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Workshop 2

Nursing AYAs with Cancer:

An interactive workshop exploring lessons from international nursing practice, leadership, innovations and opportunities in AYA cancer nursing.

Date	Monday 3 December 2018
Time	11 am – 5 pm
Venue/Room	Sheraton Grand Sydney Hyde Park – Hyde Park Room, Level 2
Cost	\$220 AUD early bird, \$290 AUD standard registration (<i>limited capacity</i>)

WHO IS THIS FOR

This workshop is open to anyone leading, or who aspires to a leadership role in AYA Cancer care. We will draw on our experience in Europe and Australia to explore nursing leadership in the context of service demands and differing levels of resource availability. The workshop will include content relevant to anyone working in the adolescent and young adult cancer nursing field or those with an interest in the ongoing development of this specialist role in the AYA multidisciplinary team. This may include nurses, health service and program managers, educators, policy makers or researchers. No prior experience in this area is required.

PRESENTERS & FACILITATORS:

- ❖ Maria Cable – *Principal Lecturer in Adult Nursing & Adolescent/Young Adult Cancer Care, Coventry University, UK Professional Doctorate Candidate at Cardiff University, UK*
- ❖ Lyndal Moore – *Clinical Nurse Consultant, Hunter and Northern New South Wales Youth Cancer Service, AUSTRALIA*
- ❖ Nicky Pettit – *Teenage Cancer Trust Nurse Consultant, University Hospitals Birmingham NHS Foundation Trust, Lecturer in Teenage and Young Adult Cancer Care, Coventry University, UK*
- ❖ Louise Sue – *Cancer Nurse Specialist, AYA Cancer Service, Canterbury District Health Board, NZ*
- ❖ Cath O'Dwyer – *Clinical Nurse Consultant, Sydney Youth Cancer Service, AUSTRALIA*
- ❖ Bec Greenslade – *Research Nurse, Queensland Youth Cancer Service, AUSTRALIA*
- ❖ Dr Louise Soanes – *Teenage Cancer Trust Nurse Consultant, University College London Hospitals NHS Foundation Trust, UK*
- ❖ Lisa Ryan – *Director, Adaptive Leadership Australia*

WORKSHOP OVERVIEW:

Using a combination of presentations, case studies and interactive group work, and with a networking lunch provided, this workshop will aim to:

- Offer a networking opportunity for those involved in leadership at whatever level in AYA cancer care, or those aspiring to such a role.
- Bring an international perspective to leadership development and learn from colleagues from different countries
- Explore leadership issues at the clinical, and at the managerial/corporate levels, and identify ways forward for each
- Create a personal plan for further leadership networking/training following the meeting
- Provide the opportunity for participants to develop their own message to their organisations following the meeting.
- Delegates will also be guided towards useful resources to further their learning beyond the congress.

CONVENORS

Maria Cable

Principal Lecturer in Adult Nursing & Adolescent/Young Adult Cancer Care, Coventry University, UK
Professional Doctorate Candidate at Cardiff University



I am a Cancer Nurse who has held various roles such as Clinical Nurse Specialist in Haematology/Oncology and Clinical Nurse Manager establishing a chemotherapy service in a district general hospital. My current role at Coventry University focusses on developing accredited and non-accredited education initiatives for the multi-professional workforce through online, blended and face to face learning approaches, working closely with Teenage Cancer Trust. I am Principal Investigator of a study on the role of the Youth Support Co-ordinator in AYA Cancer care. I have just completed a 6-year tenure of working with the European Oncology Nursing Society's Education group.

Nicky Pettitt

Teenage Cancer Trust Nurse Consultant, University Hospitals Birmingham NHS Foundation Trust, Lecturer in Teenage and Young Adult Cancer Care, Coventry University, Florence Nightingale Foundation Scholar 2016



My current roles focus on leading the development of specialist services throughout the West Midlands, and educating front-line healthcare professionals in caring for TYA. I am keen that we see the young person first, with a cancer diagnosis secondary to that. I am inspired by the difference holistic, compassionate care brings to TYA with cancer. I am conscious of the emotional labour of this work for professionals and seek to address this. I am undertaking a Masters in Clinical Health Research. My research area of interest is the support needs of the families and significant others of TYA with cancer. *Twitter handle @NickyPettitt*

Lyndal Moore

Lyndal Moore BSc, Onc Cert, Grad Cert Haemopoetic and Stem Cell Nursing GradCertAdolHlthWelf (Oncology), MSc



I am the Clinical Nurse Consultant, Youth Cancer Service (YCS) Hunter and Northern New South Wales, Australia.

