CE Course Handout

Challenges and Strategies: Treating Dental Patients with Food Allergies and Gluten Intolerance

Saturday, June 11, 2016
10:00 a.m.-1:00 p.m.
Challenges and Strategies: Treating Dental Patients with Food Allergy and Gluten Intolerance

ADHA 93rd Annual Session 2016

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Handout

1. Adverse food reactions
   a. Dental patients with gluten intolerance, lactose intolerance
      i. Be proactive!
      ii. Gluten-free, lactose-free in the dental office

2. Prevalence Data
   a. Science behind the increased number of food allergic patients in dental practice
   b. Food allergy is a growing health problem (CDC)
   c. Cause/hygiene hypothesis/theories

3. Food Allergy
   a. Treatment is strict AVOIDANCE
   b. Pathophysiology
   c. Management in the dental office

4. Take precautions with allergic and gluten-free patients
   a. Medical-dental history form
   b. Terminology
   c. Recognize hidden allergens in dental products
      i. Prophylaxis paste
      ii. Fluoride varnish
iii. Cement
iv. Toothpaste
v. Mouthwash
vi. Medication

5. Understanding labels and labeling laws:
   a. FALCPA
   b. Precautionary statements

6. Safety
   a. Incorporate food allergy /intolerance into dental office protocol
   b. Establish guidelines that are effective and realistic
   c. Know how to manage food allergic reaction
      i. Recognize symptoms of anaphylaxis in the dental patient
      ii. Respond to dental emergency
      iii. Intramuscular epinephrine injection in dental emergency

7. Prevent Errors
   a. Communication/dental record
   b. Cross contact/avoid accidents
   c. Latex allergy in the dental office
      i. Staff/dental hygienist/dental assistant
      ii. Dental patient
      iii. Latex/fruit syndrome
Websites:
Food Allergy Research and Education (FARE): www.foodallergy.org
American Dental Association (ADA): www.ada.org
Allergy and Asthma Foundation of America (AAFA): www.aafa.org
American Academy of Allergy, Asthma and Immunology (AAAAI): www.aaaai.org
American College of Asthma Allergy and Immunology (ACAAI): www.acaai.org
Academy of Nutrition and Dietetics: www.eatright.org
Medic Alert: www.medicalert.org
National Dairy Council: www.nationaldairycouncil.org

Research/Key articles:


