2019 PROFESSIONAL DEVELOPMENT PROGRAM FOR DOCTORS

DEVELOPMENT, DIVERSITY AND DIAGNOSIS

#PDfordoctors

7-10 MARCH 2019 SHOAL BAY, NSW
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Congress Organisers:
Alignment Event Solutions
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E. info@alignmentevents.com.au
W. www.alignmentevents.com.au
Conference Welcome

Professor Kichu Nair AM, Conference Convenor invites doctors from across NSW Health to the 2019 Professional Development Program for Doctors to be held in Shoal Bay, NSW from Thursday 7 March – Sunday 10 March 2019.

This key event for doctors will explore the themes of “Development, Diversity and Diagnosis”. The program is designed to address professional challenges faced by doctors in today’s health landscape through to the retention of rural doctors, insights into the supervision of junior doctors, wellbeing and more.

Doctors will have the opportunity to listen to and interact with an outstanding line-up of speakers, to network, discuss current issues and future directions in health.

Acknowledgement and thanks to Michael Di Rienzo, Chief Executive, Hunter New England Local Health District, Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute and Maggie Crowley-McGuinness, Executive Director, Rural and Remote Portfolio, Health Education and Training Institute for their continued support and collaboration on the Professional Development Program for Doctors.

We look forward to seeing you in Shoal Bay in March 2019!

Join the conversation
#PDfordoctors
There is also Yoga on 8 and 9 March 2019 on the beach and an exercise/stretching class is being organised for Sunday 10 March 2019.

The D’Albora Marina is approximately a 10 min drive form the conference venue, a bus will depart the hotel at 6.00pm and you will be transported back to the hotel at the conclusion of the Saturday evening Sunset Cruise.
Conference and General Information

REGISTRATION DESK
Registration for all Conference participants will be available in the Foyer of the Shoal Bay Country Club (SBCC) and will be open at the following times:

Thursday 7 March 2019 12.00pm – 7.00pm
Friday 8 March 2019 8.00am – 5.00pm
Saturday 9 March 2019 8.00am – 5.00pm
Sunday 10 March 2019 8.00am – 1.00pm

Delegates are required to wear their Conference name badge at all times.

Please direct any questions you might have related to the Conference to Alignment Event Solutions staff located at the registration desk.

ENTRY TO CONGRESS SESSIONS
We recommend delegates arrive at their preferred sessions on time to ensure a seat.

ACCOMMODATION
Should you have any queries or concerns relating to your reservation, firstly please speak to the staff at your hotel, alternatively please see Alignment Event Solutions staff at the registration desk located in the Foyer of the Whitesands Building, Shoal Bay Country Club.

TRANSFERS
Bus Transfers have been arranged to and from The Anchorage Resort, please see Alignment Events staff at the registration desk for a timetable.

SOCIAL ACTIVITIES

IMG Masterclass Dinner
Date: Thursday 7 March 2019
Time: 7.00pm
Venue: Whitesands, Shoal Bay Country Club
Address: 35-45 Shoal Bay Road, Shoal Bay
Dress Code: Smart Casual

Morning Yoga & Wellbeing - 8th, 9th and 10th March
3.30am
A Yoga session has been planned for the mornings of 8 and 9 March 2019. Commencing at 7.30am at the beach directly opposite the Shoal Bay Country Club. Please let us know at the registration desk if you will be attending. For Sunday 10 March 2019 a stretching/walking group will meet out the front of the Shoal Bay Country Club at 7.30am.

Saturday Evening Events

Option 1 – Moonshadow Cruise
Date: Saturday 9 March 2019
Time: 6.30pm
Venue: The Kitchen & Patio Section of the Shoal Bay Country Club
Address: 35-45 Shoal Bay Road, Shoal Bay
Dress Code: Smart Casual

Transport – Buses will depart the Shoal Bay Country Club at 6.30pm to transport delegates to the D’Albora Marina, buses will then return guests to the hotel.

Option 2 – Family Dinner
Date: Saturday 9 March 2019
Time: 6.00pm
Venue: Shoal Bay Country Club
Address: 35-45 Shoal Bay Road, Shoal Bay
Dress Code: Smart Casual

If you have not confirmed a ticket for either social function and would like to attend, please see registration desk staff for available places.

NAME BADGES
Each delegate registered for the Conference will receive a name badge at the registration desk. This badge will be your official pass and must be worn to obtain entry to all sessions and social functions.

If you have selected to attend the Evening Activities you will find tickets for these functions inside your name badge. These tickets will be collected on entry to the Social Functions.

CATERING DETAILS
Participants will be provided with the following catering:

Conference: Shoal Bay Country Club

Thursday 7 March 2019
Arrival Lunch: 12.30pm-1.00pm
Shoal Bay Country Club Foyer
IMG Masterclass Dinner: 7.00pm
Whitesands

Friday 8 March 2019
Morning Yoga: 7am
Arrival Tea and Coffee: 8.30am-9.00am
Morning Tea: 10.45am-11.00am
Lunch: 12.45pm-1.30pm
Afternoon Tea: 2.30pm-2.40pm
Saturday 9 March 2019
Morning Yoga: 7am
Arrival Tea and Coffee: 8.30am–9.00am
Morning Tea: 10.45am–11.00am
Lunch: 12.45pm–1.30pm
Afternoon Tea: 2.30pm–2.40pm
Option One - Moonshadow Cruise
Buses to depart Shoal Bay Country Club at 6.00pm
Option Two - Family Dinner
Shoal Bay Country Club – 6pm
Sunday 10 March 2019
Arrival Tea and Coffee: 8.30am–9.15am
Morning Tea: 11.00am–11.15am
Lunch: From 12.30pm - all families invited

INFORMATION FOR PRESENTERS
All speakers are required to report to the Registration Desk to ensure their presentations have been loaded correctly. This must be done at Morning Tea, Lunch or Afternoon Tea prior to their presentation. Speakers are asked to arrive at their room at least 15 minutes prior to their session commencing.

