Good Health and Wellness in Indian Country

Michele Suina (AASTEC), Emery Tahy (ITCA), David Espey (CDC)

2017 Diabetes in Indian Country Conference

Sept 19, 2017
Good Health and Wellness in Indian Country is a 5-year program funded at $16 million in 2015. The program enlists tribes and tribal organizations as change agents to improve the health of American Indians and Alaska Natives.
How GHWIC Works: Component 1 vs. Component 2

**C1**
- Tribes that use community-chosen, culturally adapted policies, systems and environmental improvements to achieve GHWIC’s long-term goals

**C2**
- Tribal organizations
- Provide leadership, technical assistance, and resources to sub-awardees and C1s in their IHS Areas
C1 – Individual Tribes

• Year One Activities
  ▪ Community Health Assessments
  ▪ Convening cross-sector workgroups
  ▪ Assembling Staff

• Year Two-Five Activities
  ▪ Grantees choose from a number of different outcomes addressing diabetes, heart disease and stroke prevention
Program Summary- C1

- 12 Tribes work on culturally adapted actives to address the following outcomes
  - Reduce commercial tobacco use and exposure
  - Improve nutrition and physical activity
  - Increase support for breastfeeding
  - Increase health literacy
  - Strengthen team based care and community based clinical linkages
National Center for Chronic Disease Prevention and Health Promotion
FY 2015 Investments in Indian Country

Good Health & Wellness in Indian Country
(35 Awards)

Tribes (Component 1)
1. Catawba Indian Nation
2. Fort Peck Community College
3. Kickapoo Tribe in Kansas
4. Lower Brule Sioux Tribe
5. Navajo Nation Department of Health
6. Nez Perce Tribe
7. Pueblo of Santa Ana
8. Red Cliff Band of Lake Superior Chippewa
9. San Carlos Apache Tribe
10. Sault Ste. Marie Tribe of Chippewa Indians
11. Winnebago Tribe of Nebraska
12. Yellowhawk Tribal Health Center

Tribal Organizations (Component 2)
1. Alaska Native Tribal Health Consortium
2. Albuquerque Area Indian Health Board, Inc.
3. California Rural Indian Health Board, Inc.
4. Great Lakes Inter-Tribal Council, Inc.
5. Great Plains Tribal Chairmen's Health Board
6. Inter-Tribal Council of Arizona, Inc.
7. Montana and Wyoming Tribal Leaders Council
8. Northwest Portland Area Indian Health Board
9. Oklahoma City Area Inter-Tribal Health Board
10. United Indian Health Services, Inc.
11. United South and Eastern Tribes, Inc.

Tribal Epidemiology Centers (TEC)
1. Alaska Native Epidemiology Center
2. Albuquerque Area Southwest TEC
3. California TEC
4. Great Lakes Inter-Tribal Epi Center
5. Inter-Tribal Council of Arizona TEC
6. Navajo Epidemiology Center
7. Northern Plains TEC
8. Northwest TEC
9. Rocky Mountain TEC
10. Southern Plains TEC
11. United South and Eastern TEC
12. Urban Indian Health Institute

All GHWIC Grantees