

6-7 OCTOBER, 2014 | ROME, ITALY

**DR. HADAS LEWY** 

# INTEGRATED CARE SERVICE AND OUTCOMES

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10/8/2014

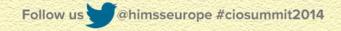
### **Maccabi Healthcare Services**

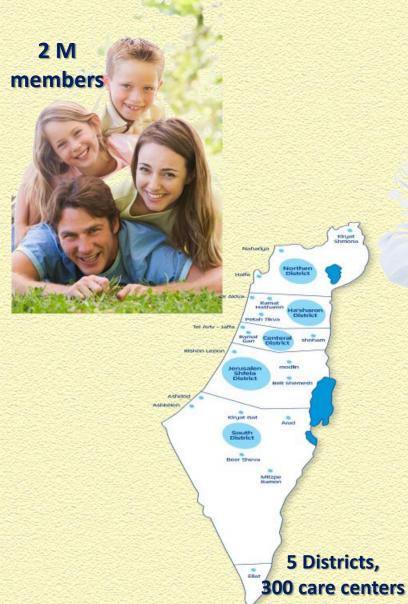


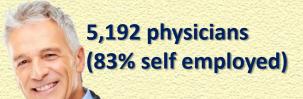
- Second largest and fastest growing HMO in Israel (25% of Market)
- Non-profit mutual
- Recognized health fund Israeli National Health Insurance Law
- Provides public basket of services
- Offers voluntary supplementary insurance
- Supplies services via own facilities and outside providers















Owns 62 Pharmacies
Contracts 712 Pharmacies





Maccabi's Computerized Information and Communication
System Supports Integrated Care

Maczabi Healthcare Services

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Maccabi Central Electronic Medical Record

Every transaction computerized

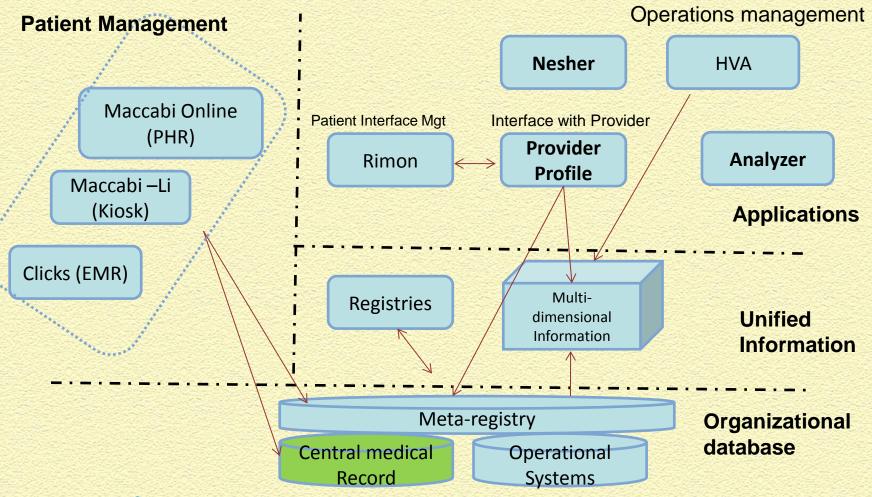
- E-Laboratory
- E- Prescription
- E- Consultation
- Telemedicine
- Alerts and Reminders
- Registries
- Patient Website (PHR)
- Mobile Phone Applications



