

# GI for GPs course



**Jasper Park Lodge**  
**Jasper, Alberta**  
**November 21 – 23, 2014**

## Course Objectives



- Understand how to respond to several common gastroenterological concerns frequently seen in family and general practice;
- Provide a summary of recent developments in gastroenterology and articulate how those updates in treatment and diagnosis affect clinical practice in the primary care setting;
- Explain when to refer common gastroenterological problems to a specialist versus when those concerns can be addressed in the primary care setting;
- Examine a number of case studies dealing with common GI issues and provide a suggested course of practice based on the information provided in Course sessions;
- Network and interact with colleagues and experts in the field in order to discuss common and often complex gastroenterological problems.



### **Accreditation:**

This program has been accredited by the College of Family Physicians of Canada and the Alberta Chapter for up to **7.5 Mainpro-M1 credits**.



### **Organizing Committee:**

Dr. Robert Bailey, Royal Alexandra Hospital  
Dr. Michael Kolber, Peace River  
Dr. Lana Bistriz, University of Alberta



### **For More Information:**

GI for GPs Course Secretariat  
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■ *This year's 12<sup>th</sup> Annual GI for GPs Course will provide family physicians and general practitioners with a chance to learn about the common and challenging gastrointestinal problems that they are faced with in their practices. Join us at the tranquil Jasper Park Lodge to enrich your existing knowledge and get updates on state of the art therapies directly from members of Edmonton's GI community.* ■

# Advance Program

All sessions will take place in the Tonquin Room at the Golf Clubhouse unless otherwise noted.

## Friday, November 21, 2014

7:30 – 9:30 pm **Registration & Reception**

## Saturday, November 22, 2014

7:30 – 8:00 am **Breakfast & Registration**

8:00 – 8:05 am **Welcome & Housekeeping;  
Faculty Disclosures**  
*Chair: Robert Bailey*

8:05 – 8:25 am **Short Snapper:  
IBD Vaccinations**  
*Jesse Siffledeen*

*Following this presentation, delegates will be able to:*

- Demonstrate an awareness of the risks of vaccine-preventable infections in IBD patients
- Review the appropriate uses of both inactivated and live vaccines in this unique population
- Provide a general approach to vaccination of patients on immunosuppressive medication

8:25 – 8:45 am **State of the Art #1: NAFLD**  
*Vijay Selvarajah*

*Following this presentation, delegates will be able to:*

- Recognize risk factors and population at risk for fatty liver disease
- Describe the natural history of fatty liver disease
- Discuss treatment options for patients with fatty liver disease

8:45 – 8:50 am **Room Change**

8:50 – 9:20 am **Small Group Workshop – Case Study #1**

9:20 – 9:25 am **Room Change**

9:25 – 9:45 am **State of the Art #2:  
Approach to Dysphagia**  
*Adriana Lazarescu*

*Following this presentation, delegates will be able to:*

- Differentiate between oropharyngeal and esophageal dysphagia based on history
- Generate a differential diagnosis for esophageal dysphagia
- Choose appropriate tests to investigate esophageal dysphagia

9:45 – 9:50 am **Room Change**

9:50 – 10:20 am **Small Group Workshop – Case Study #2**

10:20 – 10:35 am **Coffee Break, Room Change & Exhibits**

10:35 – 10:50 am **Short Snapper: Do I need a Pediatric Surgeon – Common Reasons for Referral**  
*Bryan Dicken*

*Following this presentation, delegates will be able to:*

- Recognize the symptoms of functional constipation, and differentiate from Hirschsprung's disease. Describe the investigations and need for biopsy
- Describe the management of pilonidal disease and the surgical indications for definitive management
- Describe the management of the jaundiced infant beyond 10 days of life, and recognize the urgency of surgical referral
- Describe the work-up and referral timing of children with chest wall deformities

10:50 – 11:10 am **State of the Art #3: Referrals for Colonoscopy**  
*Robert Bailey, Art Plewes, Dan Sadowski*

*Following this presentation, delegates will be able to:*

- Articulate which common patient concerns warrant colonoscopy referrals, and which do not
- Explain when to order FIT for their patients, and when this test is not necessary
- List key contraindications for colonoscopies

11:10 – 11:15 am **Room Change**

11:15 – 11:45 am **Small Group Workshop – Case Study #3**

11:45 am **Lunch**  
*The Moose's Nook, Main Lodge*

6:00 pm **Dinner**  
*Tonquin Room, Golf Clubhouse*

## Sunday, November 23, 2014

7:45 – 8:15 am **Breakfast**

8:15 – 8:30 am **Short Snapper: Common Perianal Concerns**  
*Art Plewes*

*Following this presentation, delegates will be able to:*

- Describe treatment options for hemorrhoids and when to refer
- Discuss practical treatment options for fissures
- Describe pruritis ani and fistulas surgery, and provide an update on treatment

