

A silhouette of a person drinking from a bottle against a light blue background. The person's head is tilted back, and the bottle is held to their lips. The lighting is dramatic, highlighting the contours of the face and the bottle.

Riesling to the Challenge:

An investigation of
intergenerational alcohol
use and attitudes

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Overview: Hang on to your seats: it's going to be a fast ride through...

- Background: Dunedin Multidisciplinary Health and Development Study & Next Generation Study
- Drinking behaviours and attitudes of two generations – similarities and differences
- Teenage problem drinkers
- Conclusion

Dunedin Multidisciplinary Health and Development Research Study:

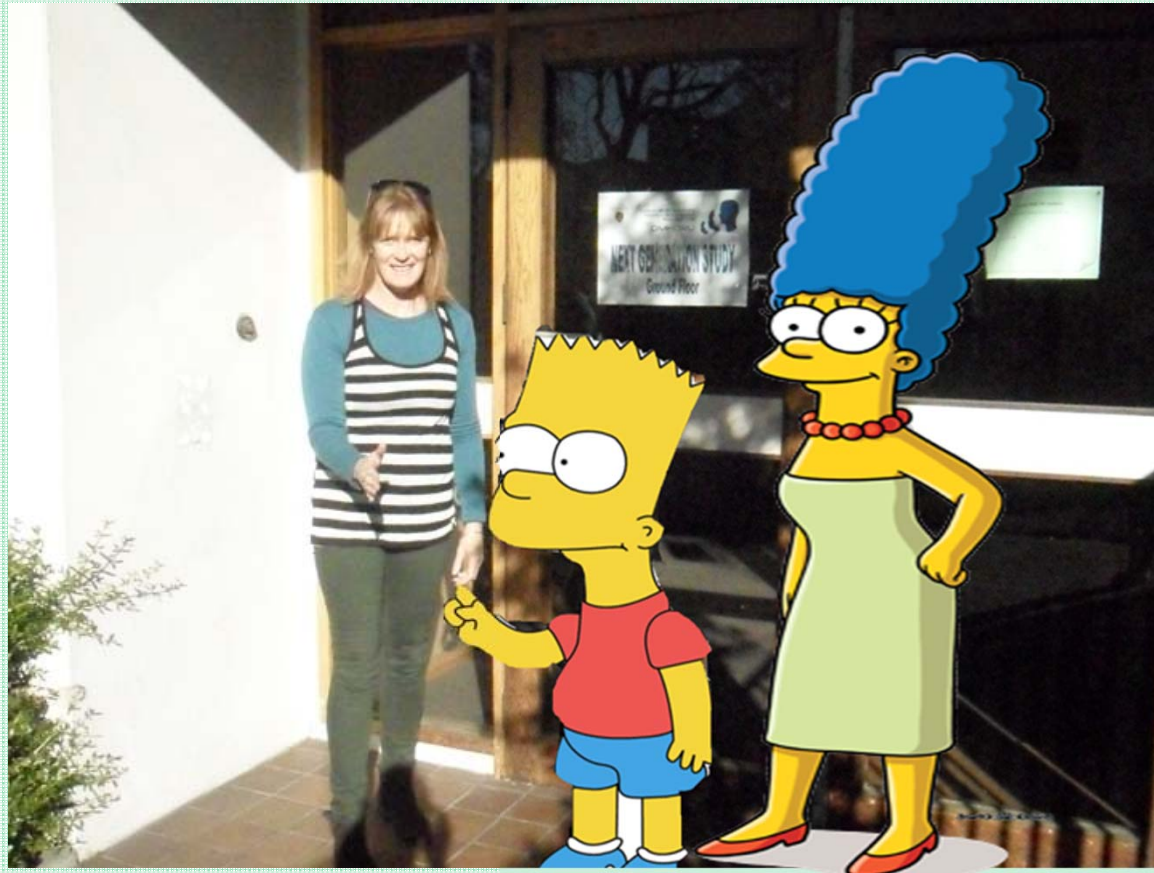
- 1037 people born in Dunedin in 1972
- Multidisciplinary face-to-face assessment at ages 3, 5, 7, 9, 11, 13, 15, 18, 21, 26, 32, 38
- 96% of living participants assessed at most recent 'phase' of assessment