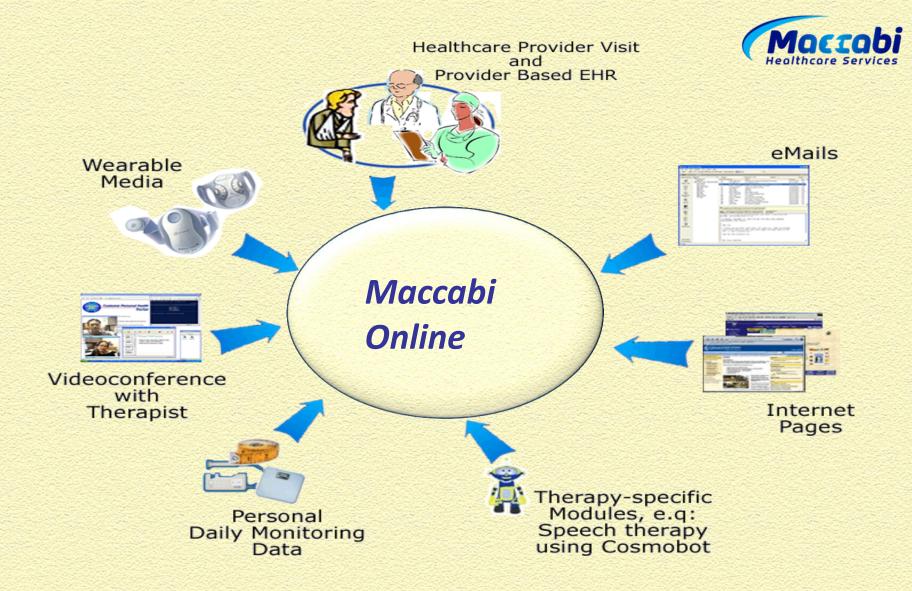


### **IT Platforms**

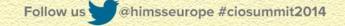










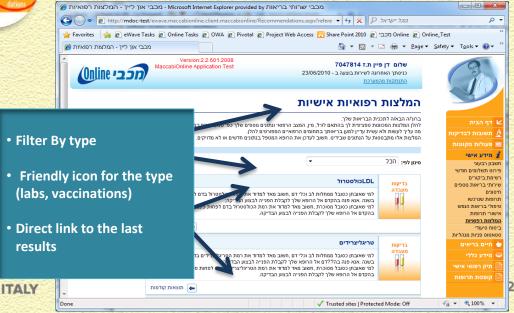




## Clinical Support Alerts and reminders for patients and Doctors



### **Personal Medical recommendations**





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2014

#### **Physical Fitness**

Smoking monitor











#### **Enter Information:**

20/04/2010

Date:

Systolic / BP:

Diastolic/ BP:

Diastolic/ BF.

שמור נתונים

צפיה בגרף תוצאות 🖳	Diastolic	Systolic	Date Measured
מחיקה			
î	70	120	19/03/2009
	60	100	18/03/2009
	134	187	16/03/2009
	70	120	22/12/2008
	111	222	21/12/2008
<b>a</b>	80	120	15/09/2008
	70	120	13/09/2008
	80	130	09/09/2008

### Tips for reducing blood pressure

דף הבית

מידע אישי 1

חיים בריאים ( מידע כללי

תיק רפואי אישי

תשובות לבדיקות

פעולות מקוונות 🖺

Diet enriched by vegetables and fruits reduce BP and improve health

Although reduction of salt in take is an accepted recommendation, it only helps 1/3 of people with high BP

 המלצה היא אכול מזונות בריאים העשירים באשלגן. קבוצות המזון המכילות את הרמות הגבוהות ביותר של אשלגן הן הירקות והפירות, ובעיקר עגבניות, תפוחי אדמה בקליפתם, אספרגוס, גזרים, אגסים, בננות ותפוזים.

Physical exercise results in reduced BP all day

Research shows that people with low Magnesium in their diet suffer more from high BP

אצל רבים הרגילים לצרוך הרבה קפאין ביום נראה כי ההרגל מעלה באופן מתון וקבוע את ערכי לחץ הדם, ועשוי גם לפגוע באיכות השינה, רמת האנרגיה במהלך היום ועוד. יחד עם זאת, צריכה של 2-3 כוסות עם קפאין





## Services and Lab results over time



## Diabetic Profile- Disease management









## **Mobile Physician Portal**









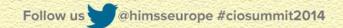




### **OUTCOMES**

- Improved Efficiency and Quality of Care
- Improved Clinical Outcomes
  - Better medical practice (DSS and alerts)
  - Improved Patient Compliance
- Increased Patient Satisfaction