CLIMATE
Port Stephens experiences a mild climate in Autumn with temperatures ranging from 12 to 24 Degrees Celsius during the day.

TWITTER FEED
Follow the conversation on twitter or start your own by using #PDfordoctors

TAXIS
General Port Stephens Taxi Number: 131 008

MOBILE PHONES
Mobile phones and audible pagers are disruptive to speakers and delegates. Please leave your mobile turned off or switched to silent during all Conference session times.

FURTHER DETAILS
If you have any questions in relation the information provided, please ask the Alignment Event Solutions staff at the registration desk.

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SPECIAL DIETARY REQUESTS
Special dietary requests will be available throughout the Conference. Please see the registration desk should you feel that you are not being catered for adequately.

DRESS CODE
The dress code for all Conference sessions and Evening Activities is Smart Casual. Yoga and walking sessions you will need to wear your active wear and running shoes.

DISABILITY FACILITIES
The Shoal Bay Country Club has Full wheelchair access. If you have any concerns or have a specific request please contact Alignment Event Solutions prior to the Conference.

PHOTOGRAPHY
Bruce Lever from Missing Piece Media will be taking photos throughout the Conference which may be used for promotional and reporting purposes. If you do not wish to have your photo taken, please make yourself known and remove yourself when possible from photos being taken.

The Conference Organising Committee ask delegates to share their photos via twitter #PDfordoctors or include them in future promotional materials by texting them to 0422 970 065.

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<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7.00</td>
<td>Wellbeing - Yoga on the beach</td>
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<tr>
<td>8.30</td>
<td>Registration desk opens and light breakfast</td>
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<tr>
<td>9.00 – 9.15</td>
<td>Welcome to Country, Official Opening, Housekeeping</td>
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<tr>
<td>9.15 – 9.45</td>
<td>Address by Chief Executives – A Collaborative Approach</td>
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<tr>
<td>9.45 – 10.45</td>
<td>“NSW Health – a caring and compassionate health system”</td>
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<tr>
<td>10.45 – 11.00</td>
<td>Tea Break</td>
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<tr>
<td>11.00 – 12.00</td>
<td>Rural Generalists in Medicine and Allied Health</td>
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<tr>
<td>12.00 – 12.45</td>
<td>A multi-dimensional approach to improving the health of doctors</td>
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<tr>
<td>12.45 – 13.30</td>
<td>Lunch</td>
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<tr>
<td>13.30 – 14.00</td>
<td>Closing the Gap - Where are we now?</td>
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<tr>
<td>14.00 – 14.30</td>
<td>Learnings from patients</td>
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<tr>
<td>14.30 – 14.40</td>
<td>Power Break</td>
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<tr>
<td>14.40 – 16.30</td>
<td>Panel Discussions – Challenging issues and difficult conversations</td>
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<tr>
<td>16.30</td>
<td>Finish early – Wellbeing – Swimming, walking, drinking</td>
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No delegate arrangements – free night
Saturday 9 March – Day 2

7.00  Wellbeing – Yoga on the beach

9.00 – 10.00  Leading better value care – addressing unwarranted clinical variation
Presented by  Dr Jean Frederic Levesque – Chief Executive
Agency for Clinical Innovation

10.00 – 10.45  Retention of health professionals in rural Australia - Where is the evidence?
Presented by  Dr Deborah Russell
Adjunct Senior Research Fellow
Flinders University

10.45 – 11.00  Rural junior doctors and their rural career intentions
Presented by  Mr Craig Shields
Senior Program Manager, Rural GP Procedural Training
Health Education and Training Institute

11.00 – 11.15  Morning Tea

11.15 – 12.00  Professional issues doctors face
Presented by  Associate Professor Richard Walsh
President Medical Council of New South Wales

12.00 – 13.00  What is the prescription for keeping fit? Do we practice what we preach?
Presented by  Dr Anita Green
Snr Lecturer in Sports Medicine, University of Queensland

13.00 – 13.30  Lunch

13.30 – 14.30  Are microbes good for your health?
Presented by  Laureate Professor Nicholas Talley AC
Pro Vice Chancellor Global Research
University of Newcastle

14.30 – 15.15  Evidence Based Medicine – the challenge in a multi-morbid patient
Presented by  Associate Professor Ian Scott
University of Queensland

15.15 – 15.25  Power break

15.25 – 16.30  Panel Discussions – Challenging issues and difficult conversations
Panel Conjoint Associate Professor David Williams - Chair
Ms Georgie Haysom – Avant Mutual
Dr John Sammut – Deputy President NSW Medical Council Associate
Conjoint Associate Professor Michael Boyle – John Hunter Hospital
Conjoint Associate Professor Pooshan Navathe – DMS Maitland Hospital