Next Generation Study

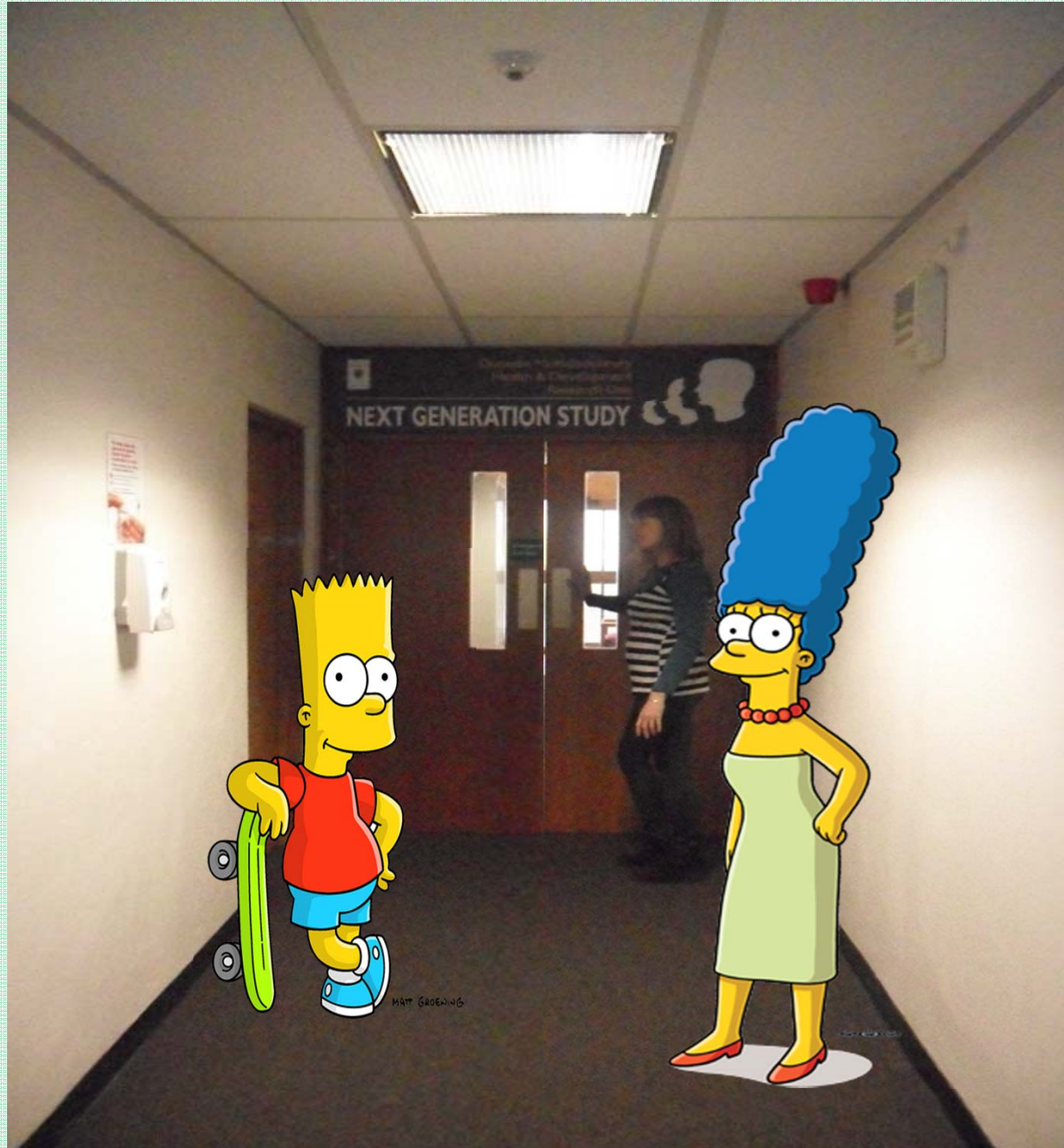
- 15 year-old children and stepchildren of Dunedin Study members
- One off multidisciplinary assessment, modelled on phase 15
- Face-to-face interview with teen and primary caregiver parent
- 'Other parent' participates in telephone interview

