

## Welcome | Bienvenue

Sunday, September 27, 2015







# Giving-Voice to Frail Elderly Canadians

**A TVN Citizen Engagement Initiative** 

Sunday, September 27, 2015 | Sheraton Centre Toronto Hotel





#### What is TVN?



- National non-profit network funded by Networks of Centres of Excellence
- NCE supported by CIHR, SSHRC, NSERC, Industry Canada, Health Canada
- TVN launched in July 2012
  - 5-year funding



#### TVN's Network















































40 member institutions 400 researchers **Over 100 funded Research Projects** 230 trainees 2400 members from across Canada























#### TVN funded as an NCE to...

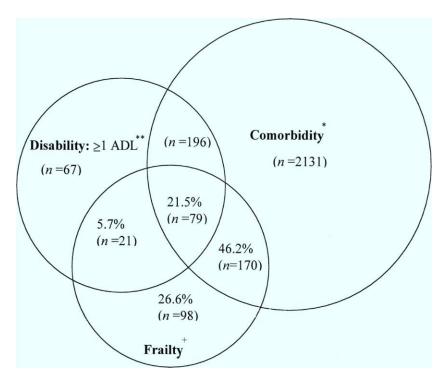
Develop, evaluate and disseminate knowledge on health care for the frail elderly, their families and caregivers, such that...

"Frail elderly Canadians receive the right treatment in the right setting at the right time"



### What is frailty?

- A vulnerable health state
   marked by reduced function
   across multiple physiological
   systems and loss of
   physiological reserve that
   develop as part of aging process
- 'Minor' events trigger major changes in individual health status - very little reserve



Source: Fried et al, J Gerontol A Biol Sci Med Sci. 2004; 59:255



### TVN components

- 1. Research Program
- 2. Training of Highly Qualified Personnel (HQP)
- 3. Partnerships and Network Expansion
- 4. Knowledge Mobilization
  - Giving voice to frail elderly Canadians
  - Frailty assessment in all settings of care



#### Improving research evidence for frailty

TVN Research Themes for the Frail **TVN Goal Elderly** Improved EOL Care\ACP dentification of Frailty **Improved Outcomes** Systematic Improved Acute Care\Critical Care for the Frail Elderly, their families and the **Optimization of Community** Canadian Care\Residential Care **Health Care** system **Optimizations of Transitions of Care** 



## TVN approach to frailty

- Systematic identification of frailty in Canadians
  - All elderly should be assessed for frailty in any contact with health care system
- Improve evidence base for decision making and treatment of those identified as being frail



#### Engagement across the TVN Network

- TVN partners with citizens across the network. Citizen representatives:
  - serve as members on the Board of Directors, and Committees
  - are part of TVN-funded research teams
  - act as mentors to TVN-funded students



#### Overall Goals of citizen Engagement for TVN

- Engage in meaningful partnerships with frail elderly and family caregivers in:
  - designing and conducting research that informs their care
  - health care decision-making and individualized care planning across all settings of care
  - influencing planning and policy of health care systems



#### Why engage frail elderly and their family caregivers?

#### Ethical imperative that includes:

- Respect
- Empowerment
- Equity
- Collaboration
- Innovation

"Nothing about me without me"



# Why engage frail elderly and their family caregivers in research?

**Evidence** from published literature and expert opinions of citizens, citizen advocates, researchers, and health care providers and administrators shows that engaging and partnering with citizens improves several aspects of research including:

- quality
- relevance of conducted research
- less waste in research



# Why engage frail elderly and their family caregivers in research?

#### By engaging citizens:

- there is increased assurance that funded research reflects the needs and values of Canadians
- research findings are better translated into policy potentially resulting in uptake of research results and meaningful change
- increased public confidence and understanding of the research process



#### Today's Meeting

 This is a first meeting devoted to engaging frail elderly and their family caregivers.

 Your feedback is <u>extremely important</u>. It will help guide TVN's engagement strategies moving forward.

Thank YOU for attending!





# Giving-Voice to Frail Elderly Canadians

**A TVN Citizen Engagement Initiative** 

Sunday, September 27, 2015 | Sheraton Centre Toronto Hotel



