# National Hoarding & Squalor Conference 2016

**Rydges World Square, Sydney, 389 Pitt St, Sydney NSW 2000**

**Day 1 – Wednesday 29th June**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8.00am – 9.00am</td>
<td>Registration</td>
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<tr>
<td>9.00am – 9.05am</td>
<td>Welcome - Janis Redford General Manager, Catholic Community Services NSW/ACT</td>
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<tr>
<td>9.05am – 9.15am</td>
<td>Opening Address - Commissioner John Feneley - Mental Health Commissioner</td>
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<td>9.15am – 9.20am</td>
<td>Master of Ceremonies - Julie McCrossin</td>
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<tr>
<td>9.20am – 9.40am</td>
<td>&quot;Our stories&quot; - Facilitated by Julie McCrossan</td>
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<td>9.40am – 10.20am</td>
<td>“Compulsive Hoarding and the Meaning of Things”, the meaning possessions play in our lives and how this can go awry. Dr. Randy O Frost - The Harold and Elisa Sipola Israel Professor of Psychology at Smith College</td>
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<tr>
<td>10.20am – 10.40am</td>
<td>Q&amp;A - Facilitated by Julie McCrossin</td>
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<td>10.40am – 12.10am</td>
<td>Morning Tea</td>
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<tr>
<td>11.10am – 11.20am</td>
<td>“Our stories&quot; - Facilitated by Julie McCrossan</td>
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<tr>
<td>11.20am – 12.50am</td>
<td>Advanced Skills Training in Hoarding and Related Disorders</td>
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<td>11.50am – 12.20pm</td>
<td>Dr. Christopher Mogan - The Anxiety and OCD Clinic Melbourne</td>
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<td>12.20pm – 12.50pm</td>
<td>Where Should Treatment Occur and What Should it Target?</td>
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<td>12.50pm – 1.00pm</td>
<td>Dr. Melissa Norberg Senior Lecturer and Deputy Director, Centre for Emotional Health, Department of Psychology, Macquarie University</td>
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<td>1.00pm – 1.45pm</td>
<td>Q&amp;A - Facilitated by Julie McCrossin</td>
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<tr>
<td>1.45pm – 1.50pm</td>
<td>Lunch</td>
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<td>1.55pm – 2.25pm</td>
<td>One Size Doesn’t Fit All in Hoarding &amp; Squalor Service Provision</td>
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<td>2.25pm – 2.55pm</td>
<td>Margaret Kime - Regional Manager, Catholic Community Services</td>
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<td>2.25pm – 2.55pm</td>
<td>Jo Walton - Senior Coordinator, Catholic Community Services</td>
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<td>2.55pm – 3.15pm</td>
<td>Lynelda Rowe - Senior Case Manager HNSW</td>
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<td>3.15pm – 3.45pm</td>
<td>Travis Borg - Private NDIS provider</td>
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<td>3.45pm – 4.15pm</td>
<td>&quot;Our stories&quot; - Facilitated by Julie McCrossan</td>
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<tr>
<td>4.15pm – 4.45pm</td>
<td>&quot;Our stories&quot; - Facilitated by Julie McCrossan</td>
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<td>4.45pm – 5.45pm</td>
<td>Networking Drinks in the Foyer</td>
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Day 2 - Thursday 30th June

8am - 9am Registration

9am - 9.15am Hoarding and Squalor Resource Unit update - Mercy Split, Manager, Catholic Community Services

9.15am – 10am Community-based Interventions in Vancouver, Boston, and Hamilton, Ontario
Dr. Sheila Woody
Professor and Associate Head, Graduate Affairs, Department of Psychology, The University of British Columbia