Saturday Evening Events

Option 1 – Conference Cruise
18.00  Transfer to d’Albora Marina and Sunset Cocktail Cruise Departs at 6.00pm
21.30  Cruise Returns and transfer delegates back to resorts

Option 2 – Family Dinner
18.00  Family Dinner at the Shoal Bay Resort
21.00  Finish
## Sunday 10 March – Day 3

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>7.00</td>
<td>Wellbeing – Stretching and Walking</td>
<td>Ms Nadine Watson – Exercise Physiologist</td>
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<tr>
<td>9.15 – 10.015</td>
<td>National and international issues in patient safety</td>
<td>Ms Carrie Marr – Chief Executive Clinical Excellence Commission</td>
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<tr>
<td>10.15 – 11.00</td>
<td>Diversity / Patients and Healthcare Workers - Marginalised Communities</td>
<td>Ms Nicky Bath – Executive Director National LGBTI Health Alliance</td>
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<td>11.00 – 11.15</td>
<td>Morning Tea</td>
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<td>11.15 – 11.45</td>
<td>What students want from teachers</td>
<td>Dr Bhavi Ravindran - University of Newcastle Council Member of Australian Medical Council</td>
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<td>11.45 – 12.15</td>
<td>What JMOs want from supervisors</td>
<td>Dr Hannah Coleman – Chair Hunter Region Medical Officers' Association</td>
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<td>12.15 – 12.30</td>
<td>Closing Remarks and Evaluation</td>
<td>Professor Kichu Nair AM</td>
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<tr>
<td>12.30</td>
<td>Family Lunch</td>
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MICHAEL DI RIENZO
Chief Executive, Hunter New England Local Health District

Mr Michael DiRienzo, Chief Executive of Hunter New England Local Health District Mr Michael DiRienzo is Chief Executive of Hunter New England Local Health District, and is responsible for all health services across more than 120 health facilities from major tertiary referral hospitals to rural community health centres. With 17,000 staff and an expenditure budget in excess of $2 billion per annum, Hunter New England Health provides services to a community of more than 900,000 people across an area of 130,000 square kilometres.

Following an 18-year career in Finance, Supply and logistics in the manufacturing industry, Mr DiRienzo joined Health in 1999. He has since held various Executive Director positions throughout the Health Service. He was appointed to Chief Executive in 2011.

Mr DiRienzo is a Board Director of the Hunter Medical Research Institute and Hunter New England Central Coast Primary Health Network.

As Chief Executive of Hunter New England Health, Mr DiRienzo has led the implementation of a range of initiatives that support staff to put patients at the centre of everything they do, provide patient-centred care and build a positive workplace culture.

Excellence, Every Patient. Every Time is HNE Health’s approach to doing the right thing for patients, their families, and by our staff. Excellence provides staff with proven tools and techniques to align goals, behaviours and processes to improve patient-centred care, and to build the capabilities of leaders and staff to ensure everyone is working in the best interests of patients and the organisation.
ADJUNCT PROFESSOR ANNETTE SOLMAN

Chief Executive
Health Education And Training Institute

Annette is one of NSW’s most senior health leaders with significant experience in health management, nursing, inter-professional education, culture change, leadership development, quality improvement and research. She commenced as Chief Executive in June 2015.

Initially trained as a registered nurse, Annette has had a rich and diverse career across many roles and functions in health. She is particularly interested in person-centered care and its application in educational program design to enhance workforce practices.

Annette is focused on strengthening relationships between HETI and our health and academic partners to lead innovative and contemporary education and training.

Annette has published in a range of journals, including Comprehensive Child and Adolescent Nursing. She is also a member of the International Practice Development Journal Editorial Board.

Annette holds a Masters in Research, Nursing and a Bachelor of Health Science, and is Adjunct Professor at the University of Sydney and the University of Technology, Sydney.

SUSAN PEARCE

Deputy Secretary
NSW Ministry Of Health

Susan is currently the Deputy Secretary for System Purchasing and Performance. Prior to taking her position as Chief Nursing and Midwifery Officer, Susan was the Director of Operations at Northern Sydney Local Health District where she managed a large portfolio, including acute health services, mental health, public health and health promotion units, workforce, training and education and Aboriginal health.

Susan also has extensive experience in both nursing and broader health workforce positions, having held the position in both nursing and broader health workforce positions, having held the position of Director of Workforce in the former Northern Sydney Central Coast Area Health Service.

Susan has practised in a variety of settings, including as a nurse manager, a clinical Nurse Specialist in intensive and coronary care and as the manager of a project to implement the first nurse practitioner services in rural and remote NSW.
EMERITUS PROFESSOR PAUL WORLEY

National Rural Health Commissioner

Emeritus Professor Paul Worley was appointed as Australia's first National Rural Health Commissioner on 11 November 2017.

Professor Worley has had a distinguished career in rural health, both as a practitioner and an academic. He studied medicine at the University of Adelaide, graduating in 1984 and has worked as a Rural Generalist in rural South Australia; first at Lameroo, and then in Clare, Barmera and currently at Yankalilla. He lives in South Australia with his wife, and has seven children (including three children in-law) and five grandchildren.

