

**Advanced Practice Provider**

**Multi-Specialty Symposium: “From Beginning to Endo”**

Tuesday, May 14, 2019

Hilton San Gabriel

**AGENDA**

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| 7:30 – 8:15am | Registration and Continental Breakfast |
| 8:15 – 8:30 am | Welcome and Announcements |
| **8:30 – 9:45am** | **Thyroid Disorders**  Joe Canales, MD – Kaiser Permanente, San Diego  At the conclusion of this presentation attendees will be able to: 1. Understand how to properly evaluate and manage thyroid nodules.2. Understand how to evaluate and manage hyperthyroidism and hypothyroidism.3. Understand basic principles in the management of thyroid cancer. |
| **9:50 – 10:50pm Breakout Session A** | |
|  | **Male Hormonal Disorders**  Joe Canales, MD – Kaiser Permanente, San Diego  At the conclusion of this presentation attendees will be able to: 1. Understand the proper evaluation and treatment for male hypogonadism.2. Understand the controversies surrounding cardiovascular disease and testosterone treatment.3. Understand proper monitoring of men on testosterone therapy. |
|  | **Gestational Diabetes – from Pregnancy to Beyond**  Ruth Mielke, PhD, CNM, FACNM, WHNP – CSU Fullerton – School of Nursing  At the conclusion of this presentation attendees will be able to:  1. Define the prevalence of GDM based on screening strategy utilized.  2. Apply knowledge of possible fetal/maternal outcomes of GDM to clinical management.  3. Discuss management principles of GDM in pregnancy.  4. Adapt knowledge of GDM maternal/fetal outcomes to interconception care of women with prior GDM. |
| 10:50 – 11:05am AM Break | |
| **11:05 – 12:20pm** | **Adrenal Gland Disorders**  Brandon Chock, MD – Kaiser Permanente, Ontario  At the conclusion of this presentation attendees will be able to:   1. Review the clinical manifestations, work-up, and treatment of adrenal gland disorders. 2. Review the work-up and follow-up of incidentally found adrenal nodules. 3. Identify the role of a non-specialist healthcare provider in managing adrenal disorders. |
| 12:20 - 1:20pm | Lunch will be served next door |

See reverse side for rest of agenda

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| **1:20 – 2:30pm** | **Breakout Session B** |
|  | **Practical Insulin Adjustment Via Blood Sugar Patterns**  Wendy Young, NP and Wendy Steen, PA-C – Kaiser Permanente, San Diego  At the conclusion of this presentation attendees will be able to: 1. Describe what is meant by “pattern management” when treating patients with uncontrolled diabetes.2. Describe the usual blood glucose patter of patients with diabetes and GFR < 40, lean elderly patients and patients on AM oral steroids.3. Describe a multiple dose insulin regimen. |
|  | **Lipid Update**  Ron Scott, MD – Kaiser Permanente, West Los Angeles  At the conclusion of this presentation attendees will be able to:  1. List strategies to optimize performance in statin metrics in ASCVD, DM, and statin adherence, while reducing cardiovascular events.  2. Utilize the April 2016 USTSTF aspirin recommendations for primary prevention. 3. Describe how to properly utilize and discuss cholesterol medicines and aspirin with appropriate patients. |
| 2:30 - 2:45pm | PM Break |
| **2:45 – 4:00pm** | **Transgender Care: Increasing our Cultural Competence**  Mark Katz, MD – Kaiser Permanente, West Los Angeles  At the conclusion of this presentation attendees will be able to:  1. List the definitions of gender identity, gender dysphoria, and what “transgender” is—and is not.  2. Describe sociocultural aspects of being transgender in the US today. 3. Describe major treatment options in the arenas of mental health, endocrinology, and surgery. |
| **4:00 – 4:15pm** | **Certificate Distribution** |