grants, contracts)
- Improved access and quality
- Maintains local sensitivities and addresses local needs

Current Successes



- Tai Ji Quan: Moving for Better Balance Training Center (Dartmouth Centers for Health and Aging)
- Tri-State A Matter of Balance Dissemination (Harvard Pilgrim Health Care Foundation)
- Tri-State Savvy Caregiver Dissemination (Harvard Pilgrim Health Care Foundation)
- Building a Regional Infrastructure (Tufts Health Plan Foundation)



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NCOA Age+Action Conference June 2019

*At the forefront of innovation and
collaboration to address aging in Maine*

- We work collaboratively with the healthcare community partnering on the social determinants of health to improve outcomes and patients' lives. We have also built products to meet the needs of other sectors including businesses and municipalities.
- Services include a range of evidence-based programs and other options
- Beginning to explore partnerships beyond Maine



*Maine Age vs.
National Age*



Portfolio of Offerings



Menu of Services



Falls Prevention
Programming: Tai Chi for
Arthritis, A Matter of
Balance, Healthy Steps for
Older Adults



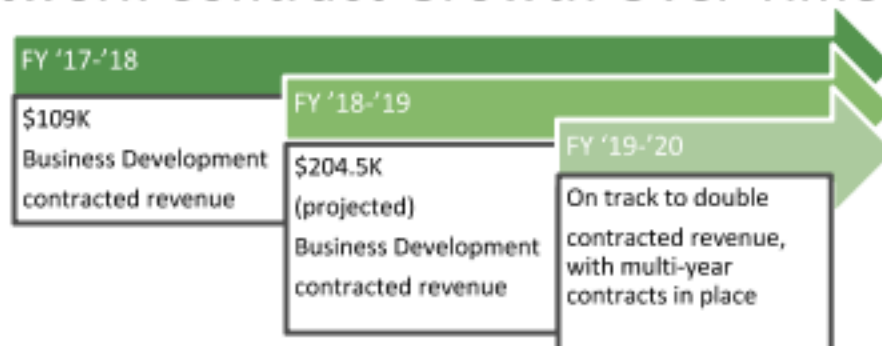
Social Determinants
of Health and
Simply Delivered
Meals



Caregiver Support:
Savvy Caregiver
& Trualta

Successes, Partnerships and Expansion

Network Contract Growth Over Time



Future of sustainability is with networks and collaboration

- Engaged with New England Collaborative/Evidence-Based Program Network
- Recent successes with inter-state collaboration

National Council on Aging Age+Action Conference

Washington D.C.
6/17/2019

Presented:
Sherry Ostrout, MSW
Director, Government Initiatives
and Director, CT Healthy Living
Collective



CT Healthy Living
COLLECTIVE



CONNECTICUT
COMMUNITY CARE™

Caring From Every Perspective



CONNECTICUT
COMMUNITY CARE™

Caring From Every Perspective



- Private, non-profit community care management organization incorporated in 1980
- Person and family-centered care management and related services to 17,000 people a year
- Expertise in helping older adults and people with physical or progressive disabilities live (and thrive) at home



CT Healthy Living
COLLECTIVE





CT Healthy Living
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ADVISORY TEAM

CT Healthy Living COLLECTIVE



*Town of
Woodbury*



Newington
CONNECTICUT



Age-friendly
University
Global Network

THE
PETER AND CARMEN LUCIA BUCK
FOUNDATION



CT State Unit on Aging



FOUNDATION
for
COMMUNITY
HEALTH

Prevention, Access, Collaboration



CONNECTICUT
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2016 -
2017

- Launched website
- Website Hosts SMRC programs (Stanford suite)
- DSMP Plus - AADE Accredited
- Completed NCOA/ACL Network Development Learning Collaborative
- Launched HUB/NETWORK for Aging Mastery Program – 10 sites
- Aging Mastery Program/NCOA/Anthem BC/BS

2018 -
2019

- Issued RFA for AMP
- Charter Adopted
- Expanded Program Offerings:
 - TJQ:MBB (Dartmouth NH)
 - LGBT Movable Senior Center
 - Matter of Balance/Falls Prevention
- Negotiating contract with FQHC – DSMP+CHW+RD

Vision:

Connecticut residents have easy access to effective programs and services that promote healthy aging and enhance social connection.

