## 2017 NSW Rural Health & Research Congress

**OUR FUTURE - WORLD CLASS RURAL HEALTH**

27-29 September 2017, Wagga Wagga

### DAY ONE: Wednesday, 27 September 2017

<table>
<thead>
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<th>Time</th>
<th>Event</th>
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<tr>
<td>9.00am – 12.15pm</td>
<td><strong>PRE-CONGRESS WORKSHOP REGISTRATIONS OPEN</strong></td>
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<tr>
<td>9.00am – 12.15pm</td>
<td><strong>WORKSHOP ONE:</strong> DRIVER DIAGRAMS TO ADDRESS ISSUES RELATED TO PATIENT CARE</td>
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<td>Cathy Vinters, Program Lead Clinical Practice Improvement Training, Quality Improvement Academy</td>
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<td>9.00am – 12.15pm</td>
<td><strong>WORKSHOP TWO:</strong> WRITING FOR PUBLICATION</td>
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<td>Associate Professor Russell Roberts, Editor in Chief, Australian Journal of Rural Health, Associate Professor in Management, Charles Sturt University</td>
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<td>9.00am – 12.15pm</td>
<td><strong>WORKSHOP THREE:</strong> NATIONAL DISABILITY INSURANCE SCHEME UPDATE</td>
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<td>Ginny Monteiro, Project Manager - NDIS Monitoring and Evaluation, NSW Ministry of Health</td>
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<td>9.00am – 12.15pm</td>
<td><strong>WORKSHOP FOUR:</strong> FROM TWITTER TO A JOURNAL ARTICLE</td>
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<td>Dr Suzana Sukovic, Executive Director, Educational Research &amp; Evidence Based Practice, Health Education &amp; Training Institute</td>
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<td>9.00am – 12.15pm</td>
<td><strong>WORKSHOP FIVE:</strong> WAGGA WAGGA RURAL REFERRAL HOSPITAL TOUR</td>
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<td>please express your interest for more information when registering</td>
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**From 12.00pm**

**CONGRESS REGISTRATIONS OPEN**

**1.00pm – 2.00pm**

**MASTER OF CEREMONIES**

*Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW*

**WELCOME TO COUNTRY**

*Aunty Isabel Reid, Wiradjuri Elder*

**WELCOME ON BEHALF OF NSW HEALTH**

*Hon Brad Hazzard, NSW Minister for Health and Minister for Medical Research*

**WELCOME ON BEHALF OF MURRUMBIDGEE LOCAL HEALTH DISTRICT**

*Jill Ludford, Chief Executive, Murrumbidgee Local Health District*

**WELCOME ON BEHALF OF THE CONGRESS MAJOR SPONSOR**

*James Lamerton, Murrumbidgee Primary Health Network*

**OPENING ADDRESS**

*Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute*

**2.00pm – 2.40pm**

**KEYNOTE: A BROKEN BODY IS NOT A BROKEN PERSON**

*Janine Shepherd AM - Author, Speaker, Pilot*

We often define ourselves by things that are ‘outside’ of us: even our own bodies. But what would it mean to have your life dramatically altered and your body irrevocably damaged? Janine describes her quest to find meaning and fulfilment after a life changing accident that left her paralysed, and how the quality of ‘defiance’ has allowed her to reinvent her life in a most remarkable way.
2.40pm – 3.10pm
**AFTERNOON TEA**
TRADE DISPLAYS AND POSTER EXHIBITION

3.10pm – 3.45pm
**KEYNOTE: IMAGININGS OF RURAL HEALTH FUTURES: BETWEEN THE SYSTEM AND A DRY PLACE**
*Dr Luke Van Der Laan, Director of Professional Studies, University of Southern Queensland*
When asked to imagine what the future of rural health in Australia will be, stakeholders often hold very different images depending on the worldview they adopt. We explore these perspectives and how they are similar and different, and what impact these are likely to have in shaping the future of rural health. These images are viewed through a systemic lens and what emerges is that the futures of rural health seem to be caught between the economic assumptions of policy makers and the lived experience of people in conditions that are typified by increasing isolation and increasingly challenging environments.

