Navigating Rapid Practice Transformation: Creating a Playbook For Success

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Agenda

- Introductions
- Practice Transformation Efforts
- Challenges & Interventions
- Shared Playbook
- Pearls of Wisdom

Questions for the Audience:

1) Please select the option that best describes your medical group or practice size:

- a) 0-25 providers
- b) 26-100 providers
- c) 101-500 providers
- d) >500 providers
- 2) Please select the option that best describes your medical group or practice:
- a) Academic Medical Center
- b) Community Medical Center
- c) Private Medical Group or Practice

3) Please select the option that best describes your role in your medical group or practice:

- a) Physician, APN, PA
- b) Nursing
- c) Administration



Speaker Introductions



Andrea Sikon, MD, FACP

Chair, Department of Internal Medicine



Jennifer Coleman, RN, MSM

Nurse Manager, Internal Medicine & Geriatrics



Mary Thibeault, MSL

Project Manager, Medicine Institute



Fred DeGrandis, MPA

Administrator, Internal Medicine & Geriatrics



The Cleveland Clinic Who we are...

- Founded in 1921
- Physician-led
- 2857 employed MDs and scientists
- 44,000 employees
- 1250 bed Main Campus and 9 regional hospitals in Northeast Ohio
- 16 Family Health Centers
- 26 Institutes





The Cleveland Clinic Who we are...

- Ohio
- Florida
- Las Vegas
- Toronto
- Abu Dhabi



The Cleveland Clinic Who we are...

- Medical School
- Research
- Residency and Training programs
- Leadership Academy

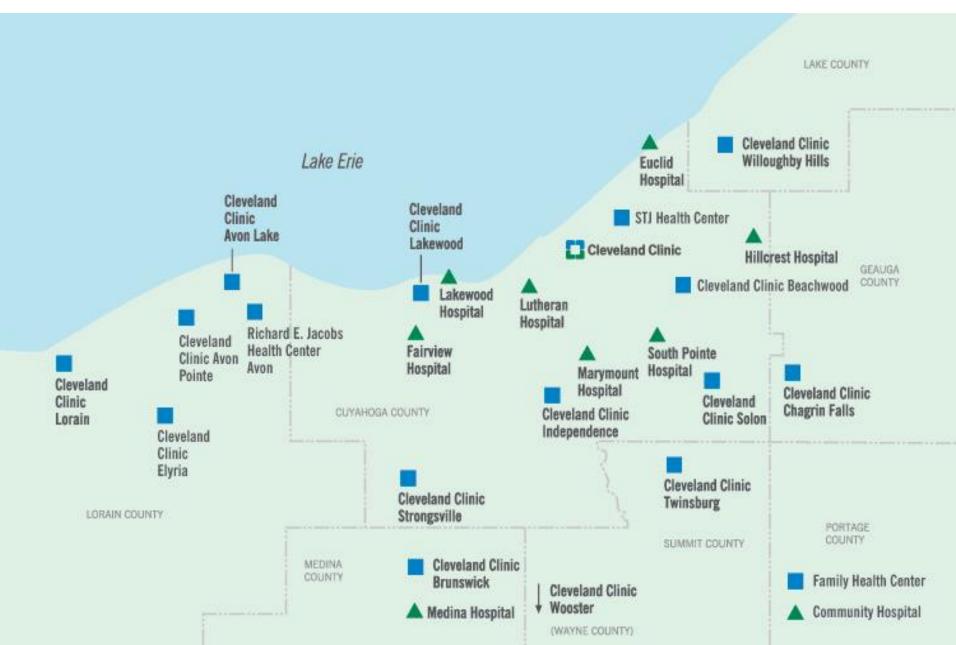


The Cleveland Clinic Who we are... Our Culture

- Patients First
- Physician leadership
- Innovation
- Quality
- Transparency
- Wellness
- Academic Mission



Who we are... Medicine Institute



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Questions for the Audience:

4) Have you undergone any *Rapid Practice Transformation*?

- a) Yes
- b) No
- c) Not Sure

5) Please select the option that best describes your experience with *Rapid Practice Transformation*:

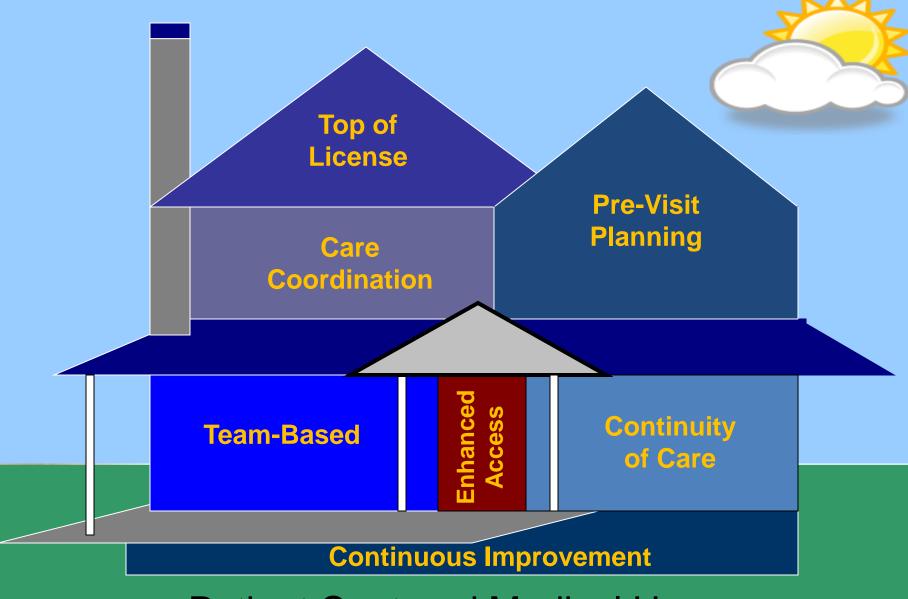
- a) It was easier than we thought
- b) It was somewhat challenging
- c) It was very challenging
- d) Haven't had to change a thing- everything's perfect