From 2007 - 2017 he was Dean of Medicine at Flinders University in South Australia, where he established Rural Clinical Schools and University Departments of Rural Health in both South Australia and the Northern Territory and guided the conceptualisation and development of the Northern Territory Medical Program with a clear focus on recruiting and supporting Indigenous students and staff. While at Flinders University, Professor Worley developed and nurtured programs which are now recognised globally as models for the establishment of rural medical, nursing and allied health education.

Professor Worley has long been a leading figure internationally in the rural health and medical education sectors, has held senior positions in the Rural Doctors Association of South Australia and the Australian College of Rural and Remote Medicine, was instrumental in establishing rural Divisions of General Practice across South Australia, has served as a Board Director for the Adelaide PHN and for AGPT Regional Training Organisations in the Northern Territory and South Australia, is Editor in Chief of the international journal, Rural and Remote Health, and is an elected Fellow of the Australian Academy of Health and Medical Sciences.

As National Rural Health Commissioner, Professor Worley is passionate about quality, equity and fairness for all, especially the underserved. Australia's rural and remote communities and the health professionals who serve them, deserve an evidence-based, sustainable, cost-effective and well supported rural health system, designed by rural clinicians, grown in rural regions, and serving all who live across our vast land. We must have the right health professionals delivering the right care, in the right place at the right time.
DR CHANAKA WIJERATNE
School Of Psychiatry, Univeristy Of New South Wales

Dr Wijeratne studied medicine at UNSW. He trained in psychiatry at Concord Hospital, Sydney, and in old age psychiatry at the Maudsley Hospital, London. He then completed a post-graduate research degree in chronic fatigue.

He is currently a Senior Staff Specialist at Prince of Wales Hospital, an Adjunct Associate Professor at the Sydney School of Medicine, University of Notre Dame Australia, and also works in private practice. He has over 50 peer reviewed publications. His clinical interests include the management of severe mood disorders, cognitive disorders, Parkinson’s disease and domestic violence presenting in older age. He was a former board member of Capacity Australia and has special expertise in the assessment of testamentary capacity.

His interest in doctors’ health arose from his work as a consultant to the Health Programme of the Medical Council of NSW where he has assessed many medical students and doctors across the career cycle. He has written a chapter on doctors’ fitness to practice in the textbook, Capacity and the Law, and also led studies of successful ageing and retirement planning in older doctors.

He is currently the chief investigator of a study examining whether online educational modules can improve retirement planning in general practitioners.

CONJOINT ASSOCIATE PROFESSOR KELVIN KONG

Kelvin qualified as the first Aboriginal Fellow of the Royal Australasian College of Surgeons (RACS), specializing in Otolaryngology, Head and Neck Surgery.

Kelvin hails from the Worimi people of Port Stephens, north of Newcastle, NSW, Australia. He completed his Bachelor of Medicine, Bachelor of Surgery at the University of NSW in 1999. He embarked on his internship at St. Vincent’s Hospital in Darlinghurst and pursued a surgical career, completing resident medical officer and registrar positions at various attachments. Along the way, his has also been privileged in serving the urban, rural and remote community. As well been humbled to partake in committee roles with RACS, AIDA, NCIE and local hospital initiatives. He is now practising in Newcastle (Awabakal Country) as a qualified Surgeon specializing in Paediatric & Adult Otolaryngology, Head & Neck Surgery (Ear, Nose & Throat Surgery).

He is part of a strong, medical family, his mother is a nurse, his father a GP, his sister Marlene is a Public Health Physician Trainee / General Practitioner and her twin Marilyn, is Australia’s first Aboriginal Obstetrician and Gynaecologist. Complementing his surgical training, he is kept grounded by his family, who are the strength and inspiration to him.
DR BEN BRAVERY

University of Notre Dame

Dr Ben Bravery is a junior doctor in western Sydney. He was diagnosed with stage three colorectal cancer at the age of 28, an experience that inspired him to change careers from zoology and science communication, to medicine.

During treatment, Ben started blogging about the science of cancer and his journey. As a patient-turned-doctor, he now writes and speaks about patient advocacy and the cancer experience for outlets including the ABC, The Huffington Post, Medical Observer, Medical Journal of Australia and BMJ Medical Humanities. Ben has also advised multiple cancer organisations, researchers and a primary health network.

Recent research includes an assessment of radiation oncology teaching at medical schools across Australia and New Zealand, a review into research on depressed people with cancer and exploration of how general practitioners diagnose psychiatric conditions in people with cancer.

CONJOINT ASSOCIATE PROFESSOR DAVID WILLIAMS

David Williams is Director of Neurology and Deputy Chairman of the Division of Medicine at John Hunter Hospital, as well as Co-Chairman of the John Hunter Hospital and Royal Newcastle Hospital Medical Staff Council.

He is a Conjoint Associate Professor at UON, and Senior National Examiner of the RACP. He has particular interests in late-onset neurodegenerative disorders (MND and HD), as well as MS, cognitive neuroscience, and medical education. He is a graduate of Sydney University, and was a Fellow at the Mayo Clinic in Rochester, Minnesota.
CONJOINT ASSOCIATE PROFESSOR MICHAEL BOYLE
Medical Director – Medical & Interventional Services
John Hunter Hospital

Associate Professor Michael Boyle is the Medical Director of the Medical & Interventional Services at John Hunter Hospital. He originally trained at St Vincent’s Hospital in Sydney in Immunology and HIV medicine. After his specialist training he completed a Doctor of Medicine in HIV associated malignant disease and did further study at the national Institute of Health in Washington DC.