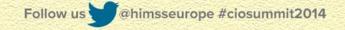




## Improved clinical outcomes

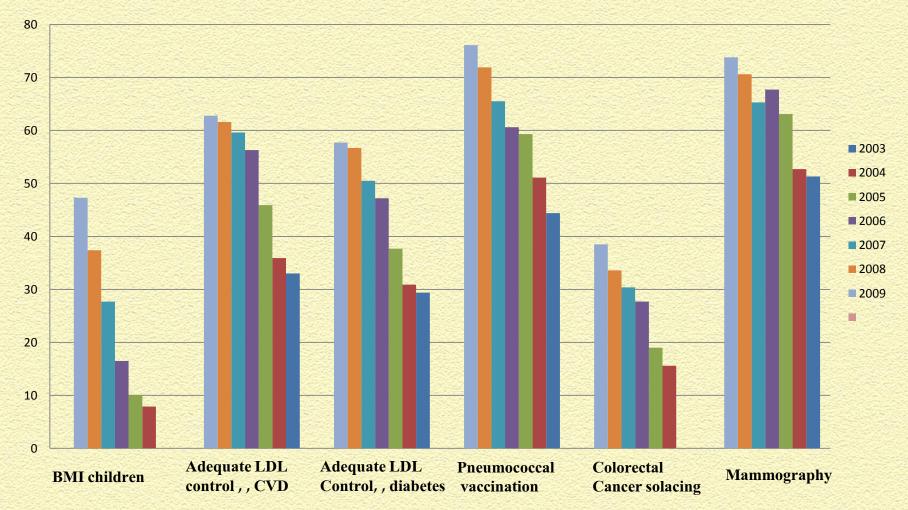
	2005 %	2013 %
Elderly Vaccination Flu	52	68
Urine Protein Screening Diabetics	65	88
Target Cholesterol in Cardiac Patients	53	67
Good Control of Hypertension in Diabetics	52	73



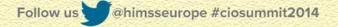


# Trends over time in performance measures MHS, 2003-2009



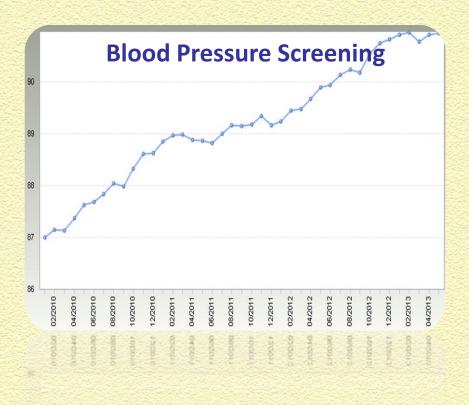


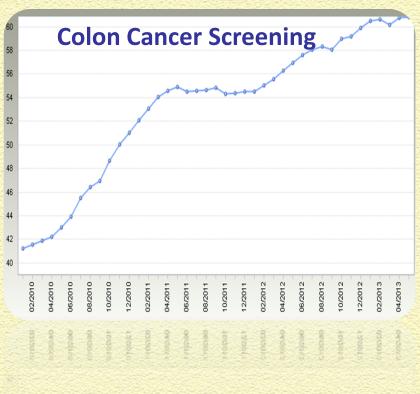




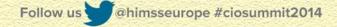
## Trends over time in Screening levels 2003-2009 Maczobi











## **MOMA- Multidisciplinary Center**



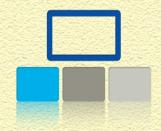
- MOMA is a multidisciplinary Center for treatment of various chronic diseases
- The Multidisciplinary center is operated by trained nurses providing professional and personal treatment for the patient and their family
- Integration of nurses in coordinating the treatment of multidisciplinary teams and specialists with the primary physician in treating chronic patients in the following conditions:
  - CHF
  - COPD
  - Diabetes
  - Home care
  - Hard healing wounds
  - Stoma.





## Goals





### **Organisation level**

- To provide support network to assist primary physicians
- To coordinate and integrate care with community-based services
- To reduce the demand for healthcare services (hospitals, referrals to the ER and other emergency services)



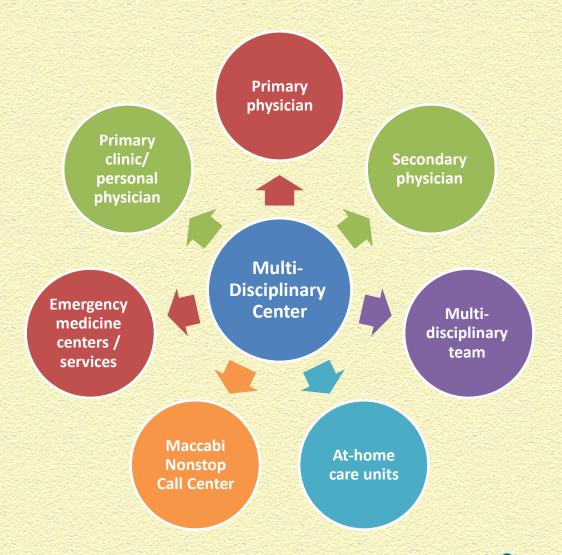
### **Client level**

- To monitor and provide care for diverse client groups with chronic conditions
- To preserve/enhance clients' physical and mental quality of life, performance scores, compliance rates, and satisfaction
- To empower clients and caregivers that support the care process

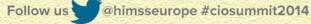




## Integration with the Team in the Field







## The uniqueness



**Team Work** 

**Coordinating Care** 

**Advanced Technologies** 

Proactive approach, accessibility & availability

9

Multi-disciplinary Team Updating primary physician Medical Records Clarity

Care Continuum Computerized Protocols

Tablets

Smart monitoring devices

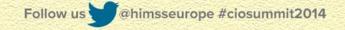
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24/7

Personal nurse Proactive calls

Entire Country





### **TABLET** as a Clinical Tool



#### **Virtual House Call for Specialist Consultation**







#### **Evaluation**:

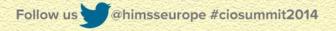
Clinical Evaluation
Polypharmacy
PAIN (VAS)
MOOD (PHQ9)
COGNITION (MMSE, MOCA)

#### Monitoring:

Blood Pressure, Heart Rate
Oxygen Saturation, Resp. Rate
Psycho-Motor Mobility
Gait Pattern, Range of Movement
Timed Up & Go