6) How equipped did you feel to enact *Rapid Practice Transformation* in your medical group or practice?
a) Extremely equipped
b) Somewhat equipped
c) Not equipped

Scope of Efforts

- 29 sites, 39 practices
- 251 Primary Care Physicians
- 573 non physician FTEs
- Phased implementation:
 - 1st: July 2012; last March 2014
- 260,000 total patients

Our Practice Transformation Efforts



Patient Centered Medical Home

Our Practice Transformation Efforts

- Impacted day to day of all at front line
- 3 pilot sites, unique models & teams
- Lessons learned used to develop hybrid model, expanded to 39 practices
- Empowered teams
- Resources developed and shared

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Your Experience...

- Think back to a recent successful change you made in your practice
 - What challenges did you face?
 - Interventions?
- Group to develop a shared playbook



| Challenges | Interventions |
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Implementation Playbook

Challenge: Lack of buy-in from seasoned physicians and employees; lack of understanding

Interventions:

What: Kick-off retreat was held to engage ALL members of the team; communicated vision & goals; provided training on change management

Who: All team members in the practice (inc. frontline staff, docs, RNs, MAs, leadership)

When: 3.5hr retreat held on a Saturday AM 1 month prior to go-live

Where: A convenient suburban location (CC-owned conf facility)

Why: To share leadership's vision, generate understanding and enthusiasm

Outcome: Majority of the team left with a good understanding and were engaged and excited to participate in our practice transformation initiative





Implementation Playbook

Challenge: Resistance to change from seasoned physicians and employees; lack of front-line representation and empowerment

Interventions:

What: Following our retreat, open call for participation sent to the entire team. This provided every operational area with a voice and opportunity to improve our practice

Who: Multi-disciplinary team, including front-line staff, docs, RNs, MAs, leadership, and a Project Manager

When: Weekly or bi-weekly meetings.

Where: In a conference room within the practice

Why: To empower each member of the team, provide each area with a voice, and improve communication throughout the practice (create a serving leader culture)

Outcome: Significant involvement from each operational area. Continued involvement in iterative practice redesign phases by the majority of our participants











It happens

ANTEA

Implementation Playbook

Challenge: Scope Creep

Interventions:

What:

- Developed a detailed project charter
- Outlined a calendar of deliverables with clear goals for the teams
- Utilized "Parking Lot" to capture ideas outside of project scope to be addressed in future phases
- Leveraged project management support and facilitation

Who: Project Manager, sponsor, and team leads are all responsible for managing scope creep

When: Continuous process

Where:

- 1:1 planning meetings b/w Project Manager, Sponsor, and team leads
- During project team meetings

Why: To focus efforts on interventions that align with the overall goals of the project, to manage resources, and ensure completion of key milestones

Outcome: More efficient use of resources, quicker implementation, idea generation for future iterations of redesign (parking lot), and well-defined goals and objectives prior to implementation.



| Project Charter / Business Case | | | | | | | |
|---|-----------|----------------------|---------|-----------|--|--|--|
| roject Name | | | | | | | |
| luthorisations | Name | Function | Date | Signature | | | |
| uthor | | Project Manager | | | | | |
| pproved | | Project Sponsor | | | | | |
| proved | | Trided double | | | | | |
| Project Context & Background | | | | | | | |
| Expected Business Benefits | | | | | | | |
| Proposed Start Date | | Proposed End Da | te | | | | |
| Project Objectives | | | | | | | |
| Key Outputs /Deliverables | | | | | | | |
| Project Scope | | | | | | | |
| include exclude | | | | | | | |
| Success Criteria | | | | | | | |
| Methodology / Approach | | | | | | | |
| Project Resources | | | | | | | |
| roject Steering Group | | | | | | | |
| ponsor | | | | | | | |
| roject Manager roject Team Members | | | | | | | |
| ther | | | | | | | |
| High Level Estimate of Project Costs | | | | | | | |
| Man/days | | | | | | | |
| Cost | | | | | | | |
| Issues & Risks | | | | | | | |
| Assumptions | | | | | | | |
| Constraints & Dependencies | | | | | | | |
| Reporting | Frequency | Who | | | | | |
| Acetings | | | | | | | |
| Steering Committee meeting | | Steering Co. + PM | | | | | |
| roject Team meeting | | Project Team + PM | | | | | |
| | | | | | | | |
| Reports Progress Reports | | Sponsor. Steering Co | mmittee | | | | |



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Pearls of Wisdom

- Change is opportunity!
 - Language and energy are critical
 - Change should be iterative
 - Take breaks in-between phases
 - Techniques to maintain momentum are crucial
 - Empower team, this is a team sport
 - Over communicate goals or progress
 - Proactively solicit feedback during progress updates
 - After-action reviews are valuable
- Use our shared playbook! Will be available to download

Questions for the Audience:

7) How equipped do you feel <u>now</u> to enact *Rapid Practice Transformation* in your medical group or practice?

- a) Extremely equipped
- b) Somewhat equipped
- c) Not equipped

8) How are you doing in your March Madness basketball pool?

a) I'm killing it!

- b) I was out in the first round!
- c) I had Texas going all the way!
- d) What's a basketball pool?

Contact Information



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Cleveland Clinic

Every life deserves world class care.