

Plenary Panel

Stigma, Stereotypes and Segregation: The Need for a Revolution in Aging



WALK with ME

Changing the culture of aging in Canada

Facilitator: Jennifer Carson, PhD

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Panelists

- **Suellen Beatty**, CEO, MSN, Sherbrooke Community Centre
- **Phyllis Fehr**, MLA, RN, SANE, and Board Member of Dementia Alliance International
- **David Kent**, Vice President, Ontario Association of Residents' Councils (OARC)
- **Al Power**, MD, FACP, Schlegel Chair in Aging and Dementia Innovation, Schlegel-University of Waterloo Research Institute for Aging



Cultural Forces in Need of Disruption

- Ageism
- Medicalization of Aging
- Age Segregation



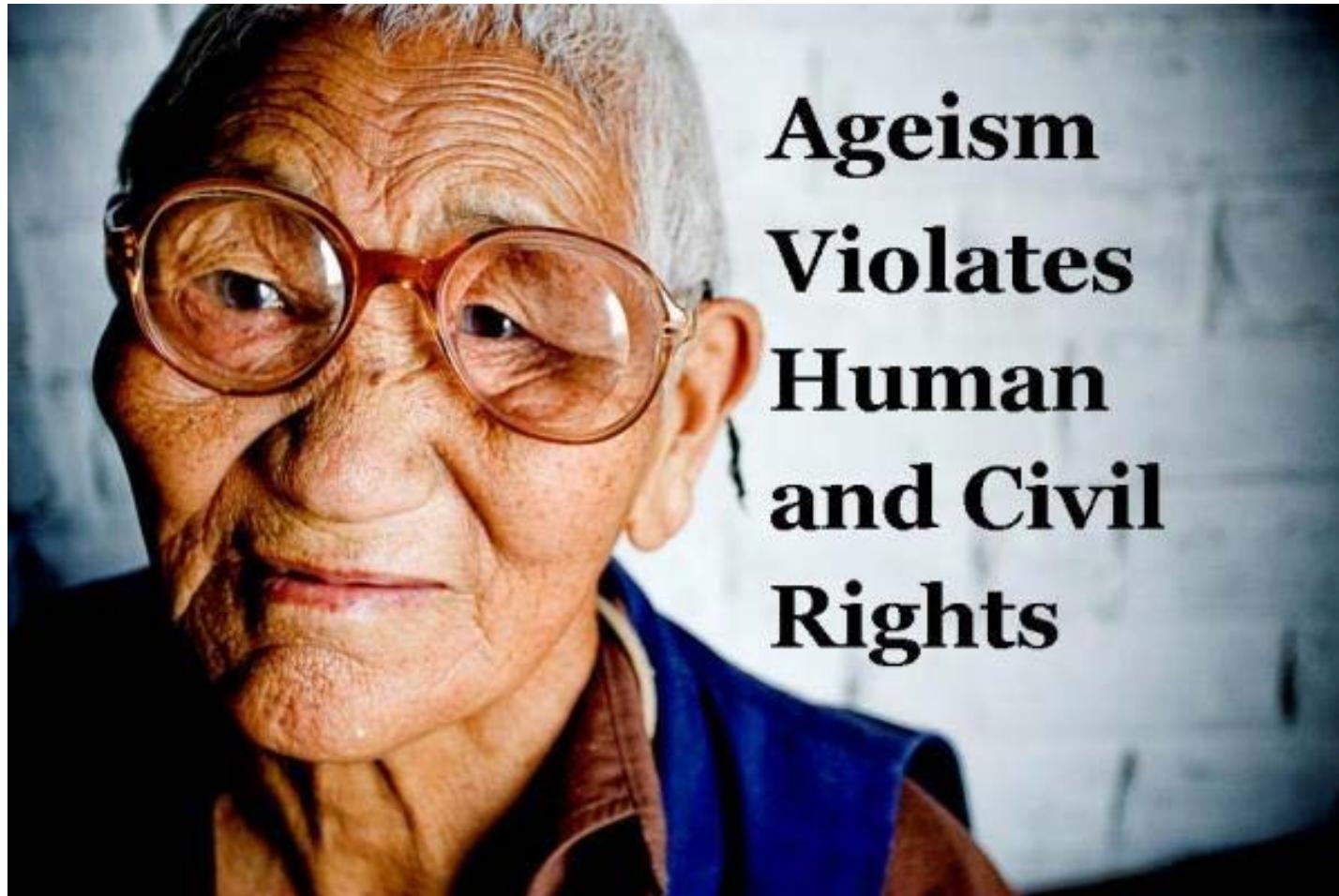


disRUPTION

The image shows a large number of black letters scattered across a white background. The letters are oriented at various angles and are not arranged in any specific order. The most common letters are 'R', 'P', 'U', 'T', and 'I'. There are also some smaller, less frequent letters like 'S' and 'D'. The overall effect is a chaotic, abstract textural pattern.

Ageism

- The stereotyping of and discrimination against individuals or groups on the basis of their age.





- In what ways have you observed and/or experienced the **ageism**?
- In what ways can individuals, organizations and/or communities resist it?





Disruption
Ahead

Medicalization of Aging

- The tendency to pathologize and treat normal aspects of growing older





- In what ways have you observed and/or experienced the **medicalization of aging?**
- In what ways can individuals, organizations and/or communities resist it?



DISRUPT!

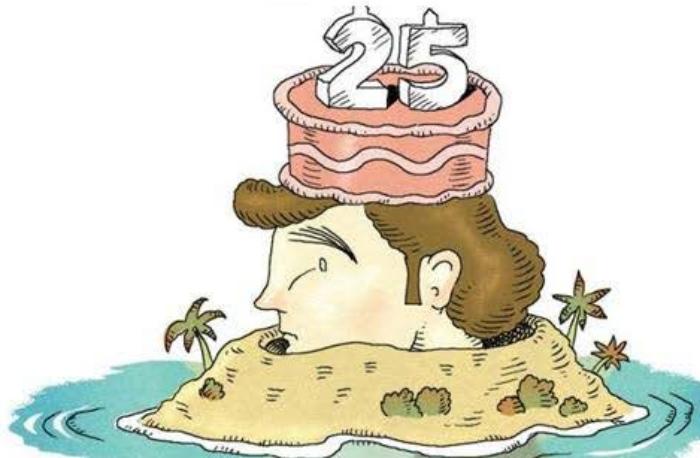
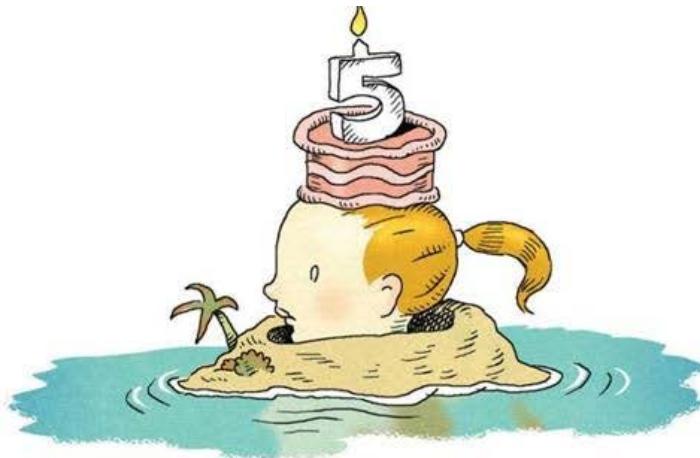
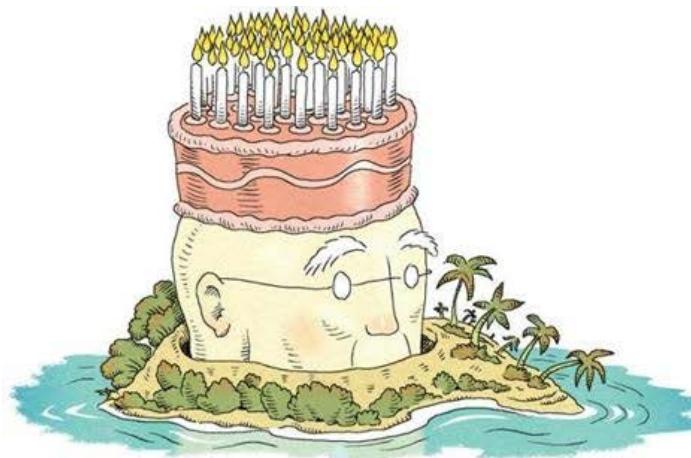
SHAKE UP
CHANGE
CHALLENGE





Age Segregation

- Age segregation is the separation of people based on their chronological age.





- In what ways have you observed and/or experienced the **age segregation**?
- In what ways can individuals, organizations and/or communities resist it?



Through Our Eyes: Bringing the Residents' Bill of Rights Alive

Ontario Association of Residents' Councils





Additional Q&A and Insights

- Ageism
- Medicalization of Aging
- Age Segregation





Closing Remarks



WALK with ME
Changing the culture of aging in Canada

Creating a New Culture of Aging

- Awareness
- Integration
- Activism
- *Love, partnerships
and community*