I have held various roles in paediatric oncology/haematology; Clinical Nurse Specialist, Clinical Nurse Educator and Late Effects Coordinator.

My current role with the YCS highlights the importance of working with an amazing age appropriate nursing, medical and psychosocial team to champion advocacy, education of health professionals and engaging with all cancer streams in both the paediatric and adult health setting putting the young person at the centre of care.
All AYA's have their own story.

Dr Louise Soanes

Teenage Cancer Trust Nurse Consultant
Louise Soanes BSc.MSc. DNurs



Louise is the Teenage Cancer Trust Nurse Consultant for Adolescents and Young Adults at University College Hospital London UK. Over her career she has worked with children, teenagers and young adults with cancer in a variety of clinical settings and held an academic post at London South Bank University in cancer nursing. She has lectured widely on cancer care, authored four text-books, several chapters and publications. Louise is a reviewer for the European Journal of Oncology Nursing, Psycho-Oncology, Cancer Nursing Practice and the British Journal of Nursing. She is a board member of the UK Oncology Nursing Society (UKONS) and a member of the National Cancer Research Institute Teenage & Young Adults (TYA) and Germ Cell Tumour (GCT) Clinical Studies Group. Louise's professional leadership roles include regional/national strategy and policy to

ensure healthcare meets the needs of AYA with cancer. Her research interests and clinical work focuses on survivorship, self-management and patient advocacy

Louise Sue

Adolescent & Young Adult Cancer Key Worker (Clinical Nurse Specialist) – AYA Cancer Service-
Canterbury District Health Board, Upper South Island Region, New Zealand



Associate Investigator –AYA Global Accord Psycho-Oncology Research –
Understanding and addressing the training needs of clinicians to improve end-
of-life care for adolescents and young adults with cancer worldwide.

Masters Nursing – The sexual health concerns and sexual health education
needs of adolescents with cancer (2013)

My role focuses on developing and running the Canterbury AYA Cancer
Service which aims to provide wrap around care and support that is
developmentally appropriate and meets the unique needs of the AYA
diagnosed throughout the upper south island region of New Zealand. This
includes 1:1 psychosocial assessment & support, education, care co-
ordination, and advocacy within the tertiary healthcare environment, as well
as service development on a regional, national and international level. I enjoy the diversity of my role as it
allows me to not only work one-on-one with the young people throughout their cancer journey, but also
to address the unmet needs of AYA within the healthcare setting through advocacy, research, clinical
trial enrolment, and resource, education & facility development.

Lisa Ryan



Lisa Ryan is a co-founder and Director of Adaptive Leadership Australia
<https://adaptiveleadershipaustralia.com.au/> Lisa is passionate about contributing to
social justice and community wellbeing through leadership development and system-
level change. Lisa began her career as a social worker and since then has worked in
individual patient care, population health, and policy development. Today, she is a
consultant, facilitator and coach, working with individuals and organisations to
connect them to purpose and develop the skills and mindset to achieve real social
change.

Cath O'Dwyer

Sydney Youth Cancer Services CNC



Cath works with the Sydney Youth Cancer Service Team (SYCS) as a Clinical Nurse
Consultant based in the Prince of Wales Hospital & Sydney Children's Hospital,
Randwick. Cath has many years of adult cancer nursing experience. She worked in
Guys & St Thomas' NHS Trust Cancer Centre for 15 years as a senior nurse managing
outpatient and day care areas before moving to Australia. Her current role is both
rewarding and challenging. Cath studied to be a Registered General Nurse in
Manchester, UK, she has also achieved an Adolescent Health and Wellbeing post
grad cert with University of Melbourne in 2015, a Diploma in Cancer Nursing at Kings
College in London and a Master of Science Interprofessional Practice at City
University in London.

Bec Greenslade

Bec Greenslade has been the Queensland Youth Cancer Service, Research Nurse for the past two years
and is chair of the AYA SPN for the Cancer Nurses Society of Australia (CNSA). Rebecca has been a
children's nurse for fifteen years, holds a masters of nursing (2007) and recently completed a masters by
research in paediatrics. Rebecca has a long standing interest in integrated care having been
awarded a Primary Health Care Research Capacity Building Program in 2009 and has a passion for
working within teams to support young people with a cancer diagnosis.