3.45pm – 4.30pm
**KEYNOTE: STRONGER LEADERS - HARNESSING THE WISDOM OF ABORIGINAL CULTURE AND PHILOSOPHY**
*Paul Callaghan, CEO/Founder, Callaghan Cultural Consultancy*
Everyone knows how important good leadership is in delivering cost effective, high quality health services. It is a holy grail that many seek. Paul will be providing a view of leadership that differs from the standard models and paradigms. His views will hopefully challenge and stimulate. They are based on 17 years in government executive roles and 20 years of immersion in traditional Aboriginal culture.
Paul believes there is a better way of leading that embraces the Western and Aboriginal worlds.

4.30pm – 4.45pm
**SUMMATION OF DAY ONE**
*Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW*

5.00pm – 6.30pm
**2017 RURAL HEALTH AND RESEARCH CONGRESS OFFICIAL OPENING AND WELCOME RECEPTION**
**VENUE:** The Thirsty Crow  
**ADDRESS:** 153 Fitzmaurice St, Wagga Wagga NSW 2650  
**DRESS CODE:** Smart Casual

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**DAY TWO: Thursday, 28 September 2017**

| 7.30am – 8.45am | **BREAKFAST EVENT - EMERGING RESEARCH SHOWCASE** |
| From 8.00am | **CONGRESS REGISTRATIONS OPEN** |
| 8.50am – 9.00am | **WELCOME & OPENING OF DAY TWO**  
*Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW* |
| 9.00am – 9.50am | **KEYNOTE: CARING FOR THE CARERS**  
*Professor Louise Harms, Department of Social Work, The University of Melbourne*  
More information about this session to follow |
| 9.50am – 10.30am | **KEYNOTE: CONTEMPORARY ARTS PRACTICE WITHIN OUR HOSPITAL SPACES**  
*Vic McEwan, Artistic Director, The Cad Factory*  
More information about this session to follow |
| 10.30am – 10.50am | **MORNING TEA**  
TRADE DISPLAYS AND POSTER EXHIBITION |
## CONCURRENT SESSION ONE

### 10.50am – 12.15pm

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<tr>
<th>Rural Workforce – Sustain, Maintain, Gain</th>
<th>Healthy Rural Communities</th>
<th>Rural Health Journeys – Design, Deliver, Experience</th>
<th>Culture and Health</th>
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| Defining “rural Health”: exploring GPs perceptions of what constitutes rural health
  Christopher Wilson, Medical Student, University of Notre Dame, Australia | “Swap to Stop” Supporting pregnant Aboriginal women in making changes to their smoking behaviours
  Belinda Tully, Aboriginal Population Health Trainee, Hunter New England Local Health District Population Health | Transforming the experience of rural residential aged care: a collaborative improvement process
  Jenny Preece, Rural Health Network Manager, Agency for Clinical Innovation | Culturally respectful health care and findings from participant evaluations
  Denise Hampton, Acting Community Development/ Health Education Officer, Broken Hill University Department of Rural Health |

### 11.20am – 11.45am

| Overcoming the “too busy, too poor…. too rural” perception: organisational strategies for rural research training
  David Schmidt, PhD Candidate, School of Public Health, University of Sydney | Alcohol and other drug prevention for Indigenous youth: What works?
  Brianna Lees, Research Assistant, National Drug and Alcohol Research Centre | “Walk and Talk”: weekend walks with MPS residents, a small act achieving large impacts
  Karen Burn, Enrolled Nurse, Grenfell Multipurpose Health Service | Reducing bacterial skin infections by incorporating Aboriginal ways of knowing and doing as part of best practice
  Kristy Crooks, Aboriginal Program Manager, Population Health, Hunter New England Local Health District |

### 11.50am – 12.15pm

| Impact of a remotely delivered, writing for publication ‘Bootcamp’ program on publication outcomes of novice researchers
  Kerith Duncanson, Rural Research Program Manager, NSW Health Education and Training Institute | Rural student led paediatric speech pathology clinics improving access and outcomes
  Claire Brunero, Speech Pathology Academic, Lecturer, Broken Hill University Department of Rural Health | Geriatrician in the Practice: an integrated model of care for people with dementia
  Jeremy Christley, Head of Aged Care and Rehabilitation Department, Shoalhaven Hospital | “Whatchya gonna do?” Increasing Aboriginal community awareness through an immunisation music video
  Leanne Sanders, Aboriginal Immunisation Health Worker, Murrumbidgee and Southern Local Health Districts |

### 12.15pm – 1.00pm

**LUNCH & TRADE EXHIBITION**
**TRADE DISPLAYS AND POSTER EXHIBITION**

### 1.00pm – 1.35pm

**KEYNOTE: A RURAL EMERGENCY TELEHEALTH SERVICE - CHALLENGES FACED AND LESSONS LEARNED**
*Dr Andrew Jamieson, Clinical Lead, Southern Inland Health Initiative, WA Country Health Service*

The Emergency Telehealth Service (ETS) operated by WA Country Health Service is a busy virtual emergency department that definitively manages and discharges 75% of the more than 15,000 patients seen per year. Serving a huge area, the ETS has matured into an essential component of rural and remote clinical service provision in WA.

### 1.40pm – 2.45pm

**CONCURRENT WORKSHOPS – ALL THINGS RESEARCH!**

| Research journeys of Rural Research Capacity Building Program (RRCBP) graduates: projects, Ethics and governance of research project applications: a new way forward | Building research capacity: examining and improving your personal or organisational | Aboriginal Engagement and Research |
## OUTCOMES AND EXPERIENCES

**Dr Kerith Duncanson, Rural Research Program Manager, NSW Health Education and Training Institute**, accompanied by four RRCBP graduates

**Amanda Jackson and Janine Holston, Subject Matter Experts, REGIS project, eHealth. On behalf of Office of Health and Medical Research, Ministry of Health**

**capability, opportunity and motivation**

**David Schmidt, Senior Program Manager – Rural Research, Health Education & Training Institute, Dr Anna Moran, Clinical Research Coordinator, Albury Wodonga Health & Dr Alex Stephens, Director of Research, Northern NSW Local Health District**

## AFTERNOON TEA

**TRADE DISPLAYS AND POSTER AUTHORS AVAILABLE BY THEIR POSTERS**

## 2.45pm – 3.15pm

**KEYNOTE: ‘HELLO MY NAME IS’**

**Chris Pointon, Co-founder and Global Campaign Ambassador for the #hellomynameis Campaign**

This is a very personal and heart-warming session about the campaign started by Chris and his wife Kate to encourage human connections in health care provision - one human being who is vulnerable, and another human being who wishes to help.

## 3.15pm – 3.45pm

### CONCURRENT SESSION TWO

#### Rural Workforce – Sustain, Maintain, Gain

- **A collaborative approach to increasing access to diabetes education in the bush**
  **Narelle Mills, Manager Quality and Pathways, Murrumbidgee Primary Health Network**

- **Medical consults via telehealth in rural emergency departments: a systematic review**
  **Dot Hughes, Nurse Manager Initiatives and Projects, Southern NSW Local Health District**

#### Healthy Rural Communities

- **The utilisation of electronic consultations within remote general practice**
  **Dennis Nguyen, Medical Student, Wagga Wagga Rural Clinical School, University of Notre Dame Australia**

#### Rural Health Journeys – Design, Deliver, Experience

- **Improving health outcomes through increased acceptability of digital health services for rural and remote Australians**
  **Michael Araco, Medical Advisor, Health Direct Australia**

#### Culture and Health

- **Improving access to cardiovascular screening technology in rural communities**
  **Joseph Suttie, Clinical and Research Director of Cardiac CT and MRI, Murrumbidgee Local Health District**

- **Respect-Ed: preventing relationship violence**
  **Danielle Allen, Social Worker, Cowra Community Health**

## 3.50pm – 5.15pm

- **A collaborative approach to increasing access to diabetes education in the bush**
  **Narelle Mills, Manager Quality and Pathways, Murrumbidgee Primary Health Network**

- **Medical consults via telehealth in rural emergency departments: a systematic review**
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  **Danielle Allen, Social Worker, Cowra Community Health**
**From 6.30pm**

**2017 NSW RURAL HEALTH AND RESEARCH CONGRESS DINNER**

**VENUE:** Wagga Wagga RSL

**ADDRESS:** Kincaid St & Dobbs St, Wagga Wagga

**THEME:** Time to break out the sports gear! The theme is SPORT!

**Gold coins will be collected to support the Riverina Branch of the United Hospital Auxiliaries of NSW**

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**DAY THREE: Friday, 29 September 2017**

**From 8.00am**

**CONGRESS REGISTRATIONS OPEN**

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**KEYNOTE: NURSE MEMORIALISATION**

*Billie Townsend, Honours Student, University of Wollongong*

Revisiting the past and understanding the way communities have viewed and respected nurses can offer perspective and assist the nursing workforce to be more resilient into the future. This presentation explores 100 years of memorialisation of nurses who served Australia during war.

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**9.35am – 11.00am**

**CONCURRENT SESSION THREE**

**Rural Workforce – Sustain, Maintain, Gain**

**Healthy Rural Communities**

**Rural Health Journeys – Design, Deliver, Experience**

**Culture and Health**

**Rural Workforce – Sustain, Maintain, Gain**

**Healthy Rural Communities**

**Rural Health Journeys – Design, Deliver, Experience**

**Culture and Health**

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**9.35am – 10.00am**

- **Effectiveness of Rural Mobile Simulation Education: A program logic evaluation**
  - **Tod Adams, Manager, Rural Mobile Simulation Centre, NSW Health Education and Training Institute**

- **Scale up of a multi-strategic intervention to increase implementation of a mandatory state-based healthy canteen policy across both urban and rural schools**
  - **Kathryn Reilly, Project Officer / PhD Candidate, Hunter New England Local Health District, Population Health**

- **Supporting rural nurses to undertake medication reconciliation processes**
  - **Kate Roper, Medication Safety and Quality Officer, Clinical Excellence Commission**

- **Can changing the environment in which we work change the attitudes of those who work there?**
  - **Elizabeth Worboys, Health Service Manager, Boggabri Multi-Purpose Service**

**10.05am – 10.30am**

- **Murrumbidgee Local Health District physiotherapy rural generalist training program**
  - **Emily Farquhar, Physiotherapy Advisor, Murrumbidgee Local Health District**

- **Better rural city park planning to improve older people’s health and well-being**
  - **Rachel Whitsed, Senior Lecturer, Spatial Sciences, Charles Sturt University**

- **Be audit you can be: optimisation through automation**
  - **Samantha Fraser, District Quality Use of Medicines Pharmacist, Hunter New England Local Health District**

- **Birth of the Henty Heirlooms – a co design approach to MPS residential living**
  - **Nerida Hodges, Nurse Manager, Murrumbidgee Local Health District**

**10.35am – 11.00am**

- **Practical benefits of the introduction of a district medication safety pharmacist to rural health facilities without on-site pharmacy**
  - **Kirstin Berry, Medication Safety and Quality Manager, Hunter New England Local Health District**

- **UV exposure: mixed messages**
  - **Catherine Harding, Head of Clinical School, Wagga Campus, School of Medicine Sydney, University of Notre Dame Australia**

- **Grin and Grow health pathway: preventative oral health care for children in out of home care**
  - **Angela Rankin, Clinical Leader, Oral Health Promotion and Prevention, Southern NSW and Murrumbidgee Local Health Districts**

- **Mapping the health and health needs of Western NSW**
  - **Daniel Belshaw, Domestic Violence Project Officer, Western NSW Local Health District**
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| 11.00am – 11.30am | **MORNING TEA**  
TRADEx DISPLAYS AND POSTER EXHIBITION |
| 11.30am – 12.00pm | **KEYNOTE: WE ONLY VALUE WHAT WE MEASURE**  
Dr Louis Christie, Palliative Care Service Medical Officer, Western NSW LHD  
Dr Christie is the inaugural chair of the Western NSW LHD Palliative and End of Life Clinical Stream, formed in September 2015. He will discuss the work of the Clinical Stream in developing a strategic planning framework to identify service development needs for palliative and end of life care in central western NSW, including a discussion of the work currently underway. |
| 12.00pm - 12.25pm | **PRESENTATIONS**  
Congress Poster Awards Announced  
Maggie Crowley, Executive Director, Rural & Remote Portfolio HETI  
ACI Rural Health Innovation Awards for Concurrent Presentations  
Jenny Preece, Rural Health Network Manager, ACI  
Australian Rural Health Research Collaboration Awards for Rural Health Research  
Megan Passey, Associate Professor and Director of Research, ARHRC |
| 12.25pm – 12.30pm | **THANK YOU ON BEHALF OF THE CONGRESS MAJOR SPONSOR**  
James Lamerton, Murrumbidgee Primary Health Network |
|              | **SUMMATION**  
Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW |
|              | **5 MINUTE ORAL POSTER PRESENTATIONS**  
The following Poster Presentations will be presented during catering breaks, over the three-day Congress. Catering will be available at the back of the room. |
| Afternoon Tea, Wednesday, 27 September 2017 |  
**2.45pm – 2.50pm**  
The new Three Rivers University Department of Rural Health  
Megan Smith, Three Rivers University Department of Rural Health, Charles Sturt University |
|              | **2.50pm – 2.55pm**  
Assessing a rural clinical database using a spatial modelling approach  
Rachel Whitsed, Senior Lecturer, Spatial Sciences, Charles Sturt University |
|              | **2.55pm – 3.00pm**  
Art Therapy for mental health an autoethnographic exploration  
David Schmidt, PhD Candidate, University of Sydney |
| Morning Tea, Thursday, 28 September 2017 |  
**10.35am – 10.40am**  
Closing the mental health treatment gap in Palliative care  
Julianne Whyte, Chief Executive Officer, Amaranth Foundation |
|              | **10.40am – 10.45am**  
Working together: a collaborative falls prevention program  
Karen Lloyd, Stepping on Coordinator, Western NSW and Far West Local Health Districts |
|              | **10.45am – 10.50am**  
Exercise for improved balance in MPS residents  
Helen Murphy, Endorsed Enrolled Nurse, Balranald MPS |
| Lunch, Thursday, 28 September 2017 |  
**12.25pm – 12.30pm**  
Patient experiences of COPD self-management in a rural setting  
Michelle Baird, Chronic and Complex Care Nurse Practitioner, Dubbo Health Service |
|              | **12.30pm – 12.35pm**  
Empowering mental health consumers to manage their own medication regimes  
Gayleen Kain, Registered Nurse, Kenmore Hospital, Southern NSW Local Health District |
### Afternoon Tea, Thursday, 28 September 2017

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<tr>
<td>12.35pm−12.40pm</td>
<td>Increasing rural practice nurse capacity to address low cervical screening participation</td>
<td>Kathryn Duggan, Cancer Screening Project Officer, Hunter New England and Central Coast PHN</td>
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<td>12.40pm−12.45pm</td>
<td>eviQ Education: online cancer education for health professionals</td>
<td>Sarah Tomkins, Lead Education and Resources, Cancer Institute NSW</td>
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<td>12.45pm−12.50pm</td>
<td>Accessible renal care through a rural service network</td>
<td>Linda McCorriston, Renal Clinical Nurse Consultant, Southern NSW Local Health District</td>
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### Morning Tea, Friday, 29 September 2017

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<tr>
<td>11.10am−11.15am</td>
<td>A patient centred approach to identification and management of iron deficiency</td>
<td>Kristen Brown, Clinical Nurse Consultant for Blood Management, Murrumbidgee Local Health District</td>
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<td>11.15am−11.20am</td>
<td>The importance of differentiating procoagulant envenomation to manage a warfarinised patient</td>
<td>Kirsten Berry, Medication Safety and Quality Manager, Hunter New England Local Health District</td>
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<td>11.20am−11.25am</td>
<td>Audit of CT pulmonary angiogram over 6 months at Wagga Wagga Rural Referral Hospital</td>
<td>Deborah Inman, Respiratory and Sleep Advanced Trainee, Wagga Wagga Rural Referral Hospital</td>
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