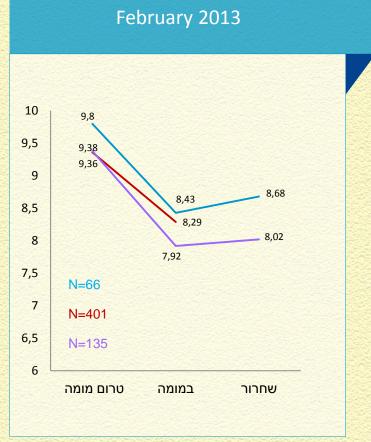


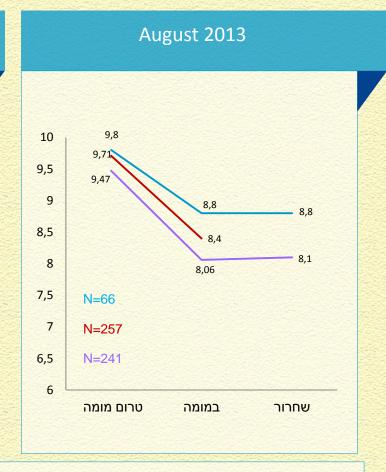




### Controlling Hba1c- two different cohorts







Quality Care

Infrastructure

COSUMNIT

member Reached Treatment Other
Target

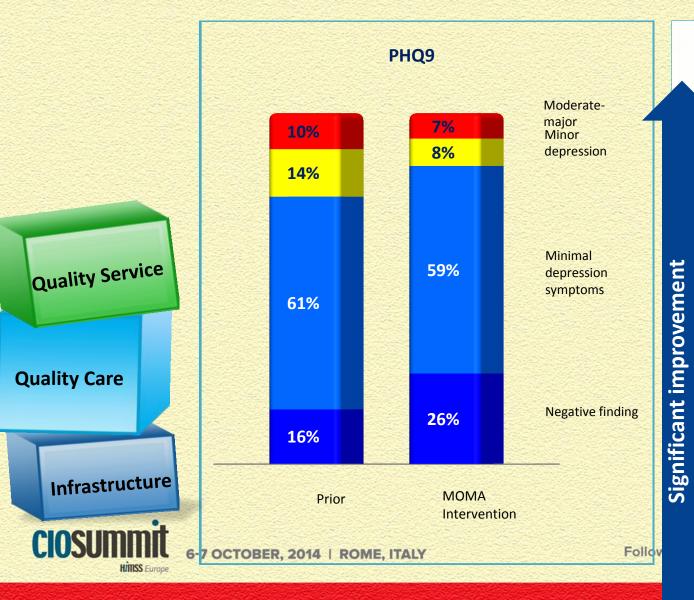
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### **Mental Health**