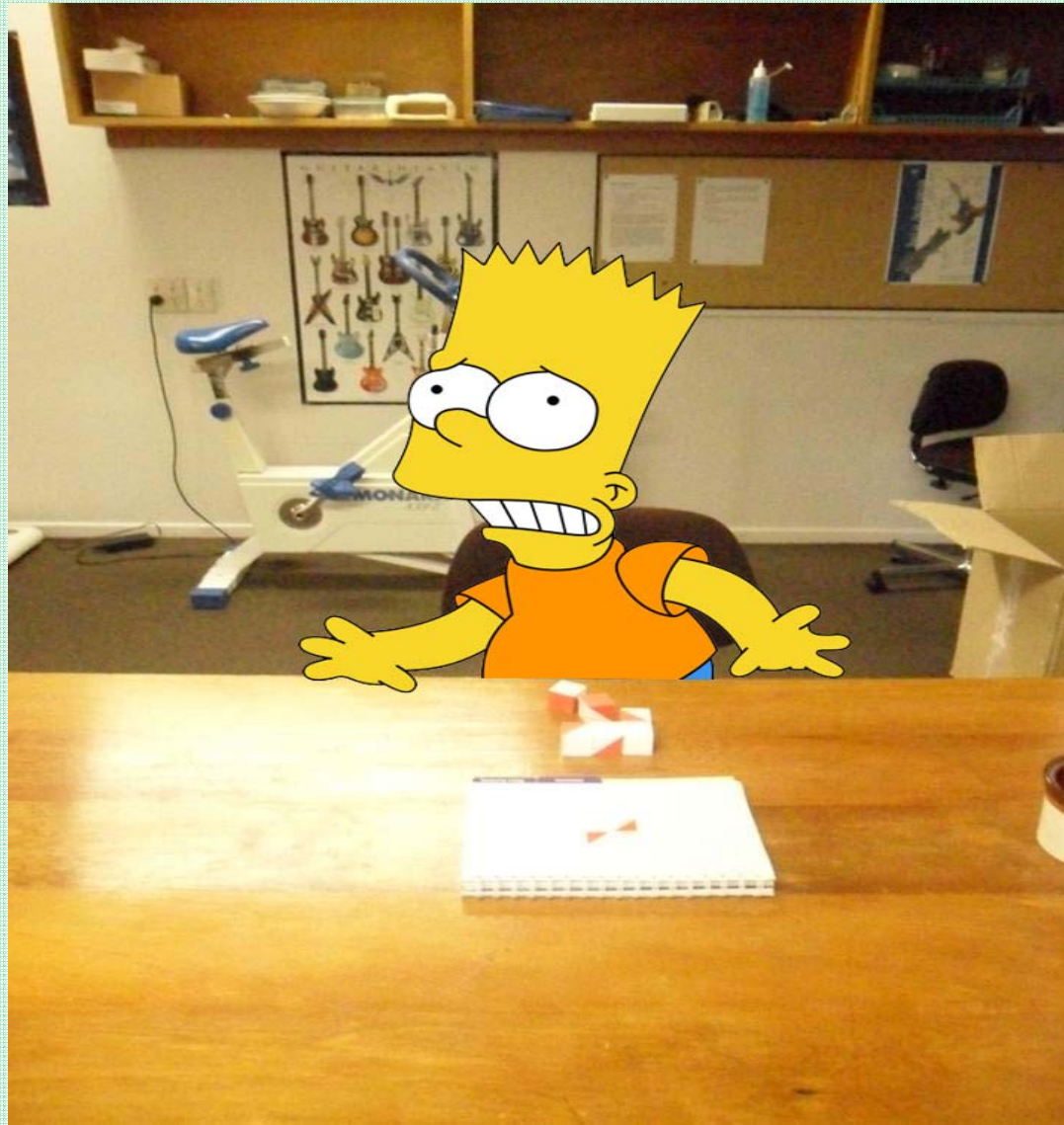


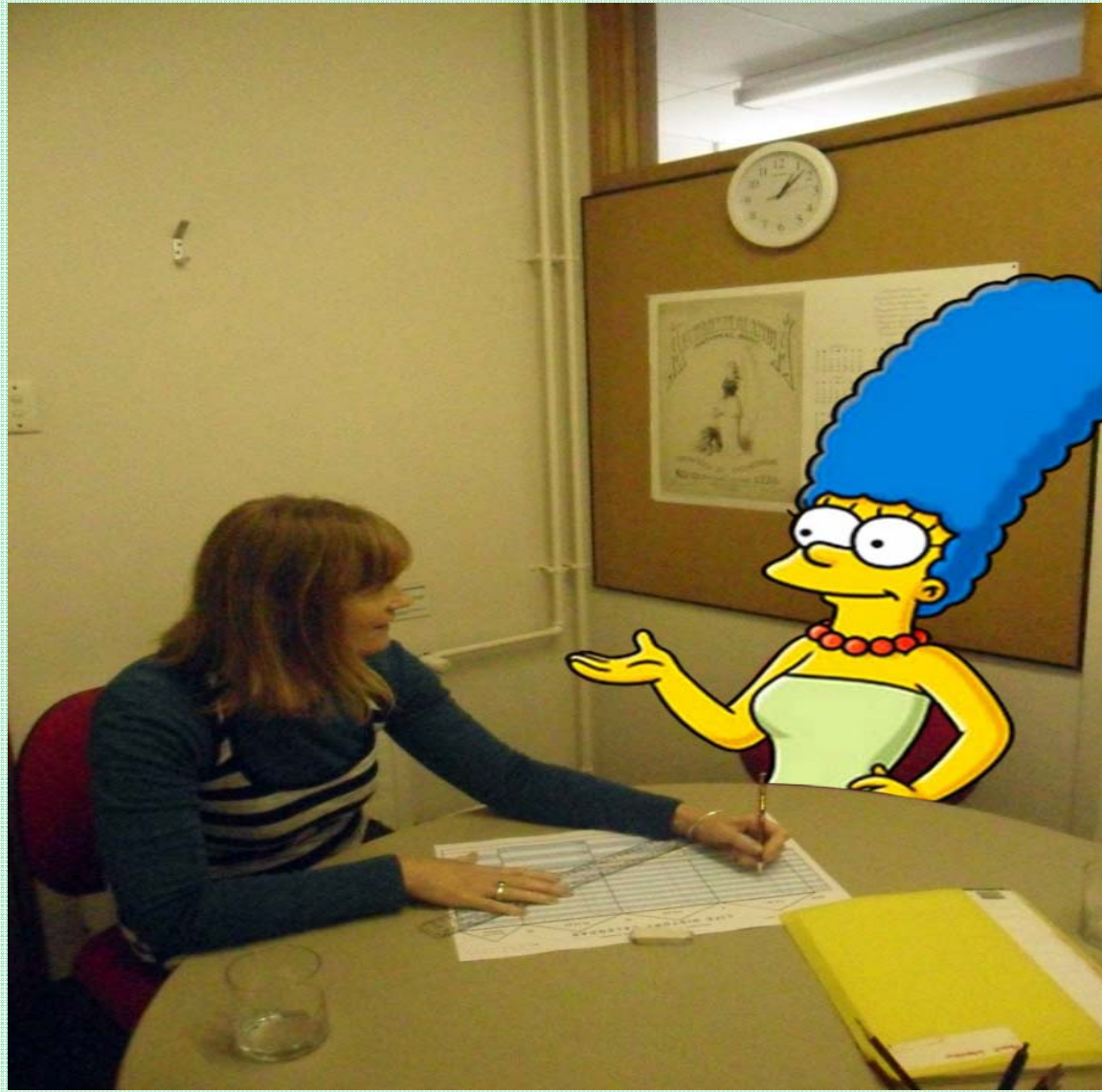
Dunedin Study member