He returned to work in John Hunter Hospital in 1994 in HIV, Immunology and General Medicine.

His research interests include allergic disease, autoimmunity and HIV infection.

CONJOINT ASSOCIATE PROFESSOR POOSHAN NAVATHE
Director of Medical Services
Maitland Hospital

Associate Professor Pooshan Navathe is and has been a practising clinician specialising in occupational and aviation medicine for many years, and is internationally respected as a thought leader in evidence based aeromedical decision making.

He continues to maintain his clinical currency, even as he works as the Director Medical Services for the Maitland and Lower Hunter Hospitals. He describes his role as that of a Senior Staff Specialist in safety, quality, and system integrity, and he brings to his role over two decades of safety and quality experience from the aviation industry, and his current assignment as a Wing Commander in the RAAF specialist reserve.

Pooshan’s special interests are safety and governance, the education and mentoring of health professionals, implementing change, and enabling colleagues to attain professional excellence in their practice.
GEORGE HAYSOM  
Head Of Research, Education and Advocacy  
Avant Mutual  

Georgie Haysom is the Head of Research, Education and Advocacy at medical defence organisation Avant. She has worked in health law for almost 25 years, assisting and advising doctors on a wide range of medico-legal issues, including several years representing doctors in medical negligence litigation. She has a long-standing interest in the interaction between law, medicine and ethics, and the way in which the law impacts on medical practice. She has a Bachelor of Science (Pharmacology), Bachelor of Laws (Hons 1) from the University of Sydney and a Master of Laws specialising in bioethics from McGill University.

DR JOHN SAMMUT  
Deputy President  
NSW Medical Council  

Senior Emergency Physician practising at consultant in EM since 1994. Currently the Director of ICU, Clinical Executive Director and Emergency Physician at Canterbury Hospital. SLHD Consultant Advisor in EM.  

Vice President and Chair of the Conduct Committee of the NSW Medical Council. Prior employment at the NSW Clinical Excellence Commission as a senior clinician and EM expert Advisor, leading the State wide role out of the SIBR program.  

Main medical interests include patient safety and quality systems, better communication advocacy and education.
MR CRAIG SHIELDS
Senior Program Manager
Health Education and Training Institute

Craig initially trained as a radiographer and has spent much of his professional life in rural NSW, working in both clinical and management roles. Prior to joining HETI, Craig was the Director of Medical Imaging and BreastScreen across the former Greater Western Area Health Service.

Craig commenced with the NSW Rural Generalist Medical Training Program in 2012. He is located in Orange where he lives with his wife and two daughters.

DR JEAN-FRÉDÉRIC LEVESQUE
Chief Executive, NSW Agency For Clinical Innovation

Dr Jean-Frédéric Levesque joined the NSW Agency for Clinical Innovation as Chief Executive in June 2017. He was previously Chief Executive of the Bureau of Health Information for four years.

Dr Levesque brings to the ACI leadership in healthcare system analysis and improvement, combining experience in clinical practice in refugee health and tropical medicine, in clinical governance and in academic research. He is a member of the Strategic Analytic Advisory Committee of the Canadian Institute of Health Information and a Fellow of the Royal College of Physicians of Canada in Preventive Medicine and Public Health. He has held senior positions responsible for publicly reporting information about the Canadian health system at the Institut National de Santé Publique du Québec and the Commissaire à la santé et au bien-être du Québec.

Dr Levesque has a Doctorate in Public Health, a Masters in Community Health and a medical degree from the Université de Montréal, Canada. He is a Conjoint Professor at the Centre for Primary Health Care and Equity of the University of New South Wales. His research focuses on how different models of care impact on patient outcomes and experiences of care.

DR DEBORAH RUSSELL
Adjunct Senior Research Fellow
Flinders University

Deb Russell is a Senior Research Fellow at Flinders Northern Territory (College of Medicine and Public Health) in a remote and rural workforce research and evaluation role.

Deb is a medical epidemiologist whose specific academic interests include rural and remote health services research (models of care, understanding and measuring access to health care) and health workforce supply, distribution, recruitment and retention.
DR ANITA GREEN
University of Queensland

Dr Anita Green works at the University of Queensland Health Service as a General Practitioner, is a Visiting Medical Officer in the Cardiology Department at The Prince Charles Hospital and was Chief Medical Officer for the 2018 Gold Coast Commonwealth Games.

Anita is an experienced medical educator, with an appointment as a part-time Senior Lecturer for the Sports Medicine Programs, in the University of Queensland School of Human Movement and Nutrition Sciences.

She has 25 years’ experience on Not-for-profit Boards in the Health sector and is currently a Director of Cancer Council Australia, Deputy Chair of Cancer Council Queensland and Chair of the Brisbane North Primary Health Network.

She is passionate about increasing the evidence-based prescription of exercise for both the prevention and treatment of chronic disease.