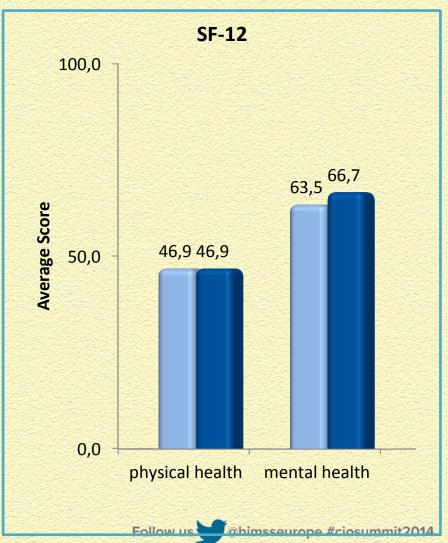




## Physical and Mental Health - SF-12 Moccobi







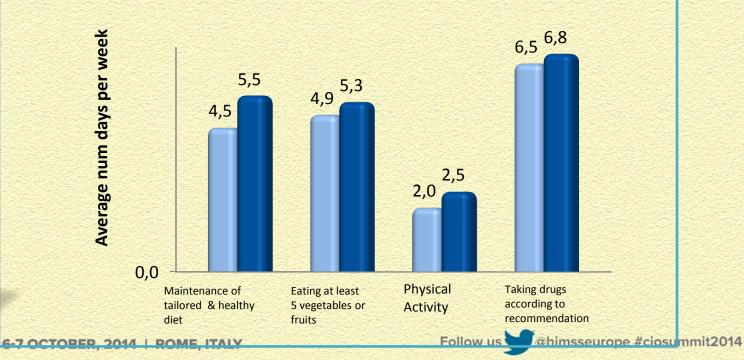
## Life style





Significant improvement in all aspects of patients' self care activities

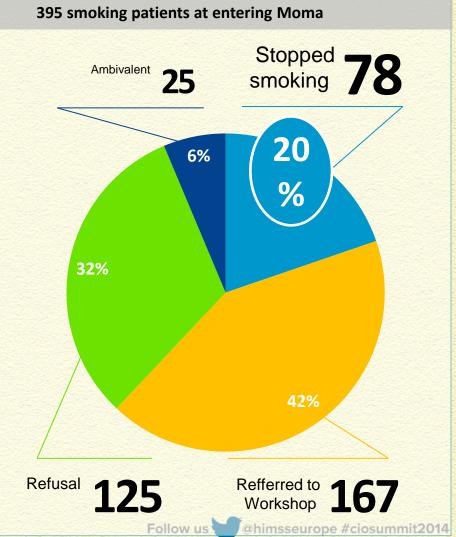






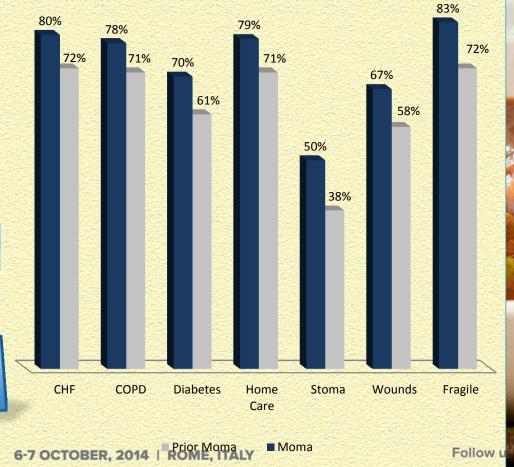
## **Smoking Cessation**





## Flu vaccination rate





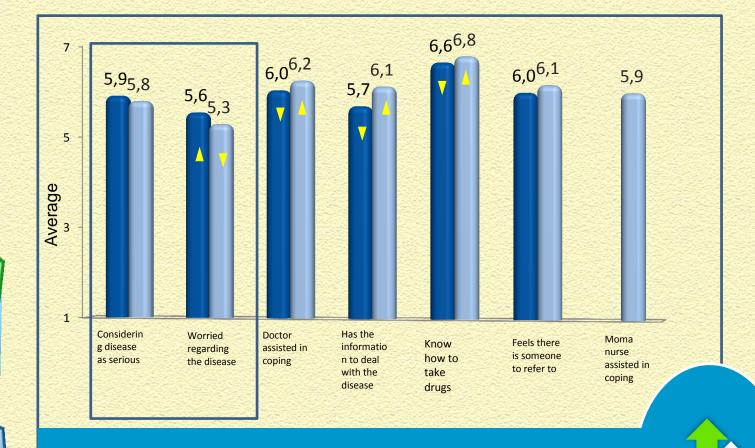
**Quality Care** 

Infrastructure



#### Macrabi Healthcare Services

### Patient's ability to cope with the disease



**Quality Care** 

**Quality Service** 

Infrastructure

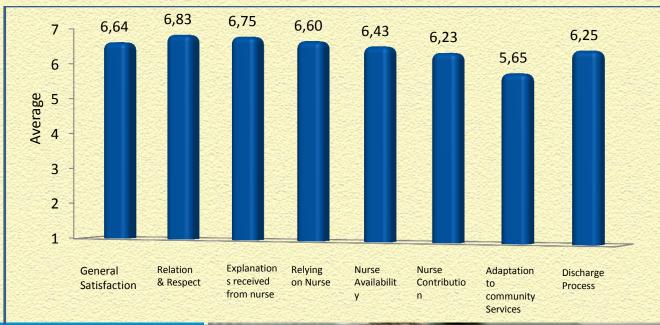
closummit

Significant improvement in patient's ability to cope with the disease



### **Patient's Satisfaction with MOMA Nurse**





**Quality Service** 

**Quality Care** 

Infrastructure

ciosummit

Satisfaction from Moma's nurse

High Satisfaction in all aspects