8:30 – 8:50 am **State of the Art #4: Iron Deficiency Anemia**  
*Sarah Robbins*

*Following this presentation, delegates will be able to:*

- Review how to distinguish iron deficiency from other causes of anemia.
- Discuss an evidence-based approach to the evaluation of patients with iron deficiency anemia.
- Offer management recommendations for patients with iron deficiency anemia.

8:50 – 8:55 am **Room Change**

8:55 – 9:25 am **Small Group Workshop – Case Study #4**

9:25 – 9:30 am **Room Change**

9:30 – 9:50 am **State of the Art #5:  
Referrals for Gastroscopy**  
*Amy Morse*

*Following this presentation, delegates will be able to:*

- Review what the GI consultant is looking at when triaging new referrals
- Discuss common GI upper and lower GI tract complaints: including GERD, dysphagia, suspected GI bleed, diarrhea, constipation, rectal bleeding

9:50 – 9:55 am **Room Change**

9:55 – 10:25 am **Small Group Workshop – Case Study #5**

10:25 – 10:40 am **Coffee Break, Room Change & Exhibits**

10:40 – 10:55 am **Short Snapper: What to know about  
Anti-thrombotics Before and After  
Endoscopy**  
*Dan Sadowski*

*Following this presentation, delegates will be able to:*

- Differentiate between anti-coagulant agents and determine which is best for patients
- Explain when to stop anti-coagulant use for patients
- Articulate the timing and reasons for re-starting use of an anti-coagulant agent in relation to endoscopy

10:55 – 11:15 am **State of the Art #6: Cirrhosis Management  
for the Family Physician**  
*Mang Ma*

*Following this presentation, delegates will be able to:*

- Explain how to assess significant hepatic fibrosis in patients with chronic liver diseases
- Articulate the natural history of cirrhosis and complication development
- Develop a management routine for your patients with cirrhosis

11:15 – 11:20 am **Room Change**

11:20 – 11:50 am **Small Group Workshop – Case Study #6**

11:50 – 11:55 am **Room Change**

11:55 – 12:35 pm **Presentation and Full Group Discussion:  
Almost everything you need to know about  
Psychiatry and GI in 20 minutes or less**  
*Melanie Marsh-Joyal*

*Following this presentation, delegates will be able to:*

- Provide an overview of the psychiatric comorbidities of gastrointestinal disease
- Develop skills in accurately assessing and diagnosing common psychiatric illness' in persons with gastrointestinal disease
- Become aware of the different treatment options available from a biopsychosocial perspective
- Describe the community psychiatric resources available

12:35 pm **Lunch**  
Travel Home

# Sponsors



## Faculty Disclosure

The following faculty have relationships with commercial interests to disclose:

Adriana Lazarescu

- Advisory board for Abbvie, Forest Laboratories and Janssen
- Presenter for Abbvie and Janssen
- Clinical trial participant for Abbvie

Mang Ma

- Advisory board for Merck and Gilead
- Clinical trial participant for Jennerex, Gilead, Vertex and Anadys

Amy Morse

- Advisory board for Shire
- Grant from Janssen
- Research support from Takeda

The following faculty have no relationships with commercial interests to disclose:

- Robert Bailey
- Lana Bistriz
- Bryan Dicken
- Mike Kolber
- Melanie Marsh-Joyal
- Art Plewes
- Sarah Robbins
- Dan Sadowski
- Jesse Siffledeen

## Disclosure of Commercial Support

This program has received financial support from Actavis, Forest Laboratories, Pendopharm, Shire, and Takeda in the form of educational grants.

Potential for conflict(s) of interest:

Dr. Adriana Lazarescu has participated in an advisory board for Forest.

Dr. Amy Morse has participated in an advisory board for Shire, and received support from Takeda.

## Mitigating Potential Bias

All presentation content for this program has been reviewed by the Organizing Committee for potential sources of bias.

All therapeutic recommendations provided at the Course are based on evidence-based research that adheres to acceptable standards for the profession.

The session presented by Dr. Adriana Lazarescu is not related to her participation in advisory boards from sponsoring organizations.

The session presented by Dr. Amy Morse is not related to funding from sponsoring organizations nor her participation in advisory boards from sponsoring organizations.