ASSOCIATE PROFESSOR RICHARD WALSH

President
Medical Council of NSW

Dr Walsh is a Cardiothoracic Anaesthetist at Royal Prince Alfred Hospital in Sydney, Adjunct Associate Professor of Anaesthetics at the University of Sydney, and Clinical Associate Professor at Macquarie University. His special professional interests are anaesthesia for cardiac and thoracic anaesthesia, evidence-based medicine and medical regulation.

Dr Walsh has been an Officer in the Australian Society of Anaesthetists, President of the Australian & New Zealand College of Anaesthetists, President of the 1996 World Congress of Anaesthesiologists in Sydney, and Treasurer of the World Federation of Societies of Anaesthesiologists.

He has served on the various Committees of the NSW Medical Board and the Medical Council of NSW since 2002, and he is currently President of the Medical Council.
LAUREATE PROFESSOR NICHOLAS TALLEY AC
Pro Vice-Chancellor, Global Research
University of Newcastle

Professor Talley is currently Pro Vice-Chancellor, Global Research at the University of Newcastle, Australia. He is an expert clinician, educator and researcher, with extensive experience as a leader in the medical and University sectors. He previously held an appointment as Pro Vice-Chancellor (and Dean) of the Faculty of Health and Medicine at the University of Newcastle from 2010-2015, and was seconded to be the Deputy Vice-Chancellor-Research (Acting) at the University of Newcastle from June 2013 to March 2014.

Professor Talley is a neurogastroenterologist, has published over 1000 papers in the peer-reviewed literature, and is considered one of the world's most influential clinician-researchers (H index 130, Scopus 2018). He is the Editor-in-Chief of the Medical Journal of Australia (since 2015). He is also a leading medical educator and the author of the highly regarded textbooks Clinical Examination and Examination Medicine. In June 2014, Professor Talley was inaugurated as one of the first 15 Fellows of the Australian Academy of Health and Medical Sciences (FAHMS) and was elected to the Executive of the Academy.

On Australia Day 2018, Professor Talley was honoured with the Companion of the Order of Australia for “For eminent service to medical research, and to education in the field of gastroenterology and epidemiology, as an academic, author and administrator at the national and international level, and to health and scientific associations.”

DR IAN SCOTT
Associate Professor Of Medicine
University Queensland & Monash University

Dr Ian Scott is consultant general physician and Director of Internal Medicine and Clinical Epidemiology at Princess Alexandra Hospital in Brisbane. He is Associate Professor of Medicine at University of Queensland and Adjunct Associate Professor of Medicine at Monash University.

He currently co-chairs the Queensland Statewide General Medicine Clinical Network, is the inaugural chair of the Australian Deprescribing Network, and is a member of Queensland Policy and Advisory Committee on new Technology (QPACT). He also sits on committees of the Royal Australasian College of Physicians, the Australian Commission on Quality and Safety in Health Care, and the MBS Review Taskforce for Cardiac Services.

He has research interests in health services evaluation and improvement, clinical guidelines, clinical decision-making, evidence-based medicine and quality use of medicines.

He has published over 220 peer-reviewed articles and is a recipient of several NHMRC and government research grants.
CARRIE MARR

Chief Executive  
Clinical Excellence Commission NSW

Carrie is the Chief Executive of the Clinical Excellence Commission (CEC). The CEC provides leadership in safety and quality to improve outcomes for patients. Since its establishment in 2004, the CEC has gained local, national and international recognition by developing and driving improvement initiatives in collaboration with consumers, clinicians, managers, and other health service partners.

Trained originally as a nurse, she has 37 years experience in healthcare, including oncology, end of life care, organisational development, patient safety and quality improvement.

Born and raised in Scotland, Carrie has worked extensively across the UK and Europe and is now in her fourth year in Australia – a place she now calls home, given the very mild winters!!

Carrie is on a mission to help all of us ignite our passion for safe and reliable care.

NICKY BATH

Nicky Bath is currently the Executive Director of the National LGBTI Health Alliance the national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people (LGBTI) and other sexuality, gender, and bodily diverse people and communities.

Nicky has worked in the NSW Ministry of Health as the Manager of the Harm Reduction and Viral Hepatitis Branch as well as several senior positions at ACON, NSW’s leading LGBTI health organisation, State and Territory drug user organisations and the National Health Service (UK).

Nicky is committed to advancing the health and human rights of marginalised communities.
**DR HANNAH COLEMAN**

Hannah is a current RMO at the John Hunter Hospital and President of the Hunter Resident Medical Officers’ Association.

Hannah started working life as a professional ballerina, training and working in Boston USA and Alberta Canada. In 2010 she returned to NZ to begin a medical science and statistics degree at Auckland University. In 2012 Hannah accepted an offer from the University of Newcastle for a Bachelor of Medicine. The last 2 years she spent completing her internship in the HNE network, running a couple of off-road marathons and working on various culture building events and wellbeing initiatives for the Hunter New England area.

Throughout the 2018 clinical year Hannah was elected by her peers to be the HRMOA President. This role gave her an insight into the complex meshwork of the hospital system and how junior doctor life sits within it. It has enabled her to directly impact JMO mental health support and awareness, have a role in JMO education, to co-ordinate NAIDOC week events to help Close the Gap in our community and to serve our Newcastle homeless population.

Hannah is looking forward to commencing the Critical Care SRMO position at the John Hunter Hospital in 2019.