Purpose:

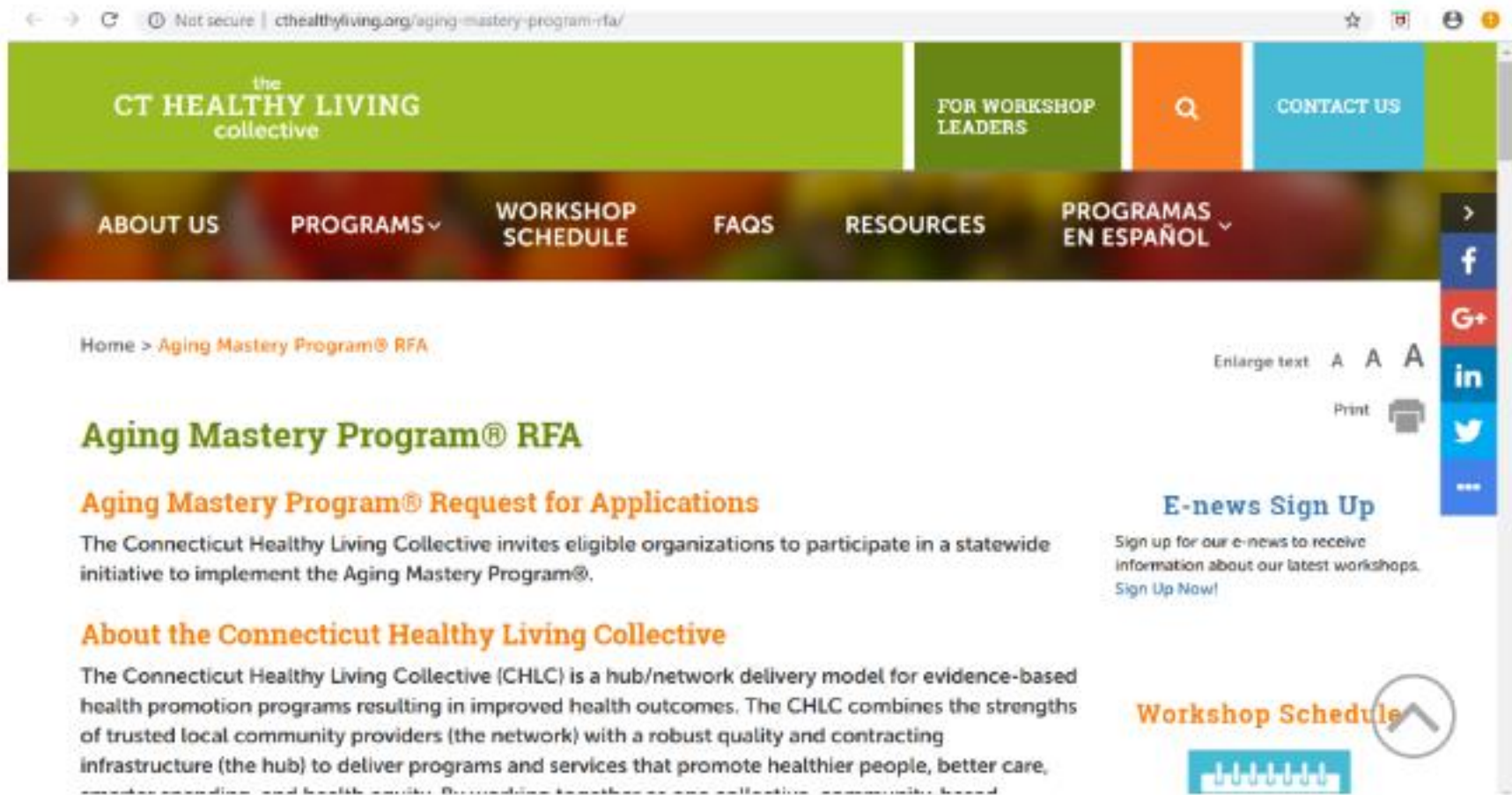
The Connecticut Healthy Living Collective (CHLC) is a hub/network delivery model for evidence-based health promotion programs resulting in improved health outcomes. The CHLC combines the strengths of trusted local community providers (the network) with a robust quality and contracting infrastructure (the hub) to deliver programs and services that promote healthier people, better care, smarter spending, and health equity. By working together as one collective, community-based organizations can share knowledge, achieve economies of scale, win and become crucial across

2018 Charter



2018 Network Partners Training

2018 Request for Applications



COMMUNICATIONS GUIDE

CT SENIOR CENTERS AND ORGANIZATIONS OFFERING THE AGING MASTERY PROGRAM®



Aging Mastery Program®

National Council on Aging

Presented by:

the
CT HEALTHY LIVING
collective



CONGRATULATIONS TO THESE REGIONAL YMCA OF WESTERN CT AMP GRADUATES.
AS WELL AS TO THE HUNDREDS OF OTHER HARD-WORKING AMP PARTICIPANTS AND
GRADUATES!

Looking Ahead



CT Healthy Living
COLLECTIVE

- Formalize New England Collaborative
- Shared Services/Local Roles
- New England Strengths and Gaps
- Identify Payors/Customer
- Win Contracts
- Build Capacity, Create Efficiencies, Improve Quality
- Innovate



CT Healthy Living COLLECTIVE

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Questions and Comments

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