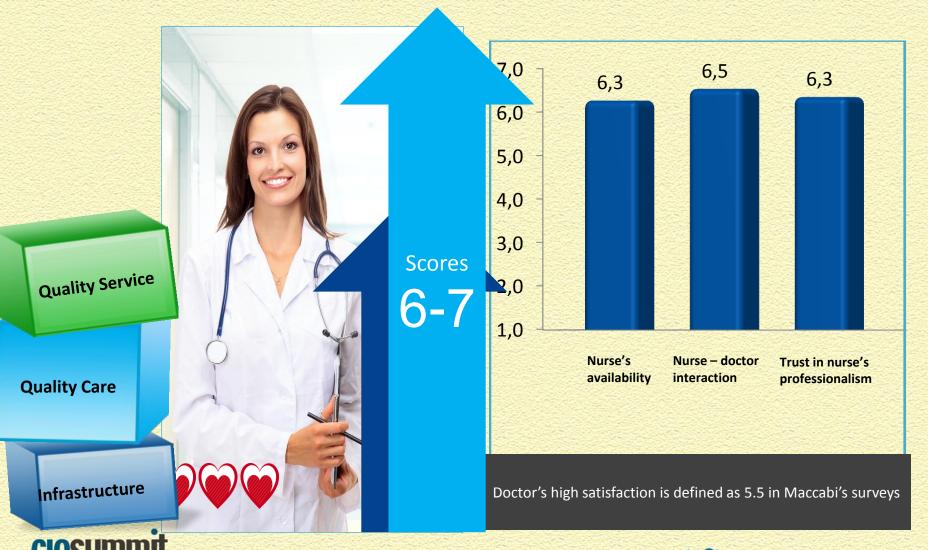


nit2014

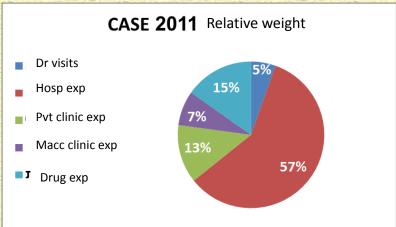
### **Doctors Satisfaction From MOMA Nurses**

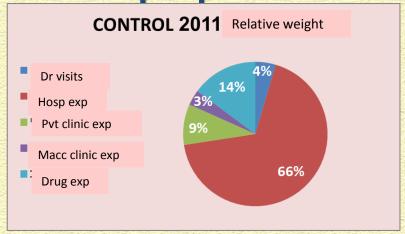
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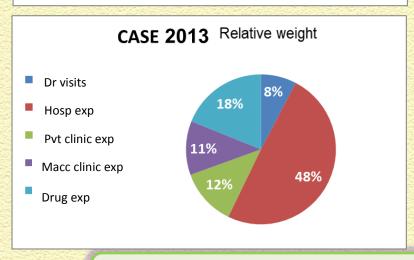


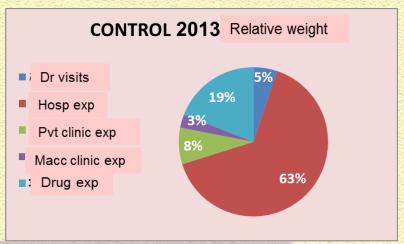


# CHF / relative weight of types of expenditures (2011 vs 2013) from total cost per patient









CASE reduction of 9% in hospital expenditures
CONTROL reduction of 3% in hospital expenditures



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### **Summary of Data – per person**

Change

Average Cost 2013

Average Cost 2011

Type of Patient

8%

28,304

26,273

**MOMA PT** 

48%

31,998

21,638

CONTROL

12%

4,319

3,873

**Maccabi Average** 

4%

**Estimated Savings Relative to Maccabi** 







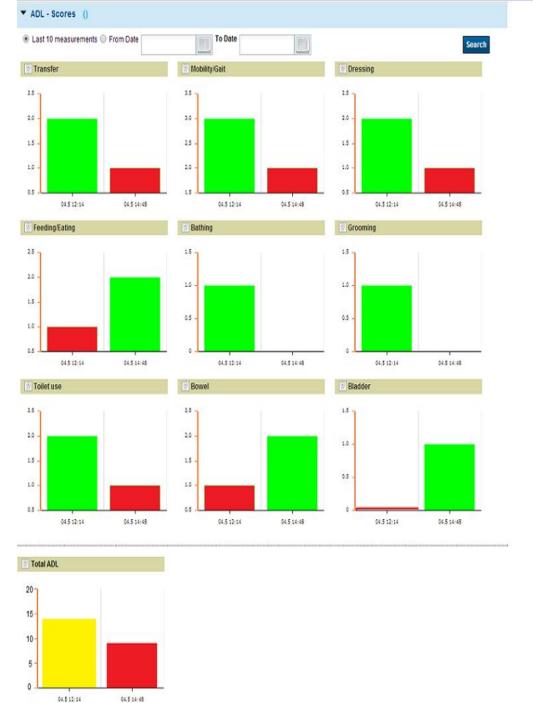














## **Behavior patterns- MCI, Falls**

