



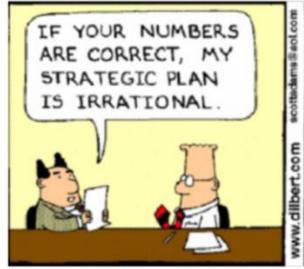




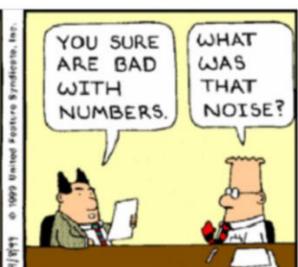
Scepticism



Inertia

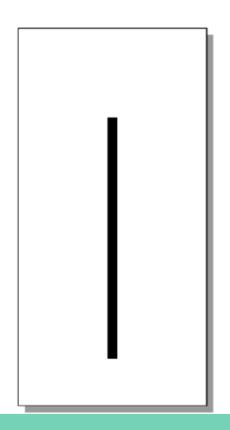


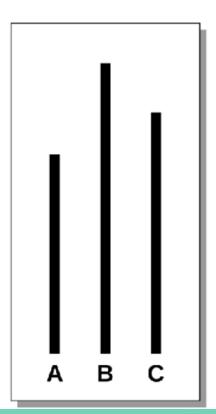


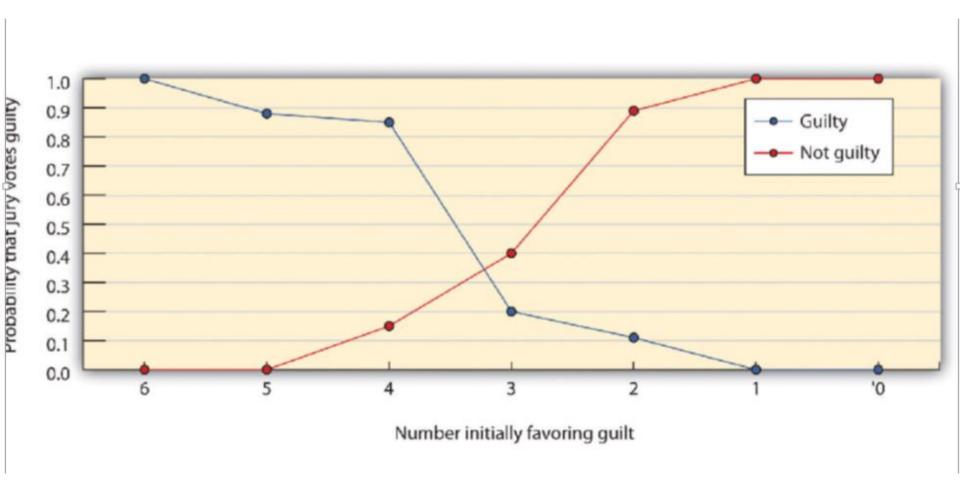


## Conformity Studies

(Asch, 1951)







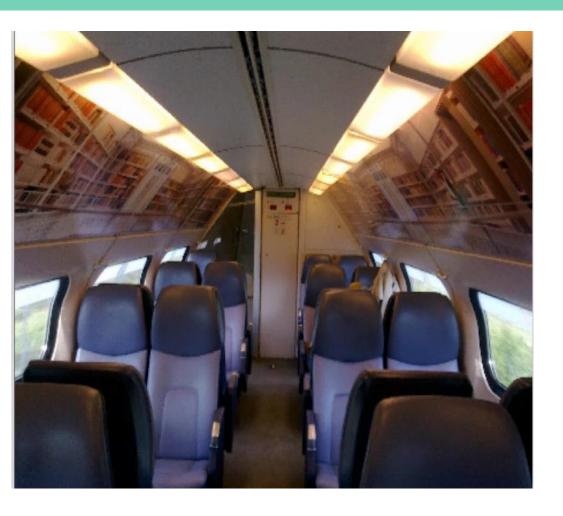














## Solutions to avoid reactance

- Redefine the relationship
- Altercast
- Reciprocity
- Minimalise the request
- Give soms options to choose from
- Acknowlegde resistance
- But you are free (2 x)

## Solutions to deal with sceptisme

- Looking ahead
- Fluency (4 essential vitamins 2 x a day. V8)
- Selfpersuasion

## How to deal with inertia

- Alpha technics
- Intention for implementation (intentie-gedrag-gap)

