

**Southern California Permanente Medical Group
44th Annual Irving M. Rasgon MD, Family Medicine Symposium
Friday, October 19 – Saturday, October 20, 2018
Omni Rancho Las Palmas Resort and Spa**

PROGRAM AGENDA

Friday, October 19, 2018

Duration Time	Topic	Faculty
7:15 am	Poster Setup	
7:30 – 8:30 am	Registration, Breakfast, Networking & Posters	
GENERAL SESSION		
8:30 – 8:40 am	Welcome Remarks and Introduction	<i>Kenneth Williams, DO, MBA Renu Mittal, MD</i>
8:40 – 9:25 am	Top 10 Difficult Conversations in Primary Care Office	<i>Ray Nanda, MD</i>
9:25 – 9:40 am	Open Q&A	
9:40 – 9:50 am	Break, Move to Concurrent Sessions	
AM Breakout Track A (Lifestyle Medicine)		
9:50 – 10:25 am	"Give Me a Place to Stand and I Can Move the Earth": <i>Simple tips on how to leverage Center for Healthy Living patient education resources to get home earlier everyday</i>	<i>Ray Nanda, MD</i>
10:25 – 10:50 am	Tabletop Discussion / Open Q&A	
10:50 – 11:25 am	Exercise is Medicine: Connecting Fitness with Healthcare	<i>Robert Sallis, MD, FAAFP</i>
11:25 – 11:50 am	Tabletop discussion, Open Q&A	
AM Breakout Track B (Psychosocial – Pediatric and Adolescent)		
9:50 – 10:25 am	Social Issues in Children & Adolescents - Bullies, Guns, and Screens	<i>Kevin Guber, MD</i>
10:25 – 10:50 am	Tabletop Discussion / Open Q&A	
10:50 – 11:25 am	Anxiety, Depression, and Suicide in Adolescent Patients	<i>Neel Doshi, MD</i>
11:25 – 11:50 am	Tabletop Discussion / Open Q&A	
11:50am-1:20 pm	Lunch, Family Physician of the Year Awards and Posters	
1:20 -1:30 pm	Move to concurrent sessions	
PM Breakout Track A (Primary Care Workup Challenges)		
1:30 – 2:05 pm	Mens Health: <i>"Oh Doctor, By The Way..."</i>	<i>Amanda Chi, MD</i>
2:05 – 2:30 pm	Tabletop Discussion / Open Q&A	
2:30 – 3:05 pm	Womens Health	<i>Adrianna Barrett, MD</i>
3:05 – 3:30 pm	Tabletop Discussion / Open Q&A	
PM Breakout Track B (Workshops)		
1:30 – 2:15 pm	X-Ray Interpretation Jeopardy	<i>Elliot Azizollahi, MD</i>
2:15 – 3:30 pm	Joint Injections Workshop Maximum limit #72pp. Participants may choose 2 of the 4 below 1) Knee 2) Shoulder 3) Elbow 4) Wrist and Hand	<i>Evan Bass, MD Andrew Sierra, MD Aaron Rubin, MD Edward Chiang, MD Erik Salib, DO LaTonya White, MD Marissa Vasquez, MD Mike Fong, MD Thad Woodward, MD</i>
3:30 – 3:45 pm	Break, move to general session	

GENERAL SESSION		
3:45 – 4:30 pm	Nutrition: A Scientific Approach to Healthy Eating	<i>Sean Hashmi, MD</i>
4:30 – 4:45 pm	Open Q&A	
4:45 pm	Symposium Day One Adjourn	
4:45 – 5:15 pm	Poster Q&A Session (No CME)	
5:15 – 6:30 pm	“PLEASE JOIN US ON THE BLUEMBER PATIO FOR THE NETWORKING SOCIAL/HAPPY HOUR” (food & drinks on own). There’ll be live entertainment and an evening of fun!	

Saturday, October 20, 2018

CME Time	Topic	Faculty
7:30 – 8:30 am	Registration, Breakfast, Networking & Posters	
7:45 – 8:15am	Optional Session: Global Health Initiative: Ghana (No CME)	<i>David Glass, PhD</i>
GENERAL SESSION		
8:30 – 8:35 am	Welcome back	<i>Kenneth Williams, DO, MBA Renu Mittal, MD</i>
8:35 – 9:10 am	Empowering Patients in Addressing Their Pain	<i>Tim Munzing, MD</i>
9:10 – 9:30 am	Tabletop Discussion / Open Q&A	
9:30 – 9:40 am	Break, Move to Concurrent Sessions	
AM Breakout Track A (Psychosocial)		
9:40 – 10:15 am	When Lifesavers Need a Life Saver	<i>Sarah Simmons, MD Brooke Birrenkott</i>
10:15 – 10:40 am	Tabletop Discussion / Open Q&A	
10:40 – 11:15 am	Confused Elderly Patient	<i>Derek Hauser, MD</i>
11:15 – 11:40 am	Tabletop Discussion / Open Q&A	
AM Breakout Track B (Injuries and Pain Management)		
9:40 – 10:15 am	Youth Sports Injuries – Red Flags When Patients May Not Be Cleared for Return to Play	<i>Marissa Vasquez, MD</i>
10:15 – 10:40 am	Tabletop Discussion / Open Q&A	
10:40 – 11:15 am	Integrative Medicine Approaches to Pain Management	<i>Brian-Linh Nguyen, MD</i>
11:15 – 11:40 am	Tabletop Discussion / Open Q&A	<i>Brian-Linh Nguyen, MD Kenneth Williams, DO, MBA</i>
AM Breakout Track C (Efficiencies Workshop)		
9:40 – 11:40 am	HealthConnect Refresher	<i>Gregory Saccone, MD Mark Eastman, MD Michael Mikus, MD</i>
11:40 – 11:50 am	Break, Move to General Session	
GENERAL SESSION		
11:50 – 12:05 pm	Regional Physician of the Year Award	
12:05 – 12:35 pm	Practical HOT TOPICS in Family Medicine	SCPMG Presenter TBA
12:35 – 12:40 pm	Open Q&A	
12:40 pm	Symposium Wrap-up and Adjournment	
12:45 – 1:15 pm	Lunch for ABFM Participants ONLY	
ABFM Knowledge SELF-ASSESSMENT MODULE		

1:30 – 4:45 pm	ABFM Maintenance of Certification Knowledge Self-Assessment (KSA) Module - Care of the Vulnerable Elderly	<i>Tim Munzing, MD</i> <i>Kenneth Williams, DO, MBA</i>
----------------	---	--