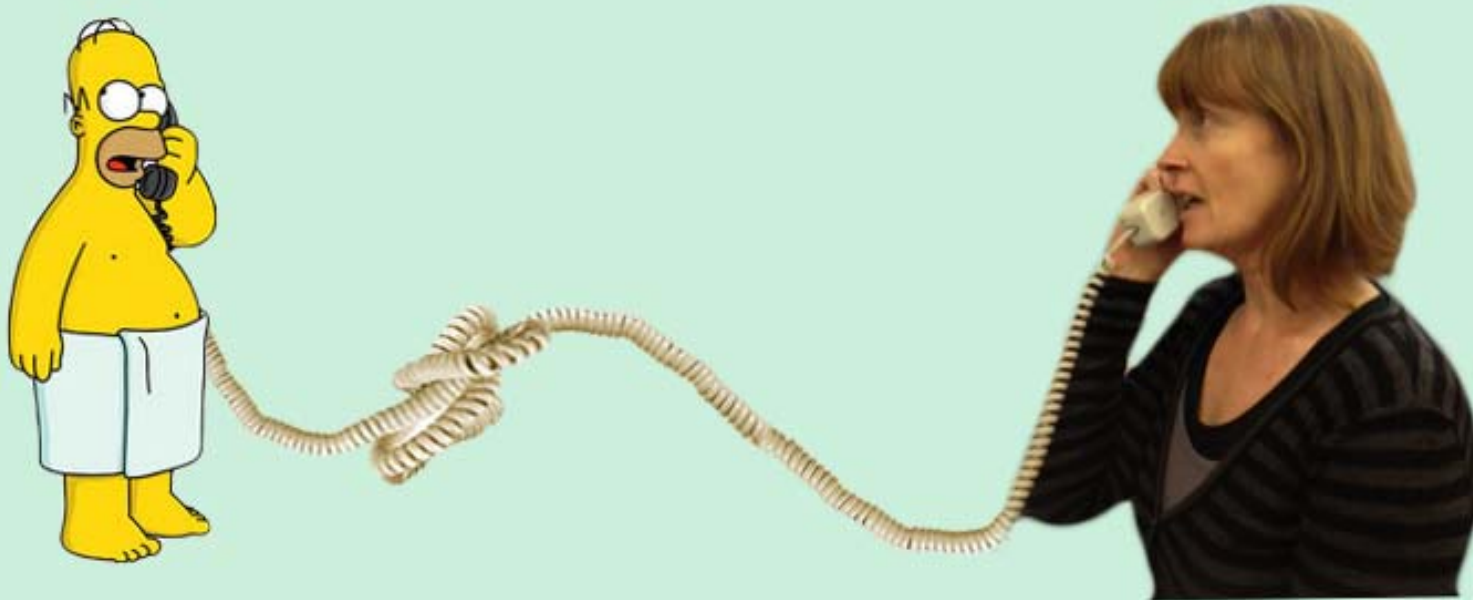
Next Generation Study participant
and primary caregiver parent







