

25th ANNUAL SCPMG DIABETES SYMPOSIUM
Friday November 15, 2019
Hilton Anaheim Hotel

7:00 am	Check-in/Registration, Continental Breakfast, Networking and Exhibits
8:00 am	Welcome, Opening Remarks John Martin, MD, FACP, AAHIVS and Patricia Wu, MD, FACE, FRCPE
8:10 am	Diabetes Update: State of SCPMG John Martin, MD, FACP, AAHIVS and Timothy Hsieh, MD
8:45 am	Consumer Trends in Diabetes: What Does the Evidence Say? Sameer Murali, MD; Sean Hashmi, MD; William Woo, MD Why this topic? Consumer trends: Quite often we are approached by patients with diabetes regarding new trends in treating diabetes which often spread through popular media. What is the medical evidence behind these trends and how can you best advise patients regarding them?
9:45 am	Updates on Newer Diabetes Medications and New Guidelines for Alternative Agents Elizabeth Liles, MD and John Martin, MD, FACP, AAHIVS Why this topic? New data and research show addl benefit of glycemic control, CV risk and heart failure
10:45 am	Break and Exhibits
11:15 am – 12:15 pm	MORNING CONCURRENT BREAKOUT SESSIONS A1) Care Manager University: “Help Me, Help You to Have Courageous Conversations with Your Physician Partner” William Woo, MD; Pamela Honsberger, MD; Irene Hsieh, RN Why this topic? Care managers have intense training on motivating their patients towards healthy diabetic outcomes, and they are very successful at it. Working with patients however is only ½ the story. We will be kicking off a new line of education that empowers care managers to have courageous conversations with their physician partners to ensure a healthy working environment for all involved and to get the best outcomes possible for our patients.
	A2) Diabetes Distress: How to Diagnose and Utilize CHL Programs to Support Affected Members Patricia Wu, MD, FACE, FRCPE and Jennifer Stevens, LCSW Why this topic? Diabetes distress is a rational emotional response to the threat of a life-changing illness. Distinct from depression, it is conceptually rooted in the demands of diabetes management and is a product of emotional adjustment
	A3) Fatty Liver Update Amandeep Sahota, MD and Steven Steinberg, MD Why this topic? Non-alcoholic fatty liver disease (NAFLD) is highly prevalent in type 2 diabetes mellitus (T2DM), likely reflecting the frequent occurrence of obesity and insulin resistance in T2DM. The prevalence of NAFLD in obese adults with T2DM has been estimated to be greater than 70%

	<p>A4: Practice Efficiency (hands-on): Physician Wellness and Streamlining KPHC Use to Support Diabetes Care Mira Grace, MD</p> <p>Why this topic? With the number of DM pts on the rise, the use of technology to make the clinical work more efficient contributes to patient satisfaction and physician wellness</p>
12:15 pm	Lunch and Networking
1:15 pm – 2:15 pm	<p>AFTERNOON CONCURRENT BREAKOUT SESSIONS (repeats from the morning)</p>
	<p>B1) Care Manager University: “Help Me, Help You to Have Courageous Conversations with Your Physician Partner” William Woo, MD; Pamela Honsberger, MD; Irene Hsieh, RN</p>
	<p>B2) Diabetes Distress: How to Diagnose and Utilize CHL Programs to Support Affected Members Patricia Wu, MD, FACE, FRCPE and Jennifer Stevens, LCSW</p>
	<p>B3) Fatty Liver Update Amandeep Sahota, MD and Steven Steinberg, MD</p>
	<p>B4) Practice Efficiency (hands-on): Physician Wellness and Streamlining KPHC Use to Support Diabetes Care Mira Grace, MD</p>
2:15 pm	Break and Networking
2:45 pm	<p>Complex Diabetes Case Scenarios Timothy Hsieh, MD and Patricia Wu, MD, FACE, FRCPE</p> <p>Why this topic? Diabetes care can be very complex. To provide the best care possible, physicians may need to assess multiple factors which may necessitate an in-depth consideration of the patient’s individual characteristics, analysis of blood glucose data, and formulation of an appropriate treatment plan.</p>
3:45 pm	<p>Preventing Diabetes: From Theory to Reality Vanita Aroda, MD</p> <p>Why this topic? Long term studies and its results are coming in on prediabetes/diabetes prevention. A bigger picture is unfolding around these challenging medical conditions</p>
4:45 pm	<p>Wrap-up, Closing Remarks and Adjournment John Martin, MD, FACP, AAHIVS and Patricia Wu, MD, FACE, FRCPE</p>