

Supporting Families Building Strengths and Resilience

Historical Influences

- **Philosophical Perspectives**

- **The Medical Model**
- **The Social Model**
- **The Political Model**
- **Reclaiming difference**



Policy development and Service Provision

- **Move from institutions**
- **Care in the Community**
- **The Disability Strategy**
- **Family/whanau care and support**

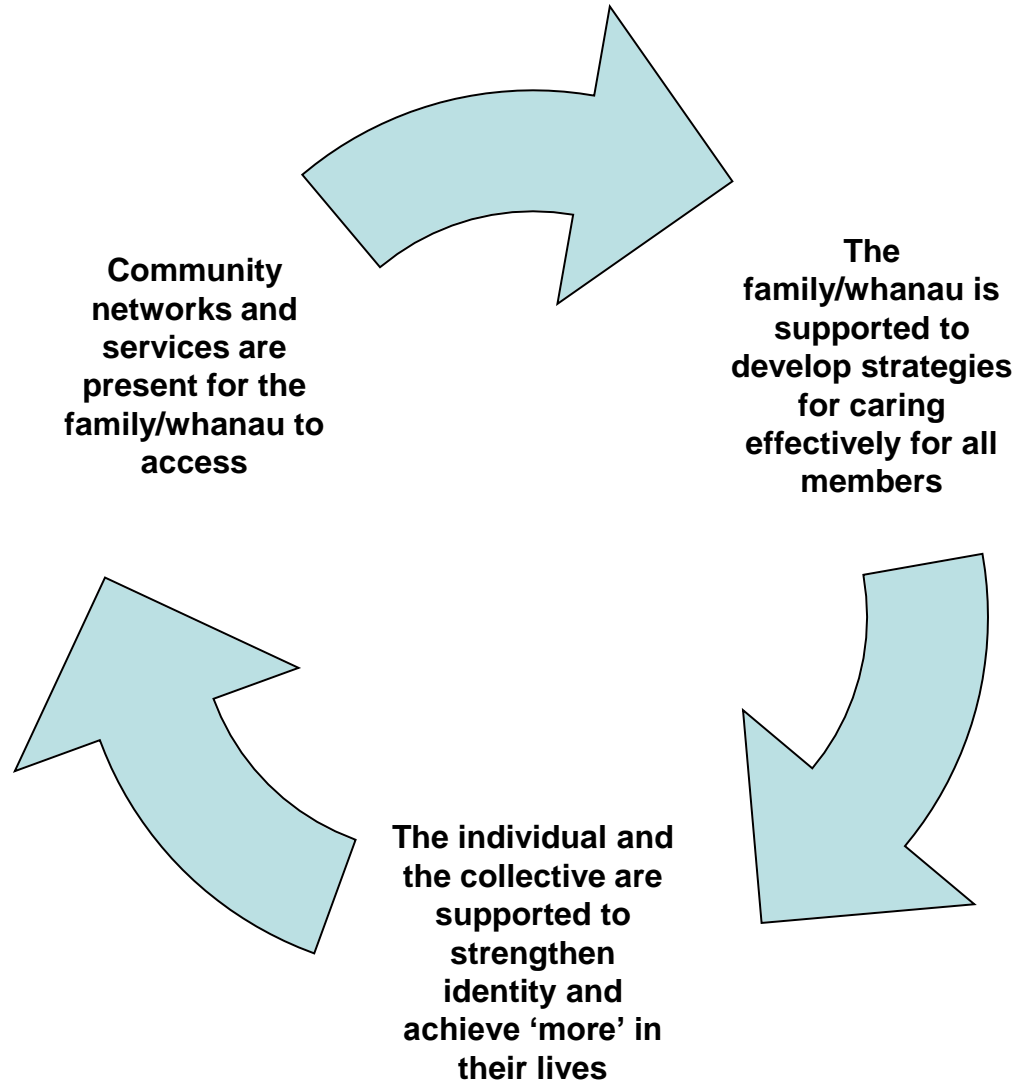


Family/Whanau Life – The Challenges

- **Putting policy into practice and finding the right support**
- **Keeping a strengths focus and achieving a sense of coherence**
- **Valuing the support relationship**
- **Working with the professionals**
- **Consistency of support – working with family/whanau meaning systems**
- **Being available to care**



Building Family/Whanau, Community and Individual Strengths and Resilience



Making a Difference – What Works The Family

- **Understanding strengths and capacities – changing our perspective**
- **Understanding context**
- **Harnessing natural supports**
- **Building resilience and capacity**



Making a Difference – What Works The Individual

- **Reciprocity**
- **Constructing positive identities**
- **Finding possibilities – creating
‘more’**



Making a Difference – What Works The Community

- **Responsive, flexible, interdependent networks of support**
- **Collaborative practice**
- **Collaborative support partnerships**



Collaborative Support Partnerships

- **Family/whanau and person at the centre**
- **Cultural frameworks and meaning systems**
- **Context**
- **Natural networks of support**
- **Collective practice**
- **Ako**
- **Integrated services**
- **‘More’ and ‘possibility thinking’**
- **Critical reflection**



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Supporting families: Building strengths and resilience

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