10am – 10.15am Q&A - Facilitated by Julie McCrossin

10.15am – 10.45am Morning Tea

10.45am – 10.55am "Our stories" - Facilitated by Julie McCrossin

10.55am – 11.40am • New and Emerging Research - Summary Update
- Dr. Randy O Frost - The Harold and Elsa Siipola Israel Professor at Smith College
- Dr. Sheila Woody - Professor and Associate Head, Graduate Affairs, Department of Psychology, The University of British Columbia
- Associate Professor Jessica Grisham - School of Psychology, University of New South Wales (UNSW)

11.40am – 12.10pm A Study of Animal Hoarding in NSW
Dr. Rosemary Elliott - President, Sentient, The Veterinary Institute for Animal Ethics

12.10pm – 12.40pm Lunch

12.40pm – 1.40pm Ballroom 1 Ballroom 2 Ballroom 3

1.40pm – 2.10pm "No more Sweeping it under the rug" A project to de-clutter the Hoarding & Squalor System in Metro North Brisbane
- Melissa Horton
Manager, Service Delivery, Centacare Community Services, Darra, Queensland

- Debbie Graham
Hoarding and Squalor Project Officer, Macarthur Disability Service

- James Ellis
Person with lived experience

- Melissa Morton
Manager, Service Delivery, Centacare Community Services, Darra, Queensland

- Deborah Bailey RN
Clinician, Western Aged Care Assessment Service, Sunshine Hospital, St. Albans, Victoria

The First Demographic Study of Clients Presenting with Hoarding, Squalor and Self Neglect in the Western Suburbs of Melbourne, Victoria
- Tania Reid
Hoarding Practitioner and Trainer, For the Crowded House

- Sandra Long
Writer and Performance Maker

Lived experience speaks - The importance of learning from Lived Experience
- Dr. Leanne Craze
Coordinator - Hoarding and Squalor Recovery in Parramatta (Project Uncover), Hume Community Housing Association

- Judy Nicholas
Mental Health Advocate & Speaker

- Douglas Holmes
Mental Health Advocate & Speaker

2.10pm – 2.40pm Improving System Response for People Experiencing H&S
- Debbie Graham
Hoarding and Squalor Project Officer, Macarthur Disability Service

- James Ellis
Person with lived experience

- Tania Reid
Hoarding Practitioner and Trainer, For the Crowded House

- Sandra Long
Writer and Performance Maker

- The practitioner and the artist

2.40pm - 3.10pm Afternoon Tea

3.10pm – 3.40 pm Hoarding: An Interpretative phenomenological analysis of participation in activities of daily living in a cluttered environment
Vicky Millanta - Senior Occupational Therapist, Nepean Hospital

3.40pm – 3.55pm Webcast - Lived Experience
Nicky Marshall - Case Manager, Catholic Community Services

3.55pm – 4.25pm Hoarding and Obsessive Compulsive Disorder - the negative effects on self and family.
Judy Nicholas - Mental Health carers ARAPMI NSW Inc

4.25pm – 4.35pm Q&A - Facilitated by Julie McCrossin

4.35pm – 4.50pm Catholic Community Services - Where to from here

Pre-Conference Workshop: Tuesday 28th June 9am – 5pm
Buried in Treasures: Hoarding Disorder and How to Treat It - Randy O. Frost, PhD

Dr. Randy O. Frost is the Harold and Elsa Siipola Israel Professor of Psychology at Smith College. He is an internationally recognized expert on obsessive-compulsive disorder and hoarding disorder and has published more than 160 scientific articles, books, and book chapters on these topics. Dr. Frost serves on the Scientific Advisory Board of the International OCD Foundation, and co-edits the Hoarding Center on the IOCDF website. He has co-authored several books on hoarding including Buried in Treasures: Help for Compulsive Acquiring, Saving, and Hoarding (Oxford University Press). Buried in Treasures received a Self-Help Book of Merit Award from the Association for Behavioral and Cognitive Therapy in 2010. He has also published the Compulsive Hoarding and Acquiring Therapist Guide and client Workbook, through Oxford University Press. Second editions of all three of these books were published in 2014.