



## Academic Progression in Nursing

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"People will forget what you said.  
People will forget what you did,  
but people will never forget how  
you made them feel."

-Maya Angelou

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## Objectives

Review how the changing focus of the health care delivery from the hospital to ambulatory care has influenced the preparation of students at Cal State University of Los Angeles (CSULA)

Discuss how the Academic Partners have enriched the staff RN to enhance the RN ambulatory experience

Review how the classroom was brought to Panorama City Medical Center by CSULA

Identify the outcomes, challenges, and strengths from what was done.



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## Health Delivery System Change

### *Ambulatory Care Nursing:*

*Professional ambulatory is a complex, multi-faceted specialty that encompasses independent and collaborative practice. The comprehensive practice of ambulatory care nursing is built on a broad knowledge base of nursing and health sciences, and applies clinical expertise rooted in the nursing process. Nurses use evidence based information across a variety of outpatient health care settings to achieve and ensure patient safety and quality care while improving patient outcomes.*

AAACN Position Paper: The Role of the Registered Nurse in Ambulatory Care 2012

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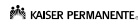
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## CSULA Response to Health Care Delivery

- Mid-1990s: Case Management course added to curriculum. Faculty at the time anticipated the importance of students understanding the importance of care coordination. Preceptorships were all inpatient.
- December, 2014: Hazel Torres convenes the Kaiser Permanente and Academic Partners' Service Academia Collaborative for Ambulatory Care. Dr. Lorie Judson attends for Cal State. Hazel recognized the importance of preparing nurses for positions outside hospital walls.
- Winter 2015: Outside of integrating visits to ambulatory care sites during clinical rotations such as pediatrics it was not until 2015 that the 1<sup>st</sup> preceptorship placements were made in ambulatory care: 2 CHCs and Heritage Healthcare. This was a case of too many students not enough inpatient placements.
- April 2016: Jennifer and Cristina presented at the Academic Service Meeting "Leadership Students in Ambulatory Care" This was the real beginning!
- May 2016: The Meeting! Hazel brought together Jennifer, Cristina, Cal State Clinical Placement staff to discuss placing students in ambulatory care, specifically Panorama City. The outcome: a workshop in July and
- Fall 2016: 3 RN students completed their Leadership/Care Management preceptorships with staff at PC. And three are there now. Thank you PC for taking the risks and going with us on this unique and important journey.

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## The Classroom – Preceptor Workshop

### Purpose:

The purpose of the workshop, in addition to getting to know one another, is twofold:

- 1) To prepare you to precept students enrolled in the Leadership/Care Management course
- 2) Enhance your sense of comfort precepting Cal State LA senior nursing students.

### Objectives:

- A) Analyze the principles associated with of precepting students, including but not limited to the principles of adult learning
- B) Discuss the learning objectives and expectations, rubrics and evaluation tools associated with the Leadership/Care Management Course
- C) Develop strategies to assist students in meeting their objectives

### Simulations

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## Ambulatory Care RN Experience



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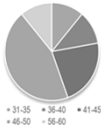
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## Demographics

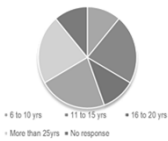
Ages



Race/Ethnicity



Yrs as an RN



Highest Education



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## Survey Results

- What was found most useful?
- What could be changed or added to workshop?
- Feedback of Workshops
- Participants testimonies
  - “Keep up the good work”
  - “Workshop very well presented”
  - “Thanks for doing this class to make preceptors more comfortable and more knowledgeable in participating in the program”
  - “Although I’m anxious to be part of this program, I will be glad to be a mentor. I’ve learned a lot.”

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## Panorama City Challenges

- Space Constraints
- Willing Preceptors
- Burn Out
- Referral to interested preceptors



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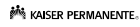
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## PC Success and Strengths

- Increased Awareness
- Knowledge
- Confidence
- CEU's



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## Moving Forward



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## Plans for the future...

- Expand to the rest of the Medical Centers
- Embrace the partnership between students and Ambulatory preceptors and/or managers
- Grow our workforce to strengthen our future nurses
- Providing the hands-on experience of Ambulatory

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“Progress lies not in enhancing what is, but in advancing toward what will be.”

-Khalil Gibran



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## Thank you!!



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