The non-primary caregiver parent participates in a telephone interview



Alcohol Data

- Next Generation Study alcohol use and attitudes assessed from 2007-2011(n=161) via computer questionnaire.
- Dunedin Study Phase 15 alcohol use and attitudes assessed in 1987(n=845) via interview and computer questionnaire.
- Dunedin Study Phase 26 & 32 (interview)
- Non Study member parent alcohol use over life (interview)
- Big change in alcohol laws and drinking culture between generations

To Alcohol!





Similarities in alcohol use and attitudes of Next Generation and Dunedin Study members at age 15

- Majority of both cohorts began drinking by early teens.
- Similar small proportion of non-drinkers.
- Over 80% of both cohorts had a drink in the last three months.
- 48% of NGs and 44% of DSMs had a drink in the last week.
- Over 80% of both had never bought alcohol.
- Both were most likely to have obtained last drink from parents.
- High proportions of both had negative attitudes to drink driving.
- Most agreed alcohol is not good for health or for therapeutic use .

Differences of alcohol behaviour and attitudes between two generations of 15 year olds

- 39% of DSMs and only 13% of NGs were regular drinkers (more than 26x in last year).
- DSMs most likely to drink at their parents' home, NGs most likely to drink at a friend's place.
- 58% of NGs think it is easy to get alcohol; 41% of DSMs thought it was.
- All NGs who had bought alcohol, bought from a range of different types of places. 68% of DSMs who had bought alcohol, got it from one type of venue.
- Different attitudes to getting drunk. More NGs think it is okay to get drunk and say they enjoy it.

Attitudes to Alcohol		
	Next Generation Study Participants	Dunedin Study members age 15
Statement:	Agree	Agree
Getting drunk all the time doesn't solve your problems, in the end it makes them worse.	88%	89%
Drinking alcohol will make me less healthy and fit.	78%	78%
People should not drink alcohol at all before driving.	91%	84%
Having an alcohol drink helps you relax.	53%	51%
If someone is worried having an alcoholic drink will make them feel better.	20%	32%
It is okay to get drunk now and again.	74%	51%
Getting drunk does not worry me, I just enjoy it.	65%	24%

Problem drinking of current teens

- 23% of NGs had been in trouble when drinking and only 5% of DSMS. Magnitude of trouble was worse for NGs – arrests, violence, theft, vandalism.
- NGs answered 6 questions which make up CRAFFT screening tool for alcohol disorders. 30% answered yes to 2 or more.

CRAFFT Screening Test

Short self-administered screening tool for children and teenagers to evaluate whether further assessment for drug or alcohol addiction is warranted. The questions are:

- C- Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
- R- Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in?
- A- Do you ever use alcohol/drugs while you are by yourself, ALONE?
- F- Do you ever FORGET things you did while using alcohol or drugs?
- F- Do your family or FRIENDS ever tell you that you should cut down on your drinking or drug use?
- T- Have you gotten into TROUBLE while you were using alcohol or drugs?

Center for Adolescent Substance Abuse Research, CeASAR

Teen problem drinkers

- Significant relationship between problem teenage drinking and family adversity (measured on six factors).
- Particular impact of multiple caregiver changes & compulsorily living away from family (eg incarcerated, foster care, parent in prison)

However...

- We could find no relationship between parental drinking at any age (15, 26, 32 for SM or ever for other parent) and teen drinking.
- Not even for primary caregiver parent.
- Why??
- Further work to be done

Conclusion

- Drinking behaviour of the two generations is quite similar with most having tried alcohol and many use it occasionally.
- More of the older generation drank regularly.
- Current teens are more accepting of being drunk.
- A minority of current teens have problems with alcohol, are buying it and believe it is easy to obtain. These young people are more likely to come from disadvantage.

Acknowledgements

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