



# 2016 Symposium

**Organised by the KBVR / SRBR  
Osteoporosis and Fracture Prevention Group**

11 – 12 March 2016  
Hotel Dolce La Hulpe, Brussels



## Final Programme

## Scientific Organiser

### SRBR-KBVR

Winston Churchilllaan 11 b30  
B-1180 Brussel  
Phone: +32 (0)2 3723643  
Fax: +32 (0)2 3754813  
Email: srbrkbvr@skynet.be

## Organising Secretariat

### Medicongress Services nv

Noorwegenstraat 49  
9940 Evergem  
Phone: +32 (0)9 218 85 85  
Fax: + 32 (0)9 344 40 10  
Email: congresses@medicongress.com

## Venue

### Hotel Dolce La Hulpe Brussels

135, Chaussée de Bruxelles  
B-1310 La Hulpe  
www.dolce-la-hulpe-brussels-hotel.com

## Welcome Address

Dear Colleague,

We take great pleasure in welcoming you to the **2016 'Bone Curriculum' Symposium** organised by the KBVR / SRBR Osteoporosis and Fracture Prevention Group at Dolce La Hulpe on 11 - 12 March 2016.

In 2015 the concept of the symposium was redesigned and a continuous educational lecture cycle, the 'Bone Curriculum' was integrated.

The 'Bone Curriculum' is a structured lecture cycle on bone, from bench to bedside. It includes calcium and phosphate metabolism, bone biology, physiology, pathophysiology, and disorders, osteoporosis, epidemiology, diagnosis, management and treatment. Furthermore, interactions of the skeleton with the neurological and muscular system as well as fracture and fall risk are addressed.

A 'Bone Curriculum' lecture cycle is covered within three consecutive yearly symposiums of the KBVR / SRBR Osteoporosis and Fracture Prevention Working Group.

The intention of the 'Bone Curriculum' is to provide high quality continuous education for clinicians interested in, seeing or treating patients with osteoporosis or bone diseases and is a structured educational programme for rheumatology trainees. In this context, the lectures mainly cover up-to-date basic knowledge, overviews and reviews. Interactive participation is encouraged.

We wish you an instructive and fruitful **2016 'Bone Curriculum' Symposium**.

Yours sincerely,

Dr. Stefaan Poriau, Chair  
On behalf of the KBVR / SRBR Osteoporosis and Fracture Prevention Group

## Programme

Friday, 11 March 2016

08.30 Information and registration desk open

### Bone Curriculum

#### Methods

10.00 **Imaging of bone diseases in clinical practice – What, when, how to interpret?**  
*Filip Vanhoenacker (AZ Sint-Maarten Mechelen, University of Antwerp, B)*

#### Fractures

10.45 **Fractures: Mechanisms and categories**  
*Piet Geusens (Maastricht University, NL, Hasselt University, B, ReumaClinic Genk, B)*

11.15 **Orthopaedic measures to treat fractures**  
*Marno van Lieshout (Ghent University Hospital, B)*

11.45 **Symptomatic osteoporotic vertebral fractures – Diagnosis and treatment**  
*Hans Zmierzak (Ghent University, AZ Sint-Elisabeth Zottegem, B)*

12.15 Lunch Break

#### General Principles and Bone Biology

13.15 **Bone cells and their environment (Osteoclasts, osteoblasts, osteocytes, bone, marrow and blood supply)**  
*Tim Arnett (University College London, UK)*  
*Christa Maes (KU Leuven, B)*

14.45 **Vitamin D – Metabolism and targets**  
*Bruno Lapauw (Ghent University, Ghent University Hospital, B)*

15.15 Coffee Break

15.45 **Nutrition and supplements for bone health beyond calcium and vitamin D**  
*Charlotte Verroken (Ghent University, B)*

## Programme

Friday, 11 March 2016

#### Less Common to Rare Bone Diseases

16.15 **Paget's disease of bone, fibrous dysplasia and McCune-Albright syndrome**  
*Anne Durnez (Cliniques Universitaires Saint-Luc, Parc Leopold Hospital, AZ Jan Portaels, Brussels, Vilvoorde, B)*