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**DR BHAVI RAVINDRAN**

Member Of Australian Medical Council

Dr Bhavi Ravindran is a Junior Medical Officer within the Hunter New England Local Health District. He completed his Bachelor of Medicine and Bachelor of Medical Science (Honours) at the University of Newcastle in 2018.

Bhavi is currently a council member of the Australian Medical Council, the body responsible for the accreditation of medical schools, prevocational training and post-graduate training, and a member of the Medical Schools Accreditation Committee. He has previously served three terms as the student representative on the University of Newcastle Council as well as on the Strategic Development and Finance committees.

Bhavi was also active in medical student representation with a term in 2018 as the Vice-President of the University of Newcastle Medical Society, where he advocated for the interest of over 750 medical students across the Central Coast, Hunter and New England Region. In 2015 and 2016 he served as executive director of the Australian Medical Student’s Association, where he oversaw the strategic direction and governance of a large national representative organisation that engages with over 17,000 medical student members.

At the start of 2018, Bhavi travelled to Manila to complete an internship with the World Health Organisation in the field of HIV, Hepatitis and Sexually Transmitted Infections.
PROFESSOR BALAKRISHNAN R (KICHU) NAIR AM
MBBS, MD (Newcastle) FRACP, FRCPE (Edinburgh), FRCPG (Glasgow), FRCPI (Ireland), FANZSGM, Graduate Dip (ClinEpid), FAMEE

CONFERENCE CONVENOR

Professor Nair is the Professor of Medicine and Deputy Head of School (Clinical Affairs), School of Medicine and Public Health, University of Newcastle, Australia. He holds the position of Director of the Centre for Medical Professional Development, Hunter New England Health Local Health District in Newcastle. He is assigned to the Health Education & Training Institute as the District Medical Director.

He is a member of the National Panel of Examiners of the RACP and Board of Examiners of the Australian Medical Council.

He is the foundation Chair of the Hunter Institute of Ageing Research. In 2016, his team based at the HMRI obtained an NHMRC grant for 3.4 million dollars for research in dementia.

In 2013, he took up the Chair of Workplace Based Assessment for the AMC. Professor Nair is the Director of the Workplace Based Assessment Program at Hunter New England Health.

Professor Nair is the Lead Clinician of the Academy of Clinical Educators at the University of Newcastle and is the Director of the Certificate Course in Clinical Teaching and Supervision. He is Director of the Masters’ Program in Leadership and Management, which was launched in 2012 by the University of Newcastle.

Internationally, he has delivered Faculty development workshops in many countries. He is Emeritus Advisor for the Royal College of Physicians of Edinburgh.

Publications

His International text book of “Problem Based Geriatric Medicine” was published in 2017. His textbook “Clinical Examination; a Problem Based Approach” is well received by medical students and doctors.

He has published over 120 peer reviewed articles in national and international journals.

Awards

★ Order of Australia (AM) for services to medical education, on the Queen’s Birthday honours list.
★ Doctor of Medicine honoris causa, The University of Newcastle
★ John Sands Medal for distinguished services to the College and Fellowship, Royal Australasian College of Physicians

2014 University of Newcastle, School of Medicine and Public Health, Faculty of Health and Medicine Award for outstanding achievement and excellence.
2007 ANZAME award for a distinguished track record in medical education.

kichu.nair@newcastle.edu.au

KATHY INGHAM
CONFERENCE COORDINATOR

Kathy has been the Manager of the Centre for Medical Professional Development since 2007 and has coordinated the Professional Development Program for Doctors since 2011.

In 2018 Kathy’s role expanded as the Senior Operations Manager of the Medical Education Training and Support Unit within Hunter New England Local Health District and as well as management of the Centre for Medical Professional Development includes operational responsibility for the Prevocational JMO Training, Basic Physician and Emergency Medicine Training Networks and more.

Kathy also forms part of the Rural and Remote portfolio team within the Health Education and Training Institute coordinating and facilitating the Teaching on the Run Program for rural doctors. Kathy has worked for HNELHD for over 33 years and combines her love for teaching across the Teaching on the Run program with teaching medical administration at TAFE.

Kathy was voted Hunter Region’s VET Teacher of the Year in 2013.

kathy.ingham@hnehealth.nsw.gov.au
Things to do in Shoal Bay

Restaurants

GIANNI’S BAR & PIZZERIA RISTORANTE
(55 Shoal Bay Road, Shoal Bay) Phone: 02 4981 1334
BYO Wine Only / Takeaway Available / Child Friendly

MOD THAI
(57 Shoal Bay Road, Shoal Bay) Phone: 02 4981 5552

BANNISTERS PORT STEPHENS
(147 Soldiers Point Road, Soldiers Point) 02 4455 3044

Convenience Store

IGA EXPRESS SUPERMARKET
(26-27 Shoal Bay Road, Shoal Bay) 02 4981 2108
Opening Hours: 8am – 7pm daily

Chemist

SHOAL BAY PHARMACY & BEACH SHOP
(59 Shoal Bay Road, Shoal Bay) Phone 02 4981 1247

Big Kids and Kids Activities

SHOAL BAY SUP
(3 Shoal Bay Road, Shoal Bay) shoalbaysup.com.au
0428 604 460

SPLASH WATER PARK
(Nelsons Bay 2.3km away) www.splashwaterpark.com.au

LITTLE BEACH RESERVE
(Nelsons Bay 2.3 km away)

GAN GAN LOOKOUT
(Lily Hill Road, Nelsons Bay)
Catering Options

THURSDAY 7th MARCH 2019

Pre Conference Workshops
Lunch
Served with soft drink, juice & water
- Ploughman’s Lunch (Selection of cold meats, salad fillings, condiments, fresh bread & rolls)
- Freshly sliced fruit salad
- Chefs selection of cakes & slices

Afternoon Tea Break
Served with tea & freshly brewed coffee
- Chocolate & nut brownies
- Savoury croissants (Chefs selection)

FRIDAY 8th MARCH 2019

Conference Day One
*Tea & Coffee on Arrival
Morning Tea Break
Served with tea & freshly brewed coffee
Morning tea served with fresh seasonal fruit platter
- Lemon meringue tarts
- Beef sausage rolls
Lunch Break
Served with soft drink, juice & water
- Pasta & salad (selection of salads & hot pasta dishes)
- Fresh seasonal fruit
- Chefs selection of mini muffins
Afternoon Tea Break
Served with tea & freshly brewed coffee
- Fresh baked scones with jam & cream
- Crostini & house dips
*berrocca refreshments

SATURDAY 9th MARCH 2019

Conference Day Two
*Tea & Coffee on Arrival
Morning Tea Break
Served with tea & freshly brewed coffee
Morning tea served with fresh seasonal fruit platter
- Chocolate & nut brownies
- Vintage cheddar cheese scones
Lunch Break
Served with soft drink, juice & water
- Noodles & nori rolls (selection of stir fried noodles & nori rolls)
- Fresh seasonal fruit
- Chefs selection of mini muffins
Afternoon Tea Break
Served with tea & freshly brewed coffee
- French pastries
- Egg & bacon tarts
*berrocca refreshments
### SATURDAY EVENING

#### Family Dinner Options

**Country club classic**
- Freshly baked breads
- Cabbage, carrot, capsicum & celery slaw with citrus vinaigrette
- Rocket, shaven parmesan & fresh pear with olive oil vinaigrette
- Chat potatoes, crispy bacon, shallots & parsley with mustard mayonnaise dressing
- Roast Angus Beef Topside with Horseradish Cream and red wine jus
- Roast pork shoulder with apple sauce & crackling
- Oven roasted snapper fillets tomato, shallot & lime dressing
- Grilled corn with garlic & parsley butter
- Steamed green vegetables
- Artesian cheese & seasonal fruits board

#### Kids Menu
- Chicken Schnitzel
- Burger sliders
- Hot chips
- Corn
- Paddle pop for each child

### Moonshadow Cruise Menu Options

#### SPARKLING
- Peterson House NV Gateway

#### WHITE
- Pepper Tree Verdelho
- Pepper Tree Sauvignon Blanc

#### RED
- Pepper Tree Merlot
- Briar Ridge Old Vines Shiraz

#### BEER
- Cascade Light
- XXXX Gold
- Pure Blonde
- Toohey’s Extra Dry

#### On Arrival
- Bruschetta style platter

#### Main Buffet
- Fresh Port Stephens Oysters w/-Lemon and Dipping Sauce
- King Prawns w/- Thousand Island dressing
- Salt & Pepper Squid
- Freshly Crumbed Fish Fillets w/- chefs own tartar sauce
- Penne Pasta w/- pan fried mushroom and leek served in a creamy white wine sauce with fresh parmesan cheese
- Coconut beef w/-Lime and Thai spices
- Marinated Chicken fillets w/- Satay or Honey Mustard sauce
- Hot Buttered Chat Potatoes w/- Rosemary and Sea Salt
- Steamed Seasonal Garden Vegetables
- Garden Salad
- Traditional Caesar Salad
- Fresh Bread Basket

#### And to Finish the Evening
- A Tempting Selection of Desserts
- Tea & Coffee

### SUNDAY 10th MARCH 2019

#### Conference Day Three

*Tea & Coffee on Arrival

#### Morning Tea Break
- Served with tea & freshly brewed coffee
- Morning tea served with fresh seasonal fruit platter
- Lemon meringue tarts
- Savoury croissants (Chefs selection)

#### Lunch Buffet Sunday
- Served with soft drink, juice & water
- Freshly Baked Breads
- Beef Korma
- Butter Masala Chicken
- Jeera Rice
- Aloo Chaat
- Papadums
- Cabbage, Carrot, Capsicum & Celery Slaw with Citrus Vinaigrette
- Rocket, Shaved Parmesan & Fresh Pear with Olive Oil Vinaigrette
- Oven Roasted Snapper Fillets with Tomato, Shallot & Lime Dressing
- Grilled Corn with Garlic & Parsley Butter
- Steamed Seasonal Vegetables
- Pressed Chocolate Fudge Cake
- Seasonal Fresh Fruit Salad and Ice Cream

#### Kids Menu
- Chicken Schnitzel
- Burger sliders
- Hot chips
- Corn
- Paddle pop for each child
Notes
Centre for Medical Professional Development
Hunter New England Local Health District

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Resources designed by Kathy Ingham
Conference Manager