16.45 **Non-malignant infiltrative bone disorders**  
*Hans Zmierzak (Ghent University, AZ Sint-Elisabeth Zottegem, B)*

17.00 **Sclerosing bone disorders**  
*Wim Van Hul (University of Antwerp, B)*

17.30 Coffee Break

#### Evening Lectures

18.00 **Prevention of non-vertebral fractures – The importance of sarcopenia**  
*Dieter Felsenberg (Charité – University Medicine, Berlin, D)*

18.30 **Rare cases of bone fragility or disorders (case reports)**  
*Yves Piette (AZ Sint Jan, Brugge, B)*  
*Michaël Laurent (KU Leuven, UZ Leuven, B)*  
*Bruno Lapauw (Ghent University, Ghent University Hospital, B)*

19.00 End of Day 1

19.30 Welcome Reception\*

20.00 Dinner at Restaurant Argan followed by an 'Open Bar'\*

\*The Welcome Reception, Dinner and Open Bar will take place on the ground floor of the hotel. Separate registration and payment is required. Participants are requested to wear their badges.

## Programme

Saturday, 12 March 2016

### Bone Curriculum and Update on Therapeutics

- 09.00 **Spondyloarthropathies, mechanical strain, bone formation and osteoporosis**  
*Peggy Jacques (Gent University Hospital, B)*
- 09.30 **Bone metastasis – Mechanisms**  
*Christa Maes (KU Leuven, B)*
- 10.00 **Skeletal complications of cancer treatment**  
*Jean-Jacques Body (CHU Brugmann, Brussels, B)*
- 10.30 **Low bone mass in premenopausal women**  
*Hans Zmierzak (Ghent University, AZ Sint-Elisabeth Zottegem, B)*
- 11.00 Coffee Break
- 11.30 **Low bone mass and fracture risk in chronic lung and neuromuscular diseases**  
*Piet Geusens (Maastricht University, NL, Hasselt University, B, ReumaClinic Genk, B)*
- 12.00 **Pharmacologic interventions to counteract or restore the decline in muscle function due to aging and/or diseases?**  
*Estelle Trifilieff (Novartis Institutes for Biomedical Research, Basel, Switzerland)*
- 12.30 **Update on bone therapeutics: Osteo-anabolic effects of blocking sclerostin by antibodies**  
*Dieter Felsenberg (Charité – University Medicine, Berlin, D)*
- 13.00 Lunch and End of the 'Bone Curriculum' 2016 Symposium

## Registration

### Registration Fees

|                                  |          |
|----------------------------------|----------|
| Members KBVR-SRBR                | € 60,00  |
| Non-Members                      | € 100,00 |
| Trainees*                        | € 30,00  |
| Co-Workers (Dept. Rheumatology)* | € 30,00  |
| Evening Dinner on Friday         | € 50,00  |

\*Proof of status is required.

The registration fee includes access to all lectures, coffee breaks and lunches as indicated in the programme and access to the exhibition.

### Registration

It is possible to register on-site (cash or credit card payment).

### Cancellations

Participants having cancelled their registration before 10 February 2016 will receive a 50% refund, covering administration costs. No cancellations are accepted after this date.

## General Information

### Venue & Parking

The symposium takes place at Hotel Dolce La Hulpe: [www.dolcelahulpe.com](http://www.dolcelahulpe.com)  
There is a large free parking in front of the hotel.

### Accreditation

A request for accreditation has been submitted by the organisers.  
Participants will receive a Certificate of Attendance by email after the Symposium.

### Exhibition

A medical exhibition will be held on the occasion of the Symposium. Access is free for registered participants. The exhibition is not accessible for non-MDs.

### Liability

Neither the organisers, nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by participants during the Symposium. Participants and exhibitors are advised to take out insurance against loss, accidents or damage which could be incurred during the Symposium.

We thank the following companies for their support

**Major Sponsor**



Inspired by **patients**.  
Driven by **science**.

**